

# HOUSTON RESOURCE GUIDE

The "Blue Book"

# HOUSTON GUÍA DE RECURSOS

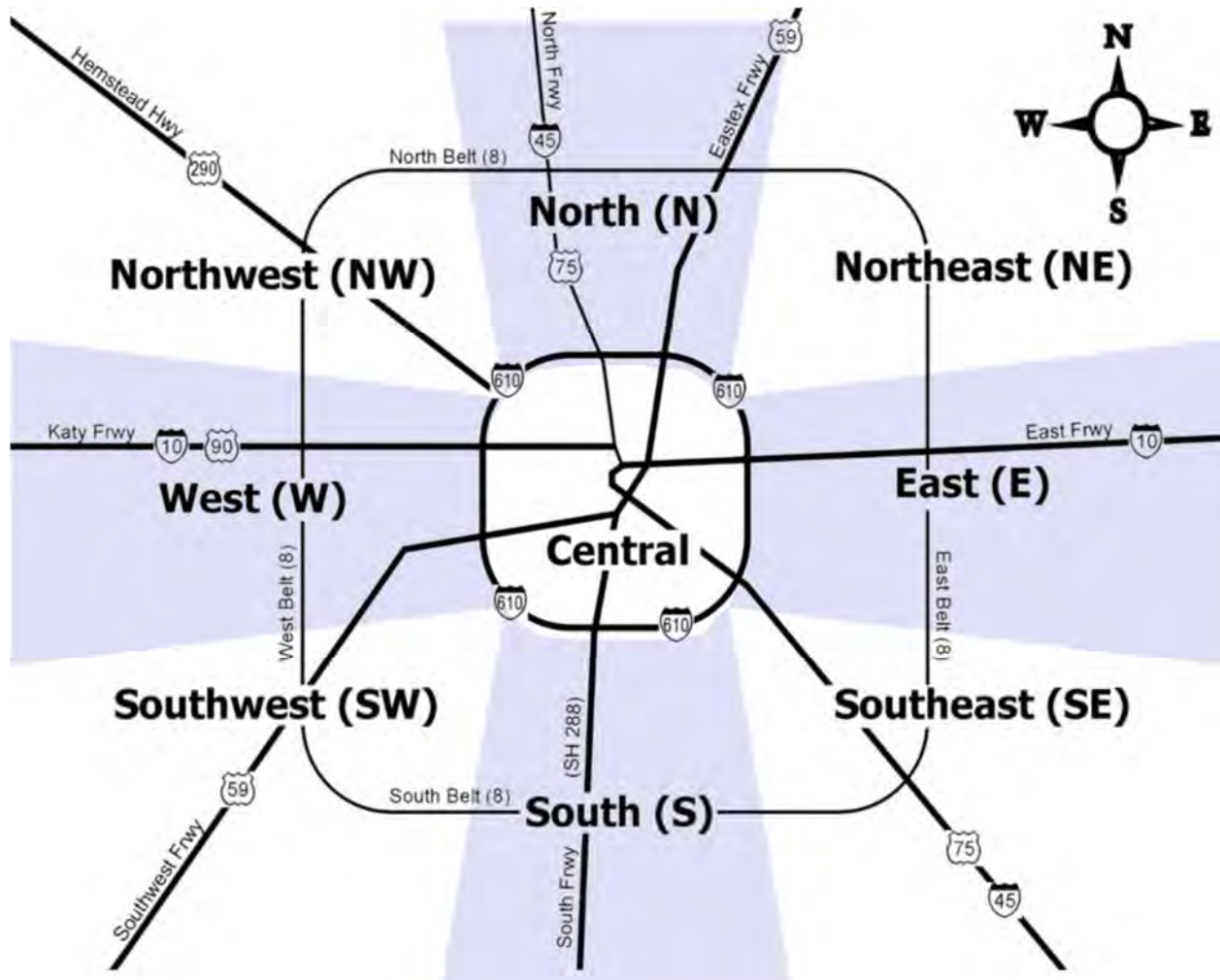
El "Libro Azul"



**2018 - 2019**  
**free / gratis**

## Houston Area Map

## Mapa del Área de Houston



### About the Blue Book...

The Houston area HIV Resource Guide is a convenient source of information about services in the Greater Houston Area available to persons living with HIV. This guide is not intended to be a directory of all agencies serving persons living with HIV. Inclusion in the guide does not imply endorsement by the Ryan White Planning Council.

In preparing this guide, we have relied upon the agencies themselves to provide us with information about their programs and services. Although we have done our best to provide accurate information, changes do occur, and what was correct when we went to print may no longer be correct at the time you are reading the guide.

We ask that you contact us at (713) 572-3724 or by e-mail at [feedbackRWPC@hctx.net](mailto:feedbackRWPC@hctx.net) if you have comments or suggestions for improving future editions. Be sure to check our website for updated information: [www.rwpchouston.org](http://www.rwpchouston.org).

### Acerca del Libro Azul...

*La Guía de Recursos VIH de Houston es una conveniente fuente de información que refiere a los servicios en el área de Houston disponibles a las personas viviendo con el VIH. Sin embargo, no se pretende que sea un directorio de todas las agencias sirviendo a las personas que viven con el VIH y las inclusiones no implican endoso por parte del Concilio de Planificación Ryan White.*

*En la preparación de esta publicación hemos confiado en que las agencias mismas nos proveyeran de los datos concernientes a sus programas y servicios. Aunque nuestra intención es el de ofrecer al lector información precisa, algunos cambios ocurren frecuentemente. Por lo tanto, lo que fue correcto durante la impresión del libro puede que no lo sea posteriormente.*

*Le solicitamos que nos llame al (713) 572-3724, o se comunique con nosotros a través de nuestro correo electrónico: [feedbackRWPC@hctx.net](mailto:feedbackRWPC@hctx.net) con sus comentarios o sugerencias a efecto de mejorar nuestras futuras ediciones. Visítenos a nuestro sitio del internet [www.rwpchouston.org](http://www.rwpchouston.org) para la información más actualizada.*

## New for 2018

This edition of the Blue Book includes information about PrEP (Pre-Exposure Prophylaxis). See PrEP and Prevention Services starting on page 67.

To apply for Council or Committee membership, visit [www.rwpcHouston.org](http://www.rwpcHouston.org) or call 713 572-3724.

## Nuevo para 2018

Esta edición del Libro Azul incluye información sobre PrEP (Profilaxis Pre-Exposición). Consulte los PrEP y Servicios de Prevención comenzando en la página 67.

Para solicitar membresía del Consejo o Comité, visite [www.rwpcHouston.org](http://www.rwpcHouston.org) o llame al 713 572-3724.

## How to Use this Guide

The legend below applies to the legend codes used for many services in this book. Additional codes may be used occasionally and are self-explanatory.

When looking for a particular service, use the TABLE OF CONTENTS on page 4. If you don't find the exact service, scan the table of contents to see if it might be included in another category.

The SERVICE CATEGORY sections list the agencies that provide each service. The Service Category sections list the agency name, phone number and legend codes. Use the HOUSTON AREA MAP (opposite page) to find the general area (North, South, East, etc) where the agency is located.

If you know the name of the agency you are looking for, refer to the ALPHABETICAL LISTING, beginning on page 87.

The PULL OUT PHONE DIRECTORY on the last page is perforated and can be removed for easy reference.

## Como usar esta guía

La tabla debajo indica a los códigos de la leyenda que son utilizados en la mayoría de los servicios incluidos en este libro. Asimismo, otros códigos obvios pueden que sean esporádicamente usados.

Cuando necesite buscar un tipo de servicio, refiérase a la TABLA DE CONTENIDO en la página 4. Si no encuentra el servicio exacto, indague en la tabla para ver si está incluido en una categoría diferente.

Las secciones de CATEGORÍA DE SERVICIOS clasifican las agencias que proporcionan cada servicio. Esta lista incluye el nombre de la agencia, el número telefónico y los códigos. Use el MAPA DEL ÁREA DE HOUSTON (en la página opuesta) para encontrar el área general (norte, sur, este, etc.) donde la agencia está ubicada.

Si sabe el nombre de la agencia que necesita y quiere saber el número telefónico o la dirección, diríjase al LISTADO ALFABÉTICO al inicio de la página 87.

La GUÍA TELEFÓNICA ubicada en la última página, está perforado y se puede ser removida del libro para uso portátil y de referencia fácil.

## Legend

<b>M</b> .....	Program for Men.
<b>W</b> .....	Program for Women.
<b>C</b> .....	Program for children, ages 0 – 12 (or age as specified).
<b>Y</b> .....	Program for youth, ages 13 – 24 (or age as specified).
<b>Fam</b> .....	Program for families with at least one child.
<b>All</b> .....	Program for persons of all ages.
<b>Esp</b> .....	Spanish speaking personnel available.
<b>Free</b> .....	At least one service provided free of charge.
<b>HIV+ only</b> ..	Program for persons living with HIV.
<b>Ins</b> .....	Accepts private medical insurance.
<b>I/RR</b> .....	Services for those recently released from jail or prison.
<b>Lim</b> .....	Limited availability of service.
<b>Med</b> .....	Accepts Medicare and/or Medicaid.
<b>S\$</b> .....	Sliding scale used to determine fee.
<b>CD</b> .....	Program for chemical dependency.
<b>Walk-ins</b> ...	No appointment needed.
<b>Appt req</b> ...	Appointment required.

## Tabla

<b>M</b> .....	Programa para hombres.
<b>W</b> .....	Programa para mujeres.
<b>C</b> .....	Programa para niños, 0 – 12 años (o edad como se especifica).
<b>Y</b> .....	Programa para adolescentes, 13 – 24 años (o edad como se especifica).
<b>Fam</b> .....	Se atienden a las familias con niños.
<b>All</b> .....	Servicios para toda persona.
<b>Esp</b> .....	Personal que habla español disponible.
<b>Free</b> .....	Al menos un servicio proporcionado es gratis.
<b>HIV+ only</b> ...	Programa para las personas que viven el VIH.
<b>Ins</b> .....	Aceptan seguro médico privado.
<b>I/RR</b> .....	Servicios para personas que se han dado de alta de la cárcel o prisión.
<b>Lim</b> .....	Disponibilidad limitada de servicio.
<b>Med</b> .....	Se acepta Medicare y/o Medicaid.
<b>S\$</b> .....	Escala móvil utilizada para determinar costo.
<b>CD</b> .....	Programa para el abuso de sustancias.
<b>Walk-ins</b> ....	No Se Requiere Cita.
<b>Appt req</b>	Se requiere cita previa.

## About the Artwork...

The artwork for the 2018-19 Houston Area HIV Resource Guide has been generously provided to us over the years by participants of the Healing Art Class from the Art League Houston and by participants of the Day Treatment Program at Bering Omega Community Services.

Those who have given us permission to use their artwork are Arturo Salazar-Correa, Marcus D. Carter, Earnestine Johnson, Brenda Williams, Hilton Williams, Mark Mauboules, Gary, Kenneth Willet, Kevin White and Tammy Garrison (front cover).

We are very grateful to Bering Omega Community Services, the Art League Houston and the artists listed above for sharing their images and feelings with us for this publication.

## Acerca de la Gráfica...

*El material gráfico para la Guía de Recursos para el VIH 2018-19 del Área de Houston nos ha sido proporcionado generosamente durante varios años por participantes de la Clase de Arte de Sanación [Healing Art Class] de la Art League Houston y por participantes del Programa de Tratamiento Diurno en Bering Omega Community Services.*

*Entre los que permitieron la publicación de sus trabajos se encuentran Arturo Salazar Correa, Marcus D. Carter, Earnestine Johnson, Brenda Williams, Hilton Williams, Raphael Ríos, Gary, Kenneth Willet, Kevin White y Tammy Garrison (portada).*

*Estamos agradecidos al Servicios Comunitario Bering Omega, a la Liga de Arte Houston y a los artistas previamente mencionados por compartir con nosotros en esta publicación las imágenes y los sentimientos expresados a través del arte.*

### **PRODUCED BY / PRODUCCIÓN:**

Houston Ryan White Planning Council

### **EDITOR / REDACCIÓN:**

Diane Beck, Council Coordinator

### **TRANSLATION / TRADUCCIÓN:**

Universe Technical Translation, Inc.

### **SPECIAL THANKS / AGRADECIMIENTOS:**

Arturo Salazar-Correa, Marcus D. Carter, Earnestine Johnson, Brenda Williams, Hilton Williams, Raphael Ríos, Gary, Kenneth Willet, Kevin White and Tammy Garrison.

Publication of this guide was made possible by funding from the Ryan White HIV/AIDS Treatment Extension Act of 2009.

*La publicación de esta guía fue posible gracias a fondos de la Ley de Extensión de Tratamiento Ryan White de 2009.*

# Houston Ryan White Planning Council

2223 West Loop South, Suite 240; Houston, Texas 77027

713 572-3724 Phone ▪ 713 572-2813 TTY ▪ 713 572-3740 Fax ▪ [www.rwphouston.org](http://www.rwphouston.org)

## 2017 Ryan White Planning Council

Cecilia Ross, Chair  
Tracy Gorden, Vice Chair  
Carol Suazo, Secretary

Ted Artiaga  
Connie L. Barnes  
Curtis W. Bellard  
David Benson  
Ardry Boyle, Jr.  
Bianca Burley  
Ella Collins-Nelson  
Amber David  
Johnny Deal  
Evelio Salinas Escamilla  
Herman L. Finley III  
Paul E. Grunenwald  
Angela F. Hawkins  
Arlene Johnson  
J. Hoxi Jones  
Denis Kelly  
Peta-gay Ledbetter  
Tom Lindstrom  
Osaro Mgbere  
Nancy Miertschin  
Rodney Mills  
Allen Murray  
Robert Noble  
Shital Patel  
Krystal Perez  
John Poole  
Tana Pradia  
Teresa Pruitt  
Venita Ray  
Viviana Santibanez  
Gloria Sierra  
Isis Torrente  
Steven Vargas  
Larry Woods

## Office of Support Staff:

Tori Williams, Director  
Amber Harbolt  
Diane Beck  
Rod Avila

Dear Friends,

Welcome to the 2018-2019 edition of the Houston Area HIV Resource Guide (the "Blue Book"), published by the Ryan White Planning Council. Once again, we are pleased to bring you the most up-to-date information about HIV services in Harris and the surrounding counties.

The Office of Support for the Ryan White Planning Council has been responsible for producing this book for many years. The Council and staff are continually working to bring improvements that will make future editions of the Blue Book even better.

As always, we encourage you to work with us to provide accurate information and useful tips so that this resource guide is effective and easy to use. Please write, fax or give us a call and share your thoughts. We also encourage comments at Ryan White Planning Council meetings. These meetings are open to the public and all who wish to participate in our process are welcome. Please contact the Office of Support at the address listed above for meeting information.

Please join us in working toward the day when this resource guide will no longer be necessary.

With best wishes,

---

Estimados Amigos,

Bienvenidos a la edición 2018-2019 de la Guía de Recursos del VIH del Área de Houston (el "Libro Azul"), publicado por el Consejo de Planificación Ryan White. Una vez más, estamos complacidos en ofrecerles la información al corriente sobre los servicios del VIH en el condado de Harris y los condados a su alrededor.

La Oficina de Apoyo para el Consejo de Planificación Ryan White ha sido responsable de producir este libro durante muchos años. El Consejo y su personal están trabajando arduamente para ofrecerles mayores innovaciones en el futuro.

Como siempre, los pedimos que cooperen con nosotros en proveer información precisa y cualquier dato útil para que esta guía de recursos sea efectiva y de fácil manejo. Por favor escriba, remita vía fax o llámenos para compartir sus ideas. También los alentamos a que hagan comentarios en las reuniones del Consejo. Estas reuniones están abiertas al público. Todas las personas interesadas en participar en este proceso son bienvenidas. Por favor, póngase en contacto con la Oficina de Apoyo, llamando al número mencionado arriba para la información sobre las reuniones.

Únase a nosotros en este trabajo para que en un día futuro esta guía de recursos ya no sea necesaria.

Saludos cordiales,



Cecilia Ross, Chair  
Ryan White Planning Council



Tori Williams  
Director, Office of Support



Diane Beck  
Blue Book Editor

# TABLE OF CONTENTS

# TABLA DE CONTENIDO

HOW TO USE THE GUIDE & LEGEND	1
ABOUT THE ARTWORK & CREDITS	2
LETTER FROM THE CHAIR	3
IMPORTANT RESOURCES	5
CPCDMS CLIENT REGISTRATION	7
CLIENT RIGHTS & COMPLAINT PROCESS	17
HARRIS HEALTH SYSTEM ELIGIBILITY	18
Case Management	21
Chemical Dependency Treatment	22
Children's Services	25
Clinics	27
Clothing & Household Items	29
Day Programs & Respite Care	30
Deaf & Hard Of Hearing Services	30
Dental Services	31
Education Programs	32
Employment and Training	34
Eye Care	35
Financial Assistance	35
Food Assistance	36
Formerly Incarcerated Resources	37
Funeral Assistance, Information & Services	44
Hepatitis C Information & Resources	45
Home Assistance & Home Health Care	50
Hospice Care	50
Housing, HOPWA & Emergency Shelters	51
Information & Hotlines	56
Insurance Premium & Co-pay Assistance	57
Legal Services	58
Medical Equipment	59
Mental Health Counseling & Treatment	59
Miscellaneous Services	61
Nutrition & Wellness	62
Pharmacies (ADAP)	63
PrEP & Prevention Services	67
Prescription Assistance	72
Social Support & Activities	76
Support Groups	77
Testing for HIV & STDs	78
Transportation	79
Treatment Information & Clinical Trials	80
Veteran's Services	81
Volunteer Opportunities	82
Women's Services	83
Youth / Teen Services	85
ALPHABETICAL LISTING OF AGENCIES	87
SOCIAL SECURITY	154
MEDICARE AND MEDICAID	158
PUBLICATIONS	163
RYAN WHITE PLANNING COUNCIL	165
PROJECT L.E.A.P.	166

**PULL OUT PHONE DIRECTORY**

1	CÓMO UTILIZAR ESTA GUÍA / TABLA
2	ILUSTRACIONES Y RECONOCIMIENTOS
3	CARTA DEL PRESIDENTE DE JUNTA
5	RECURSOS IMPORTANTES
12	REGISTRACIÓN DEL CLIENTE EN EL CPCDMS
17	DERECHOS DEL CLIENTE Y PROCESO DE QUEJAS
18	ELEGIBILIDAD DEL HARRIS HEALTH SYSTEM
21	Administración de Casos
76	Apoyo Social y Actividades
35	Asistencia Financiera
44	Asistencia Funeraria, Información y Servicios
36	Asistencia para Alimentos
72	Asistencia para Prescripciones
50	Asistencia y Cuidado en el Hogar
34	Ayuda para Empleo y Entrenamiento
27	Clínicas
59	Consejería y Tratamientos de Salud Mental
50	Cuidado de Hospicio
35	Cuidado de la Vista
31	Cuidado Dental
59	Equipo Médico
63	Farmacias (ADAP)
77	Grupos de Apoyo
80	Información de Tratamientos y Pruebas Clínicas
45	Información y Recursos Sobre la Hepatitis C
56	Líneas de información y ayuda
62	Nutrición y Bienestar
82	Oportunidades para Voluntarios
67	PrEP y Servicios de Prevención
57	Prima de Seguro y Asistencia del Copago
30	Programas Diurnos y Asistencia para los Cuidadores
32	Programas Educativos
78	Prueba del VIH y ETS
37	Recursos para los Previamente Encarcelados
58	Servicios Legales y Defensa
61	Servicios Misceláneos
85	Servicios para Jóvenes / Adolescentes
83	Servicios para Mujeres
25	Servicios para Niños
30	Servicios para Sordos
81	Servicios para Veteranos
79	Transporte
23	Tratamiento de la Dependencia de Sustancias
30	Vestimenta y Artículos de la Casa
51	Vivienda, HOPWA y Refugios de Emergencia
87	LISTA DE AGENCIAS EN ORDEN ALFABÉTICO
154	SEGURO SOCIAL
158	MEDICARE Y MEDICAID
163	PUBLICACIONES
165	CONCILIO DE PLANIFICACIÓN RYAN WHITE
166	PROJECT L.E.A.P.

**GUÍA TELEFÓNICA PORTÁTIL**

## Important Resources Everybody Should Know About *Los Recursos Importantes Que Todos Deben Saber*

This guide contains many great resources. The ones listed below have been singled out either because they offer a unique and especially valuable service, or because many people who could benefit from them do not know about them, or both. As with all listings in this guide, services and programs change, and only the agencies themselves can tell you whether or not you qualify.

*Esta guía contiene una lista de muchos recursos importantes. Los de esta sección han sido seleccionados porque ofrecen un servicio único y especialmente valioso, porque muchas personas que pueden obtener beneficios no lo saben, o por ambas razones. Como todos los recursos en esta guía, los servicios y programas cambian y solamente las agencias en sí pueden informarle si Ud. califica.*

### Affordable Care Act: Assistance with the Health Insurance Marketplace *La Ley Del Cuidado de Salud Asequible: Cómo Obtener Ayuda con el Mercado de Seguro de Salud*

**If you are a client at a Ryan White funded agency:** Speak with your case manager. If you do not have a case manager, tell the receptionist that you want to talk with someone about signing up for health insurance.

**Si usted es un cliente con una agencia financiada por Ryan White:** Hable con su administrador de casos. Si usted no tiene un administrador de casos, dígame a la recepcionista que usted quiere hablar con alguien sobre inscribirse en un seguro de salud.

**If you do not go to a Ryan White funded agency and do not have a case manager:** You can go to any federally qualified health center (FQHC) and ask to speak with someone about signing up for the healthcare Marketplace. All FQHCs have staff that are trained to assist anyone who needs assistance; you do not need to be a patient at that clinic.

**Si no eres en una agencia financiada por Ryan White y no tienen un administrador de casos:** Usted puede ir a cualquier centro de salud federalmente calificado (FQHC) y pida hablar con alguien en inscribirse en el mercado de la salud. Todos los FQHC tienen personal que está capacitado para ayudar a cualquier persona que necesite ayuda, no es necesario ser un paciente en la clínica.

For locations and contact information, please see the following:

Para ubicaciones e información de contacto, por favor vea la siguiente:

AccessHealth	Pg 88
Avenue 360 Health and Wellness	Pg 95
Bee Busy	Pg 100
Change Happens!	Pg 105
HHS Thomas Street Health Center	Pg 120
Legacy Community Health	Pg 125
Montrose Center	Pg 131
Saint Hope Foundation	Pg 139

AccessHealth	Pg 88
Avenue 360 Health and Wellness	Pg 95
Bee Busy	Pg 100
Change Happens!	Pg 105
HHS Thomas Street Health Center	Pg 120
Legacy Community Health	Pg 125
Montrose Center	Pg 131
Saint Hope Foundation	Pg 139

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla
ADAP - Texas HIV Medication Program	1-800-255-1090	Statewide	Free, Esp

Available to low-income persons living with HIV, this program covers the cost of many often-prescribed HIV medications. You will need a doctor or case manager's help to apply.

*Disponible para personas de bajos ingresos que viven con el VIH, este programa cubre el costo de muchos medicamentos para el VIH prescritos con frecuencia. Usted necesitará un médico o administradores de caso para que lo ayuden a realizar la solicitud.*

See page 149 for more information.

*Ver página 149 para más información.*

## Important Resources / *Los recursos importantes*

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla
<p><b>Harris County Housing and Community Resource Center</b></p> <p>A one-stop shop for finding apartments or rental property, opportunities for first time home buyers, financial assistance, emergency shelters and a variety of other services offered by the community.</p> <p>Anyone can access these resources by calling the information line at 713 578-2055 or by visiting the website: <a href="http://www.hrc.hctx.net">www.hrc.hctx.net</a>. The phone line is available in English, Spanish and Vietnamese. Information from the website can also be viewed, downloaded and printed in several languages.</p> <p>For direct assistance from one of the Resource Navigators, please call 713 696-1998 or email <a href="mailto:HRC@csd.hctx.net">HRC@csd.hctx.net</a>.</p>	<p><b>(713) 578-2055</b></p>	<p><b>Harris County</b></p>	<p><b>Free, Esp</b></p> <p><i>Una tienda de ventanilla única para encontrar apartamentos o propiedad de alquiler, oportunidades para compradores de vivienda por primera vez, asistencia financiera, refugios de emergencia y una variedad de otros servicios ofrecidos por la comunidad.</i></p> <p><i>Cualquiera puede acceder a estos recursos llamando a la línea de información al 713 578-2055 o visitando el sitio web: <a href="http://www.hrc.hctx.net">www.hrc.hctx.net</a>. La línea telefónica tiene información disponible en inglés, español y vietnamita. El sitio web también se puede ver, descargar e imprimir en varios idiomas.</i></p> <p><i>Para obtener asistencia directa de uno de los Navegadores de Recursos, por favor llame al 713 696-1998 o envíe un correo electrónico a <a href="mailto:HRC@csd.hctx.net">HRC@csd.hctx.net</a>.</i></p>
<p><b>Health Insurance Co-Pay and Premium Assistance</b></p> <p>This program offers assistance with HIV and non-HIV medication costs, ADAP co-pays as well as health insurance premiums, co-pays and deductibles. The program is open to area residents living with HIV who meet eligibility requirements. Ask a case manager for application assistance.</p>	<p><b>(832) 548-5120</b></p>	<p><b>(C) Montrose</b></p>	<p><b>Free, Esp</b></p> <p><i>Este programa ofrece asistencia con los costos de medicamentos relacionados o no con el VIH, copagos ADAP, así como primas de seguro médico, copagos y deducibles. El programa está abierto a los residentes del área que viven con el VIH que cumplen con los requisitos de elegibilidad. pregunta a un administrador de casos para asistencia con la solicitud.</i></p>
<p><b>Operation I.D.</b></p> <p>Assistance with obtaining photo identification; you must have an agency referral letter and co-pay (from agency or self-paid). Open Tuesdays and Thursdays, from 9:00 a.m. to 11:30 a.m.</p> <p>Please leave a voicemail at (281) 833-3508 and your call will be returned on our next working day.</p>	<p><b>(281) 833-3508</b></p>	<p><b>(C) Med Center</b></p>	<p><b>Walk-in only, Esp</b></p> <p><i>Asistencia para obtener una identificación con foto; usted debe tener una carta de referencia de la agencia y un copago (de la agencia o un pago por usted mismo). Abierto los martes y jueves, de 9:00 a.m. a 11:30 a.m.</i></p> <p><i>Por favor deje un correo de voz al (281) 833-3508 y su llamada será devuelta nuestro próximo día hábil.</i></p>
<p><b>PrEP (Pre-Exposure Prophylaxis)</b></p> <p>Post-Exposure Prophylaxis, commonly known as PrEP, is when people at high risk for HIV take HIV medicine daily to lower their chances of acquiring HIV. A combination of two HIV medicines, sold under the name Truvada® (pronounced troo-vah-duh), is approved for daily use as PrEP to help prevent an HIV-negative person from getting HIV from a sexual or injection drug using partner who is positive.</p> <p>Studies have shown that PrEP is highly effective for preventing HIV if it is taken as prescribed. PrEP is much less effective when it is not taken consistently.</p> <p>See page 67 for more information and a list of providers.</p>	<p><b>Various</b></p>	<p><b>Various</b></p>	<p><b>Various</b></p> <p><i>La profilaxis post-exposición, conocida comúnmente como PrEP, es cuando las personas con alto riesgo de VIH toman diariamente la medicina para reducir sus probabilidades de contraer el VIH. Una combinación de dos medicamentos para el VIH, vendidos bajo el nombre de Truvada® (pronunciado troo-vah-duh), está aprobado para uso diario como PrEP para ayudar a prevenir que una persona VIH-negativa contraiga el VIH a partir de un positivo.</i></p> <p><i>Los estudios han demostrado que la PrEP es altamente eficaz para prevenir el VIH si se toma según lo prescrito. La PrEP es mucho menos efectiva cuando no se toma de forma consistente.</i></p> <p><i>Vea la página 67 para más información y una lista de proveedores.</i></p>



# Harris County Public Health Services Ryan White Grant Administration

## CPCDMS Client Registration Process

All clients are required to register in the CPCDMS in order to be eligible for Ryan White services. Listed below are the steps required to complete the registration. **Registration information is confidential; no personal information (name, street address, phone number, etc.) is stored in the database.**

1. Client signs completed **Consent for Services** form.
2. Agency staff completes registration form with the client.
3. Agency staff screens the client for **Ryan White eligibility** (see below).
4. If the client provides **all necessary eligibility documentation** (HIV+ diagnosis, identity, residency, income, and health insurance verification), the agency serves client.

NOTE: Primary care providers can only register/update clients receiving primary care from their primary care site.

### Eligibility Requirements

All persons seeking services must provide the documentation below in order to be eligible for services. All documentation presented during eligibility verification must be current - no greater than one year of the pre-printed date on the document or the date of original signature.

### Required Documentation

### Acceptable Forms of Documentation

#### HIV+ diagnosis<sup>1</sup>

##### Acceptable signatories

- A licensed physician
- A licensed physician assistant
- A licensed nurse practitioner
- A registered nurse working under the supervision of a physician
- A licensed Master's level social worker (LMSW) working under the supervision of a physician **(only acceptable by Harris County Ryan White Grant Administration)**
- An Advanced Practice Nurse

- A computer-generated HIV+ laboratory test (with confirmatory Western Blot or detectable viral load) with the individual's name pre-printed. Examples are:
  1. Antibody screening test {e.g. Reactive Enzyme Immunoassay (EIA) with confirmatory western blot or Indirect Immunofluorescence Assay test (IFA)}, or
  2. HIV Nucleic Acid (DNA or RNA) detection test {e.g. Polymerase Chain reaction (PCR), HIV p24 Antigen test, HIV Isolation (viral culture)}, or
  3. HIV Testing Medical Report on Houston Health Department letterhead.
- A statement or letter signed by a medical professional indicating that the individual is HIV+, including the individual's name and the phone number of the medical professional.
- A medical progress note, hospital discharge paperwork, or other document signed by a medical professional indicating that the individual is HIV+, including the individual's name and the phone number of the medical professional.
- An anonymous HIV test result containing identifying information sufficient to ensure a reasonable certainty as to the identity of the test subject, e.g. gender and date of birth (**valid for only 60 days from the start of services at the agency**).
- A Texas Department of Criminal Justice (TDCJ) physician-completed Medical Certification form.

**NOTE:** Proof of HIV diagnosis does NOT have an expiration date and does NOT need to be updated annually. Proof of HIV diagnosis must be presented at all agencies where services are accessed.

<sup>1</sup> For services available to non-HIV+ persons, documentation of the client's relationship to an HIV+ person and the HIV+ person's diagnosis must be provided.

CPCDMS Client Registration Process

Required Documentation

Acceptable Forms of Documentation

Verification of identity

- Texas Driver's License (Primary & Preferred ID)
- Texas Identification Card
- Texas Department of Corrections identification card
- Employment badge with picture
- Student ID with picture
- U.S. immigration documents with picture
- Credit card with picture
- Metro picture ID
- U.S. naturalization, citizenship, passport or other Federal documents with picture
- Driver's license or identification card issued by another US state
- A government-issued ID from a country other than the U.S.
- Birth certificate (cannot be used by married women)
- Social Security card
- Medicaid/Medicare card
- Letter on Letterhead from another Social Service Agency (homeless or undocumented only)
- Veterans Administration ID Card
- Letter on company letterhead from the Harris County Jail (homeless or undocumented only)

Verification of residency within funding source's catchment area

- Residency documentation for minors is required for a parent or guardian with whom the minor resides. Acceptable residency documentation:
- Client self-attestation (acceptable at every 6 month reassessment) of no change or self-attestation of change with acceptable documentation
  - Valid copy of "CPCDMS Client Verification" form (agencies online who are NOT record owners)
  - Current lease in the name of the client or listing the client as an occupant
  - Property tax documents
  - Utility/phone/cable/credit card bill in the name of the client
  - Letter on company letterhead signed by the director of a recognized group home, care home or transitional living facility
  - Business correspondence with the client's name and address pre-printed, e.g. auto registration, insurance, bank/brokerage statement, food stamp letter, Social Security letter, Medicaid letter
  - Temporary agency affidavit signed and dated by client (valid for only 60 days from initial service date) (homeless or undocumented only)
  - Letter on Letterhead from a social service agency (homeless or undocumented only)
  - Supporter Statement with address and valid signature of client's supporter
  - Payroll stub/copy of payroll check/bank statement - showing address
  - P.O. Box, along with another means to verify the address such as current utility bill or case manager's verification letter

An approved Request for Waiver is required for clients outside the Houston EMA.

CPCDMS Client Registration Process

Required Documentation

Acceptable Forms of Documentation

Verification of household income

All clients must be screened for financial eligibility for Ryan White funded services. Services should not be provided to clients whose household income exceeds the cap established by the Ryan White Planning Council for each service category.<sup>2</sup>

Documentation of income must be provided for all members of the client's household.<sup>3</sup> Income documentation for minors is required for the parent(s) or guardian(s) with whom the minor resides.

Acceptable income documentation:

- Client self-attestation (acceptable at every 6 month reassessment) of no change or self-attestation of change with acceptable documentation
- Valid copy of "CPCDMS Client Verification" form (Agencies Online who are NOT Record Owners)
- Payroll stub/copy of payroll check/bank statement showing direct payroll deposit
- Letter from employer on company letterhead indicating weekly or monthly wages
- Unemployment benefits letter/copy of check
- IRS 1040 form (tax return)/W-2 form/1099 form (preferred)
- Social Security award letter
- VA benefits letter
- Private disability/pension letter on company letterhead
- Medicaid letter
- Child or spousal support order with judge's signature and date
- Food stamp award letter (TANF: Temporary Aid to Needy Families)

The following documentation is acceptable only for clients claiming no income:

- Agency temporary affidavit signed and dated by the client (valid for only 60 days from initial service date)
- Proof of application for Social Security (valid for 6 months only)
- Client living off savings: bank/investment account statements from 3 consecutive months showing withdrawals for living expenses
- Client being supported by someone else: statement signed and dated by the supporter, which includes the amount and type (room only, room and board, cash assistance, etc.) of support and the supporter's phone number for verification
- Homeless client: Verification letter on company letterhead from homeless services

<sup>2</sup> See the US Dept. of Health & Human Services Poverty Guidelines for the current year and the "Ryan White Financial Eligibility" table.

<sup>3</sup> Refer to Policies and Procedures for determining household income.

CPCDMS Client Registration Process

Required Documentation

Acceptable Forms of Documentation

Verification of Health Insurance Coverage: Medicaid/Medicare or Third Party Eligibility Verification

The following service categories must provide verification of client ineligibility for Medicaid/Medicare or third party coverage (to assure that Ryan White Part A is payer of last resort) at every visit or monthly (whichever is less frequent).

Medicaid/Medicare or Third Party Reimbursable Service Categories:

- Primary Medical Care (including pediatric and women’s services)
- Psychiatry
- Local Pharmacy Assistance Program (LPAP)
- Dental
- Substance Abuse Treatment
- Vision Services
- Transportation (Medicaid only)
- Case Management (children up to 20 years old and pregnant women)

Acceptable documentation to verify Medicaid/Medicare or third party eligibility status:

- Client self-attestation (acceptable at every 6 month reassessment) of no change or self-attestation of change with acceptable documentation
- The preferred method for documenting insurance verification is printing the results and filing in client record or electronically in an organized and identifiable manner
- Verification of employment, i.e. payroll stub, copy of payroll check, bank statement showing direct payroll deposit, letter from employer on company letterhead indicating weekly or monthly wages no greater than 6 months old (to demonstrate Medicaid/Medicare or third party eligibility status)
- Medicaid/Medicare or third party rejection/denial letter covering the dates of service
- Medifax slips or other automated system (must be done at least monthly)

The following documentation is acceptable only for undocumented and/or homeless clients:

- Letter on company letterhead from a case manager, social worker, counselor or other professional (certifying Medicaid/Medicare or third party eligibility status) from another agency who has personally provided services to the client, stating that the client is undocumented and/or homeless.

**RYAN WHITE REGISTRATION SITES**

AGENCY	PHONE #
<b>AccessHealth</b>	<b>(281) 633-3138</b>
<b>AIDS Foundation Houston</b> (new & out of care only)	<b>(713) 623-6796, Ext. 223</b>
<b>City of Houston</b> (new & out of care only)	<b>(832) 393-4258</b>
<b>Harris County Sheriff's Office</b> (jail)	<b>(713) 755-9275</b>
<b>Harris Health System – HIV Services</b>	<b>(713) 873-4011</b>
<b>Avenue 360 Health and Wellness</b>	<b>(713) 426-0027, Ext 399</b>
<b>Legacy Community Health Services</b>	<b>(832) 548-5087</b>
<b>The Montrose Center</b>	<b>(713) 529-0037, Ext. 350</b>
<b>Saint Hope Foundation</b>	<b>(713) 778-1300</b>
<b>UT Health Science Center</b> (pediatrics)	<b>(713) 500-6443</b>
<b>Veteran's Administration</b>	<b>(713) 791-1414, Ext. 5292</b>

**Notes**

---



---



---



---



---



---



---



---



---



---



---

# Servicios de Salud Pública del Condado Harris Administración de Subsidios Ryan White

## Procedimiento de Registración del Cliente en el CPCDMS

Todos los clientes están requeridos a registrarse en el CPCDMS para demostrar elegibilidad a fin de recibir servicios de Ryan White. A continuación están los pasos a seguir para completar la registración. **La información solicitada para la registración es confidencial; ninguna información personal (nombre, dirección, número telefónico, etc.) es almacenada en la base de datos.**

1. El cliente firma el formulario del consentimiento para recibir servicios.
2. El personal de la agencia completa el formulario de registración con el cliente.
3. El personal de la agencia asesora al cliente para su elegibilidad a la **Ryan White** (vea a continuación).
4. Si el cliente provee **toda la documentación necesaria para la elegibilidad** (confirmación de diagnóstico del VIH, identidad, residencia, ingreso, y verificación de seguro de salud), la agencia ofrece servicio al cliente.

**AVISO:** Los proveedores del cuidado primario de la **Ryan White** pueden registrar/poner al corriente solamente a los clientes recibiendo cuidado primario en su localidad primaria.

### Requerimientos de elegibilidad de la Ryan White

Toda persona buscando servicios debe proveer la documentación mencionada a continuación para ser elegible a recibir servicios. Toda documentación presentada durante la verificación para elegibilidad debe estar al corriente – no mayor de un año de la fecha impresa en el documento o de la fecha de la firma original.

### Documentación requerida

### Tipos de documentación aceptables

#### Diagnóstico del VIH+<sup>1</sup>

#### Firmas aceptables

- Un médico licenciado
- Asistente de médico licenciado
- Una enfermera licenciada
- Una enfermera bajo la supervisión de un médico
- Un trabajador social con nivel de Maestría (LMSW) quien trabaja bajo la supervisión de un médico (**aceptado solamente por el Condado de Harris – Servicios del VIH**)
- Una enfermera de práctica avanzada

- Un análisis de laboratorio del VIH+ elaborado por computación (con confirmatorio “Western Blot” o carga viral detectable) con el nombre del individuo impreso. Ejemplos:
  1. Análisis del anticuerpo, por ejemplo, Inmunoanálisis de Enzima Reactiva (EIA) con “Western blot” confirmatorio o Análisis de Inmunofluorescencia Indirecta (IFA); o
  2. Análisis de detección del Acido Nucleico del VIH (DNA o RNA) {por ejemplo, Reacción de Cadena Polimerase (PCR), Análisis de Antígeno VIH p24, Aislamiento del VIH (cultivo viral); o
  3. Reporte médico de la prueba del VIH en hoja membretado con Houston Health Department.
- Una carta o declaración firmada por un profesional médico estableciendo que el individuo es VIH+, incluyendo el nombre del paciente y el número telefónico del médico profesional.
- Anotaciones médicas, documentos de dada de alta de un hospital, u otro documento firmado por un médico profesional indicando que el paciente es VIH+, el nombre del paciente y el número telefónico del médico profesional.
- Un resultado de análisis del VIH anónimo que incluya información suficiente que asegure con certeza la identidad del sujeto, e.g. sexo y fecha de nacimiento (**válido solamente por 60 días del inicio del servicio en la agencia**).
- Un médico del Departamento de Justicia Criminal de Texas (TDCJ) formulario de Certificación médica completada.

**AVISO:** La confirmación del diagnóstico del VIH NO tiene fecha de vencimiento y no debe ser puesto al día anualmente. La confirmación del diagnóstico del VIH debe ser presentada en todas las agencias donde se solicite servicios.

<sup>1</sup> Para los servicios disponibles a personas sin VIH, se debe proveer documentación que verifique la relación con la persona VIH+ y el diagnóstico de dicha persona.

Procedimiento de Registración del Cliente en el CPCDMS

Documentación requerida	Tipos de documentación aceptables
<p>Verificación de identidad</p>	<ul style="list-style-type: none"> <li>• Licencia de conducir de Texas (Identificación primaria y preferida)</li> <li>• Cédula de identidad de Texas</li> <li>• Tarjeta de identidad del Departamento de Corrección de Texas</li> <li>• Tarjeta laboral con fotografía de identidad</li> <li>• Tarjeta estudiantil con fotografía</li> <li>• Documentos de inmigración de EEUU con fotografía</li> <li>• Tarjeta de crédito con fotografía</li> <li>• Tarjeta del Metro con fotografía</li> <li>• Documento de naturalización, ciudadanía, pasaporte u otro documento federal con fotografía</li> <li>• Licencia de conducir o tarjeta de identidad de otro estado de EEUU</li> <li>• Identificación gubernamental producida por otro país que no sea de EEUU</li> <li>• Certificado de nacimiento (no aceptable de mujeres casadas)</li> <li>• Tarjeta del Seguro Social</li> <li>• Tarjeta de Medicaid/Medicare</li> <li>• Carta con logo de otra agencia de servicios sociales (sin hogar o indocumentados solamente)</li> <li>• Tarjeta de identidad de la Administración de Veteranos</li> <li>• Carta en el membrete de la compañía de la cárcel del condado de Harris (sin hogar o indocumentados solamente)</li> </ul>
<p>Verificación residencial dentro de la zona de captación de los fondos</p>	<p>Documentación de residencia de menores de edad es requerida de un padre, madre o guardián con quien reside el menor. Documentación residencial aceptable:</p> <ul style="list-style-type: none"> <li>• Testimonio del cliente (aceptable cada 6 meses de reevaluación) afirmando que no hay cambio o testimonio del cliente de que hay cambio pero con documentación aceptable</li> <li>• Una copia valida y oficial de “verificación del sistema de CPCDMS” (solamente agencias que NO son poseedoras de registro del cliente)</li> <li>• Contrato de renta al día en nombre del cliente o que incluya al cliente como residente</li> <li>• Documentos de impuesto a la propiedad</li> <li>• Factura de electricidad/cable/tarjeta de crédito en nombre del cliente</li> <li>• Facturas de tarjeta de crédito en nombre del cliente</li> <li>• Carta con logo y firmada por el director de una reconocida compañía de vivienda colectiva, vivienda para el cuidado del residente o vivienda transitoria</li> <li>• Correspondencia de negocio con el nombre del cliente, e.g. registración o seguro del vehículo, declaración bancaria, carta de beneficio de estampillas para alimentos, carta del Seguro Social, carta de Medicaid</li> <li>• Afidávit temporal de agencia firmada y fechada por el cliente (válido solamente por 60 días de la fecha de inicio del servicio)</li> <li>• Carta con logo de una agencia de servicios sociales</li> <li>• Declaración por escrito de persona que sostiene al cliente, con dirección y firma de tal</li> <li>• Pago salarial/copia del cheque salarial/cuenta bancaria con dirección del cliente</li> <li>• Casilla de correo, adjunto con otro medio para verificar la dirección, así como la cuenta corriente de su servicio de electricidad, o carta de verificación de su administrador/a de casos</li> </ul> <p>Se requiere una Solicitud de Renuncia aprobada para clientes fuera de la EMA de Houston.</p>

Procedimiento de Registración del Cliente en el CPCDMS

**Documentación requerida**

**Tipos de documentación aceptables**

Verificación del ingreso familiar

Todo cliente debe ser verificado de elegibilidad financiera para recibir servicios de Ryan White. No se debe proveer servicios a cliente cuyo ingreso familiar sobrepasa el máximo establecido por el Concilio de Planeamiento Ryan White para cada categoría de servicio.<sup>2</sup>

La verificación de ingreso debe ser proveída por todos los miembros del círculo familiar del cliente.<sup>3</sup> La verificación de ingreso para el menor de edad es requerida del padre/madre o guardián con quien el menor reside.

Documentación de ingreso aceptable:

- Testimonio del cliente (aceptable cada 6 meses de reevaluación) afirmando que no hay cambio o testimonio del cliente de que hay cambio pero con documentación aceptable
- Una copia valida y oficial de “verificación del sistema de CPCDMS” (solamente agencias que NO son poseedoras de registro del cliente)
- Verificación de ingreso/declaración bancaria indicando depósito directo de ingreso
- Carta con logo escrita por el empleador indicando salario semanal o mensual
- Carta de beneficio de desempleo/copia del cheque
- Formulario del IRS 1040 (reembolso de impuesto)/W-2/1099 (preferido)
- Carta del beneficio del Seguro Social
- Carta de beneficio de la Administración de Veteranos
- Discapacidad privada/carta de pensión que incluya el logo de la compañía
- Carta de Medicaid
- Orden de apoyo financiero para el niño o cónyuge, firmada y fechada por un juez
- Carta de beneficio de estampillas para alimentos (TANF: Ayuda temporal a familias)

La siguiente documentación es aceptable cuando el cliente declara no tener ingreso:

- Declaración temporal de una agencia, firmada y fechada por el cliente (válido solamente por 60 días de la fecha de inicio del servicio)
- Comprobante que el cliente solicitó beneficios del Seguro Social (válido solamente por 6 meses)
- Carta de beneficios de estampillas para alimentos
- Clientes que viven de sus ahorros: cuenta bancaria/inversión de 3 meses consecutivos que verifique retiro para gastos de subsistencia
- Cliente siendo mantenido por otra persona: declaración firmada y fechada por la persona que lo mantiene, incluyendo cantidad y tipo de sustento (alojamiento, alojamiento y alimentos, asistencia monetaria, etc.) y el número telefónico de la persona que lo mantiene
- Cliente sin lugar donde vivir: Carta de verificación con logo del refugio/agencia para el desamparado

<sup>2</sup> Ver la guía de indigencia del año actual del Departamento de Salud y Servicios Humanitarios de EEUU y la tabla “Ryan White Federal Poverty Guidelines.”

<sup>3</sup> Refiérase a los Reglamentos y Procedimientos para determinar el ingreso familiar.



Procedimiento de Registración del Cliente en el CPCDMS

**Documentación requerida**

**Tipos de documentación aceptables**

Verificación de la Cobertura del Seguro de Salud: Medicaid/ Medicare o Verificación de Elegibilidad de un Tercer Partido

Las siguientes categorías de servicios deben proveer verificación de la elegibilidad del cliente para Medicaid/Medicare o la cobertura de un tercer partido (para asegurar que la Parte A de Ryan White pagara como último recurso) a todas las visitas o mensualmente (cual fuera menos frecuente).

Categorías de Servicio Reembolsable por Medicaid/Medicare o un Tercer Partido:

- Cuidado Médico Primario (incluye pediatría y servicios para mujeres)
- Psiquiatría
- Programa Local de Asistencia Farmacéutica (LPAP)
- Dental
- Tratamiento de Abuso de Substancias
- Servicios de Visión
- Transportación (Medicaid solamente)
- Administración de Casos (niños/niñas hasta los 20 años de edad y mujeres embarazadas)
- Documentación aceptable que verifique elegibilidad con Medicaid/Medicare o un tercer partido:
- Testimonio del cliente (aceptable cada 6 meses de reevaluación) de que no hay cambio o testimonio del cliente de que hay cambio pero con documentación aceptable
- El método preferido para documentar verificación de seguros es imprimiendo los resultados y registrándose en el archivo del cliente o electrónicamente de una manera identificable y organizada
- Verificación de empleo, por ejemplo, planilla de pago, copia del cheque salarial, documento de cuenta bancaria que demuestra depósito directo del pago salarial, carta con membrete de la compañía del empleador indicando salario semanal o mensual fechado un máximo de seis meses de la fecha de presentación del documento (para demostrar estado de elegibilidad con Medicaid/Medicare o un tercer partido)
- Una carta de rechazo/negación durante las fechas de servicio de Medicaid/Medicare o un tercer partido
- Planillas de Medifax u otro sistema automatizado (debe hacerse por lo menos mensualmente)

Las siguientes documentaciones son aceptables sólo para clientes indocumentados y/o sin vivienda:

- Carta con membrete de la compañía de un administrador/a de casos, trabajador/a social, consejero/a u otro profesional (certificando el estado de elegibilidad con Medicaid/Medicare o un tercer partido) de otra agencia quien ha proveído personalmente servicios al cliente, afirmando que el cliente es indocumentado y/o sin vivienda.

## SITIOS DE REGISTRACIÓN RYAN WHITE

AGENCIA	TELÉFONO
<b>AccessHealth</b>	<b>(281) 633-3138</b>
<b>AIDS Foundation Houston</b> (nuevo y fuera de cuidado solamente)	<b>(713) 623-6796, Ext. 223</b>
<b>City of Houston</b> (nuevo y fuera de cuidado solamente)	<b>(832) 393-4258</b>
<b>Harris County Sheriff's Office</b> (cárcel)	<b>(713) 755-9275</b>
<b>Harris Health System – HIV Services</b>	<b>(713) 873-4011</b>
<b>Avenue 360 Health and Wellness</b>	<b>(713) 426-0027, Ext 399</b>
<b>Legacy Community Health Services</b>	<b>(832) 548-5087</b>
<b>The Montrose Center</b>	<b>(713) 529-0037, Ext. 350</b>
<b>Saint Hope Foundation</b>	<b>(713) 778-1300</b>
<b>UT Health Science Center</b> (pediátricos)	<b>(713) 500-6443</b>
<b>Veteran's Administration</b>	<b>(713) 791-1414, Ext. 5292</b>

**Notas**

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

## Client Rights

**As a client at an agency receiving services funded by the Ryan White Program, you have the following rights:**

- ◆ To be served without regard to age, gender, race, color, religion, national origin, sexual orientation, political affiliation or disability.
- ◆ To services that are considerate and respectful and free from abuse, neglect and exploitation.
- ◆ To privacy. No information that would directly or indirectly reveal your health status may be disclosed to anyone outside the agency without your informed, written consent as governed by local, state and federal law.
- ◆ To communicate about your services in a language and format that you understand.
- ◆ To be informed of all agency rules and regulations related to your services.
- ◆ To initiate a complaint about your services and to be informed of the agency's grievance procedure.
- ◆ To withdraw your consent for services and/or seek services at another agency and to do so without pressure or intimidation.
- ◆ To know the qualifications of the staff providing you with services.

## Derechos del Cliente

**Como cliente de esta agencia que recibe fondos del Programa "Ryan White", Ud. tiene los siguientes derechos:**

- ◆ A ser atendido sin considerarse edad, sexo, raza, color, religión, nacionalidad, orientación sexual, afiliación política o minusvalía.
- ◆ A recibir servicios con respeto, libre de abuso, negligencia y explotación.
- ◆ A la privacidad. Ninguna información acerca de su estado de salud podrá ser revelado fuera de esta agencia sin su consentimiento por escrito.
- ◆ A recibir los servicios en el lenguaje y formato que Ud. comprenda.
- ◆ A ser informado/a sobre todos los reglamentos relacionados con los servicios que recibe en esta agencia.
- ◆ A iniciar un reclamo sobre los servicios y a ser informado/a del procedimiento de quejas de esta agencia.
- ◆ A retirar su autorización para recibir servicios y/o buscar servicios en otra agencia sin ser presionado o intimidado.
- ◆ A saber la calificación del personal que está ofreciéndole el servicio.

## Complaint Procedures

Certain services are funded by Ryan White Program funds which are administered by one of the entities listed below.

By contract, the agency providing the service is required to have a client complaint procedure. If you have questions on how to file a complaint regarding a Ryan White funded service, please call one of these two agencies:

**713 439-6089 English**

**713 439-6095 Spanish**

*Or write to:            O escriba a:*

**Harris County Public Health  
Ryan White Grant Administration  
2223 West Loop South, Suite 417  
Houston, TX 77027**

## Procedimiento para Reclamos

Ciertos servicios son financiados por el Programa Ryan White y los fondos administrados por una de las siguientes entidades.

Bajo contrato, la agencia que provee el servicio debe tener un procedimiento a seguir para cuando surjan quejas del cliente. Si usted tiene preguntas acerca del procedimiento para registrar una queja sobre un servicio financiado por el Programa Ryan White, por favor llame uno o los dos estas agencias:

**Reachelian Ellison,  
Consumer Relations Coordinator  
713 526-1016, Extension 104  
rellison@hivtrg.org**

*Or write to:            O escriba a:*

**Houston Regional HIV/AIDS Resource Group  
500 Lovett Boulevard, Suite 100  
Houston, TX 77006**

If your complaint remains unresolved after you have followed all procedures with the agency, you will be informed on how to file a formal grievance.

Si su queja no se ha resuelto después de haber tomado los pasos del procedimiento con la agencia, usted será informado de cómo registrar un agravio formal.

## Harris Health System Eligibility *Elegibilidad del Harris Health System*

The Harris Health System's mission is to improve our community's health by delivering high-quality healthcare to Harris County residents.

While medical care is not free at our facilities, there is financial assistance for those who qualify. Based on your household income, you may qualify for partial financial assistance on a sliding scale.

All Harris Health System patients are asked to make a minimum payment at the time of their hospital or clinic visit, except for pediatric and prenatal care visits. Service fees do not apply to patients in the Healthcare for the Homeless Program or other insurance plans. Insurance plan co-pays will be collected according to plan requirements.

*La misión del Harris Health System es mejorar la salud de nuestra comunidad entregando la asistencia médica de alta calidad a residentes de Condado Harris.*

*Mientras la asistencia médica no es libre en nuestras instalaciones, hay ayuda financiera para aquellos que se licencian. Basado en sus ingresos de unidad familiar, usted puede tener derecho a la ayuda financiera parcial en una escala móvil.*

*A Todos los pacientes Harris Health les piden hacer un pago mínimo en el momento de su visita de clínica o hospital, excepto visitas de cuidado pediátricas y prenatales. Los honorarios de servicio no se aplican a pacientes en la Asistencia médica para el Programa sin Hogar u otros proyectos de seguros. Las co-pagas de plan de seguros serán coleccionadas según exigencias de plan.*

### How to Apply for Assistance

Fill out the application:

[www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/application-instructions-english.pdf](http://www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/application-instructions-english.pdf)

Review the **What to Submit with Your Application** section (below) and attach copies of the requested documents.

You can mail your application or drop it off at an eligibility center (no appointment necessary):

**Harris Health Financial Assistance Program  
PO Box 300488  
Houston, TX 77230**

If you need assistance, please call the Eligibility Information Line at 713-566-6509.

### *Cómo Solicitar Asistencia*

*Llene la solicitud:*

[www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/application-instructions-spanish.pdf](http://www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/application-instructions-spanish.pdf)

*Repase la sección (abajo) **Qué debo presentar con mi solicitud** y adjunte copias de los documentos solicitados.*

*Puede enviar su solicitud por correo o dejarlo en la oficina de elegibilidad (no necesita una cita para hacerlo):*

**Harris Health Financial Assistance Program  
PO Box 300488  
Houston, TX 77230**

*Si necesita asistencia, por favor llame a la línea de información de elegibilidad al 713-566-6509.*

## Eligibility Centers / *Centros de Elegibilidad*

Acres Home	818 Ringold St. Houston, TX 77088	7 am - 4 pm 4th Thursday: 7 am - 11 am
Lois J. Moore	8901-B Boone Rd. Houston, TX 77099	7:30 am - 4:30 pm 2nd Wednesday: 7:30 am - 2 pm
East Mount Houston	11737-B Eastex Freeway Houston, TX 77039	8:00 am - 4:30 pm 4th Friday: 8 am - 3:30 pm
Southeast	3550-A Swingle Rd. Houston, TX 77047	8:00 am - 4:30 pm 4th Thursday: 8 am - noon
Strawberry	925 Shaw Rd. Pasadena, TX 77506	7:30 am - 4:30 pm 3rd Thursday: 7:30 am - 3 pm

# Harris Health System Eligibility

## Eligibilidad del Harris Health System

### What to Submit with Your Application

Please make and provide copies of the following papers with your application:

#### Identification (ID) (self and spouse)

State issued driver's license, state issued ID card, current student ID with picture, current employee job badge with picture, passport with picture, U.S. Immigration documents with picture, or foreign consulate ID card with picture. If a picture ID is not available, two of the following proofs may be used: birth certificate (not for married women), marriage license, social security card, other federal documents showing identity and residency in Harris County, hospital or birth records, adoption papers or records, voter's registration card, current wage stubs, Medicare card or Medicaid card.

#### Proof of address

One of the items below showing proof of address that includes your name or your spouse's name dated within the last 60 days:

Utility bill; current check stub; school record for children under the age of 18; mortgage coupon; credit card statement; printout from IRS of most current year's tax filing; certification documents or benefit checks from Social Security Administration or Texas Workforce Commission; certification documents from Supplemental Nutrition Assistance Program (SNAP, formerly known as food stamp program), Medicaid or Medicare; letter from recognized social services agency; business mail; statement from a licensed child care provider; or Harris Health System Residence Verification Form (the form is available here: [www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/residence-verification-english.pdf](http://www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/residence-verification-english.pdf)) completed by a non-related person not living in the same household.

**-OR-**

One of the items below showing proof of address that includes your name or your spouse's name dated within the last year:

Current lease agreement, department of motor vehicles record, property tax documents, current automobile insurance documents, current automobile registration, or voter's registration card for current year.

### Qué debe presentar con su solicitud

Le solicitamos que haga y suministre copias de la siguiente documentación junto con su solicitud:

#### Identificación (documento de identidad, suyo y de su cónyuge)

Licencia de conducir emitida por el estado, tarjeta de identificación emitida por el estado, tarjeta de identificación de alumno con foto actual, tarjeta de trabajo actual con foto, pasaporte con foto, documentos de inmigración de los Estados Unidos con foto, tarjeta de crédito con foto, tarjeta de identificación de un consulado extranjero con foto. Si la identificación con foto no se encontrara disponible, se podrán utilizar dos de los medios de prueba que se detallan a continuación: partida de nacimiento (excepto para mujeres casadas), licencia de matrimonio, tarjeta de seguro social, otros documentos federales que prueben la identidad, registros hospitalarios o de nacimiento, documentos o acta de adopción, tarjeta de registro de elector, recibos de sueldo actuales, tarjeta de Medicare o Medicaid actuales.

#### Prueba de domicilio

Un comprobante de domicilio que tenga su nombre o el de su cónyuge con fecha dentro de los últimos 60 días:

Recibos de servicios, registro escolar para niños menores de 18 años, recibo de hipoteca, resumen de tarjeta de crédito, impresión del IRS o de la declaración jurada impositiva más reciente, documentos de certificación o cheques de subsidio emitidos por la Administración del Seguro Social (SSA) o de la Comisión de Fuerza de Trabajo de Texas (TWC), documentos de certificación del Programa de Asistencia de Nutrición Suplementaria (SNAP, anteriormente conocido como cupones de alimentos), Medicaid o Medicare, carta de agencia reconocida de servicios sociales, correspondencia de negocios, declaración de un proveedor de cuidado infantil con licencia, formulariodes verificación de residencia del Harris Health System (en [www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/residence-verification-spanish.pdf](http://www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/residence-verification-spanish.pdf)) completado por una persona sin vínculo familiar que no viva en la misma casa.

**-O BIEN-**

Un comprobante de domicilio que tenga su nombre o el de su cónyuge con fecha dentro del último año:

Contratos de alquiler actuales, registro de vehículos automotores, documentos de impuestos a la propiedad, documentos de seguro de automotor (en vigencia), registro del automotor, o tarjeta de registro de elector para el año en curso.

## Harris Health System Eligibility *Elegibilidad del Harris Health System*

Proof of income for the past 30 days for each household member 18 or older  
Cash contributions, dividends and royalties, rental property, alimony, workmen's compensation, military pay and allowances, current check stubs, child support documents, current IRS 1040/1040A tax return (all pages) if self-employed, Harris Health System Statement of Self Employment Income Form (the form is available here: [www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/self-employment-income-statement-english.pdf](http://www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/self-employment-income-statement-english.pdf)) if no tax return is filed, Harris Health System Wage Verification Form (the form is available here: [www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/wage-verification-english.pdf](http://www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/wage-verification-english.pdf)) (for cash and personal check wages only), Social Security award letter, Retirement award letter, Veteran Affairs letter or check, unemployment benefit records or Harris Health System Statement of Support Form (available here: [www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/support-statement-english.pdf](http://www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/support-statement-english.pdf)) if no income.

Dependent proof for household members  
Birth certificate, baptismal record, proof of full time school enrollment for students ages 18 to 26, Social Security award letter with dependents names, school documents or insurance documents showing names of both parent and child, U.S. Immigration applications with dependents names, divorce decree or child support documents, baby's Popras form, birth fact record or hospital armband for infants less than 90 days old, or death certificate for previous household members, or U.S. Department of Health and Human Services Office of Refugee Resettlement-Verification of Release Form (ORR UAC/R-1) for unaccompanied alien child.

Immigration status for each household member  
You must bring current or expired documents from the U.S. Citizenship and Immigration Services.

Health care coverage\* for each household member  
Please bring current proof of Medicaid, CHIP, CHIP Perinatal, Medicare or health insurance.

*\*You must apply for CHIP, CHIP Perinatal, Medicaid, TANF (Temporary Assistance for Needy Families), SSI (Supplemental Security Income) or Title V benefits if you qualify.*

*Comprobante de ingreso de los últimos 30 días para cada miembro de la familia que tenga 18 años de edad o más*  
*Contribuciones de dinero en efectivo, dividendos y regalías, renta de propiedades, pensión alimenticia, indemnización por accidentes del trabajo, salario militar y contribuciones, talones de cheques actuales, manutención de niños, declaración jurada actual 1040/1040A del IRS (todas las páginas) si fuera autónomo, formulario de ingresos como trabajador independiente del Harris Health System (en [www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/self-employment-income-statement-spanish.pdf](http://www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/self-employment-income-statement-spanish.pdf)) para clientes que no presentan declaración jurada del impuesto a las ganancias, formulario de verificación de salario del Harris Health System (en [www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/wage-verification-spanish.pdf](http://www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/wage-verification-spanish.pdf)) (solo para sueldos en efectivo o con cheque personal), seguro social, jubilación, carta o cheque de Veteran Affairs, registros de seguro de desempleo o formulario de declaración de ayuda financiera del Harris Health System (en [www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/support-statement-spanish.pdf](http://www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/support-statement-spanish.pdf)) si no posee ingresos.*

*Constancias para personas a cargo*  
*Partida de nacimiento, registro de bautismo, comprobante de inscripción escolar a tiempo completo para estudiantes de 18 a 26 años, carta de asignación del seguro social con el nombre de las personas a cargo, documentos escolares o documentos de seguro que muestren los nombres del padre y del hijo, solicitudes de inmigración de los Estados Unidos con los nombres de las personas a cargo, sentencia de divorcio o de manutención de menores, formulario Popras del bebé (Evaluación de Riesgo Orientado a Problemas Perinatales), registro de datos del nacimiento o brazalete infantil de hospital de menos de 90 días, certificado de defunción de anteriores miembros del hogar, o Forma U.S. Department of Health and Human Services Office of Refugee Resettlement-Verification of Release (ORR UAC/R-1) niño extranjero no acompañado.*

*Condición migratoria de usted, su esposo o esposa y todos sus hijos que dependen de usted*  
*Debe mostrar documentos vigentes o vencidos de los Servicios de Ciudadanía e Inmigración de Estados Unidos.*

*Cobertura de salud\* para cada miembro de la familia*  
*Traiga un comprobante vigente de Medicaid, CHIP, CHIP Perinatal, Medicare u otro seguro de salud.*

*\*Debe presentar la solicitud, si califica, para beneficios de CHIP, CHIP Perinatal, Medicaid, TANF (Asistencia temporal para familias necesitadas), SSI (ingresos de seguro suplementarios), or Title V si cumple los requisitos.*

## Harris Health System Eligibility *Elegibilidad del Harris Health System*

### Resources for Medicare patients

You must provide a Medicare Asset Form (available here: [www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/medicare-assets-english.pdf](http://www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/medicare-assets-english.pdf)) and proof of your current resources and liabilities (all pages of bank statements, credit card bills, loans, etc.).

### Recursos para pacientes de Medicare

Debe presentar un formulario de activos de Medicare (en [www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/medicare-asset-s-spanish.pdf](http://www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/medicare-asset-s-spanish.pdf)) y un comprobante de sus actuales recursos y obligaciones (todas las páginas de los resúmenes bancarios, facturas de tarjeta de crédito, préstamos, etc.).

## Case Management / *Administración de casos*

Case management and service linkage are available free to individuals living with HIV to make them aware of the services that are available to them. Case managers can link their clients to appropriate services and help them develop the skills and resources they need to access services on their own. If you think you need a case manager, call the agencies listed below.

*La administración de casos y la vinculación de los servicios están disponibles de forma gratuita para las personas que viven con el VIH para ponerlos al tanto de los servicios disponibles. Los administradores de casos pueden vincular a sus clientes con los servicios apropiados y ayudarles a desarrollar las habilidades y los recursos que necesitan para acceder a los servicios por su propia cuenta. Si cree que necesita un administrador de casos, llame a las agencias que se indican a continuación.*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>AAMA</b>	(713) 926-9491	(C) East End	All, Free, Walk-ins, Esp.....	<b>94</b>
<b>Access Care of Coastal Texas</b>	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp.....	<b>87</b>
<b>AccessHealth HIV Program</b>	(281) 633-3166	(SW) Fort Bend	Adults, <b>HIV+ only</b> , Esp .....	<b>88</b>
<b>AccessHealth Missouri City</b>	(281) 969-1800	(SW) Missouri City	All, Walk-ins, Esp .....	<b>88</b>
<b>AIDS Healthcare Foundation</b>	(713) 799-8994	(C) Astrodome/ South Loop	W, Transgender, <b>HIV+ only</b> , I/RR, Appt req, Esp .....	<b>91</b>
<b>Avenue 360 Health and Wellness</b>	(713) 426-0027	(C) Timbergrove	All, Esp .....	<b>95</b>
<b>Brazoria County Center for Independent Living</b>	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins.....	<b>101</b>
<b>Catholic Charities HIV/AIDS Ministry</b>	(713) 874-6724	(C) Midtown	<b>HIV+ only</b> , Free, Appt req, Esp .....	<b>103</b>
<b>Change Happens!</b>	(713) 374-1200	(C) Third Ward	Varies by program.....	<b>105</b>
<b>City of Houston Community Re-Entry Program</b>	(832) 393-5467	(NE) Kashmere Gardens	Adults, I/RR, CD, Free, Walk-ins ....	<b>106</b>
<b>Covenant House Texas</b>	(713) 523-2231	(C) Montrose	Ages 18-21, Free, Esp, Walk-ins, Parenting/pregnant moms.....	<b>107</b>
<b>Ft Bend Ctr for Independent Living</b>	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins.....	<b>111</b>
<b>Goodwill - HOPWA Project Good Hope</b>	(713) 590-3123	(C) Montrose	M, W, <b>HIV+ only</b> , I/RR, Homeless Appt/walk-ins, Free, Esp .....	<b>114</b>
<b>HHS Adolescent Program</b>	(713) 873-4100	(C) Near Northside	Y, Free, <b>HIV+ only</b> , Esp.....	<b>119</b>
<b>HHS Northwest Community Health Center</b>	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Appt/ walk-ins, <b>HIV+ only</b> .....	<b>120</b>
<b>HHS Thomas Street Health Center</b>	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Appt/walk-ins, Esp.....	<b>120</b>
<b>HHS Women's Program</b>	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, <b>HIV+ only</b> , Esp.....	<b>121</b>
<b>Houston Ctr for Independent Living</b>	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins.....	<b>122</b>

## Case Management / Administración de casos

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Houston VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Walk-ins, Income-based eligibility, CD .....	<b>131</b>
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp .....	<b>126</b>
Montrose Center	(713) 529-0037	(C) Montrose	All, Fam, I/RR, Free, Walk-ins, <b>HIV+ only</b> , CD .....	<b>131</b>
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free-low cost, Appt req .....	<b>133</b>
Saint Hope Foundation Bellaire	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp .....	<b>139</b>
Saint Hope Foundation Conroe	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp .....	<b>140</b>
Saint Hope Foundation Greenspoint	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp .....	<b>140</b>
Saint Hope Foundation Sugar Land	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins .....	<b>140</b>
Saint Hope Foundation Texas City	(832) 431-5162	(SE) Texas City	M, W, CD, I/RR, S\$, Med, Ins .....	<b>141</b>
SEARCH Homeless Services	(713) 739-7752	(C) Midtown	M, W, Fam, Free, I/RR, Walk-ins, CD, Homeless only, Esp .....	<b>141</b>
SEARCH House of Tiny Treasures Childcare Center	(713) 739-7792	(C) East End	C (2 to 5 yrs), Free .....	<b>142</b>
Triangle Area Network	(409) 832-8338	(E) Beaumont	All, Free, S\$, Med, Ins, Appt/walk-ins, Esp .....	<b>150</b>
UT Health Science Center at Houston	(713) 500-6608	(C) Medical Center	All, Free, Med, Ryan White, Ins, Appt req, <b>HIV+ only</b> , Esp .....	<b>152</b>
UTMB Health Ryan White Program	(409) 772-2222	(SE) Galveston	Adults, S\$, Appt/walk-ins, Ins, Med, Esp .....	<b>152</b>

## Chemical Dependency Treatment Tratamiento de la Dependencia de Sustancias

For people living with HIV, the use of alcohol, recreational drugs and nicotine can weaken the body. Luckily, there is help for anyone who wants to become or stay alcohol or drug free. If you would like to cut back on your use of alcohol or other drugs, talk to your doctor or case manager about getting help and finding the treatment you need, or call an agency listed below to find out about treatment options.

*Para las personas que viven con VIH, el uso de alcohol, drogas recreativas y nicotina puede debilitar el cuerpo. Afortunadamente, existe ayuda para quien desee liberarse o permanecer libre de alcohol o drogas. Si desea reducir su consumo de alcohol u otras drogas, hable con su médico o administrador de casos sobre cómo obtener ayuda y encontrar el tratamiento que necesita, o llame a una agencia que se menciona a continuación para informarse sobre las opciones de tratamiento.*

## 12-Step Programs & Support Groups / Programas "12-step" y de grupos de apoyo

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Addicts Can Be Disciples Too	(713) 529-2840	(C) Third Ward	All, S\$, Appt req, Referral .....	<b>89</b>
AAMA	(713) 926-9491	(C) East End	All, Esp, Free, Walk-ins .....	<b>94</b>
Alcoholics Anonymous	(713) 686-6300	Various	Call for meeting info	
City of Houston Community Re-Entry Program	(832) 393-5467	(NE) Kashmere Gardens	Adults, I/RR, Free, Walk-ins .....	<b>106</b>
Cocaine Anonymous	(713) 668-6822	Various	Call for meeting info	
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free/S\$, Walk-ins .....	<b>113</b>
Memorial Hermann Prevention & Recovery Center (PaRC)	(713) 939-7272	(NW) Spring Shadows	All, Ins, Private pay, Walk-ins .....	<b>130</b>



## Chemical Dependency Treatment / *Tratamiento de la Dependencia de Sustancias*

### 12-Step Programs & Support Groups / *Programas "12-step" y de grupos de apoyo*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
<b>Narcotics Anonymous</b>	(713) 661-4200	Various	Call for meeting info	
<b>Open Door Mission</b>	(713) 921-7520	(C) East End	M, Homeless, Appt req, Free.....	<b>134</b>
<b>Palmer Drug Abuse Program (PDAP)</b>	(281) 870-9311	Multiple Locations	Ages 12-17 & 18-25, Free, Walk-ins, Esp.....	<b>135</b>
<b>Texas Prevention Network</b>	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Appt/walk-ins, Referral req.....	<b>149</b>

### Detox / *Desintoxicación*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
<b>Cenikor Deer Park Detox Inpatient/Ambulatory</b>	(281) 946-4349	(SE) Deer Park	M, W, I/RR, S\$, Med, Ins, S\$, Free, Financing, Appt req, Esp.....	<b>104</b>

### Inpatient / *Paciente interno*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
<b>AAMA</b>	(713) 926-9491	(C) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp.....	<b>94</b>
<b>Cenikor Deer Park Detox Inpatient/Ambulatory</b>	(281) 946-4349	(SE) Deer Park	M, W, I/RR, S\$, Med, Ins, S\$, Free, Financing, Appt req, Esp.....	<b>104</b>
<b>Cenikor Long-Term Inpatient</b>	(281) 276-0088	(SE) Deer Park	M, W, I/RR, Flat, Appt req.....	<b>104</b>
<b>Cenikor Short-Term Inpatient</b>	(281) 946-4349	(SE) Deer Park	M, W, I/RR, Free, S\$, Ins, Med, Financing, Appt req.....	<b>104</b>
<b>Cenikor Odyssey House Texas</b>	(713) 726-0922	(SW) Central SW	Y, S\$, Med, Ins, DSHS, Appt req.....	<b>105</b>
<b>DAPA Acute Inpatient Program</b>	(713) 783-8889	(C) Medical Center	M, W, Y, I/RR.....	<b>109</b>
<b>DAPA Psychiatric and Substance Abuse Programs</b>	(713) 783-8889	(NW) Fairbanks/ Northwest Crossing	M, W, Med, Ins, Lim, Appt req.....	<b>109</b>
<b>Memorial Hermann Prevention &amp; Recovery Center (PaRC)</b>	(713) 939-7272	(NW) Spring Shadows	M, W, Y, Flat fee, Ins, Private pay, Walk-ins.....	<b>130</b>
<b>Open Door Mission</b>	(713) 921-7520	(C) East End	M, Homeless, I/RR, Free, Appt req....	<b>134</b>

### Outpatient / *Paciente externo*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
<b>Adult Rehabilitation Services</b>	(713) 541-4422	(SW) Sharpstown	Adults (18+).....	<b>89</b>
<b>AAMA</b>	(713) 926-4756	(C) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp.....	<b>94</b>
<b>Avenue 360 Health and Wellness</b>	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp.....	<b>95</b>
<b>Brazos Place</b>	(979) 233-3826	(S) Freeport	Adults, S\$, Appt/walk-ins, Waiting list, Esp.....	<b>101</b>
<b>Career and Recovery Resources</b>	(713) 754-7000	(C) Midtown	M, W, Free, Appt/walk-ins.....	<b>103</b>
<b>Cenikor Deer Park Detox Inpatient/Ambulatory</b>	(281) 946-4349	(SE) Deer Park	M, W, I/RR, S\$, Med, Ins, S\$, Free, Financing, Appt req, Esp.....	<b>105</b>

## Chemical Dependency Treatment / *Tratamiento de la Dependencia de Sustancias*

### Outpatient / *Paciente externo*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
<b>DAPA Intensive Outpatient Program</b>	(713) 783-8894	(SW) Woodlake/ Briar Meadow	M, W, Fam, I/RR.....	<b>109</b>
<b>DAPA Psychiatric and Substance Abuse Programs</b>	(713) 783-8889	(NW) Fairbanks/ Northwest Crossing	M, W, Med, Ins, Lim, Appt req .....	<b>109</b>
<b>FLAS, Inc.</b>	(713) 772-2366	(SW) Sharpstown	Latino MSM (18 and up), Free, Walk-ins, Lim, Esp.....	<b>112</b>
<b>Global Counseling and Testing</b>	(832) 244-8769	(SW) Sugar Land	All, Cash pay only, Appt req.....	<b>113</b>
<b>Houston VA Medical Center</b>	(713) 791-1414	(C) Medical Center	M, W, Veteran, Walk-ins .....	<b>131</b>
<b>Memorial Hermann Prevention &amp; Recovery Center (PaRC)</b>	(713) 939-7272	(NW) Spring Shadows	M, W, Y, Ins, Private pay, Walk-ins ...	<b>130</b>
<b>Montrose Center</b>	(713) 529-0037	(C) Montrose	All, I/RR, Free, Walk-ins .....	<b>131</b>
<b>Northshore Counseling Center</b>	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Appt req, Esp.....	<b>133</b>
<b>Santa Maria Hostel</b>	(713) 691-0900	(N) Eastex/Jensen	W, W/C, I/RR, Free, Appt req .....	<b>141</b>
<b>Texas Prevention Network</b>	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Appt/walk-ins, Referral req.....	<b>149</b>
<b>UT Health Houston CNRA</b>	(713) 486-2800	(C) Medical Center	M, W, Free, Appt/walk-ins, I/RR .....	<b>152</b>

### Residential / *Residencial*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
<b>A Caring Safe Place</b>	(713) 225-5441	(C) Fifth Ward	M (18+), Homeless, Appt req, <b>HIV+ only</b> , Esp .....	<b>87</b>
<b>AAMA</b>	(713) 926-9491	(C) East End	All, Free, Walk-ins, Esp .....	<b>94</b>
<b>AAMA</b>	(713) 967-6700	(C) Lawndale	M, W, Y, Free, Walk-ins, Esp.....	<b>94</b>
<b>Brazos Place</b>	(979) 233-3826	(S) Freeport	Adults, S\$, Appt/walk-ins, Waiting list, Esp .....	<b>101</b>
<b>Cenikor Long-Term Inpatient</b>	(281) 276-0088	(SE) Deer Park	M, W, I/RR, Flat, Appt req .....	<b>104</b>
<b>Cenikor Short-Term Inpatient</b>	(281) 946-4349	(SE) Deer Park	M, W, I/RR, Free, S\$, Ins, Med, Financing, Appt req .....	<b>104</b>
<b>Cenikor Odyssey House Texas</b>	(713) 726-0922	(SW) Central SW	Y, S\$, Med, Ins, Appt req .....	<b>105</b>
<b>Good Shepherd Mission</b>	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins.....	<b>113</b>
<b>Memorial Hermann Prevention &amp; Recovery Center (PaRC)</b>	(713) 939-7272	(NW) Spring Shadows	M, W, Y, Ins, Private pay, Walk-ins ...	<b>130</b>
<b>Open Door Mission</b>	(713) 921-7520	(C) East End	M, Homeless, I/RR, Free, Appt req....	<b>134</b>
<b>Santa Maria Hostel</b>	(713) 691-0900	(N) Eastex/Jensen	W, W/C, I/RR, Free, Appt req .....	<b>141</b>
<b>Star of Hope Men's Development Center</b>	(713) 227-8900	(C) Downtown	M, Walk-ins, Homeless, Lim, Free.....	<b>146</b>

## Children's Services / Servicios para Niños

Children with HIV have special health care needs. The Houston area offers low-cost or free medical and support services for these children and their families. Although many of the agencies in this book can be of help, the agencies listed below have special programs for children.

*Los niños con VIH tienen necesidades especiales de atención de la salud. El área de Houston ofrece servicios médicos y de apoyo de bajo costo o gratuitos para estos niños y sus familias. Aunque muchas de las agencias en este libro pueden ser de ayuda, las agencias indicadas a continuación tienen programas especiales para niños*

### Child Care / Cuidado de niños

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>AAMA</b>	(713) 926-9491	(C) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp.....	<b>94</b>
<b>SEARCH House of Tiny Treasures</b>	(713) 923-7938	(C) East End	C (2 to 5 yrs), Free .....	<b>142</b>
<b>Texas Child Care Information</b>	(800) 862-5252	Statewide	All, Free.....	<b>147</b>

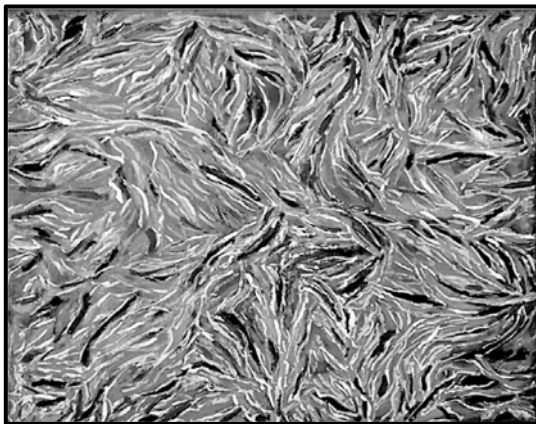
### Medical Services / Servicios médicos

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Accesshealth Brookshire</b>	(281) 822-4235	(W) Brookshire	All, S\$, Med, Ins, CHIP, Esp .....	<b>88</b>
<b>AccessHealth Medical Services</b>	(281) 342-4530	(SW) Fort Bend	All, S\$, Med, Ins, CHIP, Esp .....	<b>88</b>
<b>Avenue 360 Health and Wellness</b>	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp .....	<b>95</b>
<b>Avenue 360 Memorial City</b>	(713) 827-8266	(W) Memorial	C, Y, S\$, Ins, Med, CHIP, Esp .....	<b>95</b>
<b>Baylor International Pediatric AIDS Initiative</b>	(832) 822-1038	(C) Medical Center	Esp, C (ages 0-18), S\$, Medicaid, <b>HIV+ only</b> .....	<b>147</b>
<b>Bee Busy Wellness Center</b>	(713) 771-2292	(SW) Braes Oaks	All, Appt/walk-ins, S\$, Med, Ins, Esp ...	<b>101</b>
<b>Children with Special Health Care Needs (CSHCN)</b>	(713) 767-3110	Statewide	C, Y, Free.....	<b>149</b>
<b>Legacy Bissonnet Clinic</b>	(281) 498-6100	(SW) Alief	All, S\$, Ins, Med, CHIP, Esp .....	<b>125</b>
<b>Legacy Central Beaumont Clinic</b>	(409) 242-2577	(E) Beaumont	All, S\$, Ins, Med, <b>HIV+ only</b> , Esp .....	<b>126</b>
<b>Legacy Lyons Campus</b>	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp.....	<b>126</b>
<b>Legacy Mapleridge Clinic</b>	(713) 779-7200	(SW) Gulfton	All, S\$, Ins, Med, CHIP, Esp .....	<b>126</b>
<b>Legacy Montrose Campus</b>	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp.....	<b>126</b>
<b>Legacy San Jacinto Clinic</b>	(281) 420-8400	(E) Baytown	All, S\$, Ins, Med, CHIP, Esp .....	<b>127</b>
<b>Legacy South Park Campus</b>	(409) 242-2525	(E) Beaumont	All, S\$, Ins, Med, CHIP, Esp .....	<b>127</b>
<b>Legacy Southwest Campus</b>	(713) 779-6400	(SW) Gulfton	W, C, S\$, Med, Ins, Esp .....	<b>127</b>
<b>Northwest Assistance Ministries</b>	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req.....	<b>133</b>
<b>Saint Hope Foundation Greenspoint</b>	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp .....	<b>140</b>
<b>Saint Hope Foundation Sugar Land</b>	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins .....	<b>140</b>
<b>TX Children's Allergy and Immunology Department</b>	(832) 824-2099	(C) Medical Center	C (ages 0-18), Y (up to age 24), Medicaid, Esp .....	<b>147</b>
<b>TX Children's Retrovirology Clinic</b>	(832) 822-1038	(C) Medical Center	C (ages 0-18), S\$, Medicaid, <b>HIV+ only</b> , Esp .....	<b>147</b>
<b>Triangle Area Network, Inc.</b>	(409) 832-8338	(E) Beaumont	Ages 5 & up, Free, S\$, Med, Ins, Financing, Appt/walk-ins, Esp.....	<b>150</b>
<b>UT Houston Health Science Center</b>	(713) 500-6608	(C) Medical Center	All, Immigrants, Free, Med, Appt req, <b>HIV+ only</b> , Esp.....	<b>152</b>

## Children's Services / *Servicios para niños*

### Support Services / *Servicios de apoyo*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
<b>AccessHealth</b>	(281) 342-4530	(SW) Fort Bend	All, Walk-ins, S\$, Med, Ins, CHIP, Esp.....	<b>88</b>
<b>AFH Camp Hope</b>	(713) 623-6796	Not applicable	C, Y, <b>HIV+ only</b> , Free, Lim.....	<b>90</b>
<b>AAMA</b>	(713) 926-9491	(C) East End	All, Free, S\$, Med, Walk-ins, Esp.....	<b>94</b>
<b>Casa de Esperanza de los Niños</b>	(713) 743-0915	(C) Medical Center	C, Free, Esp.....	<b>103</b>
<b>Change Happens!</b>	(713) 374-1252	(C) Third Ward	Y (ages 12-19), Appt req, Free, CD...	<b>105</b>
<b>Children with Special Health Care Needs (DSHS)</b>	(713) 767-3110	Statewide	C, Y, Free.....	<b>149</b>
<b>Global Counseling and Testing</b>	(832) 244-8769	(SW) Sugar Land	All, Cash only, Appt req.....	<b>113</b>
<b>Gulf Coast Community Services</b>	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines), Appt req, Lim, Esp.....	<b>114</b>
<b>Harris County WIC Program</b>	(713) 407-5800	Various	C (0-5 yrs), Pregnant, postpartum & breastfeeding women, Free (based on income), Esp.....	<b>117</b>
<b>Houston Area Women's Center</b>	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	<b>122</b>
<b>Humble Area Assistance Ministries</b>	(281) 446-3663	(N) Humble	All, Fam, Free.....	<b>124</b>
<b>Methodist Children's Home</b>	(713) 682-8911	(NW) Oak Forest/ Garden Oaks	S\$, Appt req.....	<b>131</b>
<b>Northshore Counseling Center</b>	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, Appt req, CD, Esp.....	<b>133</b>
<b>Presbyterian Children's Home and Services</b>	(713) 490-9570	(W) Memorial	All, Free.....	<b>137</b>
<b>Presbyterian Children's Home and Services</b>	(713) 721-2908	(SW) Willow Meadows/Willow Bend	All, Free.....	<b>137</b>
<b>Texas Youth &amp; Runaway Hotline</b>	(800) 989-6884	Statewide	C, Y, Fam, Free, Esp.....	<b>148</b>
<b>UT Houston Health Science Center</b>	(713) 500-6608	(C) Medical Center	All, Immigrants, Free, Med, Appt req, <b>HIV+ only</b> , Esp.....	<b>152</b>



Art by Mark

Art by Hilton



## Clinics / Clínicas

Access to quality medical care is very important. For Harris County residents with no insurance or limited resources, HIV care may be obtained through one of the clinics that receive Ryan White funding (see page 7 for eligibility and a list of clinics) or through the Harris Health System at the Northwest Community Health Center or Thomas Street Health Center. New Harris Health patients must go through an eligibility process before seeing a doctor (see page 18 for information on how to apply). The Houston VA Medical Center offers HIV care to veterans. There are clinics located in Fort Bend and Montgomery County for those living outside Harris County.

*El acceso a una atención médica de calidad es muy importante. Para los residentes del Condado de Harris sin seguro o con recursos limitados, el cuidado del VIH se puede obtener a través de una de las clínicas que reciben fondos de Ryan White (ver página 7 para elegibilidad y una lista de clínicas) o a través del Sistema de Salud de Harris en la Comunidad Noroeste o en los Centros de Salud de Thomas Street. Los nuevos pacientes de Harris Health deben pasar por un proceso de elegibilidad antes de ver a un médico (ver página 18 para información sobre cómo realizar la solicitud). El Centro Médico Houston VA ofrece cuidado del VIH a los veteranos. Hay clínicas ubicadas en los condados de Fort Bend y Montgomery para aquellos que viven fuera del Condado de Harris.*

### HIV Clinics / Clínicas del VIH

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>AccessHealth HIV Program</b>	(281) 633-3166	(SW) Fort Bend	Adults, <b>HIV+ only</b> , S\$, Med, Ins, CHIP, Ryan White, Esp.....	<b>88</b>
<b>AIDS Healthcare Foundation Binz Street</b>	(713) 524-8700	(C) Medical Center	Adults, <b>HIV+ only</b> , I/RR, Appt req, S\$, Med, Ins, Esp.....	<b>91</b>
<b>AIDS Healthcare Foundation Fannin Street</b>	(713) 799-8994	(C) Astrodome/ South Loop	W, Transgender, <b>HIV+ only</b> , I/RR, Appt req, CHIP, S\$, Med, Ins, Esp....	<b>91</b>
<b>Avenue 360 Health and Wellness</b>	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp.....	<b>95</b>
<b>Baylor International Pediatric AIDS Initiative</b>	(832) 822-1038	(C) Medical Center	Esp, C (ages 0-18), S\$, Medicaid, <b>HIV+ only</b> .....	<b>147</b>
<b>HHS Adolescent Program</b>	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, <b>HIV+ only</b> , Esp....	<b>119</b>
<b>HHS Northwest Community Health Center</b>	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, <b>HIV+ only</b> .....	<b>120</b>
<b>HHS Settegast Health Center</b>	(713) 636-7192	(E) East End	All, S\$, Med, Appt/walk-ins, Esp.....	<b>120</b>
<b>HHS Thomas Street Health Center</b>	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Appt/walk-ins, Esp.....	<b>120</b>
<b>HHS Women's Program</b>	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, <b>HIV+ only</b> , Esp...	<b>121</b>
<b>Legacy Central Beaumont Clinic</b>	(409) 242-2577	(E) Beaumont	All, S\$, Ins, Med, <b>HIV+ only</b> , Esp.....	<b>126</b>
<b>Legacy Montrose Campus</b>	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp.....	<b>126</b>
<b>Houston VA Medical Center</b>	(713) 791-1414	(C) Medical Center	Veterans, Walk-ins, CD.....	<b>131</b>
<b>Saint Hope Foundation Bellaire</b>	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp.....	<b>139</b>
<b>Saint Hope Foundation Conroe</b>	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp.....	<b>140</b>
<b>Saint Hope Foundation Greenspoint</b>	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp.....	<b>140</b>
<b>Saint Hope Foundation Sugar Land</b>	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins.....	<b>140</b>
<b>Saint Hope Foundation Texas City</b>	(832) 431-5162	(SE) Texas City	M, W, CD, I/RR, S\$, Med, Ins.....	<b>141</b>
<b>TX Children's Allergy and Immunology Department</b>	(832) 824-2099	(C) Medical Center	C (ages 0-18), Y (up to age 24), Medicaid, Esp.....	<b>147</b>
<b>TX Children's Retrovirology Clinic</b>	(832) 822-1038	(C) Medical Center	Esp, C (ages 0-18), S\$, Medicaid, <b>HIV+ only</b> .....	<b>147</b>

## Clinics / Clínicas

### HIV Clinics / Clínicas del VIH

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Triangle Area Network</b>	(409) 832-8338	(E) Beaumont	Ages 5 and up, Free, S\$, Med, Ins, Financing, Appt/walk-ins, Esp.....	<b>150</b>
<b>UT Health Science Center at Houston</b>	(713) 500-6608	(C) Medical Center	All, Free, Med, Ryan White, Ins, Appt req, <b>HIV+ only</b> , Esp.....	<b>152</b>
<b>UTMB Health Ryan White Program</b>	(409) 772-2222	(SE) Galveston	Adults, S\$, Appt/walk-ins, Ins, Med, Esp.....	<b>152</b>

### Other Clinics / Otras Clínicas

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>AccessHealth Brookshire</b>	(281) 822-4235	(W) Brookshire	All, S\$, Med, Ins, CHIP, Esp.....	<b>88</b>
<b>AccessHealth Missouri City</b>	(281) 969-1800	(SW) Missouri City	All, S\$, Med, Ins, CHIP, Esp.....	<b>88</b>
<b>AccessHealth Richmond</b>	(281) 342-4530	(SW) Richmond	All, S\$, Med, Ins, CHIP, Esp.....	<b>88</b>
<b>Avenue 360 Health and Wellness</b>	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp.....	<b>95</b>
<b>Avenue 360 Spring Cypress</b>	(281) 537-8627	(N) Ponderosa Forest	M, W, S\$, Ins, Med, Esp.....	<b>95</b>
<b>Baylor Teen Health Clinics</b>	(713) 873-3601	Various	Y, Free, Appt req, Esp.....	<b>98</b>
<b>Bee Busy Wellness Center</b>	(713) 771-2292	(SW) Braes Oaks	All, Appt/walk-ins, S\$, Med, Ins, Esp...	<b>101</b>
<b>Ft. Bend Co. Clinical Health Svcs.</b>	(281) 342-6414	(SW) Rosenberg	Appt req, Esp.....	<b>111</b>
<b>Harris Co. Antoine Health Clinic</b>	(713) 602-3300	(NW) Inwood Forest	All, S\$, Appt recommended, Esp.....	<b>117</b>
<b>Harris Co. Baytown Health Clinic</b>	(281) 427-5195	(E) Baytown	All, S\$, Appt recommended, Esp.....	<b>117</b>
<b>Harris Co. Humble Health Clinic</b>	(281) 446-4222	(N) Humble	All, S\$, Appt recommended, Esp.....	<b>117</b>
<b>Harris Co. Southeast Health Clinic</b>	(713) 740-5000	(SE) Pasadena	All, S\$, Appt recommended, Esp.....	<b>117</b>
<b>HHS Acres Home Health Center</b>	(281) 448-6391	(NW) Acres Home	All, Walk-ins, Free, S\$, Med.....	<b>119</b>
<b>HHS Aldine Health Center</b>	(281) 985-7600	(NE) Aldine	All, Free, S\$, Med, Walk-ins.....	<b>119</b>
<b>HHS Baytown Health Center</b>	(281) 427-6757	(E) Baytown	All, Walk-ins, Free S\$, Med.....	<b>119</b>
<b>HHS Casa de Amigos Health Center</b>	(713) 222-2272	(C) Near Northside	All, Walk-ins, Free S\$, Med.....	<b>119</b>
<b>HHS Gulfgate Health Center</b>	(713) 495-3700	(C) Pecan Park	All, Walk-ins, Free S\$, Med.....	<b>120</b>
<b>HHS Settegast Health Center</b>	(713) 636-7192	(E) East End	All, S\$, Med, Appt/walk-ins, Esp.....	<b>120</b>
<b>HHS Strawberry Health Center</b>	(713) 477-6851	(SE) Pasadena	All, Walk-ins, Free, S\$, Med.....	<b>120</b>
<b>HHS Vallbona Health Center</b>	(713) 272-2600	(SW) Sharpstown	All, Walk-ins, Free, S\$, Med.....	<b>120</b>
<b>Healthcare for the Homeless Caroline Street Clinic</b>	(713) 286-6050	(C) Midtown	All, Homeless, Free, Walk-in, Med....	<b>121</b>
<b>Healthcare for the Homeless Cathedral Clinic</b>	(713) 220-9730	(C) Downtown	All, Homeless, Free, Walk-in, Med....	<b>121</b>
<b>Legacy Baker-Ripley Clinic</b>	(713) 351-7350	(SW) Gulfton	All, Fam, S\$, Ins, Med, Esp.....	<b>125</b>
<b>Legacy Bissonnet Clinic</b>	(281) 498-6100	(SW) Alief	All, S\$, Ins, Med, CHIP, Esp.....	<b>125</b>
<b>Legacy Central Beaumont Clinic</b>	(409) 242-2577	(E) Beaumont	All, S\$, Ins, Med, <b>HIV+ only</b> , Esp.....	<b>126</b>
<b>Legacy Lyons Campus</b>	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp.....	<b>126</b>
<b>Legacy Mapleridge Clinic</b>	(713) 779-7200	(SW) Gulfton	All, S\$, Ins, Med, CHIP, Esp.....	<b>126</b>
<b>Legacy Montrose Campus</b>	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp.....	<b>126</b>

## Clinics / Clínicas

### Other Clinics / Otras Clínicas

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Legacy San Jacinto Clinic</b>	(281) 420-8400	(E) Baytown	All, S\$, Ins, Med, CHIP, Esp .....	<b>127</b>
<b>Legacy South Park Campus</b>	(409) 242-2525	(E) Beaumont	All, S\$, Ins, Med, CHIP, Appt/ walk-ins, Esp .....	<b>127</b>
<b>Legacy Southwest Campus</b>	(713) 779-6400	(SW) Gulfton	W, C, S\$, Med, Ins, Esp .....	<b>127</b>
<b>Planned Parenthood Gulf Coast</b>	(800) 230-7526	Various	All, S\$, Free, Ins, Walk-ins, Esp .....	<b>137</b>
<b>Saint Hope Foundation Bellaire</b>	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp .....	<b>139</b>
<b>Saint Hope Foundation Conroe</b>	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp .....	<b>140</b>
<b>Saint Hope Foundation Greenspoint</b>	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp .....	<b>140</b>
<b>Saint Hope Foundation Sugar Land</b>	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins .....	<b>140</b>
<b>Saint Hope Foundation Texas City</b>	(832) 431-5162	(SE) Texas City	M, W, CD, I/RR, S\$, Med, Ins .....	<b>141</b>
<b>Southside Community Hep C Clinic</b>	(832) 831-7770	(C) Medical Center	All, S\$, Free, Ins, Appt req .....	<b>145</b>
<b>Triangle Area Network</b>	(409) 832-8338	(E) Beaumont	Ages 5 and up, Free, S\$, Med, Ins, Financing, Appt/walk-ins, Esp .....	<b>150</b>
<b>U of H Speech, Language and Hearing Clinic</b>	(713) 743-0915	(C) Third Ward	All (age 3 & up), S\$, Appt req .....	<b>150</b>

## Clothing & Household Items / Vestimenta y artículos para la casa

Affording enough clothing and household items can be difficult for persons living with HIV, many of whom are living on low and/or fixed incomes. Some agencies in the Houston area may be able to give you clothing, furniture and other household items at low cost or no charge.

*Poder comprar ropa y artículos para el hogar puede ser difícil para las personas que viven con el VIH, muchas de las cuales viven con ingresos bajos y/o fijos. Algunas agencias en el área de Houston pueden darle ropa, muebles y otros artículos del hogar a bajo costo o sin cargo alguno. Para opciones adicionales, llame al 2-1-1.*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Cypress Assistance Ministries</b>	(281) 955-7684	(NW) Cypress Fairbanks	M, W, Fam, Appt req, I/RR, Esp .....	<b>108</b>
<b>East Ft Bend Human Needs Ministry</b>	(281) 261-1006	(SW) Stafford	M, W, Fam, Free, Walk-ins .....	<b>110</b>
<b>Good Shepherd Mission</b>	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins, CD .....	<b>113</b>
<b>Humble Area Assistance Ministries</b>	(281) 446-3663	(N) Humble	All, Fam, Free .....	<b>124</b>
<b>Love Network of Baytown</b>	(281) 422-5683	(E) Highlands	All, Free, Gas vouchers, Diapers .....	<b>128</b>
<b>Memorial Assistance Ministries</b>	(713) 468-4516	(W) Spring Branch	All, Free .....	<b>130</b>
<b>Northwest Assistance Ministries</b>	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req (walk-ins for emergency food only)....	<b>133</b>
<b>Rehoboth Foundation, Inc.</b>	(713) 484-5850	(SW) Braeburn	All, I/RR, CD, Referral required .....	<b>138</b>
<b>Rosenberg-Richmond Helping Hands</b>	(281) 232-4904	(SW) Richmond	All, Free, Walk-ins .....	<b>139</b>
<b>Southeast Area Ministries</b>	(713) 944-0093	(SE) South Houston	All, Fam, Walk-ins, Free, Esp .....	<b>144</b>
<b>West Houston Assistance Ministries</b>	(713) 977-9942	(W) Westchase	All, Free, Appt/walk-ins, Esp .....	<b>152</b>
<b>WoodsEdge Community Church</b>	(281) 364-0415	(N) Spring	All, Flat fee, Walk-ins, Lim, Esp .....	<b>153</b>

## Day Programs and Respite Care

### *Programas diurnos y Asistencia para los cuidadores*

HIV can cause fatigue and stress whether you are living with HIV or caring for someone who is. Day programs and respite care allow caretakers to take a break while the HIV+ family member or partner receives care, and provide the person living with HIV with the extra attention he or she needs.

*El VIH puede causar fatiga y estrés, ya sea que viva con VIH o que cuide a alguien que lo esté. Los programas de día y los cuidados de alivio permiten a los cuidadores tomarse un descanso mientras que el miembro de la familia con VIH+ o su pareja recibe cuidado y proveen a la persona que vive con VIH la atención adicional que él o ella necesitan.*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Avenue 360 Adult Day Activity and Health Services Program</b>	(713) 341-3750	(C) Montrose	Adults, \$20 co-pay/mo if above 100% FPL, <b>HIV+ only</b> , Esp.....	<b>96</b>
<b>Avenue 360 Residential HIV Hospice and Medical Respite</b>	(713) 341-3780	(C) Montrose	<b>HIV+ only</b> , \$20 co-pay/day if above 100% FPL, Esp .....	<b>96</b>
<b>Harmony House, Inc.</b>	(713) 221-6200	(C) Downtown	M, Free, Lim, Homeless .....	<b>115</b>
<b>Open Door Mission</b>	(713) 921-7520	(C) Second Ward	M, CD, Homeless, I/RR, Free, Appt req .....	<b>134</b>

## Deaf and Hard of Hearing Services / Servicios para Sordos

In the Houston area, there are agencies that serve deaf and hard of hearing persons living with HIV. All agencies in this book can serve the deaf or hard of hearing, but the ones listed below specialize in serving this group.

*En el área de Houston, hay agencias que atienden a las personas sordas y con dificultades auditivas que viven con VIH. Todas las agencias en este libro pueden atender a personas sordas o personas con problemas auditivos, pero las que se indican a continuación se especializan en atender a este grupo.*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Brazoria County Center for Independent Living</b>	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins .....	<b>101</b>
<b>Career and Recovery Resources</b>	(713) 754-7000	(C) Midtown	M, W, Free, Appt/walk-ins, CD.....	<b>103</b>
<b>Fort Bend Center for Independent Living</b>	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins .....	<b>111</b>
<b>Houston Center for Independent Living</b>	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins .....	<b>122</b>
<b>Montrose Center</b>	(713) 529-0037	(C) Montrose	All, I/RR, Free, Walk-ins, CD.....	<b>131</b>
<b>Sign Language Accessible Interpreters</b>	(713) 263-9670	All	All, Flat fee .....	<b>144</b>
<b>Sign Shares</b>	(713) 869-4373	All	All, Flat fee, DARS DHHS funding available, Esp .....	<b>144</b>
<b>U of H Speech, Language and Hearing Clinic</b>	(713) 743-0915	(C) Third Ward	All (age 3 & up), S\$, Appt req .....	<b>150</b>



## Dental Services / Cuidado dental

Don't neglect your teeth! People living with HIV must get routine oral health care to stay healthy, especially when experiencing more frequent and more serious oral health issues. A neglected mouth can lead to more than tooth pain, tooth and gum infections can spread to other parts of the body and mouth pain can cause people to go without necessary nutrition - and even forgo their HIV medications.

Call one of the clinics listed below if you haven't seen a dentist in the past six months.

*¡No descuide sus dientes! Las personas que viven con el VIH deben recibir atención de salud oral rutinaria para mantenerse sanas, especialmente cuando experimentan problemas de salud oral más frecuentes y más graves. Una boca descuidada puede conducir a más que un dolor de dientes, las infecciones de dientes y encías pueden propagarse a otras partes del cuerpo y el dolor en la boca puede hacer que la gente se quede sin la nutrición necesaria - e incluso renunciar a sus medicamentos contra el VIH.*

*Llame a una de las clínicas que se indican a continuación si no ha visto a un dentista en los últimos seis meses.*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Avenue 360 Dental Clinic</b>	(713) 341-3790	(C) Montrose	Adults, \$20 co-pay/visit if above 100% FPL, <b>HIV+ only</b> , Esp.....	<b>96</b>
<b>HHS Acres Home Health Center</b>	(281) 448-6391	(NW) Acres Home	All, Walk-ins, Free, S\$, Med.....	<b>119</b>
<b>HHS Aldine Health Center</b>	(281) 985-7600	(NE) Aldine	All, Free, S\$, Med, Walk-ins.....	<b>119</b>
<b>HHS Dental Center</b>	(713) 757-0572	(C) OST/South Union	All (age 16 & up), Walk-ins, Free, S\$, Med.....	<b>119</b>
<b>HHS Gulfgate Health Center</b>	(713) 495-3700	(C) Pecan Park	All, Walk-ins, Free, S\$, Med.....	<b>120</b>
<b>HHS Settegast Health Center</b>	(713) 636-7192	(E) East End	All, S\$, Med, Appt/walk-ins, Esp.....	<b>120</b>
<b>HHS Strawberry Health Center</b>	(713) 477-6851	(SE) Pasadena	All, Walk-ins, Free, S\$, Med.....	<b>120</b>
<b>HHS Vallbona Health Center</b>	(713) 272-2600	(SW) Sharpstown	All, Walk-ins, Free, S\$, Med.....	<b>120</b>
<b>Healthcare for the Homeless-Caroline Street Clinic</b>	(713) 286-6140	(C) Midtown	Homeless, Free, Med, Walk-ins.....	<b>121</b>
<b>Legacy Baker-Ripley Clinic</b>	(713) 351-7350	(SW) Gulfton	All, Fam, S\$, Ins, Med, Esp.....	<b>125</b>
<b>Legacy Lyons Campus</b>	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp.....	<b>126</b>
<b>Legacy Montrose Campus</b>	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp.....	<b>126</b>
<b>Legacy San Jacinto Clinic</b>	(281) 420-8400	(E) Baytown	All, S\$, Ins, Med, CHIP, Esp.....	<b>127</b>
<b>Saint Hope Foundation Bellaire</b>	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp.....	<b>139</b>
<b>Saint Hope Foundation Conroe</b>	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp.....	<b>140</b>
<b>Saint Hope Foundation Greenspoint</b>	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp.....	<b>140</b>
<b>Saint Hope Foundation Sugar Land</b>	(281) 277-8571	(SW) Sugar Land	All, S\$, Med, Ins, Appt req, Esp.....	<b>140</b>
<b>UTMB Health Ryan White</b>	(409) 772-2222	(SE) Galveston	M, W, Fam, I/RR, <b>HIV+ only</b> , Free, S\$, Med, Ins, Esp.....	<b>152</b>

## Education Programs / *Programas educativos*

The following agencies provide education about health-related and other topics (such as GED or ESL). Some employ professional and/or volunteer educators to give group presentations. Health-related topics can range from basic HIV and STD awareness and risk reduction to information about advanced treatments. Other educational programs offer a variety of topics that may be useful to you.

*Las siguientes agencias proveen educación sobre temas relacionados con la salud y otros (como GED o ESL). Algunos emplean a educadores profesionales y/o voluntarios para dar presentaciones en grupo. Los temas relacionados con la salud pueden abarcar desde la conciencia básica sobre el VIH y las ETS y la reducción del riesgo hasta información sobre tratamientos avanzados. Otros programas educativos ofrecen una variedad de temas que pueden ser útiles para usted.*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>AAMA</b>	(713) 926-9491	(C) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp .....	<b>94</b>
<b>AAMA</b>	(713) 967-6700	(C) Lawndale	M, W, Y, Free, Walk-ins, CD, Esp.....	<b>94</b>
<b>AFH Education Programs</b>	(713) 623-6796	(SW) Mid West	All, Lim, HIV 101 classes.....	<b>90</b>
<b>Alzheimer's Association</b>	(713) 314-1313	(C) Medical Center	Adults, S\$.....	<b>92</b>
<b>Avenue 360 Health and Wellness</b>	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp .....	<b>95</b>
<b>BACODA Counseling &amp; Classes</b>	(281) 212-2900	(SE) Clear Lake	All, CD .....	<b>97</b>
<b>Baylor Teen Health Clinic Chavez High School</b>	(713) 556-7953	(SE) Meadowbrook	Y, Free, Med, Ins, Esp.....	<b>99</b>
<b>Baylor Teen Health Clinic ML Wisdom High School</b>	(713) 787-1756	(SW) Gulfton	Y, Free, Med, Ins, Esp.....	<b>99</b>
<b>Baylor Teen Health Clinic Tejano Center for Community Concerns</b>	(713) 640-3730	(SE) Park Place	Ages 13-23, Free, Med, Ins, Esp .....	<b>100</b>
<b>Baylor Teen Health Clinic Worthing High School</b>	(281) 394-0528	(SE) Sunnyside	Ages 14-24, Free, Med, Ins, Esp .....	<b>100</b>
<b>Bee Busy Wellness Center</b>	(713) 771-2292	(SW) Braes Oaks	All, Appt/walk-ins, S\$, Med, Ins, Esp...	<b>101</b>
<b>Brazoria County Center for Independent Living</b>	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins .....	<b>101</b>
<b>Bridge Over Troubled Waters</b>	(713) 472-0753	(SE)	All, Fam, Appt req, Free, Esp .....	<b>102</b>
<b>Buckner Family Pathways</b>	(936) 756-3639	(N) Conroe	Adults, Fam, Free, Appt req .....	<b>102</b>
<b>Catholic Charities HIV/AIDS Ministry</b>	(713) 874-6724	(C) Midtown	<b>HIV+ only</b> , Free, Appt req, Esp .....	<b>103</b>
<b>The Center for AIDS at Legacy</b>	(713) 527-8219	(C) Montrose	All, Free, Appt recommended, Esp...	<b>126</b>
<b>Change Happens! Project FORCE</b>	(713) 374-1236	(C) Third Ward	M (18 & up), Free, I/RR, CD.....	<b>106</b>
<b>Change Happens! Rescue Youth Program</b>	(713) 374-1252	(C) Third Ward	Ages 12-19, Appt req, Free, CD .....	<b>106</b>
<b>City of Houston Community Re-Entry Program</b>	(832) 393-5467	(NE) Kashmere Gardens	Adults, I/RR, CD, Free, Walk-ins.....	<b>106</b>
<b>Covenant House Texas</b>	(713) 523-2231	(C) Montrose	Ages 18-21, Free, Esp, Walk-ins, Parenting/pregnant moms.....	<b>107</b>
<b>Cypress Assistance Ministries</b>	(281) 955-7684	(NW) Cy Fair	M, W, Fam, Appt req, I/RR, Esp .....	<b>108</b>
<b>FLAS, Inc. Colores Latinos</b>	(713) 772-2366	(SW) Gulfton	Latino MSM (18 and up), Free, Walk-ins, Lim, Esp .....	<b>112</b>
<b>Fort Bend Center for Independent Living</b>	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins .....	<b>111</b>
<b>Gulf Coast Community Services</b>	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines), Appt req, Lim, Esp .....	<b>114</b>

**Education Programs / Programas Educación**

<b>Agency / Agencia</b>	<b>Phone / Teléfono</b>	<b>Location / Localizado</b>	<b>Legend / Tabla</b>	<b>Page</b>
<b>Harris Co. Public Health Services</b>	(713) 439-6000	(C) Galleria/Post Oak	Not specified .....	<b>117</b>
<b>Healthways Services</b>	(713) 996-9200	(NW) Fairbanks/ Northwest Crossing	All, Free, S\$, Flat, Ins, Appt req .....	<b>121</b>
<b>HHS Adolescent Program</b>	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, <b>HIV+ only</b> , Esp ....	<b>119</b>
<b>HHS Aldine Health Center</b>	(281) 985-7600	(NE) Aldine	All, Free, S\$, Med, Walk-ins.....	<b>119</b>
<b>HHS Northwest Community Health Center</b>	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Appt/ walk-ins, <b>HIV+ only</b> .....	<b>120</b>
<b>HHS Thomas Street Health Center</b>	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Appt/walk-ins, Esp .....	<b>120</b>
<b>HHS Women's Program</b>	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, <b>HIV+ only</b> , Esp...	<b>121</b>
<b>Houston Area Women's Center</b>	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	<b>122</b>
<b>Houston Center for Independent Living</b>	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins .....	<b>122</b>
<b>Humble Area Assistance Ministries</b>	(281) 446-3663	(N) Humble	All, Fam, Free .....	<b>124</b>
<b>Legacy Southwest Campus</b>	(713) 779-6400	(SW) Gulfton	W, C, S\$, Med, Ins, Esp .....	<b>127</b>
<b>LIVE Consortium</b>	(713) 861-5483	Various	M, W, Free .....	<b>127</b>
<b>Memorial Assistance Ministries</b>	(713) 468-4516	(W) Spring Branch	All, Free.....	<b>130</b>
<b>National Alliance on Mental Illness</b>	(713) 970-4419	(C) Montrose	All, I/RR, Homeless, Free, Esp .....	<b>132</b>
<b>Northshore Counseling Center</b>	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, Appt req, I/RR, CD, Esp .....	<b>133</b>
<b>Northwest Assistance Ministries</b>	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req.....	<b>133</b>
<b>Open Door Mission</b>	(713) 921-7520	(C) East End	M, CD, Homeless, I/RR, Free, Appt req.....	<b>134</b>
<b>Planned Parenthood Gulf Coast</b>	(800) 230-7526	Various	All, S\$, Free, Ins, Walk-ins, Esp.....	<b>137</b>
<b>Positive Efforts</b>	(713) 812-0044	(NW) Langwood	Adults, Walk-ins, Free, CD .....	<b>137</b>
<b>Real Talk!</b>		(C) Montrose	M, Free, <b>HIV+ only</b> , Walk-ins .....	<b>138</b>
<b>Rehoboth Foundation, Inc.</b>	(713) 484-5850	(SW) Braeburn	All, I/RR, CD, Referral required.....	<b>138</b>
<b>Ryan White Planning Council</b>	(713) 572-3724	(C) Galleria/Post Oak	All, Free .....	<b>139</b>
<b>Saint Hope Foundation Bellaire</b>	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp .....	<b>139</b>
<b>Saint Hope Foundation Conroe</b>	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp .....	<b>140</b>
<b>Saint Hope Foundation Greenspoint</b>	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp .....	<b>140</b>
<b>Saint Hope Foundation Sugar Land</b>	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins .....	<b>140</b>
<b>Second Chance Consulting and Outreach</b>	(713) 623-1811	(N) Acres Home	M, W, Y, S\$, I/RR, Appt/walk-ins....	<b>142</b>
<b>Texas Prevention Network</b>	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Ins, Appt/walk-ins....	<b>149</b>
<b>Triangle Area Network</b>	(409) 832-8338	(E) Beaumont	All, Free, S\$, Med, Ins, Financing, Appt/walk-ins, Esp .....	<b>150</b>
<b>UTMB Health Ryan White Program</b>	(409) 772-2222	(SE) Galveston	Adults, S\$, Appt/walk-ins, Ins, Med, Esp .....	<b>152</b>
<b>West Houston Assistance Ministries</b>	(713) 977-9942	(W) Westchase	All, Free, Appt/walk-ins, Esp .....	<b>152</b>

## Employment & Training / Ayuda para empleo y entrenamiento

For someone living with HIV, staying productive and active is important for both financial and emotional reasons. Several agencies in the Houston area have programs that will train, counsel, and refer people looking for jobs. If able to work, a person with HIV can benefit from a steady paycheck, possible health insurance and more choices.

*Para alguien que vive con VIH, mantenerse productivo y activo es importante por razones tanto económicas como emocionales. Varias agencias en el área de Houston tienen programas que capacitarán, aconsejarán, y referirán a la gente que busca trabajos. Si es capaz de trabajar, una persona con VIH puede beneficiarse de un cheque de pago constante, un posible seguro de salud y más opciones.*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>AAMA</b>	(713) 926-9491	(C) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp .....	<b>94</b>
<b>Brazoria County Center for Independent Living</b>	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins .....	<b>101</b>
<b>Career and Recovery Resources</b>	(713) 754-7000	(C) Midtown	M, W, Free, Appt/walk-ins, CD .....	<b>103</b>
<b>City of Houston Community Re-Entry Program</b>	(832) 393-5467	(NE) Kashmere Gardens	Adults, I/RR, CD, Free, Walk-ins.....	<b>106</b>
<b>Covenant House Texas</b>	(713) 523-2231	(C) Montrose	Ages 18-21, Free, Esp, Walk-ins, Parenting/pregnant moms .....	<b>107</b>
<b>Cypress Assistance Ministries Operation Jobs</b>	(281) 955-5895	(NW) Cy Fair	Adults, Free, I/RR .....	<b>108</b>
<b>Fort Bend Center for Independent Living</b>	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins .....	<b>111</b>
<b>Goodwill HOPWA Project Good Hope</b>	(713) 590-3123	(C) Montrose	M, W, <b>HIV+ only</b> , I/RR, Homeless, Appt/walk-ins, Free, Esp.....	<b>114</b>
<b>Healthways Services</b>	(713) 996-9200	(NW) Fairbanks/ Northwest Crossing	All, Free, S\$, Flat, Ins, Appt req .....	<b>121</b>
<b>Houston Center for Independent Living</b>	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins .....	<b>122</b>
<b>Humble Area Assistance Ministries</b>	(281) 446-3663	(N) Humble	All, Fam, Free.....	<b>124</b>
<b>Memorial Assistance Ministries</b>	(713) 468-4516	(W) Spring Branch	All, Free .....	<b>130</b>
<b>Rehoboth Foundation, Inc.</b>	(713) 484-5850	(SW) Braeburn	All, I/RR, CD, Referral required .....	<b>138</b>
<b>SEARCH Homeless Services</b>	(713) 739-7752	(C) Midtown	All, Free, I/RR, Homeless only, Walk-ins, CD, Esp.....	<b>141</b>
<b>Second Chance Consulting and Outreach</b>	(713) 623-1811	(N) Acres Home	M, W, Y, S\$, I/RR, Appt/walk-ins ....	<b>142</b>
<b>SER Jobs for Progress of the Texas Gulf Coast</b>	(713) 773-6000	(C) Near Northside	All, Free .....	<b>142</b>
<b>Texas Prevention Network</b>	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Ins, Appt/walk-ins ....	<b>149</b>
<b>West Houston Assistance Ministries</b>	(713) 977-9942	(W) Westchase	All, Free, Appt/walk-ins, Esp.....	<b>152</b>

## Eye Care / Cuidado de la vista

Certain illnesses associated with HIV can cause vision problems. If you are having trouble with your eyesight, discuss this with your doctor or call one of the agencies listed below. You may be able to receive treatment and/or eyeglasses at no charge or at very low cost.

*Ciertas enfermedades asociadas con el VIH pueden causar problemas de la vista. Si Ud. está teniendo problemas con la vista, consulte con su médico o llame a una de las agencias mencionadas aquí. Ud. podrá recibir tratamiento y/o anteojos gratuitos o a muy bajo costo.*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Houston VA Medical Center</b>	(713) 794-7288	(C) Medical Center	Veterans, Walk-ins, Income-based eligibility, CD .....	<b>131</b>
<b>Legacy Montrose Campus</b>	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp.....	<b>126</b>
<b>Saint Hope Foundation Bellaire</b>	(713) 839-7111	(C) Bellaire	M, W, CD, I/RR, S\$, Med, Ins.....	<b>139</b>
<b>Saint Hope Foundation Conroe</b>	(936) 441-2440	(N) Conroe	M, W, CD, I/RR, S\$, Med, Ins.....	<b>140</b>
<b>Saint Hope Foundation Greenspoint</b>	(832) 300-8040	(N) Greenspoint	M, W, CD, I/RR, S\$, Med, Ins.....	<b>140</b>
<b>Saint Hope Foundation Sugar Land</b>	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins.....	<b>140</b>
<b>University Eye Institute</b>	(713) 743-2020	(C) Third Ward	All, S\$, Med, Ins, CHIP, Appt req, Esp.....	<b>151</b>
<b>University Eye Institute-Good Neighbor Healthcare Center</b>	(713) 527-8480	(C) Montrose	All, S\$, Med, Appt req, Esp.....	<b>151</b>

## Financial Assistance / Asistencia financiera

Financial assistance for individuals living with HIV is available through both public agencies and private organizations. Usually the help is specifically for rent, mortgage payments and utility bills, but certain agencies also help with prescription drugs (see page 72), medical supplies, insurance premiums (see page 57) and other vital needs. Funds are usually limited and are not available at all agencies all the time. Also, different agencies have different guidelines to determine who qualifies for assistance and how much they will receive. Call for details.

*Se dispone de asistencia financiera para las personas con el VIH por medio de agencias públicas y privadas. Generalmente, la ayuda es específicamente para la renta, pagos de hipoteca y utilidades, pero ciertas agencias también ayudan con el costo de medicamentos (ver página 72), equipo médico, prima de seguro (ver página 57) y otras necesidades importantes. Usualmente, los fondos son limitados y no se obtienen en todas las agencias a todo momento. También, diferentes agencias tienen diferentes requisitos para determinar quien califica y cuanto recibirán. Llame para más detalles.*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Access Care of Coastal Texas</b>	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp.....	<b>87</b>
<b>Avenue 360 Health and Wellness</b>	(713) 341-3767	(C) Montrose	Free, Appt req, <b>HIV+ only</b> , Esp .....	<b>96</b>
<b>Brentwood Project WAITT (We're All In This Together)</b>	(713) 852-2551	(S) Central SW	All, Appt/walk-ins, Free, <b>HIV+ only</b> , CD, Food vouchers .....	<b>102</b>
<b>Catholic Charities HIV/AIDS Ministry</b>	(713) 874-6724	(C) Midtown	All, Free, Appt/walk-ins, <b>HIV+ only</b> , Immigrants, Esp.....	<b>103</b>
<b>Cypress Assistance Ministries</b>	(281) 955-7684	(NW) Cy Fair	M, W, Fam, Appt req, I/RR.....	<b>108</b>
<b>East Fort Bend Human Needs Ministry</b>	(281) 261-1006	(SW) Stafford	All, Free, Walk-ins .....	<b>110</b>
<b>FLAS, Inc.</b>	(713) 772-2366	(SW) Sharpstown	All, <b>HIV+ only</b> , Free, Appt req, Esp ...	<b>112</b>
<b>Gulf Coast Community Services</b>	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines), Appt req, Lim, Esp.....	<b>114</b>

## Financial Assistance / *Asistencia financiera*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
<b>Houston Area Women's Center</b>	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	<b>122</b>
<b>Humble Area Assistance Ministries</b>	(281) 446-3663	(N) Humble	All, Fam, Free .....	<b>124</b>
<b>Memorial Assistance Ministries</b>	(713) 468-4516	(W) Spring Branch	All, Free.....	<b>130</b>
<b>Northwest Assistance Ministries</b>	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req (walk-ins for emergency food only)....	<b>133</b>
<b>Southeast Area Ministries</b>	(713) 944-0093	(SE) South Houston	All, Fam, Walk-ins, Free .....	<b>144</b>
<b>West Houston Assistance Ministries</b>	(713) 977-9942	(W) Westchase	All, Free, Appt/Walk-in, Esp .....	<b>152</b>

## Food / *Alimentos*

Affording enough food can be difficult for persons with HIV, many of whom are living on low or fixed incomes. Eating a variety of healthful foods is especially important. There are many food pantries and soup kitchens available in the Houston area. All those listed below are free. Restrictions may apply. For additional options, call 2-1-1.

*Poder comprar alimentos suficientes puede ser difícil para las personas con VIH, muchas de las cuales viven con ingresos bajos o fijos. Comer una variedad de alimentos saludables es especialmente importante. Hay muchas despensas de alimentos y cocinas públicas disponibles en el área de Houston. Todos los listados a continuación son gratuitos. Pueden aplicar algunas restricciones. Para opciones adicionales, llame al 2-1-1.*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
<b>Access Care of Coastal Texas</b>	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp.....	<b>87</b>
<b>AFH Stone Soup</b>	(713) 623-6796	(C) Mid West	All, Appt req, Lim .....	<b>91</b>
<b>Brentwood Project WAITT (We're All In This Together)</b>	(713) 852-2551	(S) Central SW	All, Appt/walk-ins, Free, <b>HIV+ only</b> , CD, Food vouchers .....	<b>102</b>
<b>Cypress Assistance Ministries</b>	(281) 955-7684	(NW) Cy Fair	M, W, Fam, Appt req, I/RR.....	<b>108</b>
<b>East Ft Bend Human Needs Ministry</b>	(281) 261-1006	(SW) Stafford	M, W, Fam, All, Free, Walk-ins .....	<b>110</b>
<b>Fair Haven Food Pantry</b>	(713) 467-4363	(W) Spring Branch	M, W, Fam, Free, Walk-ins, Halfway house residents.....	<b>110</b>
<b>Good Shepherd Mission</b>	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins, CD .....	<b>113</b>
<b>Gulf Coast Community Services</b>	(713) 393-4700	(C) Greenway Plaza	All, Free, Appt req, Lim, Esp .....	<b>114</b>
<b>Harris County WIC Program</b>	(713) 407-5800	Various	C (0-5 yrs), Pregnant, postpartum & breastfeeding women, Free, Esp.....	<b>117</b>
<b>Humble Area Assistance Ministries</b>	(281) 446-3663	(N) Humble	All, Fam, Free .....	<b>124</b>
<b>Love Network of Baytown</b>	(281) 422-5683	(E) Highlands	All, Free, Gas vouchers, Diapers.....	<b>128</b>
<b>Magnificat Houses Loaves &amp; Fishes</b>	(713) 224-1373	(C) Downtown	All, Free.....	<b>129</b>
<b>Northwest Assistance Ministries</b>	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req (walk-ins for emergency food only) ...	<b>133</b>
<b>Rehoboth Foundation, Inc.</b>	(713) 484-5850	(SW) Braeburn	All, I/RR, CD, Referral required.....	<b>138</b>
<b>Rosenberg-Richmond Helping Hands</b>	(281) 232-4904	(SW) Richmond	All, Free, Walk-ins .....	<b>139</b>
<b>Southeast Area Ministries</b>	(713) 944-0093	(SE) South Houston	All, Fam, Walk-ins, Free, Esp.....	<b>144</b>
<b>West Houston Assistance Ministries</b>	(713) 977-9942	(W) Westchase	All, Free, Appt/walk-ins, Esp .....	<b>152</b>
<b>WoodsEdge Community Church</b>	(281) 364-0415	(N) Spring	All, Flat fee, Walk-ins, Lim, Esp.....	<b>153</b>

## Information and Resources for the Formerly Incarcerated *Información y recursos para el previamente encarcelados*

### WHAT TO DO FIRST

After release, your first call should be to your case manager or a community service organization to make an appointment to meet with a case manager - be sure to let them know that you were recently released from incarceration.

A case manager will help you to get registered in the CPCDMS client database (see page 7 for more information about the CPCDMS) and together you can create a plan to continue your medical care and address other needs like getting an ID, finding shelter, accessing food and transportation.

If circumstances beyond your control keep you from going to your first appointment, call as soon as possible to discuss your situation and reschedule the appointment. Don't wait until the last minute to call your case manager for assistance, they are there to answer questions and help you make the transition into your new life; if your needs change, let your case manager know right away!

### ADAP Drug Assistance Program

**TOLL FREE:** (800) 255-1090

**HOURS:** M-F, 8am-5pm (except holidays)

Once you have been released, call ADAP to let them know. It can take several days to get your meds so it's important to call as soon as possible. When you call, an eligibility worker will assign you to a pharmacy (see page 64 for a list of ADAP pharmacies).

Sometimes they will need additional information or ask you to fill out a new application. If necessary, your case manager can help you complete the application and make sure it is correct.

Once enrolled, your assigned pharmacy will need prescriptions and your ADAP ID number to order your meds. It will take a few days for your meds to be ready for pick up. If you have any questions call ADAP or your case manager for assistance.

### QUÉ HACER PRIMERO

*Al ser liberado llame a su supervisor. También llame a su administrador/a de casos o solicite uno/a de una agencia comunitaria - asegúrese de informarle que fue recientemente liberado de encarcelamiento.*

*Dicha persona le inscribirá al sistema de base de datos (ver página 12 para más información sobre el sistema CPCDMS). Juntos desarrollarán un plan con el propósito de continuar recibiendo cuidado médico y determinar cuáles otras necesidades tenga, así como el obtener cédula de identidad, refugio/hospedaje, comida y transporte.*

*Si existen circunstancias fuera de su control que no le permita asistir a su primera cita, llame lo antes posible para informar su situación y hacer una nueva cita. No espere hasta el último momento en llamar a su administrador/a de casos para recibir la asistencia que necesite. Ellos están disponible para contestar sus preguntas y facilitarle la transición a una nueva vida; si sus necesidades cambian, asegúrese de informárselo a su administrador/a de casos inmediatamente.*

### Programa de Asistencia de Medicamentos ADAP

**LLAME GRATIS:** (800) 255-1090

**HORAS:** Lunes a viernes, 8am-5pm (sin incluir feriados)

*Al ser liberado, llame a ADAP para informarles de su liberación. Puede que tome varios días antes que reciba sus medicamentos, por lo tanto, es muy importante que llame lo antes posible. Cuando llame, se le asignará una farmacia (vea pagina 64 para una lista de las farmacias que participan en ADAP).*

*A veces necesitarán más información sobre usted, o le pedirán que complete una nueva aplicación Si lo necesita, su administrador/a de casos le puede asistir a completar la aplicación y asegurar que todo esté en orden.*

*Una vez inscrito, su farmacia asignada necesitará recetas médicas y su número de identificación de ADAP para ordenar sus medicinas. Luego, tomará unos días para que estén listos para ir por ellas. Si tiene alguna pregunta favor de llamar a ADAP o a su administrador/a de casos.*

# Information and Resources for the Formerly Incarcerated *Información y recursos para el previamente encarcelados*

## Emergency Homeless Services | *Hospedaje de emergencia*

If you have nowhere to go when you are released, the agencies below are in the downtown area not far from the bus station and can help with basic needs like food, clothing and shelter.

*Si no tiene dónde hospedarse al ser liberado, las siguientes agencias en el centro de la ciudad se encuentran no muy lejos de las estaciones de bus y pueden asistirle con necesidades básicas: comida, ropa y refugio.*

**Coalition for the Homeless**      **2000 Crawford Street, Ste 700; Houston, TX 77002**      **713 739-7514**

Homeless resource information, referrals and crisis management.

*Información para personas sin vivienda, referencias y manejo de crisis.*

**Houston Compass**      **1212 Prairie St.; Houston, TX 77002**      **713 229-8319**

Haircut, toiletries, snacks, clothes, bus cards and assistance with ID cost for homeless job seekers. M-F 9am-2pm

**Miriam's Hostel**      **2009 Congress Street; Houston, TX 77002**      **713 224-1373**

Emergency shelter for women offers showers, clothing and meals. See page 129 for more information.

*Hospedaje de emergencia para mujeres: ducha, ropa y comida. Vea página 129 para más información.*

**Salvation Army**      **2407 N Main Street; Houston, TX 77009**      **713 224-2875**

Men's shelter, meals, showers, laundry and more. .

*Refugio para hombres, comida, ducha, lavandería y más.*

**SEARCH**      **2505 Fannin Street; Houston, TX 77002**      **713 739-7752**

Day shelter: meals, showers, laundry, clothing, info, referrals and more. Open 8am-4pm, Monday- Friday. See page 141 for more information.

*Refugio diurno: comida, ducha, lavandería, ropa, información, referencia y más. Horas: 8am-4pm, lunes a viernes. Vea página 141 para más información.*

**Star of Hope**      **1811 Ruiz Street; Houston, TX 77002**      **713 227-8900**

Men's Development Center: provides shelter, meals, showers, referrals; employment programs. See page 146 for more information.

*Centro de desarrollo para hombres: refugio, comida, ducha, referencia, programa de empleo. Vea página 146 para más información.*

**Star of Hope**      **419 Dowling Street; Houston, TX 77002**      **713 222-2220**

Women and Family Shelter: emergency shelter for 30-90 days provides meals, showers, referrals; medical clinic. See page 147 for more information.

*Refugio para mujeres y familias: refugio de emergencia por 30-90 días: comida, ducha, referencia, clínica médica. Vea página 147 para más información.*

## Helpful Phone Numbers | *Números de teléfono útiles*

2-1-1 Texas/United Way Helpline

*La Línea de Ayuda 2-1-1 Texas/United Way*

**Helpline database online:**

**<http://referral.unitedwayhouston.org>**

Free, confidential information and referrals for food, housing, employment, counseling and much more. Just dial 2-1-1 from anywhere in the state, 24 hours a day.

**Base de datos de la línea de ayuda en la red:**

**<http://referral.unitedwayhouston.org>**

*Información gratis y confidencial, y referencias para comida, vivienda, empleo, consejería y más. Marque el 2-1-1 de cualquier lugar dentro del estado de Texas, 24 horas del día.*



# Information and Resources for the Formerly Incarcerated *Información y recursos para el previamente encarcelados*

## Helpful Phone Numbers | *Números de teléfono útiles*

### City of Houston HOPWA Program 713 868-8328

Rent, mortgage and utility assistance for people living with HIV. See page 55 for a list of current service providers.

### Employment Assistance / *Asistencia de empleo*

Career and Recovery Resources	713 754-7000
Cypress Assistance Ministries	281 955-5895
Goodwill Job Connection Center	713 699-6320
Humble Area Assistance Ministries	281 446-3663
Memorial Assistance Ministries	713 468-4516
SER-Jobs for Progress	713 773-6000
Workforce Solutions	1-888-469-5627

### Harris Co. Housing Resource Center 713 578-2055

Information on housing and emergency assistance available 24/7. See page 115 for more information.

*Información sobre vivienda y asistencia de emergencia disponible 24/7. Ver página 115 para más información*

### METRO 713 635-4000

[www.ridemetro.org](http://www.ridemetro.org)

Information about bus routes and schedules. Available Monday-Friday 6am-8pm, Saturday-Sunday 8am-8pm.

*Información sobre rutas y horario de bus. Lunes a viernes 6am-9pm, sábado y domingo 8am-8pm.*

### Michael E. DeBaKey VA Medical Center 713 791-1414

[www.houston.va.gov](http://www.houston.va.gov)

Medical care for Veterans; bus passes available for clients of the HIV Clinic. See page 131 for more information.

*Cuidado médico para veteranos; pase de bus disponible en la clínica del VIH. Vea página 131 para más información.*

### NeuroPsychiatric Center (NPC) 713 970-7070

24 hour mental health crisis and emergency center. The NPC can serve anyone with an urgent psychiatric condition. Call for information or support.

*Centro de crisis de salud mental y de emergencia las 24 horas. El NPC puede atender a cualquiera con una condición psiquiátrica urgente. Llame para más información o apoyo.*

### St. Luke's Liver Health Outreach 832 355-5119

6620 Main St., Ste. 1505; Houston, TX 77030

Free Hepatitis C and Hepatitis B screenings Monday-Thursday, 9am-3pm (closed from 12pm-1pm). Parking is free. Liver Help Hotline: 1-800-72-LIVER. See page 45 for additional Hepatitis C resources.

### Substance Use Treatment & Support

*Apoyo y tratamiento de la adicción a las drogas*

Alcoholics Anonymous	713 686-6300
Cocaine Anonymous	713 668-6822
Narcotics Anonymous	713 661-4200

### TX Attorney General Child Support 800 252-8014

[www.texasattorneygeneral.gov/cs/](http://www.texasattorneygeneral.gov/cs/)

The AGs office can assist with establishing paternity, establishing, enforcing and modifying child and medical support orders and collecting and distributing child support payments.

For assistance with access and visitation, call the hotline Monday-Friday, 1pm-7pm: 866 292-4636 or go to [www.txaccess.org](http://www.txaccess.org).

### Procurador General de Texas apoyo a niños

*La oficina del PG puede asistir en establecer paternidad, establecer, aplicar y modificar órdenes de apoyo a los niños/niñas y apoyo médico, y coleccionar y distribuir pagos de apoyo para los niños/niñas.*

*Para asistencia con acceso y las visitas, llame a la línea de ayuda de lunes-viernes, 1pm-7pm al 866 292-4636 o visite el internet al [www.txaccess.org](http://www.txaccess.org).*

### Texas Criminal Justice Coalition 512 441-8123

1714 Fortview Rd., Ste. 104; Austin, TX 78704

[www.texascjc.org](http://www.texascjc.org)

The TCJC advocates for a just and accountable judicial system. Publishes an online resource guide for people re-entering the world following incarceration.

*El TCJC aboga por un sistema judicial justo y responsable. Publica una guía de recursos en línea para personas que reingresen a la sociedad después de estar encarcelados.*

### Harris County Sheriff's Office

If you have questions about the medical care, referrals or other health related information that you received while in the county jail, please contact:

Harris County Sheriff's Office  
I.D. Clinic - Counselors office  
(713) 755-9252 or (713) 755-9253

### Oficina del sheriff del Condado de Harris

*Si usted tiene preguntas acerca del cuidado médico, referencias u otra información servicios de la salud que recibió durante su estadía en la cárcel del condado, por favor póngase en contacto con:*

Oficina del sheriff del Condado de Harris  
Clínica de I.D. – Oficina de consejeros  
(713) 755-9252 ó (713) 755-9253

# Information and Resources for the Formerly Incarcerated *Información y recursos para el previamente encarcelados*

## Service Providers / *Proveedores de servicios*

The agencies listed below are affiliated with the Serving the Incarcerated and Recently Released (SIRR) Partnership of Greater Houston and have a special interest in serving the needs of formerly incarcerated individuals. Contact the agencies directly for more information.

*Las agencias mencionadas abajo están afiliadas con SIRR (Servicio a los encarcelados y recientemente liberados) y tienen un especial interés en asistir a las necesidades de los individuos previamente encarcelados. Póngase en contacto directo para más información sobre los servicios disponibles y los requisitos de elegibilidad.*

### **AccessHealth - Richmond Center (281) 342-4530**

Case management and CPCDMS registration, gas cards, medical clinic, pharmacy, mental health services, dental care, eye care and other services. AccessHealth provides HIV primary care to residents of Ft Bend, Waller, Wharton, Austin and Colorado counties. See page 88 for more information.

*Administración de casos y registro en CPCDMS, tarjetas de gasolina, clínica médica y farmacia, servicios de salud mental, cuidado dental, visión y otros servicios. Accesshealth provee cuidado primario del VIH a residentes de los condados Fort Bend, Waller, Wharton, Austin y Colorado. Vea página 88 para más información.*

### **AIDS Foundation Houston (713) 623-6796**

AFH provides housing and supportive services to individuals living with HIV and their families. Housing programs include housing in the community and housing facilities for low-income and homeless individuals and families that also have mental health and substance abuse issues. Supportive services include basic needs such as food, support in accessing services, re-engaging in health care.

### **Association for the Advancement of Mexican Americans (AAMA) (713) 926-9491**

Minorities Action Program – substance abuse treatment services, HIV, Hep C and TB testing, HIV related case management and also helps Spanish speaking individuals to access services. AAMA can connect you to medical care, transportation, housing and many other services. Also offers free GED, ESL and computer classes. See page 94 for more information.

*AAMA ofrece ayuda en Español con acceso a servicios de transportación, tratamiento médico, ayuda para parar el uso de drogas, y con pruebas del VIH, Hepatitis C y tuberculosis. AAMA también ofrece clases gratuitas de ESL, GED y computador. Vea página 94 para más información.*

### **Avenue 360 Health and Wellness (713) 426-0027**

Provides medical care, pharmacy, substance abuse treatment, mental health services, case management and CPCDMS registration, HIV testing and prevention education. Sliding fee scale for the uninsured. Other services include a day program for HIV+ adults that require nursing care during the day, a full service dental

clinic for people living with HIV, housing assistance through HOPWA and a residential HIV hospice. Avenue 360 has additional clinic locations, see page 95 for more information.

*Provee cuidado médico, farmacia, tratamiento de abuso de sustancias, servicios de salud mental, administración de casos y registro en CPCDMS, análisis del VIH y educación preventiva sobre el VIH/ETS. Honorario de escala móvil para las personas sin seguro. Otros servicios incluyen programa de tratamiento de día para adultos con VIH que requieren cuidado durante el día, dental clinic ofrece una variedad de servicios dentales a las personas que viven con el VIH, asistencia para la vivienda por medio de HOPWA (Oportunidades de Vivienda para Personas con SIDA) y hospicio para personas que viven con el VIH. Avenue 360 tiene ubicaciones adicionales, vea página 95 para más información.*

### **Bee Busy Wellness Center (713) 771-2292**

Medical care for all ages. Referrals for services not offered. Eligibility is open to all who need care, regardless of your current health status - all uninsured, underinsured, self-employed, business owners and low-income families are welcome. See page 101 for more information

*Cuidado médico para hombres, mujeres, y niños/niñas. Se da referencias a servicios no ofrecidos. Se ofrece servicios a toda persona que necesite cuidado, sin importar el estado de salud actual-toda persona sin seguro médico o seguro médico limitado, persona que trabaja por cuenta propia, dueños de negocio, y familias de bajos ingresos. Vea página 101 para más información.*

### **Dispute Resolution Ctr of Harris Co. (713) 755-8885**

49 San Jacinto, Suite 220; Houston, TX 77002

<https://drc.harriscountytexas.gov/>

HOURS/HORAS: Monday-Friday, 8am-5pm

BUS ROUTES/RUTA DEL BUS: 11, 20, 30, 48, 51, 52

Provides free mediation services to help people resolve their disputes outside of court for matters that are in or out of court such as landlord/tenant, consumer/merchant, divorce and much more for residents of Harris, Brazoria, Galveston or any county that does not have a Dispute Resolution Center. You must have the contact information for both parties. Does not provide legal advice or resolve criminal matters.

# Information and Resources for the Formerly Incarcerated *Información y recursos para el previamente encarcelados*

## Service Providers | *Proveedores de servicios*

*Provee servicios gratis de mediación para ayudar a que las personas resuelvan sus disputas fuera del tribunal en cuestiones fuera o dentro de la corte, así como arrendador/ arrendatario, consumidor/ mercader, divorcio y otros asuntos de los residentes del Condado Harris, Brazoria, Galveston y cualquier otro condado que no tenga un centro de resoluciones de disputas. Usted debe tener información de contacto de ambos partidos. No se provee consejo legal, no se resuelven asuntos criminales.*

### **Goodwill Industries of Houston (713) 590-3123** **River Oaks Job Connection Center**

Goodwill Industries of Houston provides education, training and job opportunities to people with disabilities and other barriers to employment (including, but not limited to, physical and mental disabilities, homelessness, criminal records and addictive diseases), improving the lives of individuals, families and communities.

*Proporcionamos la educación, la formación y las oportunidades de empleo para las personas con discapacidades y otras barreras al empleo (incluyendo, pero no limitado a, las discapacidades físicas y mentales, la falta de vivienda, antecedentes penales y enfermedades adictivas) la mejora de las vidas de las personas, familias y comunidades.*

### **Houston Volunteer Lawyers Program (713) 228-0735**

Provides free legal services to residents of Harris and surrounding counties who meet eligibility requirements. Civil matters only, no criminal or employment matters or fee generating cases.

*Provee servicios legales gratuitos a los residentes de Harris y condados circundantes que se reúnen los requisitos de elegibilidad. Materia civil sólo, no se aceptan pleitos que requieren ganancia monetaria.*

### **Legacy Community Health (832) 548-5100**

Offers case management and CPCDMS registration, primary health care, HIV testing and counseling, STD testing, family planning, GLBT healthcare, dental care, prevention education, counseling, psychiatry, eye care, nutritional counseling, wellness services, social services and pharmacy. Sliding fee scale for the uninsured. Legacy has additional clinic locations, see page 125 for more information.

*Ofrece administración de casos y registro en CPCDMS, cuidado primario de la salud, análisis y consejería del VIH, análisis de ETS, planificación familiar, cuidado de la salud para las personas GLBT, cuidado dental, educación preventiva, consejería, psiquiatría, cuidado de la vista, consejería nutricional, servicios del bienestar, servicios sociales y farmacia. Honorario de escala móvil para las personas sin seguro. Legacy tiene ubicaciones adicionales, vea página 125 para más información.*

### **Montrose Center (713) 529-0037**

Services include case management and CPCDMS registration, education and prevention services, HIV Testing (8am-5pm), mental health counseling for individuals, couples, families and groups (sliding fee), outpatient substance abuse treatment and a variety of support groups. No sex offenders. See page 131 for more information.

*Servicios incluyen administración de casos, educación de la salud y servicios de prevención, prueba del VIH (8am-5pm), consejería de salud mental para individuales, parejas, familiares y grupos (honorario de escala móvil), tratamiento por abuso de sustancias para pacientes externos y varios grupos de apoyo. No hay delincuentes sexuales. Vea página 131 para más información.*

### **Saint Hope Foundation (713) 778-1300**

Offers primary medical care and pharmacy, mental health, service linkage and case management, CPCDMS registration, dental care, eye care, support groups, clinical research, Hep C treatment, prevention services, health screenings and transportation. SHF has additional clinic locations, see page 139 for more information.

*Ofrece cuidado médico primario y farmacia, salud mental, servicio de enlace y administración de casos, registro en CPCDMS, cuidado dental, cuidado de vista, grupos de apoyo, investigación clínica, tratamiento de la hepatitis C, servicios preventivos, asesoramiento de la salud y transportación. SHF tiene ubicaciones adicionales, vea página 139 para más información.*

### **TDCJ - PAROLE DIVISION**

[www.tdcj.state.tx.us/divisions/parole/](http://www.tdcj.state.tx.us/divisions/parole/)

### **Houston Region 1 Re-Entry Center (713) 956-1478**

4949 W. 34<sup>th</sup> Street, Suite 115; Houston, TX 77092

HOURS/HORAS: Monday- Friday 8am-5pm

BUS ROUTES/RUTA DEL BUS: 36

Provides education programs including anger management, cognitive skills, domestic violence, faith-based AA/NA groups, clothes closet (men and women), job placement and job counseling services for parolees in Harris and the surrounding counties.

*Provee programas educacionales incluyendo manejo de la ira, habilidades cognitivas, violencia doméstica, grupos de AA/NA basados en fe, ropa (para hombres y mujeres), servicios de consejería y ubicación de empleo para prisioneros en libertad condicional en Harris y los condados que le rodean.*

### **Chaplaincy Program (713) 685-3188**

10110 Northwest Freeway; Houston, TX 77092

HOURS/HORAS: Monday- Friday 8am-5pm

Parole Chaplains provide pastoral counseling, pastoral care, crisis intervention support and faith-based

# Information and Resources for the Formerly Incarcerated *Información y recursos para el previamente encarcelados*

## Service Providers | *Proveedores de servicios*

programming to offenders on parole and their families.

Parole Chaplains work with TDCJ Unit Chaplains to expand their community based resources. Offenders are offered numerous programs while incarcerated, but services are limited once paroled. Continuing programs once on parole is critical to the offender's successful reentry.

*Los capellanes de libertad condicional proveen consejería pastoral, cuidado pastoral, apoyo e intervención de crisis y programas basados en fe a los ex-delinquentes en libertad condicional y a sus familiares.*

*Los capellanes de dicha unidad colaboran con los capellanes de la unidad del TDCJ con el propósito de expandir los recursos de base comunitaria. Durante encarcelamiento existen numerosos programas para los prisioneros, sin embargo los servicios son limitados una vez en libertad condicional. La continuación de programas es crítica para que así el prisionero en libertad condicional tenga un exitoso reingreso a la sociedad.*

### **Thomas Street Health Center (713) 873-4000**

Offers primary health care, case management, CPCDMS registration, access to clinical trials, health education, Hep C and HIV dual diagnosis treatment, HIV testing and counseling, specialty clinics and well woman care,

pharmacy, psychiatry and support groups. Harris Health System has additional clinic locations, see page 119 for more information.

*Ofrece cuidado primario de salud, administración de casos, registro en CPCDMS, acceso a pruebas clínicas, educación de la salud, tratamiento de dúo diagnóstico (Hep C y VIH), prueba y consejería de VIH, clínicas de especialidades y cuidado médico para la mujer, farmacia, psiquiatría y grupos de apoyo. Harris Health System tiene ubicaciones de las clínicas adicionales, vea página 119 para más información.*

### **Triangle Area Network (409) 832-8338**

Services include primary health care services, HIV/STD and Hepatitis education, prevention services, screening and treatment services. Other services include housing assistance, referrals, patient navigation services and transportation for all clients accessing and utilizing the community health care system. See page 150 for more information.

*Nuestros servicios proporcionan cuidado de salud básica, educación sobre infecciones virales como el VIH/ITS y Hepatitis, servicios de prevención, pruebas y tratamiento médico. Contamos con servicios adicionales los cuales incluyen asistencia de vivienda, programa de referencias, asesoramiento al paciente y servicios de transporte para todos los clientes que acceso y utilizan nuestro sistema de salud comunitario. Vea página 150 para más información.*

## Service Providers | *Proveedores de servicios*

The following agencies also provide at least one service to assist formerly incarcerated individuals with their re-entry needs. Check the agency description in the ALPHABETICAL LISTING or contact them directly for more information.

*Las siguientes agencias también proporcionan por lo menos un servicio para ayudar a individuos ex-convictos con sus necesidades de reingreso a la sociedad. Revise la descripción de la agencia en el LISTADO ALFABÉTICO o póngase en contacto con ellos directamente respecto a información adicional.*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>A Caring Safe Place</b>	(713) 225-5441	(C) Fifth Ward	M (18+), Homeless, Appt req, <b>HIV+ only</b> , CD, Esp.....	<b>87</b>
<b>Addicts Can Be Disciples Too</b>	(713) 529-2840	(C) Third Ward	All, S\$, Appt/Referral req, CD.....	<b>89</b>
<b>AIDS Foundation Houston</b>	(713) 623-6796	(SW) Mid West	Varies by program.....	<b>90</b>
<b>AIDS Healthcare Foundation Binz Street</b>	(713) 524-8700	(C) Medical /center	Adults, <b>HIV+ only</b> , I/RR, Homeless, Appt req, S\$, Med, Ins, Esp.....	<b>91</b>
<b>AIDS Healthcare Foundation Fannin Street</b>	(713) 799-8994	(C) Astrodome/ South Loop	W, Transgender, <b>HIV+ only</b> , I/RR, Appt req, CHIP, S\$, Med, Ins, Esp.....	<b>91</b>
<b>Career and Recovery Resources</b>	(713) 754-7000	(C) Midtown	M, W, Free, Appt/Walk-in, CD.....	<b>103</b>
<b>City of Houston Community Re-Entry Program</b>	(832) 393-5467	(NE) Kashmere Gardens	Adults, I/RR, CD, Free, Walk-ins.....	<b>106</b>

# Information and Resources for the Formerly Incarcerated *Información y recursos para el previamente encarcelados*

## Service Providers / *Proveedores de servicios*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
<b>Corder Place Apartments</b>	(713) 741-4070	(SE) OST/South Union	M, W, Fam, <b>HIV+ household member</b> , Homeless, I/RR, S\$ .....	<b>107</b>
<b>Cypress Assistance Ministries Operation Jobs</b>	(281) 955-5895	(NW) Cy Fair	Free, Adults, I/RR .....	<b>108</b>
<b>DAPA Family Recovery Programs</b>	(713) 783-8889	(NW) Fairbanks/ Northwest Crossing	M, W, Fam, CD, I/RR .....	<b>109</b>
<b>Depression and Bipolar Support Alliance</b>	(713) 600-1131	(C) Greenway Plaza	M, W, Y, I/RR, Homeless, Immigrants, CD, Free, Walk-ins .....	<b>109</b>
<b>Houston COMPASS</b>	(713) 229-8319	(C) Downtown	All, Free .....	<b>122</b>
<b>Houston Volunteer Lawyers</b>	(713) 228-0735	(C) Downtown	M, W, Fam, Free, Filing fees if required by court, Esp .....	<b>123</b>
<b>Magnificat Houses Myriam's Hostel</b>	(713) 520-0461	(C) Downtown	W, Free, Walk-ins, CD, I/RR, Homeless, Lim, Esp .....	<b>129</b>
<b>Montrose Center</b>	(713) 529-0037	(C) Montrose	M, W, Fam, I/RR, Free, Walk-ins, <b>HIV+ only</b> , CD .....	<b>131</b>
<b>Northshore Counseling Center</b>	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, Appt req, I/RR, CD, Esp .....	<b>133</b>
<b>National Alliance on Mental Illness</b>	(713) 970-4419	(C) Montrose	All, I/RR, Homeless, Free, Esp .....	<b>132</b>
<b>Open Door Mission</b>	(713) 921-7520	(C) Second Ward	Men only, CD, Homeless, I/RR, Free, Appt req .....	<b>134</b>
<b>Project Path Finder</b>	(832) 830-3440	Not specified	M, W, I/RR .....	<b>138</b>
<b>Rehoboth Foundation, Inc.</b>	(713) 484-5850	(SW) Braeburn	All, I/RR, CD, Referral required .....	<b>138</b>
<b>Saint Hope Foundation Bellaire</b>	(713) 839-7111	(C) Bellaire	M, W, CD, I/RR, S\$, Med, Ins .....	<b>139</b>
<b>Saint Hope Foundation Conroe</b>	(936) 441-2440	(N) Conroe	M, W, CD, I/RR, S\$, Med, Ins .....	<b>140</b>
<b>Saint Hope Foundation Sugar Land</b>	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins .....	<b>140</b>
<b>Saint Hope Foundation Texas City</b>	(832) 431-5162	(SE) Texas City	M, W, CD, I/RR, S\$, Med, Ins .....	<b>141</b>
<b>Santa Maria Hostel</b>	(713) 691-0900	(N) Eastex/Jensen	W, W/C, I/RR, CD, Free, Appt req .....	<b>141</b>
<b>SEARCH Homeless Services</b>	(713) 739-7752	(C) Midtown	All, Free, I/RR, Walk-ins, CD, Homeless only, Esp .....	<b>141</b>
<b>UT Health Houston CNRA</b>	(713) 486-2800	(C) Medical Center	Adults, Free, Appt/Walk-ins, CD, I/RR .....	<b>152</b>

## Funeral Services / Servicios funerarios

Nobody likes to think about burial or cremation plans when they are feeling well, but planning in advance not only helps prevent future stress and anxiety, it can also enable persons living with HIV and their families to save a great deal of money. By looking around and comparing costs and services, most people make better choices than when a crisis is at hand. Veterans may be entitled to burial benefits through the Veterans Administration; veterans can apply online for burial benefits, or go to a VA regional office and have a VA employee assist you.

*A nadie le gusta pensar en planes de entierro o cremación cuando se sienten bien, pero la planificación anticipada no sólo ayuda a prevenir el estrés futuro y la ansiedad, sino que también puede permitir a las personas que viven con VIH y sus familias ahorrar mucho dinero. Al mirar alrededor y comparar los costos y servicios, la mayoría de la gente toma mejores decisiones que cuando surge una crisis. Los Veteranos pueden tener derecho a beneficios de entierro a través de la Administración de Veteranos; los veteranos pueden solicitar beneficios de entierro en línea, o ir a una oficina regional de VA para que un empleado de VA le ayude.*

### Funeral Assistance / Asistencia funeraria

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>3 "A" Bereavement Foundation (3ABF)</b>	(713) 649-3232	(SE) OST/South Union	All, Income-based eligibility, Free, Esp.....	<b>87</b>
<b>Catholic Charities HIV/AIDS Ministry</b>	(713) 874-6724	(C) Midtown	M, W, Y, C, Fam, Free, Appt/Walk-ins, <b>HIV+ only</b> , Immigrants, Esp.....	<b>103</b>
<b>Harris County Burial Assistance</b>	(713) 696-1952	(NE) Eastex/Jensen	All, Income-based eligibility	

### Funeral Education & Information / Educación e Información Funeraria

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Access Care of Coastal Texas</b>	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp.....	<b>87</b>
<b>3 "A" Bereavement Foundation (3ABF)</b>	(713) 649-3232	(SE) OST/South Union	All, Income-based eligibility, Free, Esp.....	<b>87</b>
<b>Funeral Consumers Alliance of Houston</b>	(713) 526-4267	All	All, Free, Donations & memberships encouraged.....	<b>113</b>

### Funeral Services / Servicios funerarios

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>A Community Funeral Home</b>	(713) 747-4420	(SE) OST/South Union	All .....	<b>87</b>



Art by Arturo



Art by Kevin

## Information and Resources for Hepatitis C *Información y recursos para la Hepatitis C*

About 25% of people living with HIV are also living with the hepatitis C virus. HIV co-infection more than triples the risk for liver disease, liver failure, and liver-related death from hepatitis C. Liver disease has become the leading cause of non-AIDS-related deaths among people living with HIV.

Adapted from the National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention fact sheet *HIV and Viral Hepatitis*, November 2014.

*Alrededor del 25% de las personas que viven con VIH también están viviendo con el virus de la hepatitis C. La co-infección por el VIH triplica el riesgo de enfermedad hepática, insuficiencia hepática y muerte hepática por hepatitis C. La enfermedad hepática se ha convertido en la principal causa de muertes no relacionadas con el SIDA entre las personas que viven con el VIH.*

*Texto adoptado de un reporte de hechos del VIH y Hepatitis Viral del National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention, Noviembre 2014.*

### Treatment & Support Resources | *Tratamiento y Recursos de Apoyo*

#### **Harris Health System**

Residents of Harris County can apply for financial assistance (formerly known as the Gold Card) through the mail or at a patient eligibility center (See page 18 for information on how and where to apply).

Once approved, make an appointment with one of the Community Health Centers. At your appointment, inform the medical provider of your Hep C status to be assessed for a referral to one of the treatment centers.

Appointments: (713) 526-4243

#### **Harris Health System**

*Residentes del Condado Harris pueden solicitar asistencia financiera (anteriormente denominada la tarjeta dorada) por correo o en el centro de elegibilidad del paciente (Consulte la página 18 respecto a información sobre cómo y dónde solicitar).*

*Una vez aprobada su solicitud, haga una cita en una de las localidades del Community Health Center. En su cita informe al proveedor médico sobre su estado de la hepatitis C para así ser referido a uno de centros de tratamientos.*

*Citas: (713) 526-4243*

#### **St. Luke's Center for Liver Disease**

6720 Bertner Avenue; Houston, TX 77030  
(832) 355-1400  
1-877-64-LIVER (1-877-645-4837)

<https://www.chistlukeshealth.org/liver-disease-294>

The Center for Liver Disease is dedicated exclusively to treating patients with all forms of liver disease - ranging from screening for abnormal liver function to medical management of disease and liver transplantation.

#### **St. Luke's Center for Liver Disease**

6720 Bertner Avenue; Houston, TX 77030  
(832) 355-1400  
1-877-64-LIVER (1-877-645-4837)

<https://www.chistlukeshealth.org/liver-disease-294>

*Centro para la enfermedad del hígado está dedicado exclusivamente a tratar a pacientes con todo tipos de enfermedades del hígado - de asesoramiento de la función anormal del hígado al manejo médico de la enfermedad y la trasplatación.*

#### **St. Luke's Liver Health Outreach**

6620 Main St., Suite 1505; Houston, TX 77030  
(832) 355-5119

Hotline: 1-800-72-LIVER  
[www.texasliver.org](http://www.texasliver.org)

Free hepatitis B and C testing, clinical trials and resource information.

#### **St. Luke's Liver Health Outreach**

6620 Main St., Suite 1505; Houston, TX 77030  
(832) 355-5119

Hotline: 1-800-72-LIVER  
[www.texasliver.org](http://www.texasliver.org)

*Análisis gratis de la hepatitis B y C, ensayos clínicos, e información de recursos.*

#### **St. Luke's Advanced Liver Therapies**

(832) 355-8966

[liverresearch@stlukeshealth.org](mailto:liverresearch@stlukeshealth.org)

Ongoing clinical trials available for previously treated and first time treatment seeking patients. Often these trials provide free treatment for hepatitis C and hepatitis B.

#### **St. Luke's Advanced Liver Therapies**

(832) 355-8966

[liverresearch@stlukeshealth.org](mailto:liverresearch@stlukeshealth.org)

*En curso ensayos clínicos disponibles a pacientes anteriormente tratados así como también nuevos pacientes en busca de tratamientos. Con frecuencia estos ensayos ofrecen tratamientos gratis para las hepatitis B y C.*

## Information and Resources for Hepatitis C *Información y recursos para la Hepatitis C*

### Treatment & Support Resources / *Tratamiento y Recursos de Apoyo*

#### Research Specialists of Texas

(713) 794-0700

[www.texasliver.com/understanding-hepatitis/](http://www.texasliver.com/understanding-hepatitis/)

Opportunities available to participate in clinical research protocols. Patients who have previously been treated for hepatitis C and those who have never been treated are welcome.

#### Resources for clinical trials:

[www.clinicaltrials.gov](http://www.clinicaltrials.gov)

[www.centerwatch.com](http://www.centerwatch.com)

#### Research Specialists of Texas

(713) 634-5110

[www.texasliver.com/understanding-hepatitis/](http://www.texasliver.com/understanding-hepatitis/)

Ofrecen oportunidades a participar en protocolos de investigación clínica. Los pacientes anteriormente tratados para el hepatitis C y los pacientes nunca tratados están bienvenidos.

#### Recursos para ensayos clínicos:

[www.clinicaltrials.gov](http://www.clinicaltrials.gov)

[www.centerwatch.com](http://www.centerwatch.com)

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>AAMA</b>	(713) 926-9491	(C) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp .....	<b>94</b>
<b>Avenue 360 Health and Wellness</b>	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp .....	<b>95</b>
<b>Bee Busy, Inc.</b>	(713) 774-8800	(SW) Westwood	M, W, Y, I/RR, CD, Homeless, Immigrants, Free, Walk-ins, Esp .....	<b>100</b>
<b>FLAS, Inc.</b>	(713) 772-2366	(SW) Sharpstown	All, Free, Appt req, Esp .....	<b>112</b>
<b>Saint Hope Foundation Bellaire</b>	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp .....	<b>139</b>
<b>Saint Hope Foundation Conroe</b>	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp .....	<b>140</b>
<b>Saint Hope Foundation Greenspoint</b>	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp .....	<b>140</b>
<b>Saint Hope Foundation Sugar Land</b>	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins .....	<b>140</b>
<b>Saint Hope Foundation Texas City</b>	(832) 431-5162	(SE) Texas City	M, W, CD, I/RR, S\$, Med, Ins .....	<b>141</b>
<b>Southside Community Hep C Clinic</b>	(832) 831-7770	(C) Medical Center	All, S\$, Free, Ins, Appt req .....	<b>145</b>
<b>UTMB Health Ryan White Program</b>	(409) 772-2222	(SE) Galveston	Adults, S\$, Appt/walk-in, Ins, Med, Esp .....	<b>152</b>

### Prescription Assistance / *Asistencia de prescripción médica*

If you need help paying for your hepatitis C medications, you may be eligible for an assistance program offered through a drug company or private foundation. Restrictions may apply.

*Si necesita ayuda para pagar sus medicamentos de hepatitis C, puede ser elegible para un programa de asistencia ofrecido a través de una compañía farmacéutica o fundación privada. Se pueden aplicar restricciones.*

### Patient Assistance Programs / *Programas de asistencia al paciente*

Company / Compañía	Contact / Contacto	Medication / Medicación
AbbVie	844-2-PROCEED, <a href="http://www.viekirahcp.com">www.viekirahcp.com</a>	Mavyret, Viekira Pak XR
Bristol-Myers Squibb	800-736-0003, <a href="http://www.bmspaf.org">www.bmspaf.org</a>	Daklinza
Gilead Sciences	855-769-7284, <a href="http://www.mysupportpath.com">www.mysupportpath.com</a>	Harvoni, Sovaldi, Vosevi
Genentech/Roche	888-941-3331, <a href="http://www.pegasysaccesssolutions.com">www.pegasysaccesssolutions.com</a>	Pegasys, Copegus
Janssen Therapeutics	800-652-6227, <a href="http://www.Jipaf.org">www.Jipaf.org</a>	Olysio
Merck and Co.	866-363-6379, <a href="http://www.merckhelps.com">www.merckhelps.com</a>	Zepatier



## Information and Resources for Hepatitis C *Información y recursos para la Hepatitis C*

### Cost-Sharing Assistance Programs | *Programas de Asistencia para Compartir Costos*

Company / <i>Compañía</i>	Contact / <i>Contacto</i>	Medication / <i>Medicación</i>
AbbVie	844-2-PROCEED <a href="http://www.viekira.com/about-viekira/copay-card">www.viekira.com/about-viekira/copay-card</a>	Technivie, Viekira Pak XR
Bristol-Myers Squibb	844-442-6663, <a href="http://www.patientsupportconnect.com">www.patientsupportconnect.com</a>	Daklinza
Gilead Sciences	855-769-7284, <a href="http://www.harvoni.com">www.harvoni.com</a> <a href="http://www.gilead.com/us_advancing_access">www.gilead.com/us_advancing_access</a>	Harvoni, Sovaldi, Vosevi
Janssen Therapeutics	855-565-9746, <a href="http://www.olytio.com">www.olytio.com</a>	Olytio
Merck and Co.	866-939-4372, <a href="http://www.zepatier.com">www.zepatier.com</a>	Zepatier

### Foundations Providing Assistance | *Fundaciones que brindan asistencia*

#### **Chronic Disease Fund**

<http://goodeventsfromcdf.org/>

Provides co-pay and medication assistance to eligible individuals.

*Proporciona asistencia de co-pago y medicamentos a los individuos elegibles.*

#### **HealthWell Foundation**

[www.healthwellfoundation.org](http://www.healthwellfoundation.org)

Provides up to \$15,000 in co-payment assistance to eligible individuals for HCV treatment. Eligible patients include those who are insured and have an annual household income of up to 500% of the federal poverty level (FPL).

*Proporciona hasta USD \$15,000 en asistencia de co-pago a los individuos elegibles para tratamientos de HCV. Los pacientes elegibles incluyen a aquellos que estén asegurados y tengan un ingreso doméstico anual de hasta 500% del nivel de pobreza federal (FPL).*

#### **Needy Meds**

[www.needymeds.org](http://www.needymeds.org)

Offers resources that are helpful to uninsured and underinsured patients including an MRI/CAT scan discount program and medical bill mediation.

*Ofrece recursos que son útiles para pacientes no asegurados o con un seguro menor incluyendo un programa de descuento de exploración MRI/CAT y mediación de facturas médicas.*

#### **Patient Access Network Foundation**

[www.panfoundation.org](http://www.panfoundation.org)

Offers help and hope to people with chronic or life-threatening illnesses, including HIV and hepatitis, for whom cost limits access to medical treatments.

*Ofrece ayuda y esperanza a personas con enfermedades crónicas o que amenazan la vida, incluyendo VIH y hepatitis, para quienes el costo limita el acceso a los tratamientos médicos.*

#### **Patient Advocate Foundation**

##### **Co-Pay Relief Program**

[www.copays.org](http://www.copays.org)

Provides direct financial support to insured patients, including Medicare Part D beneficiaries, who financially and medically need assistance paying prescription medication co-payments, co-insurance and deductibles relative to their diagnosis.

*Proporciona soporte financiero directo a pacientes asegurados, incluyendo beneficiarios de la Parte D de Medicare, que necesiten asistencia financiera y médica para pagar los co-pagos de medicamentos de prescripción, co-seguro y deducibles relacionados con su diagnóstico.*

#### **RxOutreach**

<http://rxoutreach.org>

A mail order pharmacy for people with little or no health insurance coverage.

*Una farmacia de pedido por correo para personas con poca o sin cobertura de seguro de salud.*

## Information and Resources for Hepatitis C *Información y recursos para la Hepatitis C*

### Vaccines for Hepatitis A & B / *Vacunas para Hepatitis A y B*

Everyone with HIV and Hep C should get vaccinated against Hep A and Hep B if they have not already been exposed or vaccinated.

*Toda persona que tenga el VIH y la Hepatitis C debe ser vacunada en contra de la Hep A y la Hep B si es que no ha sido expuesta o vacunada anteriormente.*

**There is currently no vaccine to prevent Hep C. It is important that everyone who does not have immunity to Hep A and B get the vaccines. Contact your health care provider or one listed below for more information.**

***En la actualidad no lo hay vacuna para la Hep C. Es importante que toda persona que no tenga inmunidad a la Hep A y la Hep B reciba las vacunas. Póngase en contacto con su proveedor de cuidados de salud o con alguno en la lista a continuación para más información.***

Location / <i>Localidad</i>	Address / <i>Dirección</i>	Phone / <i>Teléfono</i>
City of Houston Adult Immunization Clinic	6201 Bonhomme Road South tower, 3 <sup>rd</sup> Floor Houston, TX 77036	(713) 395-9800 <a href="http://www.houstontx.gov/health/HealthCenters/Adult_Immunizations.html">www.houstontx.gov/health/HealthCenters/Adult_Immunizations.html</a>
CVS/pharmacy	Various locations / <i>Varias localidades</i>	<a href="http://www.cvs.com">www.cvs.com</a>
Galveston County Health District	9850-B Emmett F Lowry Expressway Suite B-104; Texas City, TX 77591	(409) 949-3459 <a href="http://www.gchd.org">www.gchd.org</a>
HOPE Clinic	7001 Corporate Drive, Suite 120 Houston, TX 77036	(713) 773-0803 <a href="http://www.hopechc.org">www.hopechc.org</a>
Memorial Hermann RediClinic	Various locations / <i>Varias localidades</i>	(855) 237-3348 <a href="http://www.rediclinic.com">www.rediclinic.com</a>
Randall's Pharmacy	Various locations / <i>Varias localidades</i>	<a href="http://www.randalls.com">www.randalls.com</a>
Walgreens Pharmacy	Various locations / <i>Varias localidades</i>	<a href="http://www.walgreens.com">www.walgreens.com</a>

### Support Groups / *Grupos de apoyo*

Support groups can be very helpful for people with Hep C or co-infected with HIV and Hep C, especially when dealing with the emotional challenges of living with these two chronic diseases.

*Grupos de apoyo pueden ser de gran ayuda para las personas con el VHC o coinfectadas con el VIH y el VHC, especialmente por ser un mayor reto emocional el de vivir con dos enfermedades crónicas.*

Group Name / <i>Nombre de Grupo</i>	Time & Date / <i>Hora y Día</i>	Contact / <i>Contacto</i>
<b>Help-4-Hep Hepatitis C Peer-to-Peer Helpline</b> Info, support and referrals free of charge and completely confidential. The helpline is staffed by people who have experience dealing with Hep C – you talk with a real person, one-to-one, about your specific situation. Help-4-Hep is there to support you from deciding to get tested to talking to your doctor about treatment and finding resources to help with payment.	Monday-Friday, 8am - 8pm (closed on holidays)  <i>Español por cita.</i>	877-HELP-4-HEP (877-435-7443)  <a href="http://www.help4hep.org">www.help4hep.org</a>
<b>Houston Methodist Hospital</b> 6565 Fannin St., 7th Fl, Rm 788 Houston, TX 77030	Liver transplant support group 1 <sup>st</sup> and 3 <sup>rd</sup> Thursday, 4pm - 5pm	(713) 441-7788

## Information and Resources for Hepatitis C *Información y recursos para la Hepatitis C*

### Support Groups / *Grupos de apoyo*

Group Name / <i>Nombre de Grupo</i>	Time & Date / <i>Hora y Día</i>	Contact / <i>Contacto</i>
<b>Houston Methodist Willowbrook Hospital</b> 18220 Tomball Parkway, 1st Fl, Rm C Houston, TX 77030	2 <sup>nd</sup> Tuesday, 7pm	(281) 820-6168
<b>Houston VA Medical Center</b> 2002 Holcombe Blvd, Rm 5B-166 Houston, TX 77030	1 <sup>st</sup> Friday, 1:30-2:30pm For VA patients and their families.  <i>Primer viernes, 1:30-2:30pm</i> <i>Para pacientes VA y sus familias.</i>	(713) 791-1414, ext. 6867

### Publications & Information / *Publicaciones y información*

Name / <i>Nombre</i>	Contact / <i>Contacto</i>	Description / <i>Descripción</i>
<b>American Liver Foundation - South Texas</b>	701 N. Post Oak Road, Suite 515 Houston, TX 77024  (281) 929-8000 1-800-GO-LIVER (800-465-4837)  <a href="http://www.liverfoundation.org/chapters/texas">www.liverfoundation.org/ chapters/texas</a>	Patient support groups, info and physician referral, educational seminars for physicians, patients, their families and friends.  <i>Grupos de apoyo, información y referencia a médico, seminarios educacionales para médicos, pacientes, familiares y amistades.</i>
<b>Centers for Disease Control and Prevention</b>	1-800-CDC-INFO (800-232-4636)  TTY: 1-888-232-6348  <a href="http://www.cdc.gov/hepatitis/index.htm">www.cdc.gov/hepatitis/index.htm</a>	Free comprehensive information.  <i>Información amplia y gratuita.</i>
<b>CDC Foundation Viral Hepatitis Action Coalition</b>	<a href="http://www.cdcfoundation.org/vhac">www.cdcfoundation.org/vhac</a>  <a href="http://www.viralhepatitisaction.org">www.viralhepatitisaction.org</a>	Provides information about advances in prevention, screening and treatment.  <i>Provee información sobre avances en prevención, asesoramiento y tratamiento.</i>
<b>City of Houston Hepatitis C Task Force</b>	8000 North Stadium Dr. Houston, TX 77054  (832) 393-4720  <a href="http://www.houstontx.gov/health/HIV-STD/viral_hepatitis.html">www.houstontx.gov/health/HIV-STD/ viral_hepatitis.html</a>	Information about viral hepatitis, testing and service provider training.  <i>Información sobre hepatitis viral, análisis y entrenamiento a proveedores de servicios.</i>
<b>Hepatitis C Advocates</b>	<a href="http://www.hcvadvocate.org">www.hcvadvocate.org</a>  <a href="http://www.hcvadvocate.org/spanish">www.hcvadvocate.org/spanish</a>	Provides unbiased information, support, and advocacy to all communities.  <i>Provee información imparcial, apoyo, y abogacía a todas las comunidades afectadas.</i>
<b>HIVandHepatitis.com</b>	<a href="http://www.hivandhepatitis.com">www.hivandhepatitis.com</a>  584 Castro Street #272 San Francisco, CA 94114	Informational website, also publishes a newsletter.  <i>Sitio web informativa, también publica un boletín.</i>
<b>Liver Health Connection</b>	1325 S. Colorado Blvd., B-302 Denver, CO 80222  1-800-522-HEPC  <a href="http://www.liverhealthconnection.org">www.liverhealthconnection.org</a>	An education, support, and prevention network for those affected by, or at risk for, hepatitis C; also publishes a monthly newsletter.  <i>Una red educacional, de apoyo, y prevención para aquellos afectados por, o a riesgo de la infección de la hepatitis C; también publica un boletín mensual.</i>

## Information and Resources for Hepatitis C *Información y recursos para la Hepatitis C*

### Publications & Information / *Publicaciones y información*

Name / Nombre	Contact / Contacto	Description / Descripción
<b>National Viral Hepatitis Roundtable (NVHR)</b>	1612 K Street NW, Suite 1202 Washington, DC 20006 (202) 506-1980  <a href="http://www.nvhr.org">www.nvhr.org</a> <a href="mailto:info@nvhr.org">info@nvhr.org</a>	National networking, partnership development and capacity-building to improve viral hepatitis programs.  <i>Red nacional, desarrollo y capacidad en asociación para el mejoramiento de los programas de la hepatitis viral.</i>
<b>Texas Department of State Health Services</b>	Infectious Disease Control Unit PO Box 149347, Mail code 1960 Austin, TX 78714-9347 (512) 776-7676  <a href="http://www.dshs.texas.gov/idcu/disease/hepatitis">www.dshs.texas.gov/idcu/disease/hepatitis</a>	Prevention and education information.  <i>Información sobre prevención y educación.</i>

## Home Assistance & Home Health Care *Asistencia y cuidado en el hogar*

Some people living with HIV need help at home. Fortunately, several types of assistance are available. For people who only need help with light housekeeping, homemakers can come to the home for free or for a small fee. For people who need personal care (help with bathing, etc.), home health aides and nurses are available. Sometimes a doctor's order is required.

*Algunas personas que viven con el VIH necesitan ayuda en casa. Afortunadamente, hay varios tipos de asistencia disponibles. Para las personas que sólo necesitan ayuda con la limpieza ligera, amas de casa pueden ir a la casa de forma gratuita o por una pequeña tarifa. Para las personas que necesitan atención personal (ayuda con el baño, etc.), hay ayudantes de salud en el hogar y enfermeras disponibles. A veces se requiere una orden médica.*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Citywide Home Healthcare</b>	(713) 660-6671	(C) Braeswood	All, Med, Ins, Workers Comp .....	<b>107</b>
<b>Metro Health Services</b>	(713) 777-9600	(SW) Westwood	Adults, Ins, Med, Appt req.....	<b>131</b>
<b>Reach Healthcare Services</b>	(713) 500-0000	(C) Bellaire	Adults, Ins, Private pay, Referral required.....	<b>138</b>

## Hospice Care / *Cuidado de Hospicio*

Hospice is a concept of care offered to terminally ill patients and their families. Hospice focuses on improving the quality of life when a cure is no longer possible. Hospice offers pain control, but does not take an active role in the treatment of HIV. Physician approval is needed for this service.

*El hospicio es un concepto que implica el cuidado de pacientes enfermos terminales y sus familiares. El enfoque es el de proveer calidad de vida cuando una cura ya no es posible. El hospicio ofrece control del dolor, pero no toma un papel activo en el tratamiento del VIH. La aprobación de un médico es necesaria para recibir este servicio.*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Avenue 360 Residential HIV Hospice and Medical Respite</b>	(713) 341-3780	(C) Montrose	<b>HIV+ only</b> , \$20 co-pay/day if above 100% FPL, Esp.....	<b>96</b>

## Housing and Emergency Shelters *Vivienda y Refugios de Emergencia*

The Houston area offers several housing options for persons living with HIV on a fixed income, as well as for those with families or special needs. These include subsidized apartments, group residential facilities, and transitional living centers. Such facilities are often available at very low cost. Certain agencies also provide rental and/or utility assistance in order to prevent homelessness or utility cut-offs (see Financial Assistance, page 35). As a last resort, a number of emergency shelters are located in the Houston area.

*El área de Houston ofrece varias opciones de vivienda para las personas que viven con el VIH con un ingreso fijo, así como para aquellos con familias o necesidades especiales. Estos incluyen apartamentos subvencionados, instalaciones residenciales de grupo, y centros de transición. Estas instalaciones están a menudo disponibles a un costo muy bajo. Ciertas agencias también proveen servicios de alquiler y/o servicios públicos para prevenir la falta de vivienda o los cortes de servicios (ver también Asistencia Financiera, página 35). Como último recurso, una serie de refugios de emergencia se encuentran en el área de Houston.*

### Housing Assistance / *Asistencia para la Vivienda*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
<b>211 Texas/United Way Helpline</b>	2-1-1	Statewide	All, Free, Over 150 languages, Esp...	<b>151</b>
<b>Access Care of Coastal Texas</b>	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp.....	<b>87</b>
<b>Avenue 360 Health and Wellness</b>	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp .....	<b>95</b>
<b>Brazoria County Center for Independent Living</b>	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins .....	<b>101</b>
<b>Brentwood Project WAITT (We're All In This Together)</b>	(713) 852-2551	(S) Central SW	All, Appt/Walk-in, Free, <b>HIV+ only</b> , CD, Food vouchers .....	<b>102</b>
<b>Catholic Charities HIV/AIDS Ministry</b>	(713) 874-6724	(C) Midtown	All, Free, Appt/Walk-ins, <b>HIV+ only</b> , I/RR, Immigrants, Lim, Esp .....	<b>103</b>
<b>City of Houston Community Re-Entry Program</b>	(832) 393-5467	(NE) Kashmere Gardens	Adults, I/RR, CD, Free, Walk-ins .....	<b>106</b>
<b>Fort Bend Center for Independent Living</b>	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins .....	<b>111</b>
<b>Harris County Housing and Community Resource Center</b>	(713) 578-2055	(C) Astrodome/ South Loop	All, Free, Esp .....	<b>115</b>
<b>Houston Area Women's Center</b>	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	<b>122</b>
<b>Houston Ctr for Independent Living</b>	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins .....	<b>122</b>
<b>Houston VA Medical Center</b>	(713) 791-1414	(C) Medical Center	Veterans, Walk-ins, Income-based eligibility, CD .....	<b>131</b>
<b>SEARCH Homeless Services</b>	(713) 739-7752	(C) Midtown	All, Free, I/RR, Walk-ins, Homeless only, Esp .....	<b>141</b>
<b>Triangle Area Network</b>	(409) 832-8338	(E) Beaumont	All, Appt/walk-ins, Esp.....	<b>150</b>

### Emergency Shelters / *Refugios de Emergencia*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
<b>Bay Area Homeless Services</b>	(281) 837-1654	(E) Baytown	Adults, Homeless, Free, Esp .....	<b>97</b>
<b>Bay Area Turning Point Crisis Shelter</b>	(281) 338-7600	(SE) Webster	W, Fam, Free, Appt req, Esp .....	<b>98</b>
<b>Bridge Over Troubled Waters Emergency Shelter</b>	(713) 472-0753	(SE)	All, W, Fam, Appt req, Free, Esp .....	<b>102</b>
<b>FamilyTime Crisis and Counseling Center</b>	(281) 446-2615	(N) Humble	All, Free, S\$, Appt req (walk-ins crisis only) .....	<b>111</b>
<b>Ft. Bend County Women's Center</b>	(281) 344-5750	(SW) Rosenberg	All, Free, Appt/walk-ins, Esp .....	<b>111</b>

## Housing & Emergency Shelters / *Vivienda y refugios de emergencia*

### Emergency Shelters / *Refugios de Emergencia*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins, CD .....	113
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	122
Magnificat Houses Miryam's Hostel	(713) 520-0461	(C) Downtown	W, Free, Walk-ins, CD, I/RR, Homeless, Lim, Esp .....	129
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req.....	133
Star of Hope Men's Development Center	(713) 227-8900	(C) Downtown	M, Walk-ins, Homeless, Lim, Free, CD .....	146
Star of Hope Women and Family Shelter	(713) 222-2220	(C) Second Ward	W, Fam, Lim, Free, Esp .....	147

### Long Term Housing / *Vivienda de Largo Plazo*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
A Caring Safe Place	(713) 225-5441	(C) Fifth Ward	M (18+), Homeless, Appt req, <b>HIV+ only</b> , CD .....	87
AIDS Foundation Houston	(713) 623-6796	Various	All, Fam, <b>HIV+ only</b> , Homeless, I/RR, Disabled S\$, Lim .....	90
Change Happens! Rescue in Motion	(713) 374-1222	(C) Third Ward	Adult homeless/disabled women, Appt req .....	106
Change Happens! Rescue in Motion 4-Him	(713) 374-1234	(C) Third Ward	Adult homeless/disabled men, Appt req .....	106
Corder Place Apartments	(713) 741-4070	(SE) OST/South Union	M, W, Fam, I/RR, <b>HIV+ household member</b> , Homeless, CD, S\$ .....	107
Covenant House Texas	(713) 523-2231	(C) Montrose	Ages 18-21, Free, Walk-ins, Parenting/pregnant moms, Esp .....	107
San Jacinto Apartments	(713) 650-0306	(C) Downtown	Adults, <b>HIV+ only</b> , Disabled.....	141
SEARCH Homeless Services	(713) 739-7752	(C) Midtown	All, Free, I/RR, Walk-ins, CD, Homeless only, Esp.....	141
CEF Swehla House	(713) 528-0037	(C) Montrose	M, W, S\$, Appt req, <b>HIV+ only</b> .....	107

### Short Term Housing / *Vivienda temporal*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Covenant House Texas	(713) 523-2231	(C) Montrose	Ages 18-21, Free, Walk-ins, Parenting/pregnant moms, Esp .....	107
Harmony Health Recovery Center	(713) 221-6200	(C) Downtown	M, Free, Lim, Homeless .....	115
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req.....	133
San Jacinto Apartments	(713) 650-0306	(C) Downtown	Adults, <b>HIV+ only</b> , Disabled.....	141
Star of Hope Transitional Living Center for Women & Families	(713) 748-7242	(C) MacGregor	W, Fam, Lim, Free, Esp .....	146

# Housing & Emergency Shelters / *Vivienda y refugios de emergencia*

## Transitional Housing / *Vivienda de transición*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>A Caring Safe Place</b>	(713) 225-5441	(C) Fifth Ward	M (18+), Homeless, Appt req, <b>HIV+ only</b> , CD .....	<b>87</b>
<b>Bay Area Homeless Services</b>	(281) 837-1654	(E) Baytown	Adults, Homeless, Free, Esp .....	<b>97</b>
<b>Buckner Family Pathways</b>	(936) 756-3639	(N) Conroe	Adults, Fam, Free, Appt req .....	<b>102</b>
<b>Good Shepherd Mission</b>	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins, CD .....	<b>113</b>
<b>Magnificat Houses, Inc.</b>	(713) 520-0461	(C) Midtown	M, W, S\$, Lim, Walk-ins, Esp .....	<b>128</b>
<b>Open Door Mission</b>	(713) 921-7520	(C) Second Ward	M, CD, Homeless, I/RR, Free, Appt req .....	<b>134</b>
<b>Santa Maria Hostel</b>	(713) 691-0900	(N) Eastex/Jensen	W, W/C only, I/RR, CD, Free, Appt req .....	<b>141</b>
<b>Star of Hope Men's Development Center</b>	(713) 227-8900	(C) Downtown	M, Walk-ins, Homeless, Lim, Free, CD .....	<b>146</b>
<b>Star of Hope Transitional Living Center for Women &amp; Families</b>	(713) 748-7242	(C) MacGregor	W, Fam, Lim, Free, Esp .....	<b>146</b>



Art by Kenneth



Art by Kenneth

# HOPWA (Housing Opportunities for People with AIDS) Funded Agencies

City of Houston Housing and Community Development (as of 08/17/17)

The Houston area offers several housing options for persons living with HIV on a fixed income, as well as for those with families or special needs. The agencies listed below receive HOPWA funds to provide the following housing and/or housing-related services:

*El área de Houston ofrece varias opciones de vivienda para las personas que viven con el VIH con un ingreso fijo, así como para aquellos con familias o necesidades especiales. Las agencias indicadas a continuación reciben fondos de HOPWA para proveer los siguientes servicios de vivienda y/o relacionados con la vivienda:*

**STRMU:** Short Term Rent, Mortgage, Utility Assistance Program

**TBRA:** Tenant Based Rental Assistance

**SS:** Supportive Services  
**CR:** Community Residences

Scan the list below to find an agency that provides the particular service that you need. Please see the next page for a full description of these services.

*Busque en la lista a continuación la agencia que provee el servicio particular que necesita. Por favor vea la próxima página para una descripción completa de estos servicios.*

## Agencies / Agencias

### **A Caring Safe Place (CR, SS)**

Two community residences which provide housing and supportive services for persons with chemical and/or alcohol dependency issues. (713) 225-5441

### **Access Care of Coastal Texas (STRMU, TBRA, SS)**

Short-term rent, mortgage and utility assistance and tenant-based rental assistance program with supportive services. (409) 763-2437

### **AIDS Foundation Houston (CR, SS)**

Four community residences with supportive services. (713) 623-6796

### **AAMA (SS)**

Supportive services program. (713) 926-9491

### **Avenue 360 Health & Wellness (STRMU, TBRA, SS)**

Short-term rent, mortgage and utility assistance and tenant-based rental assistance program with supportive services. (713) 341-3767

### **Brentwood Community Foundation (STRMU, CR, SS)**

Short-term rent, mortgage and utility assistance program, community residence and supportive services. (713) 852-1452

### **Catholic Charities of the Archdiocese of Galveston-Houston (STRMU, TBRA, SS)**

Short-term rent, mortgage and utility assistance and tenant-based rental assistance program with supportive services. (713) 874-6589

### **Corder Place Apartments (CR, SS)**

Community residence with supportive services. (713) 741-4070

### **Goodwill Industries of Houston (SS)**

Supportive services job training program. (713) 590-3123

### **Houston SRO Housing Corporation (CR, SS)**

Community residence and supportive services for homeless veterans. (713) 526-9470

### **Houston Volunteer Lawyers (SS)**

Legal services program, which provides counsel and advice on civil matters including housing, family law, public benefits, disability, employment and discrimination. (713) 228-0735, Ext 121

### **Montrose Center (STRMU, TBRA, SS)**

Short-term rent, mortgage and utility assistance and tenant-based rental assistance program with supportive services. (713) 529-0037

### **SEARCH Homeless Services (SS)**

Childcare and early childhood education to children between the ages of 12 months and six years. Provides case management and education. (713) 739-7752

The eligibility requirements for HOPWA services are very basic, but some agencies may have additional restrictions placed on them by other funding sources that are more stringent. To be eligible you must:

1. Meet the definition of low to medium income; resources of 50% or below for TBRA and CR;
2. Have an HIV diagnosis; and
3. Live in one of the following ten counties: Austin, Brazoria, Chambers, Ft Bend, Galveston, Harris, Liberty, Montgomery or Waller.

**Please check with the service provider for additional eligibility requirements, restrictions and limitations.**

*Los requisitos para elegibilidad a los servicios HOPWA son muy básicos, pero algunas agencias puede que tengan restricciones adicionales exigidas por otras fuentes financieras que son más estrictas. Para ser elegible usted debe:*

1. *Cumple la definición de ingreso bajo a medio; recursos de 50% o menos para TBRA y CR;*
2. *Estar diagnosticado con el VIH; y*
3. *Vivir en uno de los diez siguientes condados: Austin, Brazoria, Chambers, Fort Bend, Galveston, Harris, Liberty, Montgomery o Waller.*

***Por favor hable con el proveedor para conocer de requisitos, restricciones y limitaciones adicionales.***



# HOPWA (Housing Opportunities for People with AIDS) Funded Agencies

City of Houston Housing and Community Development (as of 08/17/17)

## Service Descriptions / Descripción de los servicios

### Short Term Rent, Mortgage, Utility Assistance Program (STRMU):

STRMU will pay an eligible client's rent, mortgage and/or utility payments for up to 21 weeks in a 52-week period.

These funds are NOT used to support:

- \* Move-in Deposits
- \* Security and credit checks
- \* Move-in supplies, furniture, minor repairs, etc.
- \* Emergency shelter vouchers for hotel or motel.

Rent and utility payments are made to the owner or management of the property.

*Programa de asistencia de corto plazo para la renta, la hipoteca, y los servicios públicos (STRMU):*

*STRMU pagará la renta, la hipoteca y/o los servicios públicos por 21 semanas en un periodo de 52 semanas.*

*Estos fondos NO asisten con:*

- \* *Depósito inicial para la renta*
- \* *Comprobaciones de seguridad y crédito*
- \* *Pagos para provisiones, muebles, reparaciones, etc.*
- \* *Emergencia de refugio a hotel o motel.*

*Los pagos de la renta y servicios públicos se entregan al dueño o administrador de la propiedad.*

### Tenant Based Rental Assistance (TBRA):

TBRA will pay for rent or utility for 12 to 24 months at a location determined by the client.

Locations must:

- \* Meet Housing Quality Standards established by HUD/HCD; and
- \* Cost of rent must meet federal median income

Rent and utility payments are made to the owner or management of the property.

*Asistencia para la renta al arrendatario (TBRA):*

*TBRA pagará para la renta o los servicios públicos (luz, etc.) por 12 a 24 meses. El cliente determina la ubicación de la vivienda que debe:*

- \* *Cumplir con el estándar de calidad de vivienda establecido por HUD/HCD; y*
- \* *Costo de renta debe cumplir con el ingreso federal del punto medio*

*Los pagos de la renta y servicios públicos se entregan al dueño o administrador de la propiedad.*

### Supportive Services (SS):

All agencies that receive HOPWA funds offer supportive services in establishing permanent housing to eligible clients. Each agency provides different supportive services including child care, case management, housing counseling, professional counseling, nutritional services, etc.

*Servicios de apoyo (SS):*

*Todas las agencias que reciben fondos de HOPWA ofrecen servicios de apoyo a los clientes elegibles para establecerse en una vivienda permanente. Cada agencia provee diferentes servicios de apoyo incluyen cuidado de los niños, administración de casos, consejería profesional, servicios nutricionales, etc.*

**Community Residences (CR):** Community residences provided through an agency. Contact the agencies providing CR for information on services.

Currently existing residences focus on:

- \* Single men/Substance abuse
- \* Single women/Substance abuse
- \* Women and Children
- \* Recently released men/women

*Residencias comunitarias (CR):* Estas son proveídas por medio de una agencia. Póngase en contacto con las agencias que proveen CR para mayor información. Actualmente, las residencias existentes sirven a:

- \* *Hombres solteros/abuso de sustancias*
- \* *Mujeres solteras/abuso de sustancias*
- \* *Mujeres y sus niños/niñas*
- \* *Hombres/mujeres recientemente liberado de la prisión*



Most agencies have limited funding for the services they offer. If you need additional resources, please call the United Way Helpline at 2-1-1, (713) 957-HELP (4357). The Helpline is available 24 hours a day and is offered in over 150 languages. If you would like to email your inquiry to the helpline, you may do so at [help@unitedwayhouston.org](mailto:help@unitedwayhouston.org).

You can search the United Way Community Resource Database online at: <http://referral.uwtgc.org/>. The database gives the option to search by zip code, service category, agency or program name and key word.

## Information & Hotlines / *Líneas de información y ayuda*

Information and referral lines provide information on specific services or answer questions about HIV and related health issues. The calls are free and anonymous and the lines usually operate only during business hours. Hotlines offer information or assistance during a crisis and usually operate 24 hours a day, seven days a week.

*Las líneas de información y ayuda proporcionan información sobre servicios específicos o responden a preguntas sobre el VIH y los problemas de salud relacionados. Las llamadas son gratuitas y anónimas y las líneas normalmente funcionan sólo durante las horas de oficina. Las líneas de ayuda ofrecen información o asistencia durante una crisis y normalmente operan las 24 horas del día, los siete días de la semana.*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>211 Texas/United Way Helpline</b>	2-1-1	Statewide	All, Free, Over 150 languages, Esp ..	<b>151</b>
<b>Access Care of Coastal Texas</b>	(409) 763-2437	(SE) Galveston	All, Free, Esp .....	<b>87</b>
<b>AIDSinfo / infoSIDA</b>	(800) 448-0440	National	All, Free, Esp .....	<b>92</b>
<b>Alzheimer's Association</b>	(713) 314-1313	(C) Medical Center	Adults .....	<b>92</b>
<b>Bay Area Council on Drugs and Alcohol</b>	(281) 212-2900	(SE) Clear Lake	All, CD .....	<b>97</b>
<b>Bridge Over Troubled Waters</b>	(713) 472-0753	(SE)	All, Fam, Free, Esp .....	<b>102</b>
<b>The Center for AIDS at Legacy</b>	(713) 527-8219	(C) Montrose	All, Free, Esp .....	<b>126</b>
<b>City of Houston Office of Veteran Affairs</b>	(832) 393-0992	(C) Downtown	Veterans and their families, Free, Esp .....	<b>107</b>
<b>Crisis Intervention of Houston</b>	(713) HOTLINE	All	All, Esp .....	<b>108</b>
<b>Crisis Intervention - Spanish</b>	(713) 47-AYUDA	All	All, Esp .....	<b>108</b>
<b>Crisis Intervention - Teens</b>	(713) 524-TEEN	All	All, Esp .....	<b>108</b>
<b>FamilyTime Crisis and Counseling Center</b>	(281) 446-2615	(N) Humble	All, Free .....	<b>111</b>
<b>Harris County Housing and Community Resource Center</b>	(713) 578-2055	(C) Downtown	All, Free, Esp .....	<b>115</b>
<b>Houston Area Women's Center</b>	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp .....	<b>122</b>
<b>Houston COMPASS, Inc.</b>	(713) 229-8319	(C) Downtown	All, Free .....	<b>122</b>
<b>LGBT Switchboard Houston</b>	(713) 529-3211	(C) Montrose	All, Free .....	<b>127</b>
<b>National Alliance on Mental Illness (NAMI)</b>	(713) 970-4419	(C) Montrose	All, Free, Esp .....	<b>132</b>
<b>Northwest Assistance Ministries</b>	(281) 885-4673	(N) Bammel	Fam, Free .....	<b>133</b>
<b>PFLAG Houston</b>	(713) 467-3524	(C) Hermann Park	All, Free .....	<b>136</b>
<b>Ryan White Planning Council</b>	(713) 572-3724	(C) Galleria/ Post Oak	All, Free .....	<b>139</b>
<b>Social Security Administration</b>	(800) 772-1213	National	All, Free .....	<b>144</b>
<b>Texas Abuse Hotline</b>	(800) 252-5400	Statewide	All, Free, Esp .....	<b>148</b>
<b>Texas Child Care Information</b>	(800) 862-5252	Statewide	All, Free, Esp .....	<b>147</b>
<b>Texas Youth &amp; Runaway Hotline</b>	(800) 989-6884	Statewide	C, Y, Fam, Free, Esp .....	<b>148</b>

## Insurance Premium & Co-pay Assistance *Prima de Seguro y Asistencia del Copago*

Many people living with HIV are not fortunate enough to have health insurance. And, sadly, many others lose their insurance coverage because they cannot afford the premiums, co-pays or deductibles. The agencies listed below may be able to help pay your insurance costs and will answer your questions about COBRA benefits and keeping your insurance.

*Muchas personas que viven con el VIH no tienen la suerte de tener un seguro de salud. Y, lamentablemente, muchos otros pierden su cobertura de seguro porque no pueden pagar las primas, copagos o deducibles. Las agencias indicadas a continuación pueden ayudarle a pagar sus costos de seguro y contestarán sus preguntas sobre los beneficios de COBRA y el mantenimiento de su seguro.*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Access Care of Coastal Texas</b>	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Esp.....	<b>87</b>
<b>Legacy Montrose Clinic</b>	(832) 548-5100	(C) Montrose	M, W, Appt req, <b>HIV+ only</b> , Esp.....	<b>126</b>
<b>Saint Hope Foundation Bellaire</b>	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp.....	<b>139</b>
<b>Saint Hope Foundation Conroe</b>	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp.....	<b>140</b>
<b>Saint Hope Foundation Greenspoint</b>	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp.....	<b>140</b>
<b>Saint Hope Foundation Sugar Land</b>	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins.....	<b>140</b>
<b>Saint Hope Foundation Texas City</b>	(832) 431-5162	(SE) Texas City	M, W, CD, I/RR, S\$, Med, Ins.....	<b>141</b>

## Affordable Care Act: Assistance with the Health Insurance Marketplace *La Ley Del Cuidado de Salud Asequible: Cómo Obtener Ayuda con el Mercado de Seguro de Salud*

**If you are a client at a Ryan White funded agency:** Speak with your case manager. If you do not have a case manager, tell the receptionist that you want to talk with someone about signing up for health insurance.

**If you do not go to a Ryan White funded agency and do not have a case manager:** You can go to any federally qualified health center (FQHC) and ask to speak with someone about signing up for the healthcare Marketplace. All FQHCs have staff that is trained to assist anyone who needs assistance, you do not need to be a patient at that clinic.

For locations and contact information, please see the following:

AccessHealth	Pg 88
Avenue 360 Health and Wellness	Pg 95
Bee Busy	Pg 100
Change Happens!	Pg 105
HHS Thomas Street Health Center	Pg 120
Legacy Community Health	Pg 125
Montrose Center	Pg 131
Saint Hope Foundation	Pg 139

**Si usted es un cliente con una agencia financiada por Ryan White:** Hable con su administrador de casos. Si usted no tiene un administrador de casos, dígame a la recepcionista que usted quiere hablar con alguien sobre inscribirse en un seguro de salud.

**Si no eres en una agencia financiada por Ryan White y no tienen un administrador de casos:** Usted puede ir a cualquier centro de salud federalmente calificado (FQHC) y pida hablar con alguien en inscribirse en el mercado de la salud. Todos los FQHC tienen personal que está capacitado para ayudar a cualquier persona que necesite ayuda, no es necesario ser un paciente en la clínica.

Para ubicaciones e información de contacto, por favor vea la siguiente:

AccessHealth	Pg 88
Avenue 360 Health and Wellness	Pg 95
Bee Busy	Pg 100
Change Happens!	Pg 105
HHS Thomas Street Health Center	Pg 120
Legacy Community Health	Pg 125
Montrose Center	Pg 131
Saint Hope Foundation	Pg 139

## Legal Services & Advocacy | Servicios Legales y Defensa

Free or very low cost legal services are available to people living with HIV in the Houston area. One of the most important services provided is help completing legal documents such as wills, powers of attorney, directives to physicians ("living wills") and burial directives. Nobody likes to think about such documents when they are feeling well, but having them completed in advance can prevent a lot of confusion and distress. Assistance with other types of legal needs, such as family issues, obtaining disability benefits, discrimination and immigration, is also available. Civil and criminal matters generally are not.

Los servicios legales gratuitos o de muy bajo costo están disponibles para las personas que viven con el VIH en el área de Houston. Uno de los servicios más importantes es ayudar a completar documentos legales como testamentos, cartas poder, directivas a los médicos ("testamentos en vida") y directivas de entierro. A nadie le gusta pensar en esos documentos cuando se sienten bien, pero tenerlos completados de antemano puede evitar mucha confusión y angustia. También está disponible asistencia con otros tipos de necesidades legales, tales como asuntos familiares, obtención de beneficios por discapacidad, discriminación e inmigración. Generalmente, las cuestiones civiles y penales no lo están.

### Legal Services | Servicios Legales

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Houston Lawyer Referral Service</b>	(713) 237-9429	(C) Downtown	M, W, S\$, Esp.....	<b>123</b>
<b>Houston Volunteer Lawyers AIDS Project</b>	(713) 228-0735	(C) Downtown	M, W, Fam, Free, Esp, <b>HIV+ only</b> , Filing fees if required by court.....	<b>123</b>

### Advocacy / Defensa

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Aid to Victims of Domestic Abuse</b>	(713) 224-9911	(C) Downtown	All, S\$, Walk-ins, Esp .....	<b>89</b>
<b>Brazoria Co. Center for Independent Living</b>	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins .....	<b>101</b>
<b>Bridge Over Troubled Waters</b>	(713) 472-0753	Southeast	All, W, Fam, Appt req, Free, Esp .....	<b>102</b>
<b>Disability Rights Texas</b>	(713) 974-7691	(C) Midtown	All, Fam, Appt req, Free .....	<b>110</b>
<b>Ft. Bend Center for Independent Living</b>	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins .....	<b>111</b>
<b>Healthways Services</b>	(713) 996-9200	(NW) Fairbanks/ Northwest Crossing	All, Free, S\$, Flat, Ins, Appt req .....	<b>121</b>
<b>Houston Area Women's Center</b>	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	<b>122</b>
<b>Houston Center for Independent Living</b>	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins .....	<b>122</b>

### Immigration | Inmigración

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Memorial Assistance Ministries</b>	(713) 468-4516	(W) Spring Branch	All, Free, Esp .....	<b>130</b>

## Medical Equipment / Equipo Médico

The agencies listed below may be able to help you get items such as wheelchairs, walkers, canes and potty chairs. These items also may be available through your home health company if you have Medicare or private insurance.

*Estas agencias podrán ayudarlo a conseguir silla de rueda, andador, bastón y otros artículos. También pueden ser obtenidos por medio de la compañía que le brinda servicios de salud en la casa si tiene Medicare o un seguro privado.*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Access Care of Coastal Texas</b>	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp.....	<b>87</b>
<b>Metro Health Services</b>	(713) 777-9600	(SW) Westwood	All, Ins, Med, Appt req.....	<b>131</b>
<b>Southside Infusion-DME</b>	(713) 660-8888	(B) Braeswood	All, Med, Ins, Wkr Comp, Esp.....	<b>145</b>

## Mental Health Services / Servicios de Salud Mental

People living with HIV may feel alone, depressed, confused or even guilty. Sometimes professional help is needed to sort out these emotions. Individual, couple and group counseling is available for people living with HIV and their loved ones. These services are frequently free of charge, low cost or based on the client's income. Many hospitals and clinics also provide inpatient and outpatient psychiatric services.

NOTE: The Texas Department of Family and Protective Services has a 24-hour toll free hotline to report abuse, neglect or exploitation in Mental Health facilities in Texas: (800) 647-7418.

**Please see page 77 for Support Group listings.**

*Las personas que viven con el VIH pueden sentirse solas, deprimidas, confundidas o incluso culpables. A veces se necesita ayuda profesional para resolver estas emociones. El asesoramiento individual, en pareja y en grupo está disponible para las personas que viven con el VIH y sus seres queridos. Estos servicios suelen ser gratuitos, de bajo costo o basados en los ingresos del cliente. Muchos hospitales y clínicas también ofrecen servicios psiquiátricos para pacientes hospitalizados y ambulatorios.*

NOTA: El Departamento de Servicios Familiares y de Protección de Texas tiene una línea telefónica gratuita de 24 horas para reportar abuso, negligencia o explotación en establecimientos de salud mental en Texas: (800) 647-7418.

**Por favor vea la página 77 para los listados de Grupos de Apoyo.**

### Counseling / Consejería

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>3 "A" Bereavement Foundation (3ABF)</b>	(713) 649-3232	(SE) OST/South Union	All, Income-based eligibility, Free, Esp.....	<b>87</b>
<b>AccessHealth Brookshire</b>	(281) 822-4235	(W) Brookshire	All, Walk-ins, S\$, Med, Ins, CHIP, Esp.....	<b>88</b>
<b>AccessHealth Missouri City</b>	(281) 969-1800	(SW) Missouri City	All, Walk-ins, S\$, Med, Ins, CHIP, Esp.....	<b>88</b>
<b>AccessHealth Richmond</b>	(281) 342-4530	(SW) Richmond	Adults, <b>HIV+ only</b> , S\$, Med, Ins, CHIP, Ryan White, Esp.....	<b>88</b>
<b>Ambassadors for Christ Youth Ministries</b>	(281) 536-5475	(W) Uptown	Y, Homeless, Appt/walk-ins, Esp.....	<b>93</b>
<b>Avenue 360 Health and Wellness</b>	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp.....	<b>95</b>
<b>Bridge Over Troubled Waters</b>	(713) 472-0753	(SE)	All, Fam, Appt req, Free, Esp.....	<b>102</b>
<b>Catholic Charities HIV/AIDS Ministry</b>	(713) 874-6724	(C) Midtown	<b>HIV+ only</b> , Free, Appt req, Esp.....	<b>103</b>
<b>Change Happens! Rescue in Motion</b>	(713) 374-1225	(C) Third Ward	Adult homeless/disabled women, Appt req.....	<b>106</b>
<b>Change Happens! Rescue in Motion 4-Him</b>	(713) 374-1234	(C) Third Ward	Adult homeless/disabled men, Appt req.....	<b>106</b>

## Mental Health Services / Servicios de salud mental

### Counseling / Consejería

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>City of Houston Community Re-Entry Program</b>	(832) 393-5467	(NE) Kashmere Gardens	Adults, I/RR, CD, Free, Walk-ins .....	<b>106</b>
<b>DAPA Psychiatric and Substance Abuse Programs</b>	(713) 783-8889	(NW) Fairbanks/ Northwest Crossing	M, W, CD, Med, Ins, Lim, Appt req....	<b>109</b>
<b>FamilyTime Crisis and Counseling Center</b>	(281) 446-2615	(N) Humble	All, Free, S\$, Appt req (walk-ins crisis only) .....	<b>111</b>
<b>Ft. Bend County Women's Center</b>	(281) 344-5750	(SW) Rosenberg	M, W, Y, Fam, Free, Appt/ walk-ins, Esp .....	<b>111</b>
<b>Global Counseling and Testing</b>	(832) 244-8769	(SW) Sugar Land	All, Cash pay, Appt req .....	<b>113</b>
<b>Good Shepherd Mission</b>	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins, CD .....	<b>113</b>
<b>HHS Thomas Street Health Center</b>	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Appt/walk-ins, Esp .....	<b>120</b>
<b>Healthways Services</b>	(832) 722-2085	(NW) Fairbanks/ Northwest Crossing	All, Free, S\$, Flat, Ins, Appt req .....	<b>121</b>
<b>Houston Area Women's Center</b>	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp .....	<b>122</b>
<b>Jewish Family Service</b>	(713) 667-9336	(C) Meyerland	All, S\$, Ins, Appt req .....	<b>124</b>
<b>Legacy Baker-Ripley Clinic</b>	(713) 351-7350	(SW) Gulfton	All, Fam, S\$, Ins, Med, Esp .....	<b>125</b>
<b>Legacy Bissonnet Clinic</b>	(281) 498-6100	(SW) Alief	All, S\$, Ins, Med, CHIP, Esp .....	<b>125</b>
<b>Legacy Lyons Campus</b>	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp .....	<b>126</b>
<b>Legacy Mapleridge Clinic</b>	(713) 779-7200	(SW) Gulfton	All, Fam, S\$, Ins, Med, Esp .....	<b>126</b>
<b>Legacy Montrose Campus</b>	(832) 548-5100	(C) Montrose	All, S\$, Ins, Med, CHIP, Esp .....	<b>126</b>
<b>Legacy San Jacinto Campus</b>	(281) 420-8400	(E) Baytown	All, S\$, Ins, Med, CHIP, Esp .....	<b>127</b>
<b>Legacy South Park Campus</b>	(409) 242-2525	(E) Beaumont	All, S\$, Ins, Med, CHIP, Appt/ walk-ins, Esp .....	<b>127</b>
<b>Legacy Southwest Campus</b>	(713) 779-6400	(SW) Gulfton	W, C, S\$, Med, Ins, Esp .....	<b>127</b>
<b>Memorial Assistance Ministries</b>	(713) 468-4516	(W) Spring Branch	All, Free, Esp .....	<b>130</b>
<b>Montrose Center</b>	(713) 529-0037	(C) Montrose	All, I/RR, Free, Walk-ins, CD .....	<b>131</b>
<b>National Alliance on Mental Illness (NAMI)</b>	(713) 970-4419	(C) Montrose	All, I/RR, Homeless, Free, Esp .....	<b>132</b>
<b>Northshore Counseling Center</b>	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, Appt req, I/RR, CD, Esp .....	<b>133</b>
<b>Northwest Assistance Ministries</b>	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req .....	<b>133</b>
<b>Pet Bereavement Counseling Services</b>	(713) 522-8344	(C) Greenway/ Upper Kirby	Not specified .....	<b>136</b>
<b>Presbyterian Children's Home &amp; Services</b>	(713) 490-9570	(W) Memorial	All, Free .....	<b>137</b>
<b>Presbyterian Children's Home &amp; Services</b>	(713) 721-2908	(SW) Willow Meadows/Willow Bend	All, Free .....	<b>137</b>
<b>Saint Hope Foundation Bellaire</b>	(713) 839-7111	(C) Bellaire	M, W, CD, I/RR, S\$, Med, Ins .....	<b>139</b>
<b>Saint Hope Foundation Conroe</b>	(936) 441-2440	(N) Conroe	M, W, CD, I/RR, S\$, Med, Ins .....	<b>140</b>
<b>Saint Hope Foundation Greenspoint</b>	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp .....	<b>140</b>

## Counseling / *Consejería*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
Saint Hope Foundation Sugar Land	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins .....	140
Santa Maria Hostel	(713) 691-0900	(N) Eastex/Jensen	W, W/C only, I/RR, CD, Free, Appt req.....	141
Texas Prevention Network	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Ins, Appt/walk-ins.....	149
Texas Youth and Runaway Hotline	(800) 989-6884	Statewide	C, Y, Fam, Free, Esp.....	148
Triangle Area Network	(409) 832-8338	(E) Beaumont	M, W, Fam, I/RR, <b>HIV+ only</b> , Free, S\$, Med, Ins, Esp.....	150
UTMB Health Ryan White Program	(409) 772-2222	(SE) Galveston	Adults, S\$, Appt/walk-ins, Ins, Med, Esp.....	152

## Inpatient / *Paciente interno*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
DAPA Acute Inpatient Program (AIP)	(713) 783-8889	(N) Cypress Station	M, W, Fam, CD, I/RR .....	109
DAPA Psychiatric and Substance Abuse Programs	(713) 783-8889	(NW) Fairbanks/ Northwest Crossing	M, W, CD, Med, Ins, Lim, Appt req....	109

## Outpatient / *Paciente externo*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
DAPA Partial Hospital Program	(281) 893-7200	(NW) Fairbanks/ Northwest Crossing	M, W, Fam, CD, I/RR.....	109

## Miscellaneous Services / *Servicios Misceláneos*

The following agencies offer a variety of services that either don't fit into any of the other categories or are unique enough to deserve special notice. Browse the list to find a program you might be interested in.

*Estas agencias ofrecen una variedad de servicios que no caben dentro de otras categorías o dan servicios especializados. Revise la lista para encontrar el programa que le interese.*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
211 Texas/United Way Helpline	2-1-1	Statewide	All, Free, Over 150 languages, Esp...	151
Alzheimer's Association	(713) 314-1313	(C) Medical Center	Adults, S\$ .....	92
Casa de Esperanza de los Niños	(713) 529-0639	(C) Medical Center	C, Free, Esp .....	103
City of Houston Community Re-Entry Network Program	(832) 393-5467	(NE) Kashmere Gardens	Adults, I/RR, CD, Free, Walk-ins .....	106
Houston Humane Society Paw Prints	(713) 433-6421	(S)	<b>HIV+ only</b> , Flat fee, Appt req, Esp ....	123
Houston Regional HIV/AIDS Resource Group	(713) 526-1016	(C) Montrose	All, Free.....	123
LIVE Consortium	(713) 861-5483	All	M, W, Free.....	127
Magnificat Houses Saint Joseph House	(713) 523-5958	(C) Midtown	Adults, Free, Walk-ins .....	129
Methodist Children's Home	(713) 682-8911	(NW) Oak Forest/ Garden Oaks	S\$, Appt req, CD .....	131
PAWS Houston	(713) 840-7297	(C) Afton Oaks	All, Free, S\$, Lim.....	136

## Miscellaneous Services / Servicios misceláneos

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Pet Bereavement Counseling Services</b>	(713) 522-8344	(C) Greenway/ Upper Kirby	Not specified.....	<b>136</b>
<b>Pet Patrol</b>	(281) 733-7696	All	All (low income & disabled), Free, S\$, Appt req.....	<b>136</b>
<b>Ryan White Planning Council</b>	(713) 572-3724	(C) Galleria/ Post Oak	All, Free.....	<b>139</b>

## Nutrition & Wellness / Nutrición y Bienestar

Wellness is the concept of building and maintaining health through a holistic (total) approach, considering not just the physical aspects of health, but also a healthy balance of the mind, body and spirit that results in an overall feeling of well-being. Proper nutrition is an important part of wellness. There are many free classes available where you can learn more about improving your nutrition and health.

*El bienestar es el concepto de construir y mantener la salud a través de un enfoque holístico (total), teniendo en cuenta no sólo los aspectos físicos de la salud, sino también un equilibrio saludable de la mente, el cuerpo y el espíritu que resulta en una sensación general de bienestar. La nutrición adecuada es una parte importante del bienestar. Hay muchas clases gratuitas disponibles donde usted puede aprender más sobre cómo mejorar su nutrición y salud.*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Access Care of Coastal Texas</b>	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp .....	<b>87</b>
<b>AccessHealth Missouri City</b>	(281) 969-1800	(SW) Missouri City	All, Walk-ins, S\$, Med, Ins, CHIP, Esp .....	<b>88</b>
<b>AccessHealth Richmond</b>	(281) 342-4530	(SW) Richmond	Adults, <b>HIV+ only</b> , S\$, Med, Ins, CHIP, Ryan White, Esp .....	<b>88</b>
<b>AIDS Foundation Houston Stone Soup</b>	(713) 623-6796	(SW) Mid West	All, Appt req, Lim.....	<b>91</b>
<b>Harris County WIC Program</b>	(713) 407-5800	Various	C (0-5 yrs), Pregnant, postpartum & breastfeeding women, Free (based on income), Esp .....	<b>117</b>
<b>HHS Aldine Health Center</b>	(281) 985-7600	(NE) Aldine	All, Fam, Free, S\$, Med, Walk-ins .....	<b>119</b>
<b>HHS Thomas Street Health Center</b>	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Appt/Walk-in, Esp .....	<b>120</b>
<b>Lazarus House: A Center for Wellness</b>	(713) 526-5071	(C) Midtown	All, Flat fee, Ltd scholarships.....	<b>125</b>
<b>Legacy Lyons Campus</b>	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp .....	<b>126</b>
<b>Legacy Montrose Campus</b>	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp .....	<b>126</b>
<b>Legacy Southwest Campus</b>	(713) 779-6400	(SW) Gulfton	W, C, S\$, Med, Ins, Esp .....	<b>127</b>
<b>Saint Hope Foundation Bellaire</b>	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp.....	<b>139</b>
<b>Saint Hope Foundation Conroe</b>	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp.....	<b>140</b>
<b>Saint Hope Foundation Greenspoint</b>	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp.....	<b>140</b>
<b>Saint Hope Foundation Sugar Land</b>	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins .....	<b>140</b>



## Pharmacies / Farmacias

All of the pharmacies listed below accept Texas HIV Medication Program (also known as ADAP) assignments as of July 2017 (see *IMPORTANT RESOURCES*, page 5). They are listed in order by zip code.

Pharmacies participating in the Texas HIV Medication Program (THMP) are no longer allowed to charge a \$5 fee per prescription. If you are charged for medication dispensed through the ADAP program, or denied medication because you cannot afford to pay the fee, please contact the THMP toll free at 1-800-255-1090.

Go to [www.dshs.texas.gov/hivstd/meds/pharmacy.shtm](http://www.dshs.texas.gov/hivstd/meds/pharmacy.shtm) for the most up-to-date information.

*Todas las farmacias enlistadas abajo aceptan el Programa de Medicamentos del VIH de Texas (también conocida como ADAP) asignadas a partir de julio 2017 (también vea LOS RECURSOS IMPORTANTES, página 5). Estos se encuentran por orden de código postal.*

*Las farmacias que participan en el Programa de Medicamentos del VIH de Texas (THMP) Ya no es permitido que las farmacias cobren \$5 por cada prescripción. Si se le cobra por medicamento provee a través del programa ADAP, o si se le niega medicamento debido a que no puede pagar, por favor póngase en contacto con THMP llamando gratis al 1-800-255-1090.*

Favor diríjase a [www.dshs.texas.gov/hivstd/meds/pharmacy.shtm](http://www.dshs.texas.gov/hivstd/meds/pharmacy.shtm) para más información al corriente.

ID #	Pharmacy Name / Nombre de Farmacia	Phone / Teléfono	Address / Dirección
630	CVS/pharmacy #5968	(713) 982-5527	402 Gray Street; Houston 77002
585	Medical Plaza Pharmacy	(713) 654-4137	2101 Crawford Street, Suite 101; Houston 77002
458	St. Joseph Professional Pharmacy	(713) 659-3030	2000 Crawford Street, Suite 104; Houston 77002
148	Amex Pharmacy	(713) 237-9301	3030 Canal Street ; Houston 77003
46	Memorial Compounding Pharmacy	(713) 523-7847	2918 San Jacinto Street; Houston 77004
480	Park Plaza Pharmacy	(713) 524-2828	1213 Hermann Drive, Suite 140; Houston 77004
832	Southside Pharmacy II	(832) 553-1315	1200 Binz Street, Suite 200; Houston 77004
386	CVS/pharmacy #7479	(713) 522-3983	6011 Kirby Drive; Houston 77005
577	CVS/pharmacy #7162	(713) 807-8491	1003 Richmond Avenue; Houston 77006
36	Kroger Pharmacy #243	(713) 526-1239	3300 Montrose Blvd.; Houston 77006
616	Walgreen's Pharmacy #15277	(713) 524-3494	1415 California Street; Houston 77006
307	Walgreen's Pharmacy #3157	(713) 520-7777	3317 Montrose Blvd.; Houston 77006
766	Walgreen's Pharmacy #9808	(713) 529-2969	2612 Smith Street; Houston 77006
664	CVS/pharmacy #17181 at Target	(713) 331-0377	2580 Shearne; Houston 77007
764	Walgreen's Pharmacy #6857	(713) 863-7663	950 Studemont Street; Houston 77007
735	Avenue 360 Pharmacy	(832) 384-1423	2150 W 18 <sup>th</sup> Street, Suite 300-B; Houston 77008
620	Heights-Studewood Pharmacy	(713) 869-2225	427 W 20 <sup>th</sup> Street, Suite 105; Houston 77008
67	Thomas Street Health Center Pharmacy	(713) 873-4192	2015 Thomas Street; Houston 77009
652	Wallis Pharmacy	(281) 457-3838	5620 E. Sam Houston Parkway N.; Houston 77015
667	Azteca Pharmacy	(713) 644-3600	3100 Broadway Street, Suite 105-F; Houston 77017
594	CVS/pharmacy #5910	(713) 884-4040	4150 N. Shepherd Drive; Houston 77018
103	Northwest Health Center Pharmacy	(713) 842-4324	1100 W. 34 <sup>th</sup> Street; Houston 77018
316	Walgreen's Pharmacy #3735	(713) 526-3621	1919 W. Gray Street; Houston 77019
714	Cullen Care Pharmacy	(713) 747-2100	5751 Blythewood Street, Suite 300; Houston 77021
533	CVS/pharmacy #16769 at Target	(713) 300-0228	984 Gessner Road; Houston 77024
613	CVS/pharmacy #6726	(713) 957-7500	8201 Katy Freeway; Houston 77024
676	Walgreen's Pharmacy #11752	(713) 827-0146	915 Gessner Road, Suite 200; Houston 77024
675	Walgreen's Pharmacy #13142	(713) 468-4040	929 Gessner Road, Suite 100; Houston 77024
507	CVS/pharmacy #16676 at Target	(713) 661-8213	8500 Main Street; Houston 77025
422	CVS/pharmacy #2988	(713) 386-1093	4755 Westheimer Road; Houston 77027
830	DNA Pharmacy at Fiesta	(713) 633-3362	9419 Mesa Road; Houston 77028

## Pharmacies / Farmacias

ID #	Pharmacy Name / Nombre de Farmacia	Phone / Teléfono	Address / Dirección
452	CVS/pharmacy #5833	(713) 218-2180	2266 W Holcombe Blvd.; Houston 77030
622	Southside Pharmacy	(713) 660-8890	7700 Main Street, Suite 100; Houston 77030
75	Texas Children's Hospital Pharmacy	(832) 824-5250	6701 Fannin Street, 3rd Floor; Houston 77030
767	Walgreen's Pharmacy #10846	(713) 799-2459	6400 Fannin Street, Suite 102; Houston 77030
768	Walgreen's Pharmacy #13778	(713) 795-0199	6624 Fannin Street, Suite 120; Houston 77030
852	Platinum Rx North Pharmacy	(281) 227-1010	5627 Aldine Bender Road, Suite 7; Houston 77032
827	Healthco Pharmacy #2	(713) 640-5575	8604 Martin Luther King Blvd.; Houston 77033
786	Rushmed Pharmacy	(832) 582-8542	5326 West Bellfort, Suite 101; Houston 77035
804	Choice Pharmacy	(713) 778-0463	9207 Country Creek Drive, Suite 202; Houston 77036
623	Clinical Care Pharmacy	(281) 272-8700	2770 N. Sam Houston Parkway W.; Houston 77038
795	Tejas Pharmacy #2	(281) 741-3385	5228 Aldine Mail Route, Suite C; Houston 77039
762	CVS/pharmacy #16298 at Target	(713) 343-2258	13250 Northwest Freeway; Houston 77040
456	CVS/pharmacy #6005	(713) 849-1100	7710 Gessner Road; Houston 77040
444	CVS/pharmacy #3181	(713) 458-2871	11012 Richmond Avenue; Houston 77042
412	Jack's Apothecary #2	(713) 733-7424	8109 Cullen Blvd., Suite B; Houston 77051
181	ReCept Pharmacy #31	(713) 627-2370	8111 N. Stadium Drive, Suite 200-A; Houston 77054
718	Walgreen's Pharmacy #10847	(713) 795-4111	7400 Fannin Street, Suite 120; Houston 77054
354	CVS/pharmacy #3177	(713) 961-0874	5204 Richmond Avenue; Houston 77056
593	CVS/pharmacy #5895	(713) 243-8050	6545 Westheimer Road; Houston 77057
678	CVS/pharmacy #7486	(713) 789-1681	6532 San Felipe Road; Houston 77057
602	Greenspoint Pharmacy	(281) 872-4177	165 Greens Road; Houston 77060
833	Saint Hope Pharmacy - Greenspoint	(832) 300-8085	255 Northpoint Drive, Suite 200; Houston 77060
763	Walgreen's Pharmacy #5035	(713) 641-0389	8301 Broadway Street; Houston 77061
696	CVS/pharmacy #17222 at Target	(713) 331-0374	8605 Westheimer Road; Houston 77063
687	CVS/pharmacy #17227 at Target	(281) 949-2220	12701 FM 1960 W; Houston 77065
447	CVS/pharmacy #4983	(281) 517-7258	11600 FM 1960 W; Houston 77065
440	CVS/pharmacy #5838	(281) 880-1092	3140 FM 1960 W; Houston 77068
685	CVS/pharmacy #17154 at Target	(281) 716-1106	6801 FM 1960 W; Houston 77069
505	CVS/pharmacy #16491 at Target	(281) 379-2861	21515 Tomball Parkway; Houston 77070
391	CVS/pharmacy #4456	(281) 517-5691	12234 Jones Road; Houston 77070
435	CVS/pharmacy #5320	(713) 596-2165	8550 West Airport Road; Houston 77071
353	CVS/pharmacy #3176	(713) 771-6652	7102 Beechnut Street; Houston 77074
642	Empirical Pharmacy	(713) 991-0072	9715 Telephone Road, Suite 105; Houston 77075
592	CVS/pharmacy #1753	(281) 368-1600	15010 Memorial Drive; Houston 77079
382	CVS/pharmacy #3006	(713) 722-1491	9455 Hammerly Blvd.; Houston 77080
722	Healthco Pharmacy	(713) 218-6337	5730 Chimney Rock Road; Houston 77081
740	PrimeCare Pharmacy	(713) 661-7746	5900 Chimney Rock Road, Suite AC; Houston 77081
462	CVS/pharmacy #4427	(281) 749-8863	12585 Richmond Avenue; Houston 77082
455	CVS/pharmacy #6001	(281) 776-3858	13555 Beechnut Street; Houston 77083
431	CVS/pharmacy #3178	(281) 855-5461	6079 Hwy 6 North; Houston 77084
451	CVS/pharmacy #4706	(281) 272-7190	12601 Tomball Parkway; Houston 77086
645	Walgreen's Pharmacy #11216	(281) 481-2434	11914 Astoria Blvd., Suite 190; Houston 77089
800	1960 Pharmacy	(281) 893-6000	724 Cypress Creek Parkway, Suite 100; Houston 77090
365	CVS/pharmacy #3190	(281) 859-6667	9101 Hwy 6 North; Houston 77095
633	CVS/pharmacy #17091 at Target	(713) 292-0031	300 Meyerland Plaza Mall; Houston 77096

## Pharmacies / Farmacias

ID #	Pharmacy Name / Nombre de Farmacia	Phone / Teléfono	Address / Dirección
142	Walgreens Community Pharmacy #15320	(713) 521-1700	4101 Greenbriar Drive, Suite 235; Houston 77098
825	HEB Pharmacy #630	(713) 807-7293	1701 W. Alabama; Houston 77098
464	CVS/pharmacy #5882	(281) 776-3874	10902 Bissonnet; Houston 77099
58	CVS/pharmacy #6741	(936) 539-1336	910 West Davis; Conroe 77301
787	Saint Hope Pharmacy - Conroe	(936) 494-2455	1414 South Frazier, Suite 105; Conroe 77301
600	Lifechek Drug #45	(936) 539-4900	690 S. Loop 336 W., Suite 100; Conroe 77304
813	Cleveland Pharmacy	(281) 593-3800	111 S. William Barnett Avenue; Cleveland 77327
534	CVS/pharmacy #16789 at Target	(281) 540-2126	20777 Hwy 59 North; Humble 77338
773	Deerbrook Pharmacy	(281) 446-0061	9816 Memorial Blvd., Suite 105; Humble 77338
570	Randall's Pharmacy #1776	(281) 358-0011	600 Kingwood Drive; Kingwood 77339
24	Brookshire Brothers Pharmacy #33	(936) 435-1234	2601 11th Street; Huntsville 77340
448	UTMB CMC Dept. of Pharmacy	(936) 437-5300	2400 Avenue I; Huntsville 77340
700	CVS/pharmacy #17452 at Target	(281) 318-2238	6931 FM 1960 East; Atascocita 77346
436	CVS/pharmacy #5328	(281) 812-5472	5440 Atascocita Road; Humble 77346
566	Magnolia Pharmacy	(281) 356-9089	18230 FM 1488, Suite 100; Magnolia 77354
847	Splendora Pharmacy	(281) 689-7700	13841 US Hwy 59 North; Splendora 77372
460	CVS/pharmacy #5977	(281) 288-1561	24802 Aldine Westfield Road; Spring 77373
388	Walgreen's Pharmacy #3424	(281) 350-5311	23110 Aldine Westfield Road; Spring 77373
465	CVS/pharmacy #5906	(281) 255-4020	24203 Tomball Parkway; Tomball 77375
775	First Care Pharmacy	(832) 698-1532	24922 Tomball Parkway, Suite 120; Tomball 77375
71	Gloyer's Pharmacy	(281) 351-5454	1010 W. Main Street; Tomball 77375
552	CVS/pharmacy #17023 at Target	(281) 255-6289	14302 FM 2920 Road; Tomball 77377
442	CVS/pharmacy #3005	(281) 257-7892	6945 Cypresswood Drive; Spring 77379
610	CVS/pharmacy #8335	(281) 257-4320	8754 Spring Cypress Road; Spring 77379
498	CVS/pharmacy #16205 at Target	(281) 419-6944	1100 Lake Woodlands Drive; The Woodlands 77380
582	Kroger Pharmacy #732	(281) 419-1137	8000 Research Forest, Ste. 300; The Woodlands 77382
725	Kroger Pharmacy #373	(832) 813-0410	2301 Rayford Road; Spring 77386
535	CVS/pharmacy #16790 at Target	(281) 288-5018	19511 I-45 North; Spring 77388
434	CVS/pharmacy #5273	(713) 218-2291	5430 Bissonnet Street; Bellaire 77401
776	Saint Hope Pharmacy - Bellaire	(832) 319-7610	6800 West Loop South, Suite 590; Bellaire 77401
520	CVS/pharmacy #17014 at Target	(281) 256-8102	25901 Hwy 290; Cypress 77429
378	CVS/pharmacy #3702	(281) 646-2964	3103 N Fry Road; Katy 77449
510	CVS/pharmacy #16698 at Target	(281) 403-6584	6000 Hwy 6 & Murphy Road; Missouri City 77459
426	CVS/pharmacy #4474	(281) 403-2269	2781 Dulles Avenue; Missouri City 77459
97	ACCESS Health	(281) 633-3188	400 Austin Street; Richmond 77469
425	CVS/pharmacy #3701	(281) 545-8841	1410 Crabb River Road; Richmond 77469
575	Randall's Pharmacy #2670	(281) 238-9790	1890 FM 359; Richmond 77469
698	CVS/pharmacy #17283 at Target	(281) 232-1241	23912 Commercial Drive; Rosenberg 77471
454	CVS/pharmacy #5972	(281) 232-1830	5306 Ave I; Rosenberg 77471
589	CVS/pharmacy #8385	(281) 776-3070	12381 W Bellfort; Meadows Place 77477
568	Randall's Pharmacy #1022	(281) 568-0385	11711 W Bellfort; Stafford 77477
851	Choice Specialty Pharmacy	(832) 944-6112	1403 Highway 6, Suite 700-A; Sugar Land 77478
411	CVS/pharmacy #5339	(281) 313-7603	1250 Highway 6; Sugar Land 77478
463	CVS/pharmacy #5804	(281) 988-1952	10110 Hwy 6 South; Sugar Land 77478
797	DeliverIt Pharmacy	(281) 277-1071	13303 West Airport Blvd.; Sugar Land 77478

## Pharmacies / Farmacias

ID #	Pharmacy Name / Nombre de Farmacia	Phone / Teléfono	Address / Dirección
811	Saint Hope Pharmacy - Sugar Land	(832) 532-0195	13020 Dairy Ashford Rd., Suite 100; Sugar Land 77478
547	CVS/pharmacy #16909 at Target	(281) 340-0565	16300 Southwest Freeway; Sugar Land 77479
733	HEB Pharmacy #563	(281) 239-2055	19900 Southwest Freeway; Sugar Land 77479
820	Amazing Grace Pharmacy	(832) 230-0169	1965 Texas Parkway; Missouri City 77489
826	Fulton Pharmacy	(832) 437-8425	1331 Grand Parkway North, Suite 111; Katy 77493
553	CVS/pharmacy #17027 at Target	(281) 392-8385	23710 Westheimer Parkway; Katy 77494
430	CVS/pharmacy #3173	(713) 378-2851	3342 Spencer Hwy; Pasadena 77504
531	CVS/pharmacy #16735 at Target	(281) 504-0144	5757 Fairmont Parkway; Pasadena 77505
433	CVS/pharmacy #4383	(281) 991-2590	5610 Spencer Highway; Pasadena 77505
802	Alvin Care Pharmacy	(281) 519-7030	204 E. House Street; Alvin 77511
490	Kroger Pharmacy #256	(979) 849-5460	1804 N. Velasco; Angleton 77515
653	The Medicine Shoppe #1040	(979) 849-9391	2301 E. Mulberry; Angleton 77515
139	Sullivan Pharmacy, Inc.	(281) 339-4577	1140 Grand Avenue; Bacliff 77518
683	CVS/pharmacy #16321 at Target	(281) 422-5153	4510 Garth Road; Baytown 77521
410	CVS/pharmacy #5388	(281) 427-6156	3923 Garth Road; Baytown 77521
445	CVS/pharmacy #3699	(281) 476-3463	3505 Center Street; Deer Park 77536
711	CVS/pharmacy #17386 at Target	(281) 534-5421	1801 Gulf Freeway; Dickinson 77539
761	Broadway Drug	(409) 765-7701	2027 Broadway; Galveston 77550
814	Southside Pharmacy #8	(409) 497-2767	707 23rd Street, Suite B; Galveston 77550
488	Walgreen's Pharmacy #3420	(409) 763-3588	308 Seawall Blvd.; Galveston 77550
514	CVS/pharmacy #16865 at Target	(409) 740-0876	6128 Broadway Street; Galveston 77551
765	Walgreen's Pharmacy #9062	(409) 744-8152	2501 61st Street; Galveston 77551
512	CVS/pharmacy #16716 at Target	(281) 538-7957	255 FM 2094; Clear Lake Shores 77565
798	The Medicine Shoppe #1294	(979) 297-9503	109 Abner Jackson Pkwy, Ste. B; Lake Jackson 77566
374	The Medicine Shoppe #1145	(281) 471-1241	800 S. Broadway; La Porte 77571
453	CVS/pharmacy #5971	(281) 338-4010	102 W. Main Street; League City 77573
583	CVS/pharmacy #7094	(281) 538-2416	3013 Marina Bay Drive; League City 77573
468	Kroger Pharmacy #264	(281) 485-1323	3245 E. Broadway; Pearland 77581
536	CVS/pharmacy #16791 at Target	(713) 436-2516	3045 Silverlake Village Drive; Pearland 77584
439	CVS/pharmacy #5807	(713) 436-8151	9522 Broadway Street; Pearland 77584
609	CVS/pharmacy #7120	(713) 436-8250	11600 Shadow Creek; Pearland 77584
783	Hazel's Compounding Pharmacy	(713) 340-0202	1801 Country Place Parkway, Ste 115; Pearland 77584
720	Kroger Pharmacy #308	(281) 669-1250	11003 Shadow Creek Parkway; Pearland 77584
518	CVS/pharmacy #16958 at Target	(281) 819-4117	1801 W Bay Area Blvd.; Webster 77598
760	CVS/pharmacy #7477	(409) 721-5846	2712 State Hwy 365; Nederland 77627
815	Walgreen's Pharmacy at Baptist #15513	(409) 813-1206	3080 College Street, Suite 1; Beaumont 77701
277	Corner Pharmacy	(409) 842-3222	3570 Fannett Road; Beaumont 77705
636	CVS/pharmacy #1108	(409) 832-8001	3890 Phelan Blvd.; Beaumont 77707
523	CVS/pharmacy #16036 at Target	(409) 898-1584	5850 Eastex Freeway; Beaumont 77708

## Pre-exposure prophylaxis (PrEP) & Prevention Services *Profilaxis previa a la exposición (PrEP) y Servicios de Prevención*

Undetectable = Untransmittable. The CDC confirmed that persons living with HIV “who take antiretroviral therapy as prescribed and maintain an undetectable viral load have effectively no risk of sexually transmitting the virus to an HIV-negative partner.”

For people living with HIV who are not virally suppressed or undetectable, there are highly effective options including condoms and pre-exposure prophylaxis (PrEP), which can be used individually or in combination to prevent HIV. Everyone living with HIV regardless of viral load has the right to full and healthy social, sexual, and reproductive lives.

PrEP is a way for HIV-negative people who are at high risk to prevent getting an HIV infection by taking a pill every day. PrEP was approved by the FDA and is safe and highly effective for preventing HIV when it is taken as prescribed. See below for a list of providers (listed in order by zip code) and resources for PrEP.

There are also many agencies that provide outreach to at-risk populations and/or prevention education about HIV, STDs and related health topics. Topics can range from basic awareness and risk reduction to information about advanced treatments.

*Indetectable = No transmisible. El CDC confirmó que las personas que viven con el VIH "que toman la terapia antirretroviral según lo prescrito y mantienen una carga viral indetectable no tienen efectivamente ningún riesgo de transmitir sexualmente el virus a una pareja VIH-negativa".*

*Para las personas que viven con el VIH y que no están suprimidas viralmente ni son indetectables, existen opciones altamente efectivas que incluyen preservativos y profilaxis altamente efectiva que incluyen preservativos y profilaxis previa a la exposición (PrEP), que pueden usarse individualmente o en combinación para prevenir el VIH. Todas las personas que viven con el VIH independientemente de la carga viral tienen derecho a vidas sociales, sexuales y reproductivas completas y saludables.*

*La profilaxis previa a la exposición (PrEP) es un método de prevención del VIH en el que una persona en riesgo de contraer el VIH toma medicamentos cada día para reducir sus probabilidades de contraer el VIH. La PrEP fue aprobada por la FDA y es segura y altamente efectiva para prevenir el VIH cuando se toma según lo prescrito. Vea a continuación una lista de proveedores (Estos se encuentran por orden de código postal) y recursos para PrEP.*

*También hay muchas agencias que proporcionan alcance a poblaciones de alto riesgo y/o educación con respecto al VIH, STDs y otros temas relacionados con la salud. Los temas varían desde información básica del hasta información sobre tratamientos avanzados.*

### PrEP Providers / Proveedores de PrEP

Agency / Agencia	Location / Localizado	Phone / Teléfono Website / Sitio web	Legend / Tabla
<b>AIDS Healthcare Foundation</b>	1200 Binz St. Houston 77004	(713) 524-8700 <a href="http://www.aidshealth.org">www.aidshealth.org</a>	S\$, Accepts uninsured, Med, Esp
<b>Dr. Gary Brewton</b>	1213 Hermann Dr. Houston 77004	(713) 529-9224 <a href="http://www.garybrewton.com">www.garybrewton.com</a>	Med
<b>Legacy Community Health</b>	1415 California St. Houston 77006	(832) 548-5221 <a href="http://www.legacycommunityhealth.org/prep">www.legacycommunityhealth.org/prep</a>	S\$, Accepts uninsured, Med, Esp
<b>Avenue 360 Health and Wellness</b>	2150 W. 18 <sup>th</sup> St. Houston 77008	(713) 426-0027 <a href="http://www.avenue360.org">www.avenue360.org</a>	S\$, Accepts uninsured, Med, Esp
<b>Thomas Street Health Center</b>	2015 Thomas St. Houston 77009	(713) 873-4000 <a href="http://www.harrishealth.org">www.harrishealth.org</a>	Med, Esp
<b>Walgreens</b>	1215 W. 43 <sup>rd</sup> St. Houston 77018	(713) 956-1827 <a href="http://www.walgreens.com">www.walgreens.com</a>	Accepts uninsured, Med, Esp
<b>Midtown Family Medicine</b>	548 Waugh Dr. Houston 77019	(713) 933-0501	Esp
<b>Renaissance Family Clinic</b>	517 W. Gray St. Houston 77019	(713) 942-7546 <a href="http://www.doctorbarrios.com">www.doctorbarrios.com</a>	Esp
<b>Walgreens</b>	1919 W. Gray St. Houston 77019	(713) 526-3621 <a href="http://www.walgreens.com">www.walgreens.com</a>	Accepts uninsured, Med, Esp
<b>Planned Parenthood Prevention Park</b>	4600 Gulf Fwy, Ste. 100 Houston 77023	(713) 522-3976 <a href="http://www.plannedparenthood.org">www.plannedparenthood.org</a>	Accepts uninsured, Med, Esp
<b>Dr. Alan J. Chapman</b>	9055 Katy Fwy, Ste. 400 Houston 77024	(713) 467-1365	Med

**Pre-exposure prophylaxis (PrEP) & Prevention Services**  
**Profilaxis previa a la exposición (PrEP) y Servicios de Prevención**

**PrEP Providers | Proveedores de PrEP**

<b>Agency / Agencia</b>	<b>Location / Localizado</b>	<b>Phone / Teléfono Website / Sitio web</b>	<b>Legend / Tabla</b>
<b>Kelsey Seybold</b>	2727 W. Holcombe Blvd. Houston 77025	(713) 442-0000 <a href="http://www.kelsey-seybold.com">www.kelsey-seybold.com</a>	Med
<b>Walgreens</b>	2605 W. Holcombe Blvd. Houston 77025	(832) 778-8106 <a href="http://www.walgreens.com">www.walgreens.com</a>	Accepts uninsured, Med, Esp
<b>Dr. Joseph Gathe Jr.</b>	4900 Fannin St. Houston 77030	(713) 526-9821 <a href="http://web.josephgathe.net">http://web.josephgathe.net</a>	Med, Esp
<b>Dr. Nizar Ali Dholakia and Dr. Jorge Zuniga</b>	6560 Fannin, Ste 2202 Houston 77030	(713) 526-5955	Med, Esp
<b>Houston VA Medical Center</b>	2002 Holcombe Blvd. Houston 77030	(713) 791-1414 <a href="http://www.houston.va.gov">www.houston.va.gov</a>	Veterans, Esp
<b>Bee Busy Wellness</b>	8785 West Bellfort Houston 77031	(713) 771-2292 <a href="http://www.mybbwc.org">www.mybbwc.org</a>	S\$, Accepts uninsured, Med
<b>Sharpstown Health Center - Houston Health Dept.</b>	6201 Bonhomme South Tower, 3rd Floor Houston 77036	(832) 395-9800 <a href="http://www.houstontx.gov/health/healthcenters">www.houstontx.gov/health/healthcenters</a>	S\$, Accepts uninsured, Med, Esp
<b>Planned Parenthood Northville</b>	9919 North Fwy, Ste 107 Houston 77037	(713) 514-1106 <a href="http://www.plannedparenthood.org">www.plannedparenthood.org</a>	Accepts uninsured, Med, Esp
<b>Planned Parenthood Northwest</b>	13169 Northwest Fwy Houston 77040	(713) 514-1107 <a href="http://www.plannedparenthood.org">www.plannedparenthood.org</a>	Accepts uninsured, Med, Esp
<b>Rensimer &amp; Associates</b>	9230 Katy Fwy, Ste 400 Houston 77055	(713) 973-6078 <a href="http://rensimer.com/">http://rensimer.com/</a>	Med, Esp
<b>Walgreens</b>	5200 Westheimer Rd. Houston 77056	(713) 623-0643 <a href="http://www.walgreens.com">www.walgreens.com</a>	Med, Esp
<b>Saint Hope Foundation Greenspoint</b>	255 Northpoint, Ste 200 Houston 77060	(832) 300-8040 <a href="http://www.offeringhope.org">www.offeringhope.org</a>	S\$, Accepts uninsured, Med, Esp
<b>Walgreens</b>	16185 Space Center Blvd. Houston 77062	(281) 486-1872 <a href="http://www.walgreens.com">www.walgreens.com</a>	Accepts uninsured, Med, Esp
<b>Metropolitan Infectious Disease Center</b>	7777 Southwest Fwy, Ste 610; Houston 77074	(713) 339-9949	
<b>Walgreens</b>	2808 Gessner Rd. Houston 77080	(713) 460-0535 <a href="http://www.walgreens.com">www.walgreens.com</a>	Accepts uninsured, Med, Esp
<b>Planned Parenthood Southwest</b>	5800 Bellaire Blvd. Bldg 1B, Ste 120 Houston 77081	(713) 541-5372 <a href="http://www.plannedparenthood.org">www.plannedparenthood.org</a>	Accepts uninsured, Med, Esp
<b>Northside Health Center - Houston Health Dept.</b>	8504 Schuller Houston 77093	(832) 395-9100 <a href="http://www.houstontx.gov/health/healthcenters">www.houstontx.gov/health/healthcenters</a>	S\$, Accepts uninsured, Med, Esp
<b>Baylor College of Medicine</b>	3701 Kirby Dr., Ste 100 Houston 77098	(713) 798-7700 <a href="http://www.bcm.edu">www.bcm.edu</a>	S\$, Accepts uninsured, Med, Esp
<b>Baylor Family Medicine</b>	3701 Kirby Dr., Ste 600 Houston 77098	(713) 798-2091 <a href="http://www.bcm.edu/healthcare/care-centers/family-medicine">www.bcm.edu/healthcare/care-centers/family-medicine</a>	S\$, Accepts uninsured, Med, Esp
<b>Carroll Clinic</b>	4101 Greenbriar, Ste 208 Houston 77098	(713) 520-9821 <a href="http://www.carrollclinic.com">www.carrollclinic.com</a>	Esp
<b>Crofoot MD</b>	3701 Kirby Dr., Ste 1230 Houston 77098	(713) 526-0005 <a href="http://www.crofootmd.com">www.crofootmd.com</a>	Med, Esp

**Pre-exposure prophylaxis (PrEP) & Prevention Services**  
**Profilaxis previa a la exposición (PrEP) y Servicios de Prevención**

**PrEP Providers | Proveedores de PrEP**

<b>Agency / Agencia</b>	<b>Location / Localizado</b>	<b>Phone / Teléfono Website / Sitio web</b>	<b>Legend / Tabla</b>
<b>Schrader Clinic</b>	4101 Greenbriar, Ste 200 Houston 77098	(713) 526-7736	Med, Esp
<b>Velazquez Medical Practice</b>	4101 Greenbriar, Ste 305 Houston 77098	(713) 523-7844	Esp
<b>Saint Hope Foundation Conroe</b>	1414 S. Frazier, Ste 105 Conroe 77301	(936) 441-2440 <a href="http://www.offeringhope.org">www.offeringhope.org</a>	S\$, Accepts uninsured, Med, Esp
<b>Walgreens</b>	7440 FM 1960 East Humble 77346	(281) 852-8088 <a href="http://www.walgreens.com">www.walgreens.com</a>	Accepts uninsured, Med, Esp
<b>Walgreens</b>	24917 FM 1314 Rd. Porter 77365	(281) 354-1792 <a href="http://www.walgreens.com">www.walgreens.com</a>	Accepts uninsured, Med, Esp
<b>Walgreens</b>	26288 Kuykendahl Rd. Tomball 77375	(281) 378-2995 <a href="http://www.walgreens.com">www.walgreens.com</a>	Accepts uninsured, Med, Esp
<b>Walgreens</b>	11970 Spring Cypress Rd. Tomball 77377	(281) 320-8654 <a href="http://www.walgreens.com">www.walgreens.com</a>	Accepts uninsured, Med, Esp
<b>Walgreens</b>	8000 Research Forest Dr. The Woodlands 77382	(281) 460-0535 <a href="http://www.walgreens.com">www.walgreens.com</a>	Accepts uninsured, Med, Esp
<b>Walgreens</b>	19710 Holzwarth Rd. Spring 77388	(281) 350-1500 <a href="http://www.walgreens.com">www.walgreens.com</a>	Accepts uninsured, Med, Esp
<b>Planned Parenthood Spring</b>	4747 Louetta Rd. Spring 77388	(713) 514-1102 <a href="http://www.plannedparenthood.org">www.plannedparenthood.org</a>	Accepts uninsured, Med, Esp
<b>Saint Hope Foundation Bellaire</b>	6800 W. Loop S., Ste 560 Bellaire 77401	(713) 839-7111 <a href="http://www.offeringhope.org">www.offeringhope.org</a>	S\$, Accepts uninsured, Med, Esp
<b>Walgreens</b>	9810 S. Mason Rd. Richmond 77406	(832) 595-9533 <a href="http://www.walgreens.com">www.walgreens.com</a>	Accepts uninsured, Med, Esp
<b>Walgreens</b>	16211 Spring Cypress Rd. Cypress 77429	(281) 213-3675 <a href="http://www.walgreens.com">www.walgreens.com</a>	Accepts uninsured, Med, Esp
<b>Walgreens</b>	411 S. Mason Rd. Katy 77450	(281) 579-0910 <a href="http://www.walgreens.com">www.walgreens.com</a>	Accepts uninsured, Med, Esp
<b>Planned Parenthood Stafford</b>	12614 Southwest Fwy, Ste A; Stafford 77477	(713) 514-1100 <a href="http://www.plannedparenthood.org">www.plannedparenthood.org</a>	Accepts uninsured, Med, Esp
<b>Capital Infectious Disease Associates</b>	1201 Creekway Dr., Ste B Sugar Land 77478	(832) 886-4994 <a href="http://www.sarfrazalymd.com">www.sarfrazalymd.com</a>	S\$, Accepts uninsured, Med, Esp
<b>Saint Hope Foundation Sugar Land</b>	13020 Dairy Ashford Sugar Land 77478	(832) 532-0195 <a href="http://www.offeringhope.org">www.offeringhope.org</a>	S\$, Accepts uninsured, Med, Esp
<b>Infectious Disease Specialists of Texas</b>	16659 Southwest Fwy, Ste 371; Sugar Land 77479	(281) 265-0760 <a href="http://idspecialiststx.com">http://idspecialiststx.com</a>	Med, Esp
<b>West Houston Infectious Disease Center</b>	1331 N. Grand Pkwy, Ste 310; Katy 77493	(281) 599-3222	
<b>Walgreens</b>	3300 Center St. Deer Park 77536	(281) 479-3488 <a href="http://www.walgreens.com">www.walgreens.com</a>	Accepts uninsured, Med, Esp
<b>Walgreens</b>	8430 Broadway St. Pearland 77584	(281) 412-3305 <a href="http://www.walgreens.com">www.walgreens.com</a>	Accepts uninsured, Med, Esp
<b>Saint Hope Foundation Texas City</b>	6807 Emmett F. Lowry Expy, Ste 302 Texas City 77591	(832) 431-5162 <a href="http://www.offeringhope.org">www.offeringhope.org</a>	S\$, Accepts uninsured, Med, Esp

**Pre-exposure prophylaxis (PrEP) & Prevention Services**  
**Profilaris previa a la exposición (PrEP) y Servicios de Prevención**

**Prescription Assistance | Asistencia de prescripción médica**

There are two types of programs that help people access their prescription for PrEP. Medication Assistance Programs (MAP) provide medication free of charge to those without health insurance or prescription drug coverage. Co-pay Assistance Programs provide help with out-of-pocket costs (including co-pays, co-insurance and deductibles) for people who have insurance. Co-pay assistance may be obtained from the drug manufacturer, a non-profit co-pay foundation, or both.

*Hay dos tipos de programas que ayudan a las personas a acceder a sus recetas para PrEP. Los Programas de Asistencia de Medicamentos (MAP) brindan medicamentos de forma gratuita a aquellos que no tienen seguro de salud o cobertura de medicamentos recetados. Los programas de asistencia de copago brindan ayuda con los gastos de bolsillo (incluidos los copagos, el coaseguro y los deducibles) para las personas que tienen seguro. La asistencia de copago se puede obtener a partir del fabricante del medicamento, una fundación de copago sin fines de lucro o ambas.*

**Gilead Sciences Advancing Access**

1-800-226-2056

[www.gileadadvancingaccess.com](http://www.gileadadvancingaccess.com)

If you do not have insurance you may be able to receive Truvada for PrEP free of charge.

Eligibility Criteria: Must have a verifiable income that falls below 500% of the Federal Poverty Level, have a prescription for Truvada, provide proof of U.S. residency (but not immigration status). The medication can be shipped to your home or provider's office which may take up to two weeks.

If you have private health insurance there is a co-pay card that will get you a discount at the pharmacy. It works with most pharmacies, but reimburses when pharmacies don't accept the card. Some mail-order pharmacies also don't accept co-pay cards. The co-pay card covers up to \$3,600/year with no monthly limit. If you have government insurance such as Medicare Part D, Medicaid, TRICARE or VA, you are not eligible for this program but you may be eligible for assistance through independent co-pay foundations.

*Si no tiene seguro, puede recibir Truvada para PrEP de forma gratuita.*

*Criterios de elegibilidad: Debe tener un ingreso verificable que esté por debajo del 500% del Nivel Federal de Pobreza, tener una receta para Truvada, proporcionar prueba de residencia en Estados Unidos (pero no del estado migratorio). El medicamento puede enviarse a su hogar o a la oficina del proveedor, lo que puede demorar hasta dos semanas.*

*Si tiene un seguro de salud privado, hay una tarjeta de copago que le dará un descuento en la farmacia. Funciona con la mayoría de las farmacias, pero reembolsa cuando las farmacias no aceptan la tarjeta. Algunas farmacias de pedido por correo tampoco aceptan tarjetas de copago. La tarjeta de copago cubre hasta \$3,600/año sin límite mensual.*

*Si tiene un seguro del gobierno como Medicare Parte D, Medicaid, TRICARE o VA, no es elegible para este programa, pero puede ser elegible para recibir ayuda a través de fundaciones de copagos independientes.*

**Partnership for Prescription assistance**

[www.pparx.org](http://www.pparx.org)

The Partnership for Prescription Assistance will help you find the program that's right for you, free of charge.

*La Alianza para Asistencia de Medicamentos con Receta le ayudará a encontrar el programa adecuado para usted, sin cargo.*

**Patient Access Network Foundation**

1-866-316-7263

[www.panfoundation.org](http://www.panfoundation.org)

Offers help and hope to people for whom cost limits access to medical treatments.

*Ofrece ayuda y esperanza a personas para quienes el costo limita el acceso a los tratamientos médicos.*

**Patient Advocate Foundation Co-Pay Relief Program**

[www.copays.org](http://www.copays.org)

If your application for assistance is approved you can begin receiving funding immediately. The maximum benefit you can receive is \$7,500 per year.

Eligibility Criteria: Must be insured and covered for the medication for which you are seeking assistance, be prescribed a treatment regimen for the prevention of HIV, reside and receive treatment in the U.S, and have an income that falls below 400% of the Federal Poverty Level with consideration of the Cost of Living Index and the number in the household..

*Si su solicitud de asistencia es aprobada, puede comenzar a recibir fondos de inmediato. El beneficio máximo que puede recibir es de \$7,500 por año.*

*Criterios de elegibilidad: debe estar asegurado y cubierto para la medicación para la que está buscando ayuda, se le debe recetar un régimen de tratamiento para la prevención del VIH, residir y recibir tratamiento en Estados Unidos, y tener un ingreso inferior al 400% del Nivel de Pobreza Federal con consideración del Índice de Costo de Vida y las personas en el hogar.*



**Pre-exposure prophylaxis (PrEP) & Prevention Services**  
**Profilaris previa a la exposición (PrEP) y Servicios de Prevención**

**Information about PrEP | Información sobre PrEP**

<b>What is PrEP?</b>	<a href="http://prepfacts.org">prepfacts.org</a> <a href="http://www.cdc.gov/hiv/basics/prep.html">www.cdc.gov/hiv/basics/prep.html</a>
<b>¿Qué es PrEP?</b>	<a href="http://en-espanol.prepfacts.org">en-espanol.prepfacts.org</a> <a href="http://www.cdc.gov/hiv/spanish/basics/prep.html">www.cdc.gov/hiv/spanish/basics/prep.html</a>
<b>Getting Prepared for PrEP</b> <b>Preparación para PrEP</b>	<a href="http://www.projectinform.org/pdf/PrEP_Flow_Chart.pdf">www.projectinform.org/pdf/PrEP_Flow_Chart.pdf</a> <a href="http://www.projectinform.org/pdf/PrEP_Flow_Chart_sp.pdf">www.projectinform.org/pdf/PrEP_Flow_Chart_sp.pdf</a>
<b>PrEP experience</b> <b>(en inglés)</b>	<a href="http://myprepexperience.blogspot.com">myprepexperience.blogspot.com</a>
<b>Talking to Your Doctor</b> <b>Hablando con su Médico</b>	<a href="http://www.cdc.gov/hiv/pdf/basics/cdc-hiv-PrEP-TalkingtoDr.pdf">www.cdc.gov/hiv/pdf/basics/cdc-hiv-PrEP-TalkingtoDr.pdf</a> <a href="http://www.cdc.gov/hiv/spanish/pdf/basics/cdc-hiv-PrEP-TalkingtoDr-spanish.pdf">www.cdc.gov/hiv/spanish/pdf/basics/cdc-hiv-PrEP-TalkingtoDr-spanish.pdf</a>

**Prevention Services | Servicios de Prevención**

<b>Agency / Agencia</b>	<b>Phone / Teléfono</b>	<b>Location / Localizado</b>	<b>Legend / Tabla</b>	<b>Page</b>
<b>AAMA</b>	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp .....	<b>94</b>
<b>Access Care of Coastal Texas</b>	(409) 763-2437	(SE) Galveston	All, Free, CD, Esp .....	<b>87</b>
<b>AIDS Foundation Houston</b>	(713) 623-6796	(SW) Mid West	M, W, Y, Lim, Appt req .....	<b>90</b>
<b>Ambassadors for Christ Youth Ministries</b>	(281) 536-5475	(W) Uptown	Y, Homeless, Appt/walk-ins, Esp .....	<b>93</b>
<b>Avenue 360 Health and Wellness</b>	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp .....	<b>95</b>
<b>Bee Busy Wellness Center</b>	(713) 771-2292	(SW) Westwood	All, Appt/walk-ins, S\$, Med, Ins, Esp ...	<b>101</b>
<b>Change Happens! Rescue Youth Program</b>	(713) 374-1200	(C) Third Ward	Ages 12-19, Appt req, Free, CD .....	<b>106</b>
<b>Covenant House Texas</b>	(713) 523-2231	(C) Montrose	Ages 18-21, Free, Walk-ins, Esp .....	<b>107</b>
<b>FLAS, Inc.</b>	(713) 772-2366	(SW) Sharpstown	Fam, Free, Appt req, Esp .....	<b>112</b>
<b>Legacy Lyons Campus</b>	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp .....	<b>126</b>
<b>Legacy Montrose Campus</b>	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp .....	<b>126</b>
<b>LIVE Consortium</b>	(713) 861-5483	All	M, W, Free .....	<b>127</b>
<b>Montrose Center</b>	(713) 529-0037	(C) Montrose	All, I/RR, Free, Appt req, CD, Esp ...	<b>131</b>
<b>Planned Parenthood Gulf Coast</b>	(800) 230-7526	Various	M, W, Y, Free, Walk-ins, Esp .....	<b>137</b>
<b>Positive Efforts</b>	(713) 812-0044	(NW) Langwood	Adults, Walk-ins, Free, CD .....	<b>137</b>
<b>Saint Hope Foundation Bellaire</b>	(713) 839-7111	(C) Bellaire	M, W, CD, I/RR, S\$, Med, Ins .....	<b>139</b>
<b>Saint Hope Foundation Conroe</b>	(936) 441-2440	(N) Conroe	M, W, CD, I/RR, S\$, Med, Ins .....	<b>140</b>
<b>Saint Hope Foundation Greenspoint</b>	(832) 300-8040	(N) Greenspoint	M, W, CD, I/RR, S\$, Med, Ins .....	<b>140</b>
<b>Saint Hope Foundation Sugar Land</b>	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins .....	<b>140</b>
<b>Texas Prevention Network</b>	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Ins, Appt/walk-ins ..	<b>149</b>

## Prescription Assistance *Asistencia para Prescripciones Médicas*

The following agencies may be able to help you pay for medications. The help is usually limited, however, and may not cover the whole cost of your prescription (also see Financial Assistance, page 35).

Another possible source of assistance is the manufacturer of your medication (see Patient Assistance and Co-Pay Programs on the next page). Be aware that each manufacturer has its own eligibility rules and you may need your doctor's help to apply. If your medication is not listed, get the name of its manufacturer from your doctor or pharmacist.

*Estas agencias podrán ayudarlo a pagar su medicina. Sin embargo, la ayuda es limitada y puede que no cubra el costo total (vea también Asistencia Financiera, página 35).*

*Otra posible fuente de asistencia es la compañía que hace sus medicamentos (vea Asistencia al Paciente y Programas de Copagos en la siguiente página). Cada compañía tiene sus propios criterios de elegibilidad y necesitará la ayuda de su médico para solicitar esta asistencia. Si no encuentra su medicina en la lista, averigüe con su médico o farmacéutico el nombre de la compañía quien la hace.*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>211 Texas/United Way Helpline</b>	2-1-1	Statewide	All, Free, Over 150 languages, Esp ....	<b>151</b>
<b>Access Care of Coastal Texas</b>	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp .....	<b>87</b>
<b>AccessHealth Missouri City</b>	(281) 969-1800	(SW) Missouri City	All, Walk-ins, S\$, Med, Ins, CHIP, Esp .....	<b>88</b>
<b>AccessHealth Richmond</b>	(281) 342-4530	(SW) Richmond	Adults, <b>HIV+ only</b> , S\$, Med, Ins, CHIP, Ryan White, Esp .....	<b>88</b>
<b>AIDS Healthcare Foundation Binz Street</b>	(713) 524-8700	(C) Medical Center	Adults, <b>HIV+ only</b> , I/RR, Immigrants, Homeless, Appt req, S\$, Med, Ins, Esp .....	<b>91</b>
<b>AIDS Healthcare Foundation Fannin Street</b>	(713) 799-8994	(C) Astrodome/ South Loop	W, Transgender, <b>HIV+ only</b> , I/RR, Appt req, CHIP, S\$, Med, Ins, Esp.....	<b>91</b>
<b>Christ Clinic</b>	(281) 391-0190	(W) Katy	Adults, Homeless, I/RR, Flat fee, Appt/walk-ins, Esp .....	<b>106</b>
<b>Good Shepherd Mission</b>	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins, CD .....	<b>113</b>
<b>Gulf Coast Community Services</b>	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines), Appt req, Lim, Esp .....	<b>114</b>
<b>Legacy Montrose Campus</b>	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp .....	<b>126</b>
<b>Love Network of Baytown</b>	(281) 422-5683	(E) Highlands	All, Free, Gas vouchers, Diapers .....	<b>128</b>
<b>Memorial Assistance Ministries</b>	(713) 468-4516	(W) Spring Branch	All, Free .....	<b>130</b>
<b>Saint Hope Foundation Bellaire</b>	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp.....	<b>139</b>
<b>Saint Hope Foundation Conroe</b>	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp.....	<b>140</b>
<b>Saint Hope Foundation Greenspoint</b>	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp.....	<b>140</b>
<b>Saint Hope Foundation Sugar Land</b>	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins .....	<b>140</b>
<b>Saint Hope Foundation Texas City</b>	(832) 431-5162	(SE) Texas City	M, W, CD, I/RR, S\$, Med, Ins .....	<b>141</b>
<b>Southside Pharmacy Patient Assistance Program</b>	(832) 488-3205	All	All, Free, Esp.....	<b>145</b>
<b>Texas HIV Medication Program (ADAP)</b>	(800) 255-1090	Statewide	All, Free, <b>HIV+ only</b> , Restrictions apply .....	<b>149</b>
<b>Triangle Area Network</b>	(409) 832-8338	(E) Beaumont	All (ages 5 and up), Free, S\$, Med, Ins, Appt or Walk-ins, Esp .....	<b>150</b>
<b>UTMB Health Ryan White Program</b>	(409) 772-2222	(SE) Galveston	Adults, S\$, Appt/walk-ins, Ins, Med, Esp .....	<b>152</b>

# Patient Assistance & Co-Pay Programs for Current HIV Medications

## Asistencia al paciente y programas de co-pagos para medicamentos corrientes del VIH

(As listed on [www.NASTAD.org](http://www.NASTAD.org) as of March 7, 2016)

### What is a Patient Assistance Program (PAP)?

A patient assistance program is a program run through pharmaceutical companies to provide free or low-cost medications to people with low incomes who do not qualify for any other insurance or assistance programs, such as Medicaid, Medicare, or ADAP. Each individual company has different eligibility criteria for application and enrollment in their patient assistance program.

### What is a Co-payment Assistance Program (CAP)?

A co-payment assistance program is a program operated by pharmaceutical companies to offer co-payment assistance to people with private health insurance to obtain HIV drugs at the pharmacy.

### ¿Qué es un Programa de asistencia al paciente (PAP)?

Un Programa de asistencia al paciente administrado por compañías farmacéuticas que provee medicamentos gratis o de bajo costo a personas de bajo ingreso que no califiquen en ningún otro seguro o programa de asistencia, así como Medicaid, Medicare o ADAP. Cada compañía que ofrece un programa de asistencia tiene su propia solicitud con diferentes criterios de elegibilidad.

### ¿Qué es un Programa de asistencia con el copago (CAP)?

Este programa es administrado por compañías farmacéuticas para asistir con el copago de personas con seguro de salud privado para obtener medicinas para el VIH en la farmacia.

Company Compañía	Contact Contacto	Medication Medicación	Details Detalles	
AbbVie	1-800-222-6885 <a href="http://www.kaletra.com">www.kaletra.com</a> <a href="http://www.norvir.com">www.norvir.com</a>	Kaletra Norvir	<b>CAP:</b> Covers the first \$200/mo. for Kaletra and first \$150/mo. for Norvir. Must reapply each year.  <b>PAP:</b> Financial eligibility is 500% federal poverty level (FPL).	<b>CAP:</b> Cubre los primeros \$200/ mensual para Kaletra y los primeros \$150/ mensual para Norvir. Debe solicitar cada año.  <b>PAP:</b> Elegibilidad financiera es 500% del nivel federal de pobreza (FPL).
Boehringer Ingelheim	1-800-556-8317 <a href="http://www.rxhope.com">www.rxhope.com</a> or <a href="http://www.pparx.org">www.pparx.org</a>	Aptivus Viramune XR	<b>PAP:</b> Financial eligibility is 500% FPL.	<b>PAP:</b> Elegibilidad financiera es 500% FPL.
Bristol-Myers Squibb	1-888-281-8981 <a href="http://www.bms.com">www.bms.com</a>	Evotaz** Reyataz Sustiva	<b>CAP:</b> Covers up to \$6,800/yr. of co-pays, deductibles and co-insurance. Must reapply each year.  <b>PAP:</b> Financial eligibility is 300-500% FPL.	<b>CAP:</b> Cubre hasta \$6,800/año de copagos, deducibles y coseguros. Debe solicitar cada año.  <b>PAP:</b> Elegibilidad financiera es 300-500% FPL.
Bristol-Myers Squibb & Gilead Sciences	1-888-281-8981 <a href="http://www.atripla.com">www.atripla.com</a>	Atripla (see Gilead Sciences for PAP)	<b>CAP:</b> Covers up to \$7,500/yr. of co-pays, deductibles and co-insurance. Must reapply each year.	<b>CAP:</b> Cubre hasta \$7,500/año de copagos, deducibles y coseguros. Debe solicitar cada año.
Genentech	1-877-757-6243 <a href="http://www.fuzeon.com">www.fuzeon.com</a>	Fuzeon*	<b>PAP:</b> Financial eligibility is 950% FPL.	<b>PAP:</b> Elegibilidad financiera es 950% FPL.

\* PAP only  
\*\* CAP only

**Patient Assistance & Co-Pay Programs for Current HIV Medications**  
**Asistencia al paciente y programas de co-pagos para**  
**medicamentos corrientes del VIH**

<b>Company Compañía</b>	<b>Contact Contacto</b>	<b>Medication Medicación</b>	<b>Details Detalles</b>	
<b>Gilead Sciences</b>	1-877-505-6986 <a href="http://www.atripla.com">www.atripla.com</a> <a href="http://www.complera.com">www.complera.com</a> <a href="http://www.genvoya.com">www.genvoya.com</a> <a href="http://www.odefsey.com">www.odefsey.com</a> <a href="http://www.stribild.com">www.stribild.com</a> <a href="http://www.truvada.com">www.truvada.com</a> <a href="http://www.tybosts.com">www.tybosts.com</a> <a href="http://www.viread.com">www.viread.com</a> <a href="http://www.vitekta.com">www.vitekta.com</a>	<b>Atripla Complera Emtriva Genvoya Odefsey* Stribild Truvada Tybost Viread Vitekta</b>	<b>CAP:</b> Covers the first \$6,000/yr of co-pays for Complera, Genvoya & Stribild; the first \$3,600/yr for Truvada; the first \$300/mo. (\$3,600/ yr) for Emtriva, Viread & Vitekta; and the first \$50/mo. (\$600/ yr) for Tybost. Automatically renews annually.  <b>PAP:</b> Financial eligibility is 500% FPL.	<b>CAP:</b> Cubre los primeros \$6,000/año de copagos para Complera, Genvoya y Stribild; los primeros \$3,600/año para Truvada; los primeros \$300/mes (\$3,600/año) para Emtriva, Viread y Vitekta; y los primeros \$50/mes (\$600/año) para Tybost. Se renueva automáticamente anualmente.  <b>PAP:</b> Elegibilidad financiera es 500% FPL.
<b>Janssen Therapeutics</b>	1-866-961-7169 CAP <a href="http://www.endurant.com">www.endurant.com</a> <a href="http://www.intelence.com">www.intelence.com</a> <a href="http://www.prezista.com">www.prezista.com</a> <a href="http://www.prezcobix.com">www.prezcobix.com</a>  1-800-652-6227 PAP <a href="http://www.jjpaf.org">www.jjpaf.org</a>	<b>Edurant Intelence Prezista Prezcobix</b>	<b>CAP:</b> Covers the first \$7,500/yr of co-pays, deductibles and co-insurance. Must reapply each year.  <b>PAP:</b> Financial eligibility is 200% FPL.	<b>CAP:</b> Cubre hasta \$7,500/año de copagos, deducibles y coseguros. Debe solicitar cada año.  <b>PAP:</b> Elegibilidad financiera es 200% FPL.
<b>Merck &amp; Co.</b>	1-855-834-3467 CAP <a href="http://www.isentress.com">www.isentress.com</a>  1-800-850-3430 PAP <a href="http://www.merck.com/merckhelps">www.merck.com/merckhelps</a>  <a href="http://www.isentress.com">www.isentress.com</a>	<b>Crixivan* Isentress</b>	<b>CAP:</b> Covers the first \$6,600/yr of co-pays. Must reapply after 12 prescriptions filled.  <b>PAP:</b> Financial eligibility is 500% FPL.	<b>CAP:</b> Cubre los primeros \$6,000/año de copagos. Debe aplicar de nuevo después de 12 prescripciones.  <b>PAP:</b> Elegibilidad financiera es 500% FPL.
<b>ViiV Healthcare</b>	1-877-844-8872 CAP <a href="http://www.mysupportcard.com">www.mysupportcard.com</a>  1-877-784-4842 PAP <a href="http://www.viivhealthcareforyou.com">www.viivhealthcareforyou.com</a>	<b>Combivir Epivir Epzicom Lexiva Rescriptor Retrovir Selzentry Tivicay Trizivir Triumeq Viracept Ziagen</b>	<b>CAP:</b> Tivicay & Triumeq have a \$6,000/yr max. Epzicom, Lexiva, Rescriptor, Selzentry & Viracept have a \$2,400/yr max. Must reapply every two years.  <b>PAP:</b> Financial eligibility is 500% FPL.	<b>CAP:</b> Tivicay y Triumeq tienen un máximo de \$6,000/año. Epzicom, Lexiva, Rescriptor, Selzentry and Viracept tienen un máximo de \$2,400/ año. Debe solicitar cada dos años.  <b>PAP:</b> Elegibilidad financiera es 500% FPL.

\* PAP only  
 \*\* CAP only

**Patient Assistance & Co-Pay Programs for Current HIV Medications**  
*Asistencia al paciente y programas de co-pagos para medicamentos corrientes del VIH*

**Additional Resources | Recursos adicionales**

The following suggested resources may be of particular interest to individuals who are not eligible for either PAPs or CAPs.

Los siguientes recursos sugeridos podrían ser de interés a las personas que no son elegibles a obtener PAP o CAP.

**Clinical Trials**

[www.clinicaltrials.gov](http://www.clinicaltrials.gov)

A service of the U.S. National Institutes of Health, ClinicalTrials.gov is a registry and results database of publicly and privately supported clinical studies of human participants conducted around the world.

**Ensayos clínicos**

[www.clinicaltrials.gov](http://www.clinicaltrials.gov)

Un servicio del Instituto de Salud Nacional de EEUU, ClinicalTrials.gov es un registro y tiene una base de datos con resultados de estudios clínicos de participantes humanos a través del mundo apoyado pública y privadamente.

**The Fair Pricing Coalition (FPC)**

[www.fairpricingcoalition.org](http://www.fairpricingcoalition.org)

As part of their advocacy work, the Fair Pricing Coalition (FPC) negotiates with companies to ensure that Patient Assistance Programs (PAPs) are adequately generous and easy to apply for.

**La coalición de Precios Justos (FPC)**

[www.fairpricingcoalition.org](http://www.fairpricingcoalition.org)

Como parte de su abogacía, la coalición negocia con compañías para asegurar que el programa de asistencia a los pacientes siga recibiendo ayuda y sea fácil de solicitar.

**Health Insurance Marketplace**

[www.healthcare.gov](http://www.healthcare.gov)

The official site of the Health Insurance Marketplace, Healthcare.gov allows individuals and families to sign-up for insurance coverage through the Affordable Care Act.

**El Mercado de Seguros de Salud**

[www.healthcare.gov](http://www.healthcare.gov)

El sitio oficial en la web sobre el mercado de seguros de salud, Healthcare.gov permite a individuos y a familias a inscribirse para recibir cobertura a través del Affordable Care Act.

**The Treatment Action Group**

[www.treatmentactiongroup.org](http://www.treatmentactiongroup.org)

The Treatment Action Group collaborates with activists, community members, scientists, governments, and drug companies to make safer, more effective and less toxic treatment for HIV available.

**El Grupo de Acción al Tratamiento**

[www.treatmentactiongroup.org](http://www.treatmentactiongroup.org)

Este grupo colabora con activistas, miembros de la comunidad, científicos, entidades gubernamentales, y compañías farmacéuticas a generar tratamientos del VIH que sean más seguros, eficientes y menos tóxicos.



Art by Arturo



Art by Kevin

## Social Support & Activities / Apoyo Sociales y Actividades

Many people in the Houston area volunteer their time to help persons living with HIV and their families. Some volunteers develop one-on-one relationships with those who need additional social or emotional support, or provide support through telephone contact. Some volunteers help with food preparation, transportation, and running errands.

Also, there are many activities and social groups for people living with HIV in the Houston area.

*Muchas personas en el área de Houston ofrecen voluntariamente su tiempo para ayudar a las personas que viven con el VIH y sus familias. Algunos voluntarios desarrollan relaciones uno a uno con aquellos que necesitan apoyo social o emocional adicional, o brindan apoyo a través del contacto telefónico. Algunos voluntarios ayudan con la preparación de alimentos, transporte y mandados.*

*Además, hay muchas actividades y grupos sociales para las personas que viven con el VIH en el área de Houston.*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>AAMA</b>	(713) 926-9491	(C) East End	All, Free, S\$, Walk-ins, Esp .....	<b>94</b>
<b>AIDS Foundation Houston Camp Hope</b>	(713) 623-6796	Not applicable	C, Y, <b>HIV+ only</b> , Lim .....	<b>90</b>
<b>Alzheimer's Association</b>	(713) 314-1313	(C) Medical Center	Adults, S\$ .....	<b>92</b>
<b>Brazoria County Center for Independent Living</b>	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins .....	<b>101</b>
<b>City of Houston Community Re-Entry Program</b>	(832) 393-5467	(NE) Kashmere Gardens	Adults, I/RR, CD, Free, Walk-ins .....	<b>106</b>
<b>Covenant House Texas</b>	(713) 523-2231	(C) Montrose	Ages 18-21, Free, Walk-ins, Esp .....	<b>107</b>
<b>FLAS, Inc. Colores Latinos</b>	(713) 772-2366	(SW) Gulfton	Latino MSM (18 and up), Free, Walk-ins, Lim, Esp .....	<b>112</b>
<b>Fort Bend Center for Independent Living</b>	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins .....	<b>111</b>
<b>Harmony House, Inc.</b>	(713) 221-6200	(C) Downtown	M, Free, Lim, Homeless .....	<b>115</b>
<b>HHS Northwest Community Health Center</b>	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Appt/ walk-ins, <b>HIV+ only</b> .....	<b>120</b>
<b>HHS Thomas Street Health Center</b>	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Appt/walk-ins, Esp .....	<b>120</b>
<b>HHS Women's Program</b>	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, <b>HIV+ only</b> , Esp....	<b>121</b>
<b>Houston Center for Independent Living</b>	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins .....	<b>122</b>
<b>Houston Humane Society Paw Prints</b>	(713) 433-6421		<b>HIV+ only</b> , Flat Fee, Appt req, Esp ...	<b>123</b>
<b>LIVE Consortium</b>	(713) 861-5483	All	M, W, Free .....	<b>127</b>
<b>Living without Limits Living Large</b>	(832) 545-5689	(C) Montrose	<b>HIV+</b> /affected heterosexuals, Free ....	<b>128</b>
<b>Magnificat Houses Saint Joseph House</b>	(713) 523-5958	(C) Midtown	Adults, Free, Walk-ins .....	<b>129</b>
<b>Northwest Assistance Ministries</b>	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req .....	<b>133</b>
<b>Pet Patrol</b>	(281) 733-7696	All	All (low income & disabled), Free, S\$, Appt req .....	<b>136</b>
<b>PFLAG Houston</b>	(713) 467-3524	(C) Hermann Park	All, Free .....	<b>136</b>
<b>Positive Efforts</b>	(713) 812-0044	(NW) Langwood	Adults, Walk-ins, Free, CD .....	<b>137</b>
<b>Real Talk!</b>		(C) Montrose	M, <b>HIV+ only</b> , Free, Walk-ins .....	<b>138</b>
<b>Triangle Area Network</b>	(409) 832-8338	(E) Beaumont	All, Free, S\$, Appt/walk-ins, Esp .....	<b>150</b>

## Support Groups / Grupos de Apoyo

HIV+ individuals may feel alone, depressed, confused or even guilty. Sometimes help is needed to sort out these emotions. Support groups are available for people with HIV and their loved ones. These services are frequently free of charge, low cost or based on the client's income.

Please see page 59 for Mental Health Services.

*Personas con el VIH pudiesen sentirse solas, deprimidas, confusas o hasta culpables. A veces se necesita ayuda para enfrentar estos sentimientos. Los grupos de ayuda están disponibles para estas personas y sus familiares y muchas veces son gratuitos o basados en el ingreso del cliente.*

*Por favor vea la página 59 para Servicios de salud mental.*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>3 "A" Bereavement Foundation</b>	(713) 649-3232	(SE) OST/South Union	All, Income-based eligibility, Esp.....	<b>87</b>
<b>Alzheimer's Association</b>	(713) 314-1313	(C) Medical Center	Adults, S\$.....	<b>92</b>
<b>Bering Spiritual Support Group</b>	(713) 526-1017	(C) Montrose	<b>HIV+ only</b> , Walk-ins, Free.....	<b>101</b>
<b>Brazoria County Center for Independent Living</b>	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins .....	<b>101</b>
<b>Bridge Over Troubled Waters</b>	(713) 472-0753	(SE)	All, Fam, Appt req, Free, Esp.....	<b>102</b>
<b>Catholic Charities HIV/AIDS Ministry</b>	(713) 874-6724	(C) Midtown	<b>HIV+ only</b> , Free, Appt req, Esp .....	<b>103</b>
<b>Change Happens! Rescue in Motion</b>	(713) 374-1225	(C) Third Ward	Adult homeless/disabled women, Appt req.....	<b>106</b>
<b>Change Happens! Rescue in Motion 4-Him</b>	(713) 374-1234	(C) Third Ward	Adult homeless/disabled men, Appt req.....	<b>106</b>
<b>Depression and Bipolar Support Alliance</b>	(713) 600-1131	(C) Greenway Plaza	All, I/RR, Homeless, Immigrants, CD, Free, Walk-ins .....	<b>109</b>
<b>Fort Bend Center for Independent Living</b>	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins .....	<b>111</b>
<b>Global Counseling and Testing</b>	(832) 244-8769	(SW) Sugar Land	All, Cash pay, Appt req.....	<b>113</b>
<b>HHS Adolescent Program</b>	(713) 873-4100	(C) Near Northside	Y, Free, <b>HIV+ only</b> , Esp.....	<b>119</b>
<b>HHS Thomas Street Health Center</b>	(713) 873-4000	(C) Near Northside	M, W, Free, <b>HIV+ only</b> , Appt/walk-ins, Esp .....	<b>120</b>
<b>HHS Women's Program</b>	(713) 873-4511	(C) Near Northside	W, Free, <b>HIV+ only</b> , Esp.....	<b>121</b>
<b>Houston Area Women's Center</b>	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	<b>122</b>
<b>Houston Center for Independent Living</b>	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins .....	<b>122</b>
<b>Living without Limits Living Large</b>	(832) 545-5689	(C) Montrose	<b>HIV+</b> /affected heterosexuals, Free ...	<b>128</b>
<b>National Alliance on Mental Illness</b>	(713) 970-4419	(C) Montrose	All, Free, Lim, Esp .....	<b>132</b>
<b>Northshore Counseling Center</b>	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, Appt req, I/RR, CD, Esp.....	<b>133</b>
<b>Northwest Assistance Ministries</b>	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req.....	<b>133</b>
<b>PFLAG Houston</b>	(713) 467-3524	(C) Hermann Park	All, Free.....	<b>136</b>
<b>Positive Efforts</b>	(713) 812-0044	(NW) Langwood	Adults, Walk-ins, Free, CD.....	<b>137</b>
<b>Real Talk!</b>		(C)	M, Free, <b>HIV+ only</b> , Walk-ins .....	<b>138</b>
<b>Triangle Area Network</b>	(409) 832-8338	(E) Beaumont	All, Free, Appt/walk-ins, Esp .....	<b>150</b>
<b>UTMB Health Ryan White Program</b>	(409) 772-2222	(SE) Galveston	Adults, Appt/walk-ins, Esp.....	<b>152</b>

## Testing for HIV and STDs / Prueba del VIH y ETS

If you think that you've been exposed to HIV, you should seriously consider taking an HIV test. This simple medical test is the only way to tell if someone has been exposed to the virus. The test can be done at a doctor's office, a clinic or at a testing site or outreach event. At many public clinics you do not have to give your name, and often the test is free or very low cost. Most testing sites will have tests that give immediate results.

*Si cree que ha estado expuesto al VIH, debería considerar seriamente la posibilidad de hacerse la prueba del VIH. Esta simple prueba médica es la única manera de saber si alguien ha sido expuesto al virus. La prueba se puede hacer en el consultorio de un médico, en una clínica o en un lugar de pruebas o en un evento de divulgación. En muchas clínicas públicas no tiene que dar su nombre, y a menudo la prueba es gratuita o de muy bajo costo. La mayoría de los sitios de pruebas tendrán pruebas que darán resultados inmediatos.*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Access Care of Coastal Texas</b>	(409) 763-2437	(SE) Galveston	All, Free, CD, Esp .....	<b>87</b>
<b>AccessHealth</b>	(281) 342-4530	(SW) Fort Bend	All, Walk-ins, S\$, Med, Ins, CHIP, Esp .....	<b>88</b>
<b>AIDS Foundation Houston</b>	(713) 623-6796	(SW) Mid West	All.....	<b>90</b>
<b>AIDS Healthcare Foundation Binz Street</b>	(713) 524-8700	(C) Medical Center	Adults, I/RR, Immigrants, Homeless, Appt req, S\$, Med, Ins, Esp .....	<b>91</b>
<b>AAMA</b>	(713) 926-9491	(C) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp .....	<b>94</b>
<b>Avenue 360 Health and Wellness</b>	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp .....	<b>95</b>
<b>Baylor Teen Health Clinics</b>	(713) 873-3601	Various	Y, Free, Appt req, Esp .....	<b>98</b>
<b>Bee Busy Wellness Center</b>	(713) 771-2292	(SW) Braes Oaks	All, S\$, Med, Ins, Esp .....	<b>101</b>
<b>Career and Recovery Resources</b>	(713) 754-7000	(C) Midtown	M, W, Free, Appt/walk-ins, CD.....	<b>103</b>
<b>Change Happens! Project F.O.R.C.E.</b>	(713) 374-1236	(C) Third Ward	M (18 & up), Free, IRR, CD.....	<b>106</b>
<b>Covenant House Texas</b>	(713) 523-2231	(C) Montrose	Ages 18-21, Free, Walk-ins, Parenting/pregnant moms, Esp .....	<b>107</b>
<b>Fort Bend Co. Clinical Health Svcs.</b>	(281) 342-6414	(SW) Rosenberg	Appt req, Esp .....	<b>111</b>
<b>FLAS, Inc.</b>	(713) 772-2366	(SW) Sharpstown	All, Free, Walk-ins, Esp .....	<b>112</b>
<b>Harris Co. Antoine Health Clinic</b>	(713) 602-3300	(NW) Inwood Forest	All, S\$, Appt recommended, Esp.....	<b>117</b>
<b>Harris Co. Baytown Health Clinic</b>	(281) 427-5195	(E) Baytown	All, S\$, Appt recommended, Esp.....	<b>117</b>
<b>Harris Co. Humble Health Clinic</b>	(281) 446-4222	(N) Humble	All, S\$, Appt recommended, Esp.....	<b>117</b>
<b>Harris Co. Southeast Health Clinic</b>	(713) 740-5000	(SE) Pasadena	All, S\$, Appt recommended, Esp.....	<b>117</b>
<b>HHS Adolescent Program</b>	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, Esp .....	<b>119</b>
<b>HHS Ben Taub General Hospital</b>	(713) 873-2000	(C) Medical Center	All, Walk-ins, S\$, Med .....	<b>119</b>
<b>HHS LBJ Hospital</b>	(713) 566-5100	(N) Kashmere Gardens	All, Walk-ins, S\$, Med .....	<b>120</b>
<b>HHS Northwest Community Health Center</b>	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med .....	<b>120</b>
<b>Thomas Street Health HHS Center</b>	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, Esp.....	<b>120</b>
<b>HHS Women's Program</b>	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, Esp .....	<b>121</b>
<b>Legacy Central Beaumont Clinic</b>	(409) 242-2577	(E) Beaumont	All, S\$, Ins, Med, Esp .....	<b>126</b>
<b>Legacy Lyons Campus</b>	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp.....	<b>126</b>
<b>Legacy Montrose Campus</b>	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp.....	<b>126</b>
<b>Planned Parenthood Gulf Coast</b>	(800) 230-7526	Various	All, S\$, Free, Ins, Walk-ins, Esp.....	<b>137</b>



## Testing for HIV and STDs / Prueba del VIH y ETS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Positive Efforts</b>	(713) 812-0044	(NW) Langwood	Adults, Walk-ins, Free, CD .....	<b>137</b>
<b>Saint Hope Foundation</b>	(713) 778-1300	(SW) Sharpstown	M, W, Ins, Self-pay, S\$, Med.....	<b>139</b>
<b>Saint Hope Foundation Bellaire</b>	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp .....	<b>139</b>
<b>Saint Hope Foundation Conroe</b>	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp .....	<b>140</b>
<b>Saint Hope Foundation Greenspoint</b>	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp .....	<b>140</b>
<b>Saint Hope Foundation Sugar Land</b>	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins .....	<b>140</b>
<b>Triangle Area Network</b>	(409) 832-8338	(E) Beaumont	All, Free, S\$, Med, Ins, Esp.....	<b>150</b>

## Transportation / Transporte

For persons living with HIV without their own transportation, it can be very hard to access needed services. The following agencies offer help with transportation to medical and/or social service providers, but you may have to make reservations well in advance of when you need a ride and other restrictions may apply. Be aware that not all agencies will service your area, and that METRO offers special van services for the disabled individual. Ryan White clients may be eligible to receive a bus pass, see your case manager for details.

*Para las personas que viven con el VIH sin su propio transporte, puede ser muy difícil acceder a los servicios necesarios. Las siguientes agencias ofrecen ayuda con el transporte a proveedores de servicios médicos y/o sociales, pero es posible que tenga que hacer reservaciones con suficiente antelación cuando necesite un viaje y otras restricciones pueden aplicarse. Tenga en cuenta que no todas las agencias prestarán servicio a su área, y que METRO ofrece servicios de van especiales para las personas con discapacidad. Los clientes de Ryan White pueden ser elegibles para recibir un pase de autobús, consulte a su administrador de casos para obtener más detalles.*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Access Care of Coastal Texas</b>	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp .....	<b>87</b>
<b>Harris County RIDES</b>	(713) 368-7433	(N) Eastex/Jensen	Disabled, Elderly or Low income, Flat, Esp .....	<b>118</b>
<b>Saint Hope Foundation</b>	(713) 778-1300	(SW) Sharpstown	M, W, Ins, Self-pay, S\$, Med.....	<b>139</b>
<b>Saint Hope Foundation Bellaire</b>	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp.....	<b>139</b>
<b>Saint Hope Foundation Conroe</b>	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp.....	<b>140</b>
<b>Saint Hope Foundation Greenspoint</b>	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp.....	<b>140</b>
<b>Saint Hope Foundation Sugar Land</b>	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins.....	<b>140</b>
<b>Triangle Area Network</b>	(409) 832-8338	(E) Beaumont	All, Free, S\$, Appt/walk-ins, Esp .....	<b>150</b>
<b>West Houston Assistance Ministries</b>	(713) 977-9942	(W) Westchase	All, Free, Appt/Walk-in, Esp.....	<b>152</b>

### METRO Metropolitan Transit Authority of Harris County

METRO offers a variety of services, including the METRO bus, METRORail, METROLift, STAR (vanpool), and Ride Share programs.

For more information, including maps, schedules and fares, visit [www.ridemetro.org](http://www.ridemetro.org), or call 713-635-4000.

### METRO Autoridad de Tránsito Metropolitano de Harris County

*METRO ofrece una variedad de servicios, que incluyen el METRO Bus, METRORail, METROLift, STAR (vanpool) y los programas Ride Share.*

*Para más información sobre, incluyendo mapas, horarios y tarifas, visite [www.ridemetro.org](http://www.ridemetro.org), o llame al 713-635-4000.*

## Treatment Information & Clinical Trials

### *Información de tratamientos y Pruebas clínicas*

With so many promising new treatments available for HIV, it is more important than ever to stay informed! Fortunately, there are many good sources of information, including free and low cost publications that describe the latest treatment options. To help advance research and have access to “cutting edge” treatments, consider participating in a clinical trial.

The purpose of clinical trials is to study new drugs that fight HIV or the illnesses it causes. All drugs used now are only available because others participated in clinical trials. Persons living with HIV who take part in the free clinical trials may not see a direct result from the experiment (though many do!), but the trials provide doctors with information that might help other people live longer, healthier lives. Any doctor can help connect interested patients to a clinical trial. Also see PUBLICATIONS, page 163.

*Con tantos nuevos tratamientos prometedores, es ahora más importante que nunca el mantenerse informado/a. Afortunadamente, existen muchas buenas fuentes de información, inclusive algunas publicaciones gratuitas y otras a bajo costo. Para ayudar al adelanto de los tratamientos médicos, considere participar en pruebas clínicas.*

*El propósito de éstas es estudiar los medicamentos nuevos que combaten el VIH o las enfermedades que causa. Todos los medicamentos utilizados actualmente están disponibles porque otras personas participaron en pruebas clínicas. Las personas VIH+ participan gratuitamente y quizás no vean beneficios inmediatos (aunque algunos sí los ven), sin embargo las pruebas proveen a los médicos información que pudiera ayudar a otras personas VIH+ a vivir una vida más prolongada y saludable. Médicos pueden conectar a pacientes a las pruebas clínicas (vea PUBLICACIONES, página 163).*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>AIDS Healthcare Foundation Fannin Street</b>	(713) 799-8994	(C) Astrodome/ South Loop	W, Transgender, <b>HIV+ only</b> , I/RR, Appt req, CHIP, S\$, Med, Ins, Esp ....	<b>91</b>
<b>AIDSinfo / infoSIDA</b>	(800) 448-0440	National	All, Free, Esp .....	<b>92</b>
<b>Alzheimer's Association</b>	(713) 314-1313	(C) Medical Center	Adults .....	<b>92</b>
<b>The Center for AIDS at Legacy</b>	(713) 527-8219	(C) Montrose	All, Free, Appt recommended, Esp ...	<b>126</b>
<b>HHS Thomas Street Health Center</b>	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Appt/Walk-in, Esp .....	<b>120</b>
<b>HHS Women's Program</b>	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, <b>HIV+ only</b> , Esp....	<b>121</b>
<b>Saint Hope Foundation Bellaire</b>	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp .....	<b>139</b>
<b>Saint Hope Foundation Conroe</b>	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp .....	<b>140</b>
<b>Saint Hope Foundation Greenspoint</b>	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp .....	<b>140</b>
<b>Saint Hope Foundation Sugar Land</b>	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins .....	<b>140</b>
<b>Southside Pharmacy</b>	(713) 660-8890	(C) Braeswood	All, Esp .....	<b>145</b>
<b>TX Children's Allergy and Immunology Department</b>	(832) 824-2099	(C) Medical Center	C (ages 0-18), Y (up to age 24), Medicaid, Esp .....	<b>147</b>
<b>UT Health Science Center at Houston</b>	(713) 500-6443	(C) Medical Center	All, Immigrants, Free, Med, Ins, Ryan White, Appt req, <b>HIV+ only</b> , Esp .....	<b>152</b>
<b>UTMB Health Ryan White Program</b>	(409) 772-2222	(SE) Galveston	Adults, S\$, Appt/walk-ins, Ins, Med, Esp .....	<b>152</b>
<b>UT Health Houston CNRA</b>	(713) 486-2800	(C) Medical Center	Adults, Free, Appt/Walk-ins, CD, I/RR .....	<b>152</b>

## Veterans' Services / Servicios para Veteranos

Eligibility for most VA benefits is based on the veteran's status of discharge from active military service or completion of at least six years of honorable service in the Selected Reserves. The Defense Department issues each veteran a military discharge form, DD 214, which identifies the veteran's condition of discharge - honorable, general, dishonorable or bad conduct. The DD 214 should be kept in a safe, convenient location. If it is lost, it can be re-obtained through the VA Regional Office.

Honorable and general discharges qualify a veteran for most VA services. Dishonorable and bad conduct discharges issued by general court-martial bar VA benefits. Veterans in prison and parolees may be eligible for certain VA benefits. Specialized medical care for HIV, free medications, long-term housing assistance and many social services are available through the VA Medical Center.

\*If you are a veteran, contact the Veterans Affairs Benefits and Services office at 1-800-827-1000; you may be eligible for a pension or other benefits that you did not even know about!

*La elegibilidad para recibir la mayoría de los beneficios de la Administración de Veteranos (VA) está basada en el tipo de baja del servicio militar activo de un veterano o la terminación de por lo menos seis años de servicio honorable en la Reserva. El Departamento de Defensa provee a cada veterano un formulario de baja, DD 214, que identifica el tipo de exoneración del veterano, sea honrosa, general, deshonrosa o de mala conducta. El formulario DD 214 debe ser guardado en un lugar seguro y conveniente. Si se extravía, se puede obtener otro a través de la oficina regional de VA.*

*La baja honrosa y general permiten que el veterano reciba la mayoría de los servicios. La baja deshonrosa previene que el veterano reciba beneficios. Los veteranos que están en prisión o en libertad bajo palabra pueden ser elegibles a ciertos beneficios. El cuidado médico del VIH, medicamentos gratuitos, asistencia de vivienda a largo plazo y muchos servicios sociales están disponibles en el Centro Médico de la Administración de Veteranos.*

*\* Si Ud. es un veterano, póngase en contacto con la Oficina de Beneficios y Servicios de Veterans Affairs: 1-800-827-1000; ¡puede que sea elegible para recibir beneficios de jubilación u otros beneficios!*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>City of Houston Office of Veteran Affairs</b>	(832) 393-0992	(C) Downtown	Veterans and their families, Free, Walk-ins, Esp .....	<b>107</b>
<b>Global Counseling and Testing</b>	(832) 244-8769	(SW) Sugar Land	All, Cash only, Appt req .....	<b>113</b>
<b>Harris County Housing and Community Resource Center</b>	(713) 578-2055	(C) Astrodome/ South Loop	All, Free, Esp .....	<b>115</b>
<b>Houston VA Medical Center</b>	(713) 794-7288	(C) Medical Center	Veterans, Walk-ins, Income-based eligibility, CD .....	<b>131</b>
<b>Northwest Assistance Ministries</b>	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req .....	<b>133</b>
<b>Santa Maria Hostel</b>	(713) 691-0900	(N) Eastex/Jensen	W, W/C, I/RR, CD, Free, Appt req.....	<b>141</b>
<b>SER Jobs for Progress of the Texas Gulf Coast</b>	(713) 773-6000	(C) Near Northside	All, Free .....	<b>142</b>

## Volunteer Opportunities / Oportunidades para Voluntarios

Many agencies would not be able to serve the needs of their clients if not for the help of caring volunteers. Volunteer opportunities range from answering phones and mailing newsletters to assisting with client services.

To find out more and get involved, call today!

*Muchas organizaciones no podrían servir a sus clientes sin el trabajo realizado por los voluntarios. Las oportunidades son muchas, como atendiendo el teléfono, enviando correspondencias, asistiendo con los servicios del cliente.*

*¡Para mayor información y participar, llame hoy!*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>AAMA</b>	(713) 926-9491	(C) East End	All, Esp .....	<b>95</b>
<b>AIDS Foundation Houston</b>	(713) 623-6796	(SW) Mid West	All .....	<b>91</b>
<b>Alzheimer's Association</b>	(713) 314-1313	(C) Medical Center	Adults, S\$ .....	<b>92</b>
<b>Brazoria County Center for Independent Living</b>	(979) 849-7060	(S) Angleton	All, Disabled .....	<b>101</b>
<b>Catholic Charities AIDS Ministry</b>	(713) 874-6724	(C) Midtown	All, Esp .....	<b>103</b>
<b>Change Happens!</b>	(713) 374-1200	(C) Third Ward	All .....	<b>105</b>
<b>City of Houston Community Re-Entry Program</b>	(832) 393-5467	(NE) Kashmere Gardens	Adults.....	<b>106</b>
<b>Cypress Assistance Ministries</b>	(281) 955-7684	(NW) Cy Fair	All .....	<b>108</b>
<b>East Ft. Bend Human Needs Ministry</b>	(281) 261-1006	(SW) Stafford	All .....	<b>110</b>
<b>Fort Bend Center for Independent Living</b>	(281) 980-2219	(SW) Sugar Land	All, Disabled .....	<b>111</b>
<b>Fort Bend County Women's Center</b>	(281) 344-5750	(SW) Rosenberg	All .....	<b>111</b>
<b>Good Shepherd Mission</b>	(936) 291-8156	(N) Huntsville	All .....	<b>113</b>
<b>Harmony House, Inc.</b>	(713) 221-6200	(C) Downtown	M, Free .....	<b>115</b>
<b>Houston Area Women's Center</b>	(713) 528-6798	(C) Montrose	W, Esp .....	<b>122</b>
<b>Houston Center for Independent Living</b>	(713) 974-4621	(SW) Sharpstown	All, Disabled .....	<b>122</b>
<b>LGBT Switchboard Houston</b>	(713) 529-3211	(C) Montrose	All .....	<b>127</b>
<b>LIVE Consortium</b>	(713) 861-5483	All	All .....	<b>127</b>
<b>Magnificat Houses Loaves &amp; Fishes</b>	(713) 224-1373	(C) Downtown	All .....	<b>128</b>
<b>National Alliance on Mental Illness (NAMI)</b>	(713) 970-4419	(C) Montrose	All, Esp .....	<b>132</b>
<b>Open Door Mission</b>	(713) 921-7520	(C) East End	M.....	<b>134</b>
<b>Positive Efforts</b>	(713) 812-0044	(NW) Langwood	Adults.....	<b>137</b>
<b>Rehoboth Foundation, Inc.</b>	(713) 484-5850	(SW) Braeburn	All .....	<b>138</b>
<b>Ryan White Planning Council</b>	(713) 572-3724	(C) Galleria/Post Oak	All .....	<b>139</b>
<b>Saint Hope Foundation</b>	(713) 778-1300	(SW) Sharpstown	All .....	<b>139</b>
<b>Southside Patient Assistance Program</b>	(832) 488-3205	(C) Braeswood	All, Esp .....	<b>145</b>
<b>Thomas Street Patient Advisory Council</b>	(713) 873-4040	(C) Near Northside	All .....	<b>150</b>
<b>West Houston Assistance Ministries</b>	(713) 977-9942	(W) Westchase	All, Esp .....	<b>152</b>

## Women's Services / Servicios para Mujeres

Many women living with HIV have discovered that there do not seem to be as many services for them as there are for men living with HIV. However, this situation is changing. The Houston area offers OB/GYN care and family planning to women living with HIV through physicians and community clinics.

Women with children may be interested in free parenting classes, day care, and special services for their children (see Children's Services, page 25). The agencies listed below specialize in serving the needs of women, although most agencies in the book can help as well.

*Muchas mujeres que viven con el VIH han descubierto que parece no haber tanta ayuda para ellas como la hay para los hombres. Sin embargo, esta situación está cambiando. El área de Houston provee cuidado médico para las mujeres, y existen clínicas que se especializan en la planificación familiar.*

*Mujeres con hijos pueden asistir a clases para ser mejores madres, se dispone de cuidado diurno y otros servicios especiales para niños (vea Servicios para niños, página 25). Estas agencias se especializan en servicios para mujeres, aunque la mayoría de ellas en este libro pueden ayudar.*

### Housing / Vivienda

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>AIDS Foundation Houston Burrell Street Apartments</b>	(713) 623-6796	(N) Northside	W, <b>HIV+ only</b> , I/RR, CD, Homeless .....	<b>90</b>
<b>Bay Area Turning Point Crisis Shelter</b>	(281) 338-7600	(SE) Webster	W, Fam, Free, Appt req, Esp.....	<b>98</b>
<b>Bridge Over Troubled Waters Emergency Shelter</b>	(713) 472-0753	(SE)	W, Fam, Appt req, Free, Esp.....	<b>102</b>
<b>FamilyTime Crisis and Counseling Center</b>	(281) 446-2615	(N) Humble	All, Free, S\$, Appt req (walk-ins crisis only) .....	<b>111</b>
<b>Ft. Bend County Women's Center</b>	(281) 344-5750	(SW) Rosenberg	All, Free, Appt/walk-ins, Esp.....	<b>111</b>
<b>Magnificat Houses Myriam's Hostel</b>	(713) 520-0461	(C) Downtown	W, Free, Walk-ins, CD, I/RR, Homeless, Lim, Esp.....	<b>129</b>
<b>Santa Maria Hostel</b>	(713) 691-0900	(N) Eastex/Jensen	W, W/C, I/RR, CD, Free, Appt req.....	<b>141</b>

### Medical Services / Servicios médicos

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>AccessHealth</b>	(281) 342-4530	(SW) Fort Bend	All, Walk-ins, S\$, Med, Ins, CHIP, Ryan White Esp .....	<b>88</b>
<b>AIDS Healthcare Foundation Fannin Street</b>	(713) 799-8994	(C) Astrodome/South Loop	W, Transgender, <b>HIV+ only</b> , I/RR, Appt req, CHIP, S\$, Med, Ins, Esp....	<b>91</b>
<b>Avenue 360 Health and Wellness</b>	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp.....	<b>95</b>
<b>Bee Busy Wellness Center</b>	(713) 771-2292	(SW) Braes Oaks	All, Appt/walk-ins, S\$, Med, Ins, Esp.....	<b>101</b>
<b>HHS Northwest Community Health Center</b>	(713) 861-3939	(NW) Oak Forest/Garden Oaks	M, W, Free, S\$, Med, Appt/walk-ins, <b>HIV+ only</b> .....	<b>120</b>
<b>HHS Thomas Street Health Center</b>	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Appt Req, Walk-ins, Esp.....	<b>120</b>
<b>Legacy Lyons Campus</b>	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp .....	<b>121</b>
<b>Legacy Montrose Campus</b>	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp .....	<b>126</b>
<b>Legacy San Jacinto Campus</b>	(281) 420-8400	(E) Baytown	All, S\$, Ins, Med, CHIP, Esp.....	<b>127</b>

## Women's Services / *Servicios para mujeres*

### Medical Services / *Servicios médicos*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
<b>Legacy South Park Campus</b>	(409) 242-2525	(E) Beaumont	All, S\$, Ins, Med, CHIP, Appt/ walk-ins, Esp.....	<b>127</b>
<b>Legacy Southwest Campus</b>	(713) 779-6400	(SW) Gulfton	W, C, S\$, Med, Ins, Esp .....	<b>127</b>
<b>Planned Parenthood Gulf Coast</b>	(800) 230-7526	All	All, S\$, Free, Walk-ins, Esp.....	<b>137</b>
<b>Saint Hope Foundation Bellaire</b>	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp .....	<b>139</b>
<b>Saint Hope Foundation Conroe</b>	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp .....	<b>140</b>
<b>Saint Hope Foundation Greenspoint</b>	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp .....	<b>140</b>
<b>Saint Hope Foundation Sugar Land</b>	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins .....	<b>140</b>
<b>Saint Hope Foundation Texas City</b>	(832) 431-5162	(SE) Texas City	M, W, CD, I/RR, S\$, Med, Ins .....	<b>141</b>
<b>Triangle Area Network</b>	(409) 832-8338	(E) Beaumont	All, Free, S\$, Med, Ins, Financing, Appt/walk-ins, Esp .....	<b>150</b>
<b>UTMB Health Ryan White Program</b>	(409) 772-2222	(SE) Galveston	Adults, S\$, Appt/walk-ins, Ins, Med, Esp.....	<b>152</b>

### Support Services / *Servicios de apoyo*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
<b>AccessHealth</b>	(281) 342-4530	(SW) Fort Bend	All, Walk-ins, S\$, Med, Ins, CHIP, Ryan White, Esp .....	<b>88</b>
<b>Brazos Place</b>	(979) 233-3826	(S) Freeport	Adults, S\$, Appt/walk-ins, Waiting list, CD, Esp .....	<b>101</b>
<b>Bridge Over Troubled Waters</b>	(713) 472-0753	(SE)	All, W, Fam, Appt req, Free, Esp .....	<b>102</b>
<b>FamilyTime Crisis and Counseling Center</b>	(281) 446-2615	(N) Humble	All, Free, S\$, Appt Req (walk-ins crisis only) .....	<b>111</b>
<b>Ft. Bend County Women's Center</b>	(281) 344-5750	(SW) Rosenberg	M, W, Y, Fam, Free, Appt/ walk-ins, Esp .....	<b>111</b>
<b>Global Counseling and Testing</b>	(832) 244-8769	(SW) Sugar Land	All, Cash only, Appt req .....	<b>113</b>
<b>Harris County WIC Program</b>	(713) 407-5800	(C) Galleria/Post Oak	C (0-5 yrs), Pregnant, postpartum & breastfeeding women, Free (based on income), Esp .....	<b>117</b>
<b>Houston Area Women's Center</b>	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp .....	<b>122</b>
<b>Northshore Counseling Center</b>	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, Appt req, I/RR, CD, Esp .....	<b>133</b>
<b>Northwest Assistance Ministries</b>	(281) 885-4555	(N) Bammel	All, Free or low cost, Appt req (walk- ins for emergency food only) .....	<b>133</b>
<b>Positive Efforts</b>	(713) 812-0044	(NW) Langwood	Adults, Walk-ins, Free, CD .....	<b>137</b>
<b>Presbyterian Children's Home and Services</b>	(713) 721-2908	(SW) Willow Meadows/Willow Bend	All, Free .....	<b>137</b>
<b>Presbyterian Children's Home and Services</b>	(713) 490-9570	(W) Memorial	All, Free .....	<b>137</b>
<b>Triangle Area Network</b>	(409) 832-8338	(E) Beaumont	All, Free, S\$, Med, Ins, Financing, Appt/walk-ins, Esp .....	<b>150</b>

## Youth/Teen Services / Servicios para Jóvenes/Adolescentes

Youth living with HIV often have unique needs. If you are between the ages of 13 and 24 and have tested positive for HIV, please call one of the agencies below; all have special programs for youth with HIV and they are there to help you.

Los jóvenes que viven con el VIH a menudo tienen necesidades únicas. Si tiene entre 13 y 24 años de edad y ha resultado ser VIH positivo, llame a una de las agencias siguientes; todos tienen programas especiales para jóvenes con VIH y están ahí para ayudarlos.

### Housing / Vivienda

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Covenant House Texas</b>	(713) 523-2231	(C) Montrose	Ages 18-21, Free, Esp, Walk-ins, Parenting/pregnant moms.....	<b>107</b>

### Medical Services / Servicios médicos

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>Avenue 360 Health and Wellness</b>	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp.....	<b>95</b>
<b>Baylor Teen Health Clinics</b>	(713) 873-3601	Various	Y, Free, Appt req, Esp .....	<b>98</b>
<b>Bee Busy Wellness Center</b>	(713) 771-2292	(SW) Braes Oaks	All, Appt/walk-ins, S\$, Med, Ins, Esp..	<b>101</b>
<b>Covenant House Texas</b>	(713) 523-2231	(C) Montrose	Ages 18-21, Free, Esp, Walk-ins, Parenting/pregnant moms .....	<b>107</b>
<b>HHS Adolescent Program</b>	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, <b>HIV+ only</b> , Esp ....	<b>119</b>
<b>HHS Northwest Community Health Center</b>	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Appt/walk-ins, <b>HIV+ only</b> .....	<b>120</b>
<b>Legacy Lyons Campus</b>	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp .....	<b>126</b>
<b>Legacy Montrose Campus</b>	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp .....	<b>126</b>
<b>Planned Parenthood Gulf Coast</b>	(800) 230-7526	All	M, W, Y, Free, Walk-ins, Esp .....	<b>137</b>
<b>Saint Hope Foundation Bellaire</b>	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp.....	<b>139</b>
<b>Saint Hope Foundation Conroe</b>	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp.....	<b>140</b>
<b>Saint Hope Foundation Greenspoint</b>	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp.....	<b>140</b>
<b>Saint Hope Foundation Sugar Land</b>	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins.....	<b>140</b>
<b>Saint Hope Foundation Texas City</b>	(832) 431-5162	(SE) Texas City	M, W, CD, I/RR, S\$, Med, Ins.....	<b>141</b>
<b>Triangle Area Network</b>	(409) 832-8338	(E) Beaumont	All, Free, S\$, Med, Ins, Financing, Appt/walk-ins, Esp.....	<b>150</b>
<b>UT Health Science Center at Houston</b>	(713) 500-6608	(C) Medical Center	All, Free, Med, Ryan White, Ins, Appt req, <b>HIV+ only</b> , Esp .....	<b>152</b>

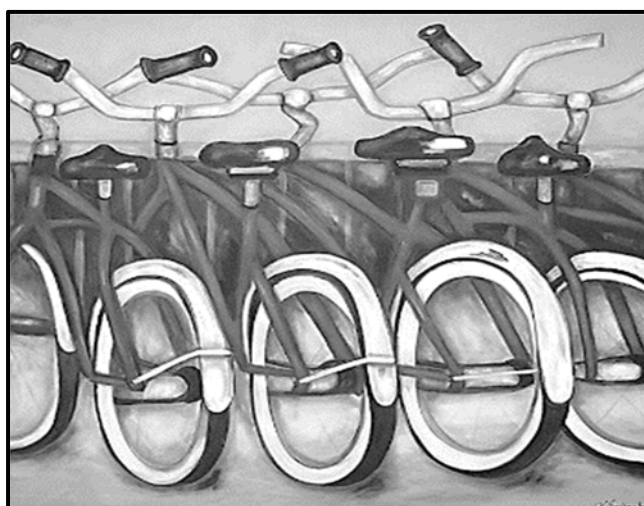
### Support Services / Servicios de apoyo

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
<b>AAMA</b>	(713) 926-9491	(C) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp .....	<b>95</b>
<b>AIDS Foundation Houston Camp Hope</b>	(713) 623-6796	Not applicable	C, Y, <b>HIV+ only</b> , Free, Lim.....	<b>90</b>
<b>Ambassadors for Christ Youth Ministries</b>	(281) 536-5475	(W) Uptown	Y, Homeless, Appt/walk-ins, Esp .....	<b>93</b>
<b>Baylor Teen Health Clinics</b>	(713) 873-3601	Various	Y, Free, Appt req, Esp .....	<b>98</b>
<b>Cenikor Odyssey House Texas</b>	(713) 726-0922	(SW) Central SW	Y, CD, S\$, Med, Ins, Financing available, Appt req, Esp .....	<b>105</b>

## Youth/Teen Services / *Servicios para Jóvenes/Adolescentes*

### Support Services / *Servicios de apoyo*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
<b>Change Happens! Helping Youth Prevent Engaging in Risky Behavior</b>	(713) 374-1200	(C) Third Ward	Y (ages 14-19) .....	<b>105</b>
<b>Change Happens! Rescue Youth Program</b>	(713) 374-1252	(C) Third Ward	Y (ages 12-19), Appt req, Free, CD ..	<b>106</b>
<b>Covenant House Texas</b>	(713) 523-2231	(C) Montrose	Ages 18-21, Free, Esp, Walk-ins, Parenting/pregnant moms .....	<b>107</b>
<b>Global Counseling and Testing</b>	(832) 244-8769	(SW) Sugar Land	All, Cash only, Appt req .....	<b>113</b>
<b>HATCH</b>	(713) 529-3590	(C) Montrose	Y, Free, Walk-ins .....	<b>121</b>
<b>HHS Adolescent Program</b>	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, <b>HIV+ only</b> , Esp ....	<b>119</b>
<b>HHS Northwest Community Health Center</b>	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Appt/Walk-ins, <b>HIV+ only</b> .....	<b>120</b>
<b>Houston Area Women's Center</b>	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp .....	<b>122</b>
<b>Humble Area Assistance Ministries</b>	(281) 446-3663	(N) Humble	All, Fam, Free .....	<b>124</b>
<b>National Alliance on Mental Illness (NAMI)</b>	(713) 970-4419	(C) Montrose	All, I/RR, Homeless, CD, Free, Esp ..	<b>132</b>
<b>Northshore Counseling Center</b>	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, Appt req, I/RR, CD, Esp .....	<b>133</b>
<b>Palmer Drug Abuse Program (PDAP)</b>	(281) 870-9311	Various	Ages 12-17 & 18-25, Free, Walk-ins, CD .....	<b>135</b>
<b>Presbyterian Children's Home and Services</b>	(713) 721-2908	(SW) Willow Meadows/Willow Bend	All, Free .....	<b>137</b>
<b>Presbyterian Children's Home and Services</b>	(713) 490-9570	(W) Memorial	All, Free .....	<b>137</b>
<b>Texas Prevention Network</b>	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Ins, Appt/walk-ins ....	<b>149</b>
<b>Texas Youth and Runaway Hotline</b>	(800) 989-6884	Statewide	C, Y, Fam, Free, Esp .....	<b>148</b>
<b>UT Health Science Center at Houston</b>	(713) 500-6608	(C) Medical Center	All, Free, Med, Ryan White, Ins, Appt req, <b>HIV+ only</b> , Esp .....	<b>152</b>



Art by Gary



# Alphabetical Listing of Agencies *Lista De Agencias por Orden Alfabético*

## 3A - Ac

### 3 "A" BEREAVEMENT FOUNDATION (3ABF)

5330 Griggs Road, Suite A108  
Houston, TX 77021-3756

MAIN ..... (713) 649-3232  
FAX ..... (713) 649-2328  
WEB ..... www.3abereavement.org  
EMAIL ..... bereavement3a@aol.com  
CITY SECTION ..... Southeast  
NEIGHBORHOOD ..... OST/South Union  
AREA SERVED ..... Harris and Fort Bend counties  
BUS ROUTES ..... 5, 77, METRO light rail  
LEGEND ..... All, Income-based eligibility, Free,  
Walk-ins, Esp  
HOURS ..... Mon-Fri, 9am-5pm; on-call after hours  
NEED FOR INTAKE ..... Proof of income, government  
assistance letter/documents

3ABF is a nonprofit organization established to provide comprehensive bereavement support services to low-income and working poor families. Our mission is to enable low-income and working poor bereaved families to secure services to address their bereavement needs.

*3ABF es una organización sin fines establecida para proporcionar servicios integrales de apoyo para duelo a familias de bajos ingresos y trabajadores pobres. Nuestra misión es permitir que las familias de bajos ingresos y pobres que trabajan en condiciones de aflicción aseguren servicios para atender de manera integral sus necesidades de duelo.*

#### **Bereaved Family Assistance Fund**

Bereaved Family Assistance Fund provides financial support to defray funeral expenses. Crisis Emergency Assistance - consultations and referrals to families prior to the death of a loved one. Helping Hands - hands-on assistance in all aspects of preparing for funeral services. Grief Counseling - group and individual informal and professional sessions. Crime Victim Services - assists families of victims of violent crime to receive state support. Community Outreach - workshops to educate low-income residents about bereavement planning.

#### **Fondo de Asistencia para Familias en Luto**

*Fondo de Asistencia para Familias en Luto proporciona apoyo financiero para cubrir los gastos funerarios. Asistencia de Emergencia en Crisis - consultas y referencias a familias antes de la muerte de un ser querido. Manos que ayudan - asistencia práctica en todos los aspectos de la preparación de servicios funerarios. Consejo de Duelo - sesiones informales y profesionales en grupo e individuales. Servicios para Víctimas del Crimen - ayuda a familias de víctimas de crimen violento para recibir apoyo del estado. Compromiso de la comunidad - talleres para educar a residentes de bajos ingresos sobre la planeación del duelo.*

### A CARING SAFE PLACE

1804 Carr Street  
Houston, TX 77026-7316

MAIN ..... (713) 225-5441  
FAX ..... (713) 225-5442  
WEB ..... www.acaringsafeplace.org  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Fifth Ward  
BUS ROUTES ..... 6  
LEGEND ... M (18+), Homeless, Appt req, **HIV+ only**, CD

Long term housing program for men living with HIV who have a history of substance abuse. The program includes case management, substance abuse counseling, support groups, life skills training, job search, placement and vocational training, nutritional services, HIV education and preparation for re-entry into independent living. Call for intake.

### A COMMUNITY FUNERAL HOME

5050 Griggs Road  
Houston, TX 77021

MAIN ..... (713) 747-4420  
FAX ..... (713) 747-4421  
WEB ..... www.communityfuneralhome.org  
EMAIL ..... communityfuneralhome@yahoo.com  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... OST/South Union  
BUS ROUTES ..... 5, 80, 87  
HOURS ..... Mon-Fri, 9am-5pm; Saturday-Sunday by  
appt; Available to families 24/7

Offers affordable funeral, burial, cremation and pre-need services.

### ACCESS CARE OF COASTAL TEXAS

707 23rd Street  
Galveston, TX 77550-2201

MAIN ..... (409) 763-2437  
FAX ..... (409) 763-5482  
TTY ..... (409) 763-2437  
WEB ..... www.acctexas.org  
EMAIL ..... acct@acctexas.org

AREA SERVED ..... Brazoria, Galveston and  
Matagorda counties

LEGEND ..... All, **HIV+ only**, Free, CD, Esp  
HOURS ..... Mon-Thur, 9am-5pm; Fri, 9am-12pm  
NEED FOR INTAKE ... Proof of HIV status, call for intake

ACCT is a nonprofit organization providing service to the HIV community in Galveston, Matagorda and Brazoria counties.

ACCT es una organización sin fines de lucro que presta servicios a la comunidad de VIH en los condados de Galveston, Matagorda y Brazoria.

Prescription and clinic co-payments, nutritional counseling, entitlement counseling, safer sex counseling, stress management, case management, legal referrals, funeral planning, client workshops, transportation, emergency financial assistance, rental assistance, HIV information library, support groups, speakers bureau, medical equipment & supplies, home and hospital visits, caregiver support, food pantry, buddy and phone program, notary services.

*Administradores de casos de habla hispana. Se provee parte de los pagos para las clínicas y recetas médicas, consulta nutricional, consejería sobre el contacto sexual más seguro, consejo sobre el manejo del estrés, administración de casos, referencia legal, planificación funeraria, talleres para el cliente, transportación, asistencia financiera de emergencia, pago de alquiler, biblioteca referente al HIV, grupos de apoyo, equipo y suministro médico, visitas a la casa y al hospital, asistencia de cuidador/a, almacén de alimentos, apoyo telefónico y de voluntarios, servicio notarial. Debe comprobar que el cliente es una persona con el VIH; llame para su cita inicial.*

## ACCESSHEALTH

WEB .....www.myaccesshealth.org  
 NEIGHBORHOOD . Richmond, Missouri City, Brookshire  
 AREA SERVED.....Austin, Colorado, Ft. Bend, Waller  
 and Wharton counties  
 LEGEND.....All, Walk-ins, S\$, Med, Ins, CHIP, Esp  
 NEED FOR INTAKE....ID, proof of income and residency

AccessHealth is a federally qualified health center, providing a full range of healthcare services--primary care for adults and children, women's services, dental services, behavioral health services, chronic illness management, diabetes management, pharmacy services, lab services, immunizations, drug assistance plans, and the WIC nutrition program.

We have four clinic locations which are listed below. HIV services are available in Richmond and Missouri City. Psychological counseling is offered in Richmond, Missouri City, and Brookshire.

*AccessHealth es un centro de salud calificado a nivel federal, que proporciona una gama completa de servicios de salud - atención primaria para adultos y niños, servicios para mujeres, servicios dentales, servicios de salud de conducta, manejo de enfermedades crónicas, administración de diabetes, servicios de farmacia, servicios de laboratorio, inmunizaciones, planes de asistencia para medicamentos y el programa de nutrición de WIC.*

*Tenemos cuatro ubicaciones de clínicas que se indican a continuación. Hay servicios de VIH disponibles en*

*Richmond y Missouri City. El asesoramiento psicológico se ofrece en Richmond, Missouri City, y Brookshire.*

## Medical Services - all locations

AccessHealth is a private, non-profit primary care medical facility serving low income individuals and families. Medical services include comprehensive primary health care, preventive health services, translation, laboratory, radiology and pharmacy and also provides WIC and behavioral health services.

## Servicios Médicos - todas las localizaciones

*AccessHealth es una instalación médica de cuidado primario privada sin fines de lucro que da servicio a individuos y familias de bajos ingresos. Los servicios médicos incluyen cuidado de la salud primario, servicios preventivos de salud, traducción, laboratorio, radiología y farmacia y también proporciona WIC y servicios de salud de comportamiento.*

### Brookshire Center

533 FM 359 S  
 Brookshire, TX 77423

MAIN ..... (281) 822-4235  
 FAX ..... (281) 375-8442

### Missouri City Center

307 Texas Parkway  
 Missouri City, TX 77489

MAIN ..... (281) 969-1800  
 FAX ..... (281) 499-2019

### Richmond Center

400 Austin Street  
 Richmond, TX 77469-4406

MAIN/INTAKE ..... (281) 342-4530  
 FAX ..... (281) 633-3174

CITY SECTION..... Southwest  
 NEIGHBORHOOD..... Richmond  
 HOURS ..... Mon-Fri, 8am-5pm

## HIV Program

Richmond and Missouri City

INTAKE ..... (281) 633-3166  
 LEGEND ..... Adults, **HIV+ only**, S\$, Med, Ins, CHIP,  
 Ryan White, Esp  
 NEED FOR INTAKE ..... Picture ID, proof of residence,  
 income and HIV status, Medicare/Medicaid/  
 insurance card

AccessHealth's HIV Program provides medical case management to adults living with HIV to ensure treatment support, individual coordination for the Texas HIV Medication Program, dental and eye care, and specialty care. AccessHealth also boasts an in-house laboratory, Class A pharmacy, and gas cards for transportation as needed/ available. Psychological counseling services are offered to persons of all ages, and include individual, family, and couples counseling.

## Programa de VIH

Proporciona administración de casos médicos para adultos que viven con VIH para garantizar apoyo de tratamiento, coordinación de individuos para el Programa de Medicamentos de VIH de Texas, cuidado dental y ocular, y cuidado de especialidad. AccessHealth también impulsa un laboratorio local, farmacia de Clase A, y tarjetas de combustible para transporte conforme se necesite/esté disponible. Se ofrecen servicios de consulta psicológica para personas de todas las edades, e incluyen consultas individuales, familiares y de pareja.

## ADDICTS CAN BE DISCIPLES TOO



3230 Hadley Street  
Houston, TX 77004-2034

### Mailing address:

3711 Southmore Blvd. #1115  
Houston, TX 77004-7948

MAIN ..... (713) 529-2840  
FAX ..... (713) 529-2840  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Third Ward  
BUS ROUTES ..... 54  
LEGEND ..... All, S\$, Appt/Referral required, CD  
HOURS ..... Mon-Thur, 10am-11am  
NEED FOR INTAKE ..... Call for intake

Faith based substance abuse recovery services offering life skills education individual recovery support, spiritual support group and relapse prevention support group. Licensed chemical dependency counselor on staff.

## ADULT REHABILITATION SERVICES



6624 Hornwood Dr.  
Houston, TX 77074-5010

MAIN ..... (713) 541-4422  
FAX ..... (713) 541-9085  
WEB ..... www.adult-rehab.com  
EMAIL ..... adultrehab@adultrehab.comcastbiz.net  
CITY SECTION ..... Southwest  
NEIGHBORHOOD ..... Sharpstown  
AREA SERVED ..... Harris and Ft. Bend counties  
BUS ROUTES ..... 9  
LEGEND ..... Adults (18+), CD  
HOURS ..... Mon-Fri, 6am-10am; Sat, appointment only  
NEED FOR INTAKE ..... Valid ID, history of substance use

A private and confidential opioid treatment program, includes maintenance (methadone, buprenorphine) and counseling.

## AID TO VICTIMS OF DOMESTIC ABUSE



1001 Texas Avenue, Suite 600  
Houston, TX 77002-3181

MAIN ..... (713) 224-9911  
FAX ..... (713) 715-6935

WEB ..... www.avda-tx.org  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Downtown  
AREA SERVED ..... Harris, Galveston & Montgomery Counties

HOURS ..... Mon-Fri, 8am-5pm; after hours  
by appointment

BUS ROUTES ..... 6, 20, 32, 51, 52, 82, Metro light rail

AVDA is a non-profit whose mission is to end family violence. AVDA offers free legal services to victims of domestic violence for protective orders, divorce and child custody, as well as other support and resources.

*AVDA es una organización sin fines de lucro cuya misión es acabar con la violencia familiar. AVDA ofrece servicios legales gratuitos a las víctimas de violencia doméstica para órdenes de protección, divorcio y custodia de niños, así como otro tipo de apoyo y recursos.*

## Battering Intervention and Prevention Services (BIPP)

LEGEND ..... Adults, I/RR, S\$, Scholarships, Appt req

AVDA's BIPP program is located at sites across the Greater Houston Area and is for individuals who have been physically, emotionally, or verbally abusive in a relationship. Staff are licensed and well-trained to provide quality group psychoeducational classes, and the program is a minimum of 18 weeks per state accreditation guidelines.

## Intervención y Prevención de la Violencia Doméstica

*Nuestro programa de grupo basada en la discusión se centra en el cambio personal para poner fin a la conducta abusiva. Grupo BIPP de AVDA te da herramientas para poner fin a los abusos, ya sea física, verbal o emocional. Deje AVDA ayuda usted se convierte en el mejor padre, pareja y persona que puedas ser.*

## Legal Advocacy Program

LEGEND ..... All, Fam, Immigrants, Free (some court costs if higher income), Walk-ins (appt recommended), Esp

Provides free legal representation for victims of domestic abuse for protective order, divorce, child custody, and child support. AVDA's advocates (bilingual in Spanish/English) provide safety planning, help with crime victims compensation, information/ referral and more, and the Trauma Counselor provides free group and individual counseling to both adults and children

## Programa de Servicios Legales

*Proporcionamos ayuda sin costo para: (1) la representación legal de las ordines de protección, el divorcio, la manutención de menores y custodia de los hijos; (2) intervención en crisis, la promoción y el apoyo; (3) panificación de la seguridad y referencias; (4) asistencia financiera para refugio de emergencia, alimentos, transportación y más; (5) consejería individual y do grupos para el sobreviviente y sus hijos; (6) fondos para la educación y la formación.*

## AIDS FOUNDATION HOUSTON



6260 Westpark Drive, Suite 100  
Houston, TX 77057-7353

MAIN ..... (713) 623-6796  
 FAX ..... (713) 623-4029  
 WEB ..... www.AIDShelp.org  
 EMAIL ..... info@afhouston.org  
 CITY SECTION ..... Southwest  
 NEIGHBORHOOD ..... Mid West  
 BUS ROUTES ..... Hillcroft Transit Station  
 HOURS ..... Mon-Fri, 9am-6pm

AFH provides prevention, housing and supportive services to individuals living with HIV and their families. Prevention efforts include education, linkage into care, PrEP awareness, counseling, testing and referral services, outreach and peer-to-peer training programs. Housing programs include housing in the community and at AFH housing facilities for low-income and homeless individuals and families that also have mental health and substance abuse issues and struggle to become economically independent. Supportive services include basic needs such as food, support in accessing services, re-engaging in health care. AFH also provides services to young people who are affected by HIV through Camp Hope. Other efforts include AIDS Walk Houston and annual World AIDS Day luncheon.

### A Friendly Haven

CITY SECTION ..... Central  
 NEIGHBORHOOD ..... Midtown  
 LEGEND ..... Fam, **HIV+ only**, Homeless, I/RR, CD  
 NEED FOR INTAKE ..... Appointment only, intake coordinated access required - call for information

Housing, case management and supportive services for low-income and/or homeless individuals. Supportive services on-site to help with stabilizing income through access to mainstream benefits, employment, training and/or school and accessing health services including mental health and substance abuse treatment. Access to basic need services including parenting, Stone Soup food pantry and linkage into medical services. Services for children include advocacy regarding school, afterschool activities, homework support and group activities. Opportunities to engage in volunteering, tenant engagement and community activities.

### Burruss Street Apartments

CITY SECTION ..... North  
 NEIGHBORHOOD ..... Northside  
 LEGEND ..... W, **HIV+ only**, I/RR, CD, Homeless  
 NEED FOR INTAKE ..... Appointment only, intake coordinated access required - call for information

Housing, case management and supportive services for low-income and/or homeless individuals. Supportive services on-site to help with stabilizing income through access to mainstream benefits, employment, training and/or school and accessing health services including

mental health and substance abuse treatment. Access to basic need services include Stone Soup food pantry and linkage into medical services. Opportunities to engage in volunteering, tenant engagement and community activities.

### Camp Hope

LEGEND ..... C, Y, **HIV+ only**, Free, Lim  
 NEED FOR INTAKE ..... Referral required

Camp Hope is a summer camp for children and youth that are HIV positive. They must obtain a referral from their medical provider to apply for camp. Please call for more information.

### Chupik House

CITY SECTION ..... Southwest  
 NEIGHBORHOOD ..... Richmond  
 LEGEND ..... M, **HIV+ only**, Homeless, CD, Appt req, Lim

Housing, case management and supportive services for low-income and/or homeless individuals. Supportive services on-site to help with stabilizing income through access to mainstream benefits, employment, training and/or school and accessing health services including mental health and substance abuse treatment. Access to basic need services include Stone Soup food pantry and linkage into medical services. Opportunities to engage in volunteering, tenant engagement and community activities.

### Education Programs

LEGEND ..... All, Lim, HIV 101 classes

Various education and training programs that engage the community in the issues regarding HIV prevention and living with HIV. Program requirements vary, please call for more info.

### First Responders Housing Program

LEGEND ..... M, W, I/RR, CD, Homeless, Disabled  
 NEED FOR INTAKE ..... Appointment only, intake coordinated access required - call for information

Housing, case management and supportive services for low-income and/or homeless individuals. Supportive services on-site to help with stabilizing income through access to mainstream benefits, employment, training and/or school and accessing health services including mental health and substance abuse treatment. Access to basic need services include Stone Soup food pantry and linkage into medical services. Opportunities to engage in volunteering, tenant engagement and community activities.

### Help House Apartments

CITY SECTION ..... Central  
 NEIGHBORHOOD ..... Montrose  
 LEGEND ... Adults, **HIV+ only**, I/RR, Homeless, Disabled

Housing, case management and supportive services for low-income and/or homeless individuals. Supportive services on-site to help with stabilizing income through

access to mainstream benefits, employment, training and/or school and accessing health services including mental health and substance abuse treatment. Access to basic need services include Stone Soup food pantry and linkage into medical services. Opportunities to engage in volunteering, tenant engagement and community activities.

**Prevention - Counseling, Testing & Referral**

**HOURS** ..... Walk-in testing Mon & Tues, 1pm-6pm

AFH's prevention department provides testing and outreach throughout the community. Call for testing info and other locations.

**Stone Soup**

**LEGEND**..... All, Appt req, Lim

**HOURS** ..... First two weeks of the month

Stone Soup provides food and nutrition support for those who are HIV positive. Services are also available for individual's experiencing homelessness. Individuals who do not know their status can request an HIV test or receive information regarding PrEP. Stone Soup volunteers and staff can help individuals re-engage in care as well as access AFH services.

**T.E.X.T. M.S.G. Housing Program**

**INTAKE** ..... (281) 888-5316

**LEGEND**..... Adults, **HIV+ only**, I/RR, Homeless, CD

**HOURS** ..... Mon-Fri, 9am-6pm

**NEED FOR INTAKE**..... Appointment only, intake coordinated access required - call for information

Housing, case management and supportive services for low-income and/or homeless individuals. Supportive services on-site to help with stabilizing income through access to mainstream benefits, employment, training and/or school and accessing health services including mental health and substance abuse treatment. Access to basic need services include Stone Soup food pantry and linkage into medical services. Opportunities to engage in volunteering, tenant engagement and community activities.

**Volunteer Services**

Individual and group volunteer opportunities for community members who would like to serve individuals living with and those affected by HIV. Opportunities include supporting outreach and education efforts, patient navigation, supportive services in housing programs, camp counselor, mentor in youth programs. Administrative and event volunteering is also available. Visit the website for basic info or call for orientation dates.

**Wall Talk Peer Education Program**

**LEGEND**..... Adults, Incarcerated

Peer education program provided through the TDCJ prison system that teaches individuals to become peer educators who provide education on HIV and STDs.

**AIDS HEALTHCARE FOUNDATION (AHF)**   
**WEB**.....AHF.org  
 ..... HIVcare.org

**AHF Binz Street Healthcare Center**

1200 Binz Street, Suite 1290  
 Houston, TX 77004

**MAIN** ..... (713) 524-8700

**FAX** ..... (713) 524-2910

**CITY SECTION**.....Central

**NEIGHBORHOOD**.....Medical Center

**BUS ROUTES**..... 1, 34, METRO light rail

**LEGEND** ..... Adults, **HIV+ only**, I/RR, Immigrants, Homeless, Appt req, S\$, Med, Ins, Esp

**HOURS** ..... Mon/Wed/Fri, 9am-5pm;  
 Tues/Thur, 9am-1pm

**NEED FOR INTAKE** ..... Proof of HIV status

AHF's full service clinic led by Dr. Benjamin Portnoy that provides comprehensive medical care and treatment to people living with HIV. AHF Wellness Center provides HIV screening as well as free screening and treatment for Chlamydia, Gonorrhea and Syphilis.

*La clínica de servicio completo de la AHF dirigida por el Dr. Benjamin Portnoy, que brinda atención médica integral y tratamiento a las personas viviendo con el VIH. AHF Wellness Center servicios ofrecidos incluyen pruebas de VIH gratuitas y exámenes y tratamientos gratuitos para Chlamydia, Gonorrea y Sífilis.*

**AHF Fannin Street Healthcare Center** 

7400 Fannin Street, Suite 1118  
 Houston, TX 77054-1936

**MAIN/INTAKE** ..... (713) 799-8994

**FAX** ..... (713) 799-9931

**CITY SECTION**.....Central

**NEIGHBORHOOD**.....Astrodome/S. Loop

**BUS ROUTES**.....84, METRO light rail

**LEGEND** ..... W, Transgender, **HIV+ only**, I/RR, Appt req, CHIP, S\$, Med, Ins, Esp

**HOURS** ..... Mon & Wed, 9am-4pm;  
 Tues, 9am-12pm

Prenatal care for pregnant HIV+ women; gynecologist, well woman exams, all inpatient and outpatient care for women; also involved in clinical trials. Dr. Hammill has delivered for more than 1,000 women living with HIV and taken care of more than 3,000 women living with HIV for gynecological care.

*Servicio ginecológico y obstétrica cuidado prenatal para la mujer embarazada VIH+, examen para el bienestar; cuidado del paciente interno y externo. Dr. Hammill ha asistido en más de 1,000 partos de pacientes embarazadas con VIH, y más de 3,000 pacientes con el VIH has estado bajo su cuidado ginecológico.*

## AIDSINFO / INFOSIDA

PO Box 4780  
Rockville, MD 20849-6303

MAIN ..... (800) HIV-0440  
FAX ..... (301) 315-2818  
TTY ..... (888) 480-3739  
WEB ..... <http://aidsinfo.nih.gov>  
..... <https://infosida.nih.gov>  
EMAIL..... [ContactUs@aidsinfo.nih.gov](mailto:ContactUs@aidsinfo.nih.gov)  
LEGEND..... All, Free, Esp  
HOURS ..... Live help available Mon-Fri, 12pm-3pm

AIDSinfo, a service of the U.S. Department of Health and Human Services (HHS), offers access to the latest, federally approved HIV medical practice guidelines, HIV treatment and prevention clinical trials, and other research information for health care providers, researchers, people affected by HIV, and the general public.

AIDSinfo services and staff cannot replace direct communication with your health care provider(s). The staff cannot respond to specific medical questions, offer medical advice, give second opinions, or make recommendations about specific therapies.

The AIDSinfo project is 100% federally funded. AIDSinfo neither allows advertising on the website nor endorses any company or products.

*infoSIDA ofrece acceso a información actualizada en español sobre el tratamiento de la infección por el VIH y ensayos clínicos desarrollados específicamente para las comunidades afectadas por dicha infección y para otras comunidades de atención de salud. infoSIDA es un sitio compañero de AIDSinfo creado para enlazar al público hispanohablante a información y recursos en español y de lectura fácil.*

*Los servicios y el personal de infoSIDA no pueden ni deben reemplazar la comunicación directa con sus proveedores de atención de salud. El personal no puede responder a preguntas médicas específicas, ofrecer asesoramiento médico, dar una segunda opinión, ni hacer recomendaciones sobre tratamientos específicos.*

*Los fondos para el proyecto de infoSIDA provienen en su totalidad del gobierno federal. infoSIDA prohíbe promociones comerciales en su sitio web y se abstiene de promover a cualquier compañía o producto.*

## ALZHEIMER'S ASSOCIATION

6055 South Loop East  
Houston, TX 77087-1005

MAIN ..... (713) 314-1313  
FAX ..... (713) 314-1315  
TOLL FREE..... (800) 272-3900  
WEB ..... [www.alztx.org](http://www.alztx.org)  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Medical Center



AREA SERVED ..... Southeast Texas (37 counties)  
BUS ROUTES..... 5  
LEGEND ..... Adults, S\$  
HOURS ..... Mon-Fri, 8:30am-5pm

The Alzheimer's Association, Houston and Southeast Texas Chapter, provides a variety of services for persons affected by Alzheimer's and dementia related illness, covering a 37 county region in Southeast Texas.

### Care Consultation

This service is designed to assist the person with Alzheimer's and their family in planning for and dealing with all aspects of the illness including needs assessment, planning and problem solving. Call to schedule a meeting to develop a comprehensive plan.

### Education and Training

An array of educational programs designed to equip the diagnosed individual, family members and professionals with the knowledge and skills needed to enhance the quality of life of individuals with dementia. Visit the website to learn about upcoming programs. We also maintain a variety of educational materials (brochures, videos, audiotapes and books) on topics related to Alzheimer's disease and related disorders. Call or visit our website to learn more about our library.

### Information and Referral

The Alzheimer's Association Helpline operates 24 hours a day, seven days a week, in 140 languages. Our staff is highly trained and knowledgeable about all aspects of Alzheimer's disease. Call us if you have questions about: Alzheimer's disease or memory loss, medications and treatment options, brain health and care options; how the Association can help you; caregiving tips and respite care options; and services/resources available in your community. You can also call us for emotional support as often as you need. We know that living with Alzheimer's can be overwhelming at times. Remember, we are here for you - all day, every day.

### Support Groups

Monthly gatherings of family, friends and caregivers that provide an opportunity for socializing, discussing and supporting one another on Alzheimer's related issues. All support groups are facilitated by trained volunteers. Call or visit our website for more information.

### Message boards

The Alzheimer's Association message boards and chat rooms provide an online community for persons with Alzheimer's, caregivers and care providers. Our message boards have thousands of registered members from around the United States and thousands more who refer to the stories and information that is available 24 hours a day.

### MedicAlert + Safe Return

The Alzheimer's Association and MedicAlert have formed an alliance to improve the safety of individuals with Alzheimer's or a related dementia. Caregivers can call the 24 hour emergency response line to report a wandering/

lost incident. Please call 1-888-572-8566 to enroll.

**Clinical Trials**

TrialMatch™ is a free service that makes it easy for people with Alzheimer's, caregivers, families and physicians to locate clinical trials based on personal criteria (diagnosis, stage of disease) and location. Many research studies pertaining to Alzheimer's disease and related dementias are recruiting volunteers. TrialMatch lets you search these trials quickly and easily and narrows results to those trials where there is a reasonable chance to be accepted for enrollment. Call or visit our website for more information.

**AMBASSADORS FOR CHRIST  
YOUTH MINISTRIES**

5120 Woodway Drive, Suite 9015  
Houston, TX 77056

MAIN ..... (281) 536-5475  
 FAX ..... (713) 333-7749  
 TOLL FREE ..... (888) 505-5771  
 WEB ..... www.afcyouth.org  
 EMAIL ..... info@afcyouth.org  
 CITY SECTION ..... West  
 NEIGHBORHOOD ..... Uptown  
 AREA SERVED ..... Harris County  
 BUS ROUTES ..... 27  
 LEGEND ..... Y, Homeless, Appointment/walk-in, Esp  
 HOURS ..... Mon-Fri, 9am-5pm  
 NEED FOR INTAKE ..... Recent paystub

AFC's mission is to inspire excellence and promote leadership to youth through one-on-one and group mentoring, music and the performing arts in order to provoke positive change and enrichment in our community. We provide education on teen pregnancy prevention, HIV and STD prevention, as well as mentoring and counseling services to at risk youth in our community

*La misión de AFC es inspirar la excelencia y promover el liderazgo a los jóvenes a través de la tutoría individual y grupal, música y artes escénicas para provocar un cambio positivo y enriquecimiento en nuestra comunidad. Proporcionamos educación sobre la prevención de embarazo adolescente, prevención del VIH y ETS, así como servicios de tutoría y consejería para jóvenes en riesgo en nuestra comunidad.*

**Project FABULOUS** is a teen pregnancy prevention program that targets African-American and Hispanic teens aged 13-18 who reside in schools and communities deemed as high-risk for teen pregnancy. The program is provided in English and Spanish.

*El Proyecto FABULOUS es un programa de prevención de embarazo enfocado en adolescentes afroamericanos e hispanos entre 13 y 18 años de edad que residen en escuelas y comunidades que se consideran como de alto riesgo para embarazos adolescentes. El programa se proporciona en inglés y español.*

**Project RHV** (Runaway and Homeless Youth) responds to the needs of youth in crisis up to age 18 by providing food, clothing, emergency shelter, treatment, counseling, referrals and assessments in order to increase their safety, well-being and self-sufficiency and help them build permanent connections with caring adults to help break the dysfunctional cycles that keep them street dependent.

*El Proyecto RHV (Runaway and Homeless Youth [Jóvenes Fugitivos y sin Hogar]) responde a las necesidades de jóvenes en crisis hasta de 18 años proporcionando alimentos, ropa, refugio de emergencia, tratamiento, consejería, referencias y evaluaciones para incrementar su seguridad, bienestar y auto-suficiencia y ayudarlos a construir conexiones permanentes con adultos preocupados para ayudar a romper los ciclos disfuncionales que los mantienen en las calles.*

**Project PEACE** offers mentoring and counseling sessions that address youth with unhealthy behaviors who are at risk of violence, school suspensions, truancy, dropping out, low educational attainment and delinquency. Participants are provided opportunities to learn skills and gain experiences that contribute to more positive lifestyles and enhance their capacity to make healthier life choices.

*El Proyecto PEACE ofrece tutoría y sesiones de consejería que atienden a jóvenes con comportamientos poco saludables que están en riesgo de violencia, suspensiones escolares, absentismo escolar, abandono de la escuela, bajos logros educativos y delincuencia. Se proporcionan oportunidades a los participantes para que aprendan habilidades y obtengan experiencias que contribuyan a estilos de vida más positivos y mejoren su capacidad para tomar elecciones de vida más saludables.*

**Project REACH** provides mentoring and counseling session to children of incarcerated parents that are designed to promote healthy messages about life and social behavior and aims to improve school performance and attendance, pro-social behavior and social competence.

*El proyecto REACH proporciona tutoría y sesiones de consejería para niños de padres encarcelados que están diseñadas a promover mensajes saludables sobre la vida y el comportamiento social y está enfocado a mejorar el desempeño y asistencia escolar, comportamiento pro-social y competencia social.*

**Project PASSION** is a music and performing arts program, an important part of positive growth and development for youth. The program provides a place to experience joy through singing, dancing, writing, speaking, and acting, and a nurturing environment where youth may excel and succeed through group creative endeavors and ensures that a safe environment is created where all students, regardless of initial ability, can participate on a meaningful level.

*El proyecto PASSION es un programa de música y artes*

escénicas, una parte importante del crecimiento positivo y desarrollo para la juventud. El programa proporciona un lugar para experimentar alegría a través del canto, danza, escritura, discurso y actuación, y un ambiente enriquecedor donde los jóvenes pueden sobresalir y tener éxito a través de tareas creativas de grupo y asegura que se cree un ambiente seguro donde todos los estudiantes, sin importar su capacidad inicial, puedan participar en un nivel significativo.

## ASSOCIATION FOR THE ADVANCEMENT OF MEXICAN AMERICANS (AAMA)

204 Clifton Street  
Houston, TX 77011-3314

MAIN ..... (713) 926-9491  
 FAX ..... (713) 926-2672  
 WEB ..... www.aama.org  
 CITY SECTION ..... East  
 NEIGHBORHOOD ..... East End  
 BUS ROUTES ..... 20, METRO light rail  
 LEGEND ..... All, Free, S\$, Ins, Med, Walk-ins, Esp  
 HOURS ..... Mon-Fri, 8am-5pm  
 NEED FOR INTAKE ..... Varies by program, call for info

### Health and Human Services

Project Tejas assists with issues related to alcohol and drugs by providing individual and family counseling, along with specialty group topics such as parenting, risk reduction, coping skills, and HIV, TB, STDs, hepatitis, alcohol and drug awareness are discussed.

The Minorities Action Program (MAP) HIV outreach team provides HIV/Hepatitis/TB testing and risk reduction counseling, information dissemination, prevention education, referrals and resources for substance abuse, treatment, housing, medical benefits and public health screenings to people who are at high risk of communicable infections. Counselors also serve as liaisons for those who are unable to access services due to language barriers.

MAP HIV Early Intervention (HEI) offers case management to HIV+ individuals who suffer from past or current substance abuse.

The DiNosaur (DiNo or Say No) Project operates in seven HISD elementary schools using a six-week, state approved curriculum that is culturally sensitive and age-appropriate. The program goals are to increase the resiliency and protective factors for youth and their families, and to ensure that there is a community-based process that promotes the need for children to learn to make positive choices at an early age.

Other services provided include information dissemination, monthly cultural events and activities, sports activities, summer camp for students, and prevention and parenting skills training.

### Servicios de la Salud y Humanitarios

Project Tejas asiste con temas relacionados al alcohol y

drogas, y provee consejería a individuos y familias. Además ofrece educación y apoyo con otros temas: cómo ser mejores padres, reducción de riesgos, habilidades para seguir adelante, y conocimiento de temas como el VIH, TB, ETS, hepatitis, alcohol y drogas.

Minorities Action Program (MAP) El personal provee pruebas y consejería sobre la reducción del VIH/Hepatitis/TB, diseminación de información, educación preventiva, referencias y recursos sobre el abuso de sustancias, tratamientos, vivienda, beneficios médicos y evaluación de salud pública a personas a alto riesgo de infecciones comunitarias. Además, los consejeros sirven de enlace para las personas con dificultad de acceso a los servicios debido al lenguaje.

Intervención Temprana del VIH (HEI) de MAP ofrece administración de casos a personas viviendo con el VIH que sufren del abuso de sustancias en el presente o el pasado.

El Proyecto DiNosaur (DiNo) participa en siete escuelas primarias de HISD utilizando un programa de seis semanas de duración, aprobado por el Estado, y de carácter sensitivo a la cultura y a las edades de las personas. La meta del programa es el de aumentar los factores de flexibilidad y protección para los jóvenes y sus familias, y el de asegurar que exista un proceso basado en valores comunitarios que promueve a que los niños y las niñas aprendan a hacer decisiones positivas desde una edad temprana.

Otros servicios incluyen la divulgación de información, eventos y actividades culturales mensuales, actividades deportivas, campamento de veraneo para estudiantes, y entrenamiento de prevención y desarrollo de habilidades para padres.

## ASSOCIATION FOR THE ADVANCEMENT OF MEXICAN AMERICANS (AAMA)

6001 Gulf Freeway, Bldg. E  
Houston, TX 77023

MAIN/INTAKE ..... (713) 967-6700  
 FAX ..... (713) 926-8035  
 WEB ..... www.aama.org  
 CITY SECTION ..... Central  
 NEIGHBORHOOD ..... Lawndale  
 BUS ROUTES ..... 28  
 LEGEND ..... M, W, Y, Free, Walk-ins, CD, Esp  
 HOURS ..... Mon-Fri, 8:30am-4:30pm

AAMA's mission is to inspire and empower at-risk Latinos to pursue their potential and achieve success. Our efforts are focused in the areas of education, workforce readiness and leadership development.

La misión de AAMA es inspirar y capacitar a los latinos en riesgo para que persigan su potencial y logren el éxito. Nuestros esfuerzos se centran en las áreas de educación, preparación de la fuerza de trabajo y desarrollo del liderazgo.



## George I. Sanchez High School

Early childhood development, Pre-K, grades 6-12; Adelante: GED, computer classes and ESL.

*Desarrollo infantil temprano, Pre-K, los grados 6-12: Adelante: GED, clases de computación y ESL.*

## Casa Phoenix

Residential chemical dependency treatment for adolescent males.

*Tratamiento de dependencia química residencial para hombres adolescentes.*

## AVENUE 360 HEALTH AND WELLNESS



*Formerly Bering Omega Community Services and Houston Area Community Services (HACS)*

WEB ..... <https://avenue360.org/>

Avenue 360 Health & Wellness offers a holistic solution for those seeking a medical home. The patient is the center of our model, giving our patients a collaborative choice for their healthcare needs. We care for the whole person, meaning that whether someone needs a diagnosis, a prescription for flu medicine, a stable place to live or a partner in wellness Avenue 360 Health & Wellness is there. Our whole community approach means that everyone is served, from families needing a primary care doctor to those who want to spend their last days in dignity. We represent that "We're all in this together" spirit.

Avenue 360 is a Federally Qualified Healthcare Center (FQHC) that provides affordable, quality medical care, pharmacy, behavioral health and support services to individuals and families residing in Harris county and surrounding areas. Avenue 360 serves people with Ryan White, Healthy Texas Women, Family Planning, Medicare, Medicaid, CHIP, private insurance and all major credit cards. There is a sliding fee scale for the uninsured.

*Avenue 360 Health & Wellness ofrece una solución holística para aquellos que buscan un hogar médico. El paciente es el centro de nuestro modelo, dando a nuestros pacientes una opción colaborativa para sus necesidades de atención médica. Cuidamos a la persona como un todo, lo que significa que si alguien necesita un diagnóstico, una receta para la medicina de influenza, un lugar estable para vivir o un socio en el bienestar, Avenue 360 Health & Wellness está ahí. Nuestro enfoque comunitario completo significa que todo el mundo es atendido, desde familias que necesitan un médico de atención primaria a aquellos que quieren pasar sus últimos días con dignidad. Representamos el espíritu de "Todos estamos juntos en esto".*

*Avenue 360 es un Centro de Cuidados Médicos Calificado a Nivel Federal (FQHC) que provee atención médica asequible y de calidad, farmacia, salud mental y servicios de apoyo a individuos y familias que residen en el condado Harris y áreas circundantes. Avenue 360 atiende a personas con Ryan White, Healthy Texas*

*Women, Planificación Familiar, Medicare, Medicaid, CHIP, seguros privados y todas las principales tarjetas de crédito. Hay una escala de honorarios flexible para los no asegurados.*

## Avenue 360 Main Campus



2150 West 18th Street, Suite 300  
Houston, TX 77008

MAIN ..... (713) 426-0027  
FAX ..... (713) 426-0211  
TOLL FREE ..... (866) 285-9373

CITY SECTION ..... Central  
NEIGHBORHOOD ..... Timbergrove

BUS ROUTES ..... 26

LEGEND ..... All, S\$, Ins, Med, CHIP, Esp

HOURS ..... Mon-Thur, 9am-6pm; Fri, 8am-5pm

NEED FOR INTAKE ..... ID, proof of residence & income, social security card (if available). Proof of HIV status for Ryan White funded services.

Family practice, Ob/Gyn, internal medicine, pediatrics, pharmacy, HIV specialty care and psychiatry. Substance abuse treatment is available on outpatient basis. Mental health services consisting of individual, family or group therapy are available. Also offers HIV testing (rapid and conventional), syphilis and Hepatitis C testing and housing services

*Cuidado Médico primario, obstétrica/ginecología, medicina interna, pediatría, farmacia, cuidado especializado de VIH y psiquiatría. Tratamiento de abuso de sustancias se encuentra disponible en forma ambulatoria. Servicios de salud mental se encuentran disponibles para individuales, familiares o en terapia de grupos. También ofrece pruebas de VIH (la prueba rápida y la convencional), pruebas de sífilis y del hepatitis C y servicios de vivienda.*

## Avenue 360 Memorial City



902 Frostwood Dr., Ste. 142  
Houston, TX 77024

MAIN ..... (713) 827-8266

CITY SECTION ..... West  
NEIGHBORHOOD ..... Memorial

BUS ROUTES ..... 26, 46, 70, 160, 161, 162

LEGEND ..... C, Y, S\$, Ins, Med, CHIP, Esp

HOURS ..... Mon, 8am-8pm; Tues-Fri, 8am-5pm

Pediatric services.

*Servicios pediátricos.*

## Avenue 360 Spring Cypress



17010 Sugar Pine Drive  
Houston, TX 77090-2213

MAIN ..... (281) 537-8627

FAX ..... (281) 537-8628

CITY SECTION ..... North  
NEIGHBORHOOD ..... Ponderosa Forest

**BUS ROUTES** .....86  
**LEGEND**..... M, W, S\$, Ins, Med, Esp  
**HOURS** ..... Mon & Wed, 12pm-5pm; Tues 8am-12pm

Adult medical services.

*Servicios médicos para adultos.*

**Adult Day Activity and Health Services Program** &

1429 Hawthorne  
 Houston, TX 77006-3711

**MAIN** ..... (713) 341-3750  
**FAX** ..... (713) 520-7854

**CITY SECTION** ..... Central  
**NEIGHBORHOOD** ..... Montrose  
**AREA SERVED**... Harris, Chambers, Colorado, Ft. Bend, Liberty, Montgomery, Walker, Waller and Wharton counties

**BUS ROUTES** .....82  
**LEGEND**..... Adults, \$20 co-pay/mo if above 100% FPL, **HIV+ only**, Esp  
**HOURS** ..... Mon-Fri, 7am-5pm

The Avenue 360 Adult Day Activity & Health Services Program located at Avenue 360 Health & Wellness offers care for adults with all stages of HIV disease, who have a medical condition that requires nursing care. The program offers nursing care, nutritional assessments, counseling, meals and snacks, field trips, educational classes, crafts and other activities during the day.

*El Programa de Servicios de Salud y Actividad de Día para Adultos ubicado en Avenue 360 Health & Wellness ofrece cuidado para adultos con todas las etapas de la enfermedad VIH, que tienen una condición médica que requiere atención de enfermería. El programa ofrece cuidados de enfermería, evaluaciones nutricionales, asesoramiento, comidas y refrigerios, excursiones, clases educativas, artesanías y otras actividades durante el día.*

**Dental Clinic** &

1427 Hawthorne  
 Houston, TX 77006-3711

**MAIN** ..... (713) 341-3790  
**FAX** ..... (713) 524-7995

**CITY SECTION** ..... Central  
**NEIGHBORHOOD** ..... Montrose

**BUS ROUTES** .....81, 82  
**LEGEND**..... Adults, \$20 co-pay/visit if above 100% FPL, **HIV+ only**, Esp  
**HOURS** ..... Mon-Fri, 8am-5pm  
**NEED FOR INTAKE**..... Call for intake

The Avenue 360 dental clinic offers a full range of dental services including services for people living with HIV. Services include emergency care, basic oral hygiene, treatment of lesions, ulcers and gum disease, dentures and other services.

*La clínica dental Avenue 360 ofrece una gran variedad de*

*servicios dentales incluso para personas con el VIH/SIDA, e incluyen atención de emergencia, higiene oral básico, tratamiento de lesiones, úlceras y la enfermedad de la encía, dentadura postiza y más.*

**Housing Assistance** &

2150 W. 18th Street, Suite 300  
 Houston, TX 77008

**MAIN** ..... (713) 426-0027  
**FAX** ..... (713) 526-9882

**AREA SERVED** ..... Austin, Brazoria, Chambers, Harris, Ft. Bend, Galveston, Liberty, Montgomery, San Jacinto and Waller counties

**LEGEND** ..... Free, Appt req, **HIV+ only**, Esp

Avenue 360 Housing Assistance program offers basic budget planning and resources through HOPWAs Short-term Rent, Mortgage and Utility (STRMU) assistance and Tenant based Rental Assistance (TBRA) programs and first month rent and deposit assistance for persons living with HIV. We teach clients the necessary skills to live adequately on their reduced income.

*El programa de asistencia para la vivienda Avenue 360, por medio de HOPWA, ofrece ayuda en la planificación de un presupuesto básico, ayuda en el pago a la renta y el depósito, la electricidad, y la hipoteca, todos a corto plazo y a personas viviendo con el VIH. También orientamos a los clientes a efecto de adquirir la habilidad necesaria para que vivan adecuadamente con un ingreso limitado. El programa está disponible de lunes a viernes de 8am a 5pm.*

**Residential HIV Hospice and Medical Respite** &

602 Branard  
 Houston, TX 77006-5020

**MAIN** ..... (713) 341-3780  
**INTAKE** ..... (713) 341-3783  
**FAX** ..... (713) 526-8144

**CITY SECTION**.....Central  
**NEIGHBORHOOD** ..... Montrose

**BUS ROUTES**..... 25, 56  
**LEGEND** ..... **HIV+ only**, \$20 co-pay/day if above 100% FPL, Esp  
**HOURS** .....24-hour facility

Avenue 360 Omega House is a safe and loving home environment where people living with AIDS can live out their final days with dignity. This eight-bed facility offers palliative (comfort) medical care as well as psychosocial and bereavement services for the dying and their loved ones. Ongoing medical/nursing care is offered, along with emotional support and assistance with daily activities. The program offers social interaction with peers and volunteers, as well as recreational activities including pet therapy.

*La Casa de Omega Avenue 360 es un hogar con un ambiente seguro, de amor y compasión, donde los pacientes con SIDA pueden vivir sus últimos días con*

dignidad. Este hospicio de ocho camas ofrece asistencia médica paliativa (comodidad) así como ayuda sicosocial y de duelo para los moribundos y para sus seres queridos. El cuidado médico en curso y el cuidado de enfermería es ofrecido, junto con soporte y asistencia emocional durante las actividades diarias. El programa ofrece la interacción social con compañeros y voluntarios, así como actividades recreacionales.

## BAY AREA COUNCIL ON DRUGS & ALCOHOL

Headquarters-League City Office  
911 South Shore Boulevard, Suite 150  
League City, TX 77573

MAIN ..... (281) 212-2900  
FAX ..... (281) 218-6604  
TOLL FREE ..... (800) 510-3111  
WEB ..... www.bacoda.org  
EMAIL ..... questionsforbacoda@bacoda.org

### Clear Lake Office



1300A Bay Area Boulevard, Suite 224  
Houston, TX 77058

CITY SECTION ..... Southeast  
NEIGHBORHOOD ..... Clear Lake/NASA  
AREA SERVED ..... South, southeast & eastern Harris  
County, Brazoria, Matagorda and Galveston counties  
LEGEND ..... All, CD

### Counseling & Classes

Free substance abuse screening, treatment referral, assessments and counseling for those meeting eligibility requirements.

BACODA also offers state-mandated classes including DWI Education, DWI Intervention for repeat offenders, and Drug Offender Education Program. All classes offered for a fee. All class days must be attended in order to receive a Certificate of Completion. Staff available for health fairs and speaking engagements at no cost.

## BAY AREA HOMELESS SERVICES

3406 Wisconsin Street  
Baytown, TX 77520

### Mailing address:

PO Box 4130  
Baytown, TX 77522-4130

MAIN/24 HOURS ..... (281) 837-1654  
FAX ..... (281) 837-1031  
ADMINISTRATION ..... (281) 420-6728  
WEB ..... http://bahs-shelter.org/  
EMAIL ..... edbahs@gmail.com

CITY SECTION ..... East  
AREA SERVED ..... Chambers, Liberty and eastern  
Harris counties

LEGEND ..... M, W, Fam, Homeless, Free, Esp  
HOURS ..... 24 hours; new clients 9am-4pm  
NEED FOR INTAKE ..... Social Security card, photo ID

## Emergency Shelter Services

Emergency homeless shelter services for low-income clients in the East Harris County, Baytown, Liberty County and Chambers County area. We have separate men's and women's dormitories for the safety and privacy of our residents. BAHS provides three meals daily. Our caring professional case management staff provides an individual case management plan for every client shortly upon entry. We strongly encourage our clients to seek employment. Therefore we also provide transportation to employment interviews, perform resume critiques, and provide basic on-the-job readiness training. Clients take personal responsibility for their individual growth by actively participating in training activities, and completing routine household chores.

### Servicios de Albergue de Emergencia

*Servicios de albergue para indigentes de emergencia para clientes de bajos ingresos en el área del Condado East Harris, Baytown, Condado Liberty y Condado Chambers. Hemos separado los dormitorios para hombres y mujeres por seguridad y privacidad de nuestros residentes. BAHS proporciona tres comidas al día. Nuestro personal de administración de caso profesional y atento proporciona un plan de administración de caso individual para cada cliente poco después de llegar. Alentamos firmemente a nuestros clientes que busquen empleo. Por lo tanto, también proporcionamos transporte para entrevistas de empleo. Realizamos críticas de currículo, y proporcionamos capacitación básica de preparación en el trabajo. Los clientes toman su propia responsabilidad por su crecimiento individual al participar activamente en actividades de capacitación, y completar tareas domésticas de rutina.*

### Britton-Fuller Family Center

Six apartment style rooms for families including intensive case management services to intact homeless families who require supportive services in order to transition into more permanent housing. Eligibility can be determined by calling the main office at (281) 837-1654. There may be a waiting list.

### Centro Familiar Britton-Fuller

*Seis habitaciones estilo apartamento para familias que incluyen servicios intensivos de administración de caso para proteger a familias indigentes para cambiar a un alojamiento más permanente. La elegibilidad se puede determinar llamado a la oficina principal al 281-837-1654. Puede haber una lista de espera.*

### Employment Services

Pre-employment, post-employment, job readiness, employment maintenance, casework, and classes for current and former clients. We have volunteers who donate their time to do mock interviews, present life-skills classes and assist with post-employment career counseling. BAHS caseworkers provide a job board and work with local employers. These services are available upon request to former, as well as current, clients.

## Servicios de Empleo

Pre-empleo, post-empleo, preparación de trabajo, mantenimiento de empleo, trabajo de caso, y clases para clientes actuales y anteriores. Tenemos voluntarios que donan su tiempo para hacer entrevistas fingidas, presentar clases de habilidades de vida y ayudar con consejo de carrera post-empleo. Los trabajadores de caso BAHS proporcionan una bolsa de trabajo y colaboran con empleadores locales. Estos servicios están disponibles a solicitud para clientes anteriores así como actuales.

## Speaker Services - Meeting Room

Bay Area Homeless Services can provide a speaker for any organization that wishes to learn more about homelessness, our services, our programs, and our needs. The Multipurpose Room at the Britton-Fuller Family Center may be reserved for meetings for groups of 25 persons or less. Please call to inquire about available dates and times.

## Servicios de Portavoz - Sala de Juntas

Bay Area Homeless Services puede proporcionar un portavoz para cualquier organización que desee aprender más sobre indigencia, nuestros servicios, nuestros programas, y nuestras necesidades. La Sala Multipropósito en el Centro Familiar Britton-Fuller se puede reservar para juntas para grupos de 25 personas o menos. Por favor llame para consultar las fechas y horas disponibles.

**Domestic Violence - Special Note:** BAHS does NOT provide emergency services for victims of domestic violence. If you are in danger from domestic violence please call 911 for immediate police assistance. If you need housing to escape a domestic violence situation please call 211 for a confidential and appropriate referral to meet your immediate needs

**Violencia Doméstica - Nota Especial:** BAHS NO proporciona servicios de emergencia para víctimas de violencia doméstica. Si está en peligro de sufrir violencia doméstica, por favor llame al 911 para asistencia inmediata de la policía. Si necesita alojamiento para escapar de una situación de violencia doméstica, por favor llame al 211 para una referencia confidencial y apropiada para cumplir sus necesidades inmediatas.

## BAY AREA TURNING POINT, INC.

Mailing address:

PO Box 890929  
Houston, TX 77289-0929

MAIN ..... (281) 338-7600  
24 HOURS ..... (281) 286-2525  
FAX ..... (281) 557-0290  
WEB ..... www.bayareaturningpoint.org  
CITY SECTION ..... Southeast  
NEIGHBORHOOD ..... Webster  
LEGEND ..... W, M, Fam, Free, Appt req, Esp  
HOURS ..... Mon-Fri, 8:30am-5:30pm

Crisis intervention and prevention program for victims of family and/or sexual violence. 24 hour crisis hotline and shelter to provide services to victims. All services are free and confidential.

Programa de intervención y prevención de crisis para víctimas de violencia familiar y/o sexual. Línea telefónica de asistencia de crisis las 24 horas y refugio para prestar servicios a las víctimas. Todos los servicios son gratuitos y confidenciales.

## Crisis Shelter and Prevention Program

Location Confidential

24 HOURS ..... (281) 286-2525

Crisis shelter for victims of family violence and sexual assault. Includes therapy and victim assistance.

Refugio de crisis para víctimas de violencia familiar y acoso sexual. Incluye terapia y asistencia a la víctima.

## BAYLOR TEEN HEALTH CLINICS

MAIN ..... (713) 873-3601  
FAX ..... (713) 873-3608  
WEB ..... www.teenhealthclinic.org

Baylor College of Medicine Teen Health Clinics offer a broad range of health services to teens and young adults up to age 24.

Las clínicas de salud de Baylor College of Medicine para adolescentes ofrecen una amplia gama de servicios de salud a adolescentes y adultos jóvenes hasta los 24 años.

## Ben Taub Teen Health Clinic

1504 Taub Loop  
Houston, TX 77030-1608

MAIN ..... (713) 873-3601  
FAX ..... (713) 873-3608  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Medical Center  
AREA SERVED ..... Harris County  
BUS ROUTES ..... 28, METRO light rail  
LEGEND ..... Y (ages 13-23), Free, Appt req, Esp  
HOURS ..... Mon-Thu, 8am-6:30pm

Testing and treatment for sexually transmitted infections, HIV testing, counseling and referrals for treatment; family planning services, pregnancy testing and referral, and postpartum exams.

Prueba y tratamiento para las infecciones transmitidas sexualmente, pruebas de VIH, consejería y referencias para el tratamiento, servicios de planificación familiar, prueba de embarazo y referencias y exámenes post-parto.

## Cavalcade Teen Health Clinic

3815 Cavalcade St.  
Houston, TX 77026-3403

MAIN ..... (713) 673-1655  
FAX ..... (713) 673-1549

CITY SECTION ..... Northeast  
 NEIGHBORHOOD ..... Kashmere Gardens  
 AREA SERVED ..... Harris County  
 BUS ROUTES ..... 26  
 LEGEND ..... Y (females 13-23, males 13-25), Free,  
 Appt req, Esp  
 HOURS ..... Mon-Thur, 8am-6:30pm

Testing and treatment for sexually transmitted infections; HIV testing, counseling and referrals for treatment; family planning services; pregnancy testing, referral and case management; postpartum exams; sports physicals.

*Ofrece pruebas y tratamiento de enfermedades de transmisión sexual; prueba del VIH; servicios de planificación familiar; examen de embarazo; referencia y administración de casos; examen de posparto; examen físico deportivo.*

**Chavez High School Teen Health Clinic**

8501 Howard Dr.  
 Houston, TX 77017-3829

MAIN ..... (713) 556-7953  
 FAX ..... (832) 519-1799  
 CITY SECTION ..... Southeast  
 NEIGHBORHOOD ..... Meadowbrook  
 AREA SERVED ..... Students of Chavez H.S. only  
 LEGEND ..... Free, Med, Ins, Esp  
 HOURS ..... Mon-Fri, 8am-4:30pm

Primary health care; Immunizations; testing and treatment for sexually transmitted infections; well adolescent exams; HIV counseling and screening; treatment of minor/acute illnesses; health education.

*Cuidado primario de la salud; inmunizaciones; prueba y tratamiento para las infecciones transmitidas sexualmente; exámenes de salud para adolescentes; consejería y asesoramiento del VIH; tratamiento para enfermedades leves y agudas; educación de la salud.*

**Cullen Teen Health Clinic**

5737 Cullen Boulevard  
 Houston, TX 77021

MAIN ..... (713) 440-7313  
 FAX ..... (713) 440-8358  
 CITY SECTION ..... Central  
 NEIGHBORHOOD ..... MacGregor  
 AREA SERVED ..... Harris County  
 BUS ROUTES ..... 28, 29  
 LEGEND ..... Y (ages 13-23), Free, Appt req, Esp  
 HOURS ..... Mon-Thur, 8am-6:30pm

Testing and treatment for sexually transmitted infections; HIV testing, *counseling* and referrals for treatment; family planning services; pregnancy testing, referral and case management; prenatal care and postpartum exams.

*Análisis y tratamiento de enfermedades de transmisión sexual; análisis del VIH, consejería y referencia a tratamiento; servicios de planificación familiar; análisis*

*del embarazo; referencia y manejo de casos, exámenes de posparto.*

**Lawn Teen Health Clinic**



8111 Lawn Street  
 Houston, TX 77088-6323

MAIN ..... (281) 847-9970  
 FAX ..... (281) 820-3740  
 CITY SECTION ..... North  
 NEIGHBORHOOD ..... Acres Home  
 AREA SERVED ..... Harris County  
 BUS ROUTES ..... 30, 64  
 LEGEND ..... Y (ages 13-23), Free, Appt req, Esp  
 HOURS ..... Mon-Thur, 8am-6:30pm

Testing and treatment for sexually transmitted infections; HIV testing, counseling and referrals for treatment; family planning services; pregnancy testing, referral and case management; postpartum exams.

*Análisis y tratamiento de enfermedades de transmisión sexual; análisis del VIH, consejería y referencia a tratamiento; servicios de planificación familiar; análisis del embarazo; referencia y manejo de casos, exámenes de posparto.*

**LBJ Teen Clinic**



5656 Kelley Street  
 Houston, TX 77026-1967

MAIN ..... (713) 566-5612  
 FAX ..... (713) 566-5610  
 CITY SECTION ..... Northeast  
 NEIGHBORHOOD ..... Trinity/Houston Gardens  
 AREA SERVED ..... Harris County  
 BUS ROUTES ..... 51, 80, 97  
 LEGEND ..... Y (ages 13-23), Free, Appt req, Esp  
 HOURS ..... Mon-Thur, 8am-6:30pm

Testing and treatment for sexually transmitted infections, HIV testing, counseling and referrals for treatment, family planning services, pregnancy testing and referral, and postpartum exams.

*Prueba y tratamiento para las infecciones transmitidas sexualmente, pruebas de VIH, consejería y referencias para el tratamiento, servicios de planificación familiar, prueba de embarazo y referencias y exámenes postparto.*

**Margaret Long Wisdom High School Teen Health Clinic**

6529 Beverly Hill Street  
 Houston, TX 77057-6406

MAIN ..... (713) 787-1756  
 FAX ..... (832) 432-3773  
 CITY SECTION ..... Southwest  
 NEIGHBORHOOD ..... Gulfton  
 AREA SERVED ..... Students of Wisdom H.S. only  
 LEGEND ..... Free, Med, Ins, Esp

HOURS ..... Mon-Fri, 8am-4:30pm

Primary health care, immunizations; testing and treatment for sexually transmitted infections; well adolescent exams; HIV counseling and referral to treatment; treatment of minor/acute illnesses; Risk Reduction and health education.

*Cuidado de la salud primario, inmunizaciones; pruebas y tratamiento para infecciones transmitidas sexualmente; exámenes de bienestar adolescente; asesoría de VIH y referencia para tratamiento; tratamiento de enfermedades menores/agudas; Reducción de riesgo y educación para la salud.*

**Tejano Center for Community Concerns** 

2950 Broadway Street  
Houston, TX 77017-1706

MAIN ..... (713) 640-3730

FAX ..... (713) 635-9148

CITY SECTION ..... Southeast

NEIGHBORHOOD ..... Park Place

BUS ROUTES ..... 50

LEGEND ..... Y (ages 13-23), Free, Med, Ins, Esp

HOURS ..... Mon-Fri, 8am-4:30pm

Primary health care, immunizations; testing and treatment for sexually transmitted infections; well adolescent exams; HIV testing, counseling and referral to treatment; treatment of minor/acute illnesses; Risk Reduction and health education; pregnancy testing and referral.

*Cuidado de la salud primario, inmunizaciones; pruebas y tratamiento para infecciones transmitidas sexualmente; exámenes de bienestar adolescente; exámenes de VIH y referencia para tratamiento; tratamiento de enfermedades menores/agudas; Reducción de riesgo y educación para la salud; pruebas y referencia de embarazo.*

**Worthing High School Teen Clinic** 

9215 Scott Street  
Houston, TX 77051-3302

MAIN ..... (281) 394-0528

FAX ..... (713) 429-1537

CITY SECTION ..... Southeast

NEIGHBORHOOD ..... Sunnyside

AREA SERVED ..... Students of Worthing H.S. only

LEGEND ..... Y (ages 14-23), Free, Med, Ins, Esp

HOURS ..... Mon-Fri, 8am-4:30pm

Primary health care, immunizations; testing and treatment for sexually transmitted infections; well adolescent exams; HIV testing, counseling and referral to treatment; treatment of minor/acute illnesses; Risk Reduction and health education; pregnancy testing and referral.

*Cuidado de la salud primario, inmunizaciones; pruebas y tratamiento para infecciones transmitidas sexualmente; exámenes de bienestar adolescente; exámenes de VIH y referencia para tratamiento; tratamiento de*

*enfermedades menores/agudas; Reducción de riesgo y educación para la salud; pruebas y referencia de embarazo.*

**BEE BUSY INC.** 

9896 Bissonnet, Suite 625  
Houston, TX 77036

MAIN ..... (713) 774-8800

FAX ..... (713) 774-8850

WEB ..... beebusy.org

EMAIL ..... info@beebusy.org

CITY SECTION ..... Southwest

NEIGHBORHOOD ..... Westwood

BUS ROUTES ..... 65, 68

LEGEND ..... M, W, Y, I/RR, CD, Homeless,

Immigrants, Free, Walk-ins, Esp

HOURS ..... Mon-Fri, 9am-6pm

Bee Busy, Inc. is a non-profit agency that has been providing prevention services to underserved populations in the Houston area for more than 16 years. Those services include free HIV/Hepatitis C/Syphilis counseling, testing and linkage to care; free condom distribution, adolescent HIV/STI/pregnancy prevention; and resources for the homeless. Bee Busy differentiates itself by offering a welcoming, nonjudgmental atmosphere to all individuals we serve, regardless of socioeconomic status, race, gender, gender identity or sexual orientation. Our mission is to build a strong, healthy community by enhancing the quality of life for vulnerable individuals and families in at-risk communities. Find us on social media for up to date information!

*Bee Busy, Inc. es una agencia sin fines de lucro que ha proporcionado servicios de prevención a poblaciones desatendidas en el área de Houston por más de 16 años. Estos servicios incluyen asesoramiento, pruebas y vinculación para atención gratuitos sobre VIH/Hepatitis C/Sífilis; distribución gratuita de preservativos, prevención de VIH/ETS/embarazo en adolescentes; y recursos para personas sin hogar. Bee Busy se diferencia de otros al ofrecer un ambiente acogedor y sin prejuicios a todas las personas a las que atendemos, independientemente del estado socioeconómico, raza, género, identidad de género u orientación sexual. Nuestra misión es construir una comunidad fuerte y saludable mejorando la calidad de vida de individuos y familias vulnerables en comunidades en riesgo.*

*¡Encuétranos en las redes sociales para obtener información actualizada!*

**Early Diagnosis Program**

Free HIV, Syphilis, and Hepatitis C screening, testing and counseling, free condom distribution, adolescent health education, and resources for the homeless.

*Exámenes gratuitos VIH / Sífilis / Hepatitis C, exámenes y consejería, distribución gratuita de condones, educación de salud para adolescentes, y recursos para personas sin hogar.*

## BEE BUSY WELLNESS CENTER



8785 W Bellfort Avenue  
Houston, TX 77031-2403

MAIN ..... (713) 771-2292  
FAX ..... (713) 771-2294  
WEB ..... www.mybbwc.org  
CITY SECTION ..... Southwest  
NEIGHBORHOOD ..... Braes Oaks  
BUS ROUTES ..... 8, 46  
LEGEND ..... All, Appt/walk-ins, S\$, Med, Ins, Esp  
HOURS .... Mon-Fri 8:30am-7:30pm; Sat 8:30am-2:30pm  
NEED FOR INTAKE ..... Proof of income and residence

The mission of Bee Busy Wellness Center is to increase access to quality, comprehensive primary, behavioral, dental and preventive health care and to provide education and resources to improve the health care of underserved and vulnerable populations of southwest Houston and the surrounding counties.

*La misión de Bee Busy Wellness Center es aumentar el acceso a servicios de atención primaria, de conducta, odontológica y preventiva de calidad y proporcionar educación y recursos para mejorar el cuidado de la salud de las poblaciones marginadas y vulnerables del suroeste de Houston y los condados circundantes.*

Medical care for children, men and women includes health screenings, minor emergencies, immunizations/vaccines, family planning, pregnancy testing, STD and TB testing and laboratory services. Referrals are made for services not offered. Eligibility is open to all who need care, regardless of your current health status - all uninsured, underinsured, self-employed, business owners and low-income families are welcome.

*Cuidado médico para niños/niñas, hombres y mujeres, incluyendo asesoramiento de la salud, emergencias menores, inmunización/vacunas, planificación familiar, análisis del embarazo, análisis de ETS y TB y servicios de laboratorio. Se ofrece servicios a toda persona que necesite cuidado, sin importar el estado de salud actual-toda persona sin seguro médico o seguro médico limitado, persona que trabaja por cuenta propia, dueños de negocio, y familias de bajos ingresos. Se da referencias a servicios no ofrecidos.*

## BERING OMEGA COMMUNITY SERVICES

See Avenue 360 Health and Wellness

## BERING SUPPORT NETWORK



1440 Harold St.  
Houston, TX 77006-3730

MAIN ..... (713) 526-1017  
FAX ..... (713) 520-6866  
WEB ..... www.beringsupportnetwork.org  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Montrose

BUS ROUTES ..... 82

## Bering Spiritual Support Group

LEGEND ..... Adults, Walk-ins, **HIV +**/affected others  
HOURS ..... Wednesday, 6:30pm-8:30pm

Spiritual support group for individuals living with or affected by HIV. The evening starts with a covered dish dinner in the Fellowship Hall where announcements are made, followed by a topic presentation in room 217 and then small discussion groups.

## Lunch Bunch

LEGEND ..... **HIV+ only**, Walk-ins, Free  
HOURS ..... Tuesday, 11am

The Lunch Bunch meets every Tuesday in Room 214 for a discussion group, followed by lunch at a local eatery (dutch treat).

## BRAZORIA COUNTY CENTER FOR INDEPENDENT LIVING



1104-D East Mulberry  
Angleton, TX 77515

MAIN ..... (979) 849-7060  
FAX ..... (979) 849-8465  
TOLL FREE ..... (888) 872-7957  
WEB ..... www.coalitionforbarrierfreeliving.com

..... or www.hcil.cc

EMAIL ..... bccil@neosoft.com

CITY SECTION ..... South  
NEIGHBORHOOD ..... Angleton  
LEGEND ..... All, Disabled, Free, Walk-ins

A self-help, self-advocacy organization providing independent living services and options for people with disabilities by people with disabilities. Services include but are not limited to peer to peer counseling, independent living skills training, information and referral, individual and systems advocacy, post-secondary transition services for youth with disabilities, Deaf and hard of hearing services, housing assistance, employment assistance for SSI and SSDI beneficiaries, Assistive Technology (AT) training; AT and durable medical equipment (DME) financial assistance, relocation services to the community for people with disabilities living in nursing homes.

## BRAZOS PLACE

1103 North Avenue H  
Freeport, TX 77541-4006

Mailing address:

PO Box 2470  
Freeport, TX 77542-2470

MAIN ..... (979) 233-3826  
FAX ..... (979) 233-3708  
WEB ..... www.brazosplace.org

CITY SECTION ..... South  
 NEIGHBORHOOD ..... Freeport  
 AREA SERVED ..... Brazoria, Ft. Bend, Galveston  
 and Matagorda counties; court  
 commitment clients served statewide  
 LEGEND ..... Adults, S\$, Appt/walk-ins, Waiting list, Esp  
 HOURS ..... Mon-Fri, 8am-5pm  
 INTAKE ..... Mon-Fri, 9am-11am  
 NEED FOR INTAKE ..... Photo ID, Social Security card

Residential treatment facility for both men and women  
 age 18 and up who are indigent with serious substance  
 abuse problems. This is the only facility in Brazoria county  
 that accepts female clients for residential treatment.

*Instalación de tratamiento residencial para hombres y  
 mujeres de 18 años en adelante que sean indigentes con  
 problemas serios de abuso de sustancias. Ésta es la  
 única instalación en el condado Brazoria que acepta a  
 clientes femeninos para tratamiento residencial.*

**BRENTWOOD COMMUNITY FOUNDATION**   
 13033 Landmark Street  
 Houston, TX 77045-3431


WEB ..... [www.brentwoodfoundation.org](http://www.brentwoodfoundation.org)

**Brentwood Project WAITT**  
**(We're All In This Together)**  
 13101 Landmark Street  
 Houston, TX 77045-3434

MAIN ..... (713) 852-2551  
 FAX ..... (713) 852-2559  
 CITY SECTION ..... South  
 NEIGHBORHOOD ..... Central Southwest  
 AREA SERVED ..... Harris, Ft. Bend, Montgomery,  
 Chambers, Liberty and Waller counties  
 BUS ROUTES ..... 14  
 LEGEND ..... All, Appt/walk-ins, Free, HIV+ only,  
 CD, food vouchers  
 HOURS ..... Mon-Fri, 9am-5pm  
 NEED FOR INTAKE ..... ID, documentation of HIV status,  
 proof of income and residency

Food vouchers, financial assistance, transitional housing,  
 and supportive services (HOPWA).

*Vales de alimentos, asistencia financiera, vivienda de  
 transición, servicios de apoyo (HOPWA). El horario para  
 una cita inicial es de 9 am a 5 pm*

**THE BRIDGE OVER TROUBLED WATERS**   
 Administration Office  
 3811 Allen-Genoa Rd.  
 Pasadena, TX 77504-2723

MAIN ..... (713) 472-0753  
 FAX ..... (713) 472-8759  
 24 HOURS ..... (713) 473-2801  
 WEB ..... [www.tbotw.org](http://www.tbotw.org)

EMAIL ..... [thebridge@tbotw.org](mailto:thebridge@tbotw.org)  
 CITY SECTION ..... Southeast  
 AREA SERVED ..... Harris County including Pasadena,  
 La Porte, Jacinto City, South Houston,  
 Channelview, Deer Park, Galena Park,  
 Baytown, and Highlands

LEGEND ..... W, Fam, Appt req, Free, Esp  
 OFFICE HOURS ..... Mon-Fri, 8:30am-5:30pm

The Bridge is a 24 hour emergency shelter for survivors  
 of domestic abuse and/or sexual assault.

*Bridge es un refugio de emergencia las 24 horas para  
 sobrevivientes de abuso doméstico y/o agresión sexual.*

**Emergency Shelter**  
 Location Confidential  
 SHELTER HOURS ..... 24 hours

We offer individual counseling, support groups, legal  
 advocacy, legal accompaniments, casework, individual  
 counseling for substance use and an education class for  
 substance use and recovery held by LCDC, supportive  
 family services and education and outreach for the  
 community.

**Refugio de Emergencia**  
*Ofrecemos asesoría individual, grupos de apoyo, defensa  
 legal, acompañamiento legal, trabajo de caso, asesoría  
 individual para uso de sustancias y una clase de  
 educación para uso de sustancias y recuperación  
 realizados por LCDC, servicios familiares de apoyo y  
 educación y compromiso para la comunidad.*

**BUCKNER FAMILY PATHWAYS**  
 407 Avenue F  
 Conroe, TX 77301

MAIN ..... (936) 756-3639  
 FAX ..... (936) 756-2657  
 WEB ..... [www.buckner.org](http://www.buckner.org)  
 EMAIL ..... [kwilliams@buckner.org](mailto:kwilliams@buckner.org)  
 LEGEND ..... Adults, Fam, Free, Appt req  
 HOURS ..... Mon-Fri, 9am-5pm  
 NEED FOR INTAKE ..... Call for intake

Offers safe and affordable apartment living. Through  
 college education and other comprehensive services and  
 support, Buckner meets the basic educational, emotional,  
 spiritual and physical needs of each child and family.  
 Furthermore, Buckner Family Pathways promotes  
 protective factors that ensure the well-being of children  
 and families while encouraging them to reach their  
 highest potential. The safe, stable and nurturing  
 environment provided allows parents to develop skills for  
 building healthy relationships, strengthening their  
 families, and fostering future success.

**Buckner Family Pathways**  
 Provides single-parent families the opportunity to live in a  
 safe, secure environment while completing their  
 educational or vocational goals and learning the skills



needed to become self-sufficient. Families are provided support through access to affordable housing, financial assistance, and case management services, including parenting education, budget training, life skills, and individual and group counseling.

## Foster Care and Adoption

Buckner provides the training and resources needed to become a family for a season to a child through foster care or a forever family through adoption. Children in these programs are most often referred through the Texas Department of Family and Protective Services due to abuse, neglect, or abandonment.

## CAREER AND RECOVERY RESOURCES



2525 San Jacinto  
Houston, TX 77002-9131

MAIN/INTAKE ..... (713) 754-7000  
 FAX ..... (713) 754-7068  
 TTY ..... (832) 431-3785  
 WEB ..... www.careerandrecovery.org  
 CITY SECTION ..... Central  
 NEIGHBORHOOD ..... Midtown  
 AREA SERVED ..... HIV/STD testing in zip codes 77002,  
 77020, 77026, 77093  
 BUS ROUTES ..... 54, METRO light rail  
 LEGEND ..... M, W, Free, Appt req, Walk-ins, CD  
 HOURS ..... Mon-Fri, 9am-6pm  
 NEED FOR INTAKE.. Photo ID needed for most services

Career and Recovery Resources was founded in 1945 and is dedicated to helping people identify and overcome barriers (including drug and alcohol abuse) to employment.

*Career and Recovery Resources fue fundada en 1945 y está dedicada a ayudar a las personas a identificar y superar barreras (incluyendo el abuso de drogas y alcohol) para el empleo.*

Substance abuse counseling; employment services; HIV/STD testing; deaf and hard-of-hearing services (GED and job placement).

*Consejería para el abuso de sustancias; servicios para obtener empleo; prueba del VIH/ETS; servicios para sordos y con problemas de audición (GED y colocación de empleos).*

## CASA DE ESPERANZA DE LOS NIÑOS, INC.

*Location Confidential*  
 PO Box 66581  
 Houston, TX 77266-6581

MAIN/INTAKE ..... (713) 529-0639  
 FAX ..... (713) 529-9179  
 WEB ..... www.casahope.org  
 EMAIL ..... casa@casahope.org  
 CITY SECTION ..... Central  
 LEGEND ..... C, Free, Esp

HOURS ..... Mon-Fri, 9am-5pm; available 24 hours  
 for emergencies  
 NEED FOR INTAKE ..... Person with legal authority to  
 place the child

Casa de Esperanza (House of Hope) is a safe place for children in crisis due to abuse, neglect or the effects of HIV. Casa de Esperanza provides residential, medical and psychological care according to the needs of each child.

*Casa de Esperanza (House of Hope) es un lugar seguro para los niños en crisis debida a abuso, negligencia o efectos del VIH. Casa de Esperanza ofrece atención residencial, médica y psicológica de acuerdo a las necesidades de cada niño.*

Foster care for children ages 6 and younger. Specialized medical, psychological and developmental services. Case management for parents of children in care.

*Cuidado adoptivo de niños menores de 6 años de edad. Servicio médico, psicológico, y de desarrollo del niño. Administración de casos para los padres de niños bajo cuidado.*

## CATHOLIC CHARITIES OF THE ARCHDIOCESE OF GALVESTON-HOUSTON



2900 Louisiana Street  
 Houston, TX 77006-3435

MAIN ..... (713) 526-4611  
 FAX ..... (713) 524-1904  
 TOLL FREE ..... (866) 649-5862  
 WEB ..... www.catholiccharities.org  
 EMAIL ..... hope@catholiccharities.org

## HIV/AIDS Ministry

INTAKE ..... (713) 874-6724  
 CITY SECTION ..... Central  
 NEIGHBORHOOD ..... Midtown  
 AREA SERVED .... Austin, Brazoria, Ft. Bend, Galveston,  
 Grimes, Harris, Montgomery, San Jacinto,  
 Walker, and Waller counties  
 BUS ROUTES ..... 82  
 LEGEND ..... **HIV+ only**, Free, Appt req, Esp  
 HOURS ..... Mon-Fri, 8:30am-5pm  
 NEED FOR INTAKE ..... Proof of HIV status, residence &  
 income, photo ID, Social Security card (if available)

## Catholic Charities AIDS Ministry provides holistic services:

Case Management and Financial Assistance - participation in the case management program offers limited financial and personal assistance in order to lead clients to self-sufficiency: rent and utility assistance, individual and group counseling, referrals, assistance with community resources and supportive services. Non-case management one-time assistance includes information and referral, funeral assistance and rent deposit assistance.

Emotional and Spiritual Support - Support group meetings, retreats and guided days of prayer, annual Mass of Remembrance and retreat scholarships enhance our information and referral services. Clients are provided assistance to identify their needs and then linked to community resources that are not provided by this program. Clients receive follow up to ensure the appropriateness of referrals.

**Catholic Charities AIDS Ministry provee servicio holístico:**

*Administración de casos y asistencia financiera - el programa de administración de casos ofrece asistencia financiera y personal limitada con el fin de ayuda a los clientes alcancen la autosuficiencia: asistencia para el alquiler y los servicios públicos, consejería individual y de grupo, referencias, asistencia en adquirir recursos comunitarios y servicios de apoyo. A parte de la de administración de casos, la asistencia incluye información y referencias, asistencia para funerarias y asistencia para el depósito del alquiler.*

*Apoyo emocional y espiritual - Reuniones de grupos de apoyo, retiros y días guiadas a la oración, la misa anual de la Memoria y retirarse becas mejorar nuestros servicios de información y referencia. Los clientes reciben ayuda para identificar sus necesidades y luego vinculados a recursos de la comunidad que no son proporcionados por este programa. Los clientes reciben un seguimiento para asegurar la adecuación de las remisiones.*

**CENIKOR FOUNDATION**



11111 Katy Freeway, Suite 500  
Houston, TX 77079-2144

MAIN ..... (713) 266-9944  
TOLL FREE ..... (888) 236-4567  
CAPTEL USERS ..... (877) 243-2823  
TTY ..... 711  
FAX ..... (713) 780-3191  
WEB ..... www.cenikor.org  
EMAIL ..... info@cenikor.org  
BUS ROUTES ..... 39

Cenikor is committed to helping people with substance use disorders and behavioral health issues by offering high-quality, affordable treatment services. Cenikor provides a full continuum of care to meet the individualized needs of each client to include: Inpatient and Outpatient Detox, Short-Term Inpatient, Long-Term Inpatient, Adult Outpatient, Adolescent Inpatient, Adolescent Outpatient and Sober Living programs throughout Texas and Louisiana. Cenikor is a 501(c)(3) non-profit organization, proudly serving more than 1,000 clients per week to achieve better health and better lives.

**Houston Deer Park Facility**



4525 Glenwood Ave.  
Deer Park, TX 77536

CITY SECTION..... Southeast  
NEIGHBORHOOD ..... Deer Park  
BUS ROUTES..... None - taxi services available  
HOURS ..... 7 days per week/24 hours day

**Houston Deer Park - Detox Inpatient/Ambulatory**

MAIN ..... (281) 946-4349  
INTAKE ..... (888) 236-4567  
FAX ..... (281) 476-5581  
LEGEND ..... M, W, I/RR, S\$, Med, Ins, Free,  
Financing available, Appt req, Esp  
NEED FOR INTAKE ..... Proof of employment, proof of  
residency, ID

Cenikor's medically-supported Detoxification services help stabilize clients going through active withdrawal symptoms associated with substance use disorders. Both intensive inpatient and ambulatory detoxification services are available. Professional assistance is especially important in this critical period on the path of long-term recovery.

*Los servicios de desintoxicación con respaldo médico que ofrece Cenikor ayudan a estabilizar a los pacientes que enfrentan el síndrome de abstinencia vinculado con los trastornos por el uso de sustancias adictivas. Los servicios de desintoxicación intensiva están disponibles tanto para pacientes internados como para pacientes ambulatorios. La asistencia profesional es particularmente importante en esta etapa crítica del camino hacia una recuperación a largo plazo y una vida saludable y feliz. Dé el primer paso y comuníquese con nosotros hoy mismo.*

**Houston Deer Park - Long-Term Inpatient Program**

MAIN ..... (281) 276-0088  
INTAKE ..... (713) 395-3701  
FAX ..... (281) 476-5581  
LEGEND ..... M, W, I/RR, Flat fee, Appt req  
NEED FOR INTAKE .. 2 forms of ID, Social Security card  
and birth certificate if applicable

This program is designed for people who are physically ready, mentally capable and willing to participate in all aspects of the recovery program, including education and workforce development. Our peer influence community model uses peer influence and clinical counseling to help clients change the attitudes, behaviors and perceptions associated with substance use disorders. Long-Term treatment in an adult inpatient program at Cenikor is 18 to 24 months. \$600.00 In-State / Out of State \$ 1,800.00 non-refundable.

**Houston Deer Park - Short-Term Program**

MAIN ..... (281) 946-4349  
INTAKE ..... (888) 236-4567  
FAX ..... (281) 476-5581  
LEGEND ..... M, W, Free, S\$, Ins, Med, Financing  
available, I/RR, Appt req  
NEED FOR INTAKE .... Proof of employment & residency

Cenikor's Adult Short-Term Inpatient programs provide non-emergency care and treatment for people with substance use disorders and related behavioral health disorders. Comprehensive, individualized treatment plans include assessment, screening, individual and group counseling, life skills training and education for family members. Call for intake.

#### **Odyssey House - Adolescent Inpatient Program**

5629 Grapevine Street  
Houston, TX 770853816

MAIN ..... (713) 726-0922  
 INTAKE ..... (888) 236-4567  
 FAX ..... (713) 726-0988  
 CITY SECTION ..... Southwest  
 NEIGHBORHOOD ..... Central Southwest  
 BUS ROUTES ..... 49  
 LEGEND ..... Y, S\$, Med, Ins, Financing available,  
 Appt req, Esp  
 HOURS ..... Mon-Fri, 8am-5pm  
 NEED FOR INTAKE ..... Call for intake

Cenikor's Adolescent Inpatient program provides treatment and education to adolescents ages 13-17 and their families whose lives have been impacted by substance use disorders. Cenikor offers comprehensive and quality services to achieve lasting changes in the values and behaviors of youth, to create healthy lifestyles and healthy families.

Clients learn how to live with a structure as behaviors and attitudes are addressed by peers and counselors. In addition to individual, group and family therapy, teens continue their education with qualified teaching staff in our on-site accredited school.

*El programa para pacientes internados adolescentes que ofrece Cenikor brinda tratamiento y educación a aquellos adolescentes de entre 13 y 17 años y a sus familias, cuyas vidas se han visto afectadas por los trastornos por el uso de sustancias adictivas. Cenikor ofrece servicios integrales y de calidad a fin de lograr cambios duraderos en los valores y las conductas de los jóvenes y así promover estilos de vida saludables y familias sanas.*

*Los pacientes aprenden cómo vivir dentro de una estructura, ya que se abordan las conductas y las actitudes por medio de pares y terapeutas. Además del tratamiento individual, grupal y familiar, los adolescentes continúan su educación con personal docente calificado en nuestra escuela acreditada en el lugar. Los guiamos durante su recuperación y los ayudamos a convertirse en personas adultas responsables en la recuperación a largo plazo, al mismo tiempo que ellos aprenden cómo divertirse en estado de sobriedad. Comuníquese con nosotros hoy mismo para obtener más información.*

#### **CHANGE HAPPENS!**

3353 Elgin Street  
Houston, TX 77004-3551



MAIN ..... (713) 374-1200  
 FAX ..... (713) 651-8045  
 WEB ..... www.changehappenstx.org  
 EMAIL ..... info@changehappenstx.org  
 CITY SECTION ..... Central  
 NEIGHBORHOOD ..... Third Ward  
 BUS ROUTES ..... 29, 54, Metro light rail  
 HOURS ..... Mon-Fri, 8am-5pm

Change Happens! is a local, community-based, non-profit primarily serving adults and at risk youth in Houston and Harris County. Change Happens! mission is "Empowering People to Help Themselves".

Change Happens! has a variety of programs and services that include positive youth development, adolescent and adult substance abuse prevention and treatment, supportive services to the homeless, and HIV prevention.

#### **Affordable Care Act Navigator Program**

INTAKE ..... (713) 374-1276  
 LOCAL CALL CENTER ..... (832) 393-5423  
 FAX ..... (855) 892-8082  
 AREA SERVED .... Harris, Ft. Bend, Brazoria, Galveston,  
 and Montgomery counties  
 LEGEND ..... All, Free  
 NEED FOR INTAKE ..... ID, proof of household income,  
 W-2 or tax return, social security  
 numbers for household members

Navigators assist consumers to apply for health insurance through the ACA Marketplace. Navigators will provide information to consumers in a fair, accurate and impartial manner, provide referrals to consumer assistance programs, provide information that is culturally and linguistically appropriate, and facilitate the selection of a qualified health plan.

#### **Helping Youth Prevent Engaging in Risky Behavior H.Y.P.E. 2.0**

MAIN ..... (713) 374-1249  
 LEGEND ..... Y (ages 14-19)

The HYPE 2.0 program is designed to educate youth ages 14-19 on abstinence, teen pregnancy prevention, HIV and STDs, and positive youth development. The program uses the evidence based curriculum BART (Becoming a Responsible Teen) and incorporates Money Talk, a financial literacy introductory component developed to sustain financial stability and increase economic growth. The program also includes other adult preparation subjects such as healthy relationships, adolescent development, educational and career success.

#### **Positive Outcomes in Mentoring (POM)**

LEGEND ..... All

The POM project focuses on mentoring children and youth with emphasis on children whose lives have been impacted by the incarceration of a parent or caregiver. Prospective mentors must have a genuine interest in

youth, be at least 18 years of age, and make a commitment to mentor for a minimum of 4 hours per month up to 12 months.

### Project F.O.R.C.E.

INTAKE ..... (713) 374-1236  
 AREA SERVED..... Zip codes 77003, 77004, 77021, 77088, 77091, 77035  
 LEGEND..... M (18 & up), Free, I/RR, CD

A program designed to empower individuals with the knowledge and skills necessary to develop healthier lifestyles. The program utilizes innovative strategies that reduce risky behaviors, increase positive behaviors and reduce the risk of contracting HIV.

### Rescue in Motion Permanent Housing Program

INTAKE ..... (713) 374-1222  
 LEGEND..... W (18 & up), Homeless/Disabled, Appt req  
 NEED FOR INTAKE..... State ID, Chronic homelessness verification(s), verification of disability

Provides housing and supportive services to 12 unaccompanied, chronically homeless women with disabilities - primarily those who are seriously mentally ill, have chronic problems with alcohol, drugs or both, have AIDS and related conditions; and developmental and physical disabilities. Must meet the HUD definition of chronically homeless, be a single adult and have a documented disabling condition. The program model is "housing first" and is offered without any precondition.

### Rescue in Motion 4-Him Permanent Housing Pgm

INTAKE ..... (713) 374-1234  
 LEGEND..... M (18 & up), Homeless/Disabled, Appt req  
 NEED FOR INTAKE..... State ID, Chronic homelessness verification(s), verification of disability

Provides housing and supportive services to 12 unaccompanied, chronically homeless men with disabilities - primarily those who are seriously mentally ill, have chronic problems with alcohol, drugs or both, have AIDS and related conditions; and developmental and physical disabilities. Must meet the HUD definition of chronically homeless, be a single adult and have a documented disabling condition. The program model is "housing first" and is offered without any precondition.

### Rescue Youth Program

INTAKE ..... (713) 374-1252  
 AREA SERVED..... Harris and Waller Counties  
 LEGEND..... Y (ages 12-19), Appt req, Free, CD

Designed to teach children life skills and how to handle problems constructively, the Rescue Youth Program is delivered in school settings, local shelters, and in our after school and summer programs.

### CHRIST CLINIC

25722 Kingsland Blvd., Suite 111  
 Katy, TX 77494



MAIN ..... (281) 391-0190  
 FAX ..... (281) 391-4178  
 WEB ..... <http://christclinickaty.org/>  
 EMAIL ..... [info@christclinickaty.org](mailto:info@christclinickaty.org)  
 LEGEND ..... Adults, Homeless, I/RR, Flat fee, Appt/walk-ins, Esp  
 HOURS ..... Mon-Thur, 9am-7pm; Fri, 9am-3pm  
 NEED FOR INTAKE ..... Photo ID, proof of income

Non-profit clinic that serves adults who are unable to receive necessary medical care without insurance. Patients contribute to the cost of care - \$25 for the initial visit and \$15 for all follow up visits (cash only).

Low cost primary and preventive care, women's health, mental health services, pharmacy and medication assistance, and health education.

After Hours Acute Clinic: Monday-Thursday, 3pm-7pm.  
 New patients, walk-in only, \$30 cash only.

*Clínica médica de sin fines de lucro al servicio de personas adultas que no pueden recibir una atención médica adecuada sin seguro. Los pacientes contribuyen con los costos de cuidado - \$25 por la visita inicial y \$15 por todas las visitas de seguimiento (solamente efectivo)*

*Bajo costo atención primaria y preventiva, salud de la mujer, servicios de salud mental, farmacia y asistencia con medicamentos, y educación para la salud.*

*Clínica de Cuidados Intensivos por las Tardes: Lunes a jueves de 3pm a 7pm. Pacientes nuevos, sin cita previa, \$30 solamente efectivo.*

### CITY OF HOUSTON COMMUNITY RE-ENTRY NETWORK PROGRAM



Kashmere Multiservice Center  
 4802 Lockwood Drive  
 Houston, TX 77026

Mailing address:  
 8000 N. Stadium Drive  
 Houston, TX 77054

MAIN ..... (832) 393-5467  
 FAX ..... (832) 393-5566  
 WEB ..... [www.houstonhealth.org](http://www.houstonhealth.org)  
 EMAIL ..... [hdhhs.reentry@houston.tx.gov](mailto:hdhhs.reentry@houston.tx.gov)  
 BUS ROUTES ..... 83, 3  
 LEGEND ..... Adults, I/RR, CD, Free, Walk-ins  
 HOURS ..... Mon-Fri, 8am-5pm

The Community Re-Entry Network Program (CRNP) provides support to ex-offenders by identifying physical and behavioral health needs. CRNP links individuals to health care, supportive housing, family reunification, life skills training and workforce development support. Our mission is to reduce recidivism, increase public safety and successfully assist and support ex-offenders in their transition to become productive contributing members of the Houston community. Call for intake.

**CITY OF HOUSTON** &  
**OFFICE OF VETERANS AFFAIRS**  
 901 Bagby, City Hall, 4th Floor  
 Houston, TX 77002

MAIN ..... (832) 393-0992  
 FAX ..... (832) 393-0962  
 WEB ..... www.houstontx.gov/vetaffairs/  
 EMAIL ..... cohova@houstontx.gov  
 AREA SERVED.....Houston and surrounding counties  
 BUS ROUTES .....40, 41, 85  
 LEGEND..... Veterans, Fam, Free, Walk-ins, Esp  
 HOURS ..... Mon-Fri, 8am-5pm

COHOVA assists veterans and returning service members by connecting them with services and benefits at federal, state and city agencies, as well as nonprofit organizations. We work to improve the quality of life for veterans and act as an advocate for those veterans within the city of Houston who are at risk because of poverty and poor living conditions.

*Ayudar a los veteranos que regresan y miembros del servicio conexión con servicios y beneficios a federales, estatales y agencias de la ciudad, así como organizaciones sin fines de lucro. Actuar como un defensor de los veteranos dentro de la ciudad de Houston, que se encuentran en situación de riesgo debido a la pobreza y las malas condiciones de vida.*

**CITYWIDE HOME HEALTH CARE** &  
**dba South Side Home Health, Inc.**  
 7700 S. Main Street  
 Houston, TX 77030

INTAKE ..... (713) 660-6671  
 FAX ..... (713) 660-6771  
 WEB ..... www.ssr.com  
 EMAIL ..... inquire@ssrx.com  
 AREA SERVED.....Harris and surrounding counties  
 LEGEND.....All, Med, Ins, Wkr Comp  
 HOURS ..... Mon-Fri, 9am-5pm; Sat, 9am-3pm;  
 Sun and after hours on call  
 NEED FOR INTAKE..... Doctor's order

We are committed to providing quality patient care and employ professional nurses who have been specifically trained to provide quality nursing in the home. Services are provided in accordance with a patient care plan, developed to meet the physician and patient's needs. Services include skilled nursing, home health aide, medical social worker, IV therapy, wound care including wound vac, physical therapy, occupational therapy, speech therapy, disease management, medication management, safety evaluations. Call for intake.

**COMMUNITY ENDOWMENT FOUNDATION**  
 2516 Mandell Street, #6  
 Houston, TX 77006

MAIN ..... (713) 528-0037  
 FAX ..... (713) 520-5646  
 WEB ..... www.community-endowment-foundation.org

CEF provides affordable, permanent housing for persons living with HIV.

**Swehla House**  
 CITY SECTION.....Central  
 NEIGHBORHOOD ..... Montrose  
 LEGEND ..... M, W, S\$, Appt req, **HIV+ only**  
 NEED FOR INTAKE ..... Intake by appointment only

A 12 unit efficiency apartment complex (permanent housing) for single persons living with HIV. Vacancies are only advertised through case managers of social service agencies who primarily serve the HIV community. Tenants must have a source of income as CEF does not provide financial assistance. Rent is based on a percentage of income.

**CORDER PLACE APARTMENTS** &  
 7210 Peerless  
 Houston, TX 77021-3130

MAIN ..... (713) 741-4070  
 FAX ..... (713) 440-6549  
 EMAIL ..... corderplace@sbcglobal.net  
 CITY SECTION..... Southeast  
 NEIGHBORHOOD ..... OST/South Union  
 BUS ROUTES ..... 60, 360  
 LEGEND ..... M, W, Fam, **HIV+** household member,  
 Homeless, CD, I/RR, S\$  
 HOURS ..... Mon-Fri, 8:30am-4pm  
 NEED FOR INTAKE ..... Shelter documentation required

Permanent housing program for homeless families affected by HIV which includes social services such as case management, child care, and legal services. Rent is based on income. Two bedroom units available for families of 2 to 4.

*Un programa de vivienda permanente para familias sin vivienda y afectadas por el VIH, que incluye servicios sociales así como administración de casos, cuidado de los niños/niñas, y servicios legales. Unidades de dos dormitorios disponibles para familias de 2 a 4, el alquiler basado en el ingreso. Citas: Lunes-jueves, 10am a 2pm.*

**COMMUNITY HEP C CLINIC**  
 See Southside Group of Companies

**COVENANT HOUSE TEXAS** &  
 1111 Lovett Boulevard  
 Houston, TX 77006

MAIN ..... (713) 523-2231  
 FAX ..... (713) 523-6904  
 WEB ..... www.covenanthousetx.org

CITY SECTION ..... Central  
 NEIGHBORHOOD ..... Montrose  
 BUS ROUTES ..... 56, 82  
 LEGEND ..... All (ages 18-21), Free, Esp, Walk-ins,  
 Parenting/pregnant moms under 21  
 HOURS ..... 24 hours  
 NEED FOR INTAKE ..... Intake hours: 3pm-10pm

Covenant House Texas offers homeless and runaway youth a safe haven from the dangers of street life and abuse as well as provide them with the necessary skills, training, and emotional support to choose positive life alternatives and develop into self-sufficient adults.

Provides an emergency crisis shelter for runaway, homeless and 'throwaway' kids under the age of 21 years. Immediate assistance is provided in the form of shelter, food, clothing and health screening including treatment of minor ailments, followed by family, mental health and substance abuse counseling, educational, vocational and job search training, parenting and life skills classes; HIV program; street outreach and runaway prevention and transitional living programs.

*La misión de Covenant House Texas es ofrecer a los jóvenes sin hogar y fugitivos un refugio seguro contra los peligros de la vida en la calle y el abuso, además de proporcionarles las habilidades necesarias, la capacitación y el apoyo emocional para elegir alternativas positivas de vida y convertirse en adultos autosuficientes.*

*Un refugio de emergencia para adolescentes que huyen de sus casas, son echados o no tienen donde vivir. Se provee atención inmediata ofreciendo refugio, alimento, vestimenta y evaluación y servicios para la salud, incluyendo tratamientos de malestares leves, asesoramiento familiar, de salud mental y abuso de sustancias; entrenamiento educacional, vocacional y ayuda en la búsqueda de empleo, clases para la capacitación de padres; alcance educacional y prevención de la huida de la casa y programas de vivienda transitoria.*

## CRISIS INTERVENTION OF HOUSTON

3701 Kirby Drive, Suite 540  
 Houston, TX 77098-3940

MAIN ..... (713) 533-4500  
 CRISIS HOTLINE ..... (713) HOTLINE  
 TEEN HOTLINE ..... (713) 524-TEEN  
 SPANISH HOTLINE ..... (713) 47-AYUDA  
 WEB ..... www.crisishotline.org  
 LEGEND ..... All, Esp  
 HOURS ..... 24 hours

Crisis Intervention of Houston, Inc. (CIH) is a nonprofit organization with the sole mission to help people in crisis. We operate free, confidential, anonymous hotlines 24 hours a day, seven days a week.

Our goal is to help people who don't know where to go for help and to overcome the barriers to help such as fear,

isolation, abuse, physical disability, health, language, age, income, location, problem type or timing of the crisis.

*Crisis Intervention of Houston, Inc. (CIH) es una organización sin fines de lucro 501c3 con la única misión de ayudar a las personas en crisis. Operamos líneas telefónicas gratuitas, confidenciales y anónimas 24 horas al día, siete días a la semana.*

*Nuestro objetivo es ayudar a las personas que no saben a dónde ir para obtener ayuda y superar las barreras como el miedo, aislamiento, abuso, discapacidad física, salud, idioma, edad, ingreso, ubicación, el tipo de problema o el momento de la crisis.*

## CYPRESS ASSISTANCE MINISTRIES

11202 Huffmeister Road  
 Houston, TX 77065

Mailing address:  
 PO Box 2336  
 Cypress, TX 77410-2336

MAIN ..... (281) 955-7684  
 ASSISTANCE ..... (281) 955-7440  
 FAX ..... (281) 955-7695  
 WEB ..... www.cypressassistanceministries.org  
 EMAIL ..... info@cypressassistance.org

CITY SECTION ..... Northwest  
 NEIGHBORHOOD ..... Cypress Fairbanks  
 AREA SERVED . Zip codes 77065, 77095, 77429, 77433  
 LEGEND ..... M, W, Fam, Appt req, I/RR, Esp  
 HOURS ..... Mon-Weds, 9am-5pm; Thur-Fri, 9am-3pm  
 NEED FOR INTAKE .... Photo ID, Social Security card for all household members, lease agreement/ mortgage statement and utility bill, proof of all income (and government assistance), proof of emergency causing financial crisis when possible.

CAM offers assistance with food, clothing, household items, rent/mortgage, utilities, employment assistance (See Operation Jobs), GED classes and ESL classes. Volunteers are welcome in all areas of the ministry.

*Asistencia con alimentos, ropa, artículos para la casa, pago de renta y electricidad, asistencia de empleo, clases del GED y clases de inglés.*

## Operation Jobs

MAIN ..... (281) 955-5895  
 LEGEND ..... M, W, Free, I/RR  
 HOURS ..... Mon-Fri, 9am-4pm  
 NEED FOR INTAKE ..... Appt req

Operation Jobs is an outreach program of Cypress Assistance Ministries to assist unemployed and under-employed individuals in all zip codes of the community. Operation Jobs assists applicants by preparing a resume, coaching to improve interview skills, offering encouragement and giving advice for finding and keeping a job. OJ maintains a database of employment positions that is updated daily.

## DAPA FAMILY RECOVERY PROGRAM

5500 Guhn Road, Suite 100  
Houston, TX 77040

24 HOURS/INTAKE ..... (713) 783-8889  
 FAX ..... (713) 783-0499  
 TOLL FREE ..... (800) 828-3272  
 WEB ..... [www.dualdiagnostictreatmentprograms.com](http://www.dualdiagnostictreatmentprograms.com)  
 CITY SECTION ..... Northwest  
 NEIGHBORHOOD ..... Fairbanks/Northwest Crossing  
 BUS ROUTES ..... 45  
 LEGEND ..... M, W, Med, Ins, Lim, Appt req  
 HOURS ..... 8 am - 4 pm

For over 34 years, DAPA has been helping individuals whose lives and families have suffered from the pain of mental illness, the ravages of substance abuse and the overwhelming sense of helplessness the conditions can create. Our success in helping these individuals is due to DAPA's innovative, varied and effective treatment programs. But just as important is DAPA's compassionate and highly experienced staff, each of whom is committed to giving every person seeking help the respect, empathy, attention and dedication they deserve.

### Psychiatric and Substance Abuse Programs

if you are an individual not in crisis but seeking info on dual diagnosis treatment options, or advice or help because you or someone close to you is suffering from an addiction or mental illness, or both, and needs dual disorder treatment, then DAPA is here to help.

Our dual diagnosis treatment programs are for people who want the best that can be offered them and are eligible because they have Medicare A & B and meet the medical criteria for admission and treatment.

### Acute Inpatient Program (AIP)

Intracare Hospital  
1120 Cypress Station Dr.  
Houston, TX 77090

24 HOURS/INTAKE ..... (281) 893-7200  
 CITY SECTION ..... North  
 NEIGHBORHOOD ..... Cypress Station  
 BUS ROUTES ..... 60  
 LEGEND ..... M, W, Y, I/RR  
 HOURS ..... Mon-Fri, 8am-4pm

For patients requiring short to moderate hospitalization due to severe psychiatric disorders, substance abuse or both. AIP treatment consists of psychiatric and psychosocial evaluations, medical history and physical, chemical dependency assessments when indicated, multiple group therapies, family therapy, individual therapy and initiation or stabilization of psychiatric medications. Adults, children and geriatric patients are treated in separate units.

### Intensive Outpatient Program (IOP)

7011 Harwin Dr., Suite 218  
Houston, TX 77036

MAIN ..... (713) 783-8894  
 CITY SECTION ..... Southwest  
 NEIGHBORHOOD ..... Woodlake/Briar Meadow  
 BUS ROUTES ..... 152, 153  
 LEGEND ..... M, W, F, I/RR

A three-phase addiction recovery program for one year consisting of an intensive phase, an intermediate phase and a continued care maintenance phase. IOP gives the chemically dependent or dual disorder (chemical dependency and a major psychiatric disorder) patient and the patient's family a highly effective psycho-educational and counseling program administered while the patient continues to live a home and work.

### Partial Hospital Program (PHP)

Intracare North  
5500 Guhn Rd., Suite 200  
Houston, TX 77040

24 HOURS/INTAKE ..... (281) 768-7874  
 TOLL FREE ..... (800) 828-3272  
 CITY SECTION ..... Northwest  
 NEIGHBORHOOD ..... Fairbanks/Northwest Crossing  
 LEGEND ..... M, W, Fam, I/RR

An intensive day program conducted five to seven days a week and administered at the facilities of DAPA. Treatment consists of psychiatric and psychosocial evaluations, medical history and physical, chemical dependency assessments when indicated, multiple group therapies and family therapy. All groups are small (no more than 10) and each patient is placed in a group that closely matches their condition. Patients enter this program with or without prior hospitalization and it is the most frequently used of DAPA's treatment programs.

## DEPRESSION AND BIPOLAR SUPPORT

### ALLIANCE GREATER HOUSTON

PO Box 27607  
Houston, TX 77227

MAIN ..... (713) 600-1131  
 FAX ..... (713) 600-1137  
 WEB ..... [www.dbsahouston.org](http://www.dbsahouston.org)  
 EMAIL ..... [dbsahouston@dbsahouston.org](mailto:dbsahouston@dbsahouston.org)  
 AREA SERVED ..... Harris, Ft. Bend and Montgomery counties

BUS ROUTES ..... Many groups are on a METRO route  
 LEGEND ..... M, W, I/RR, Homeless, Immigrants, CD, Free, Walk-ins, Esp  
 HOURS ..... Various days and times

DBSA Houston provides free and confidential support groups for individuals living with, or family and friends affected by, depression and bipolar disorders, and also educates the community about these disorders.

Free and confidential peer process support groups for managing symptoms of depression and bipolar disorder.

Groups are 90 minutes long and led or co-facilitated by licensed mental health professionals.

*DBSA Houston ofrece grupos de apoyo gratuitos y confidenciales para personas que viven con, o familiares y amigos afectados por, depresión y trastornos bipolares, y también educa a la comunidad sobre estos trastornos.*

*Grupos de soporte de proceso entre compañeros, gratuitos y confidenciales, para [ayudar a ]manejar los síntomas de depresión y trastorno bipolar. Los grupos duran 90 minutos y son guiados o co-facilitados por profesionales con licencia en salud mental.*

## DISABILITY RIGHTS TEXAS

1500 McGowan Street, Suite 100  
Houston, TX 77004

MAIN ..... (713) 974-7691  
 FAX ..... (713) 974-7695  
 TOLL FREE ..... (800) 315-3876  
 INTAKE ..... (800) 252-9108  
 VIDEO PHONE ..... (866) 362-2851  
 VOTING RIGHTS HOTLINE ..... (888) 796-8683  
 WEB ..... [www.disabilityrightstx.org](http://www.disabilityrightstx.org)  
 CITY SECTION ..... Central  
 NEIGHBORHOOD ..... Midtown  
 AREA SERVED ..... East Texas  
 BUS ROUTES ..... 11, 54  
 LEGEND ..... All, Fam, Appt req, Free  
 NEED FOR INTAKE ..... Intake Mon-Fri, 9am-4pm or  
 online 24 hrs

Legal advocacy for persons with disabilities by providing direct legal assistance to people with disabilities whose rights are threatened or violated; protecting the rights of individuals and groups of people with disabilities through the courts and justice system; advocating for laws and public policies that protect and advance the rights of people with disabilities; and informing people with disabilities and family members about their rights and making referrals to programs and services.

Unfortunately we are NOT able to provide financial assistance, and we do NOT provide legal services for bankruptcy, criminal law, family law (divorce, child custody, etc.), identity theft, malpractice, mortgage foreclosure, personal injury, probate, property, Social Security determinations or appeals, and wills.

*Defensa legal para personas con discapacidades al proporcionar asistencia legal directa a personas con discapacidades cuyos derechos son amenazados o violados; protección de los derechos de individuos y grupos de personas con discapacidades a través de las cortes y el sistema de justicia; advocar por leyes y políticas públicas que protejan y apoyen los derechos de personas con discapacidades; e informar a las personas con discapacidades y miembros de su familia sobre sus*

*derechos y realizar referencias a programas y servicios.*

*Desafortunadamente NO podemos proporcionar asistencia financiera, y NO proporcionamos servicios legales para bancarrota, leyes criminales, leyes familiares (divorcio, custodia de hijos, etc.), robo de identidad, negligencia, ejecución de hipoteca, lesiones personales, legitimación, propiedad, determinaciones o apelaciones de Seguridad Social, y testamentos.*

## EAST FT. BEND HUMAN NEEDS MINISTRY

435 Stafford Run  
Stafford, TX 77477

MAIN ..... (281) 261-1006  
 FAX ..... (281) 261-0986  
 WEB ..... [www.humanneeds.org](http://www.humanneeds.org)  
 EMAIL ..... [ministry@humanneeds.org](mailto:ministry@humanneeds.org)  
 CITY SECTION ..... Southwest  
 NEIGHBORHOOD ..... Stafford  
 AREA SERVED ..... Zip codes 77477, 77478, 77479,  
 77459, 77489, 77583, 77545, 77053,  
 77083, 77085, 77099

LEGEND ..... M, W, Fam, All, Free, Walk-ins  
 NEED FOR INTAKE ..... Current utility bill, social security  
 cards for everyone receiving food

Our mission is to address the basic human needs of families in temporary financial crisis in East Fort Bend County.

Full service food pantry open Monday, 6pm-8pm; Tuesday, Thur, Fri 10am-1:30pm; Weds 6pm-8pm; for financial assistance call on Tues to make an appointment: (281) 261-5470.

Also offers a school supply program in August, monthly Food Fair, Thanksgiving and Christmas food baskets, and Tri-Cities Churches resale shop. Referrals available.

## FAIR HAVEN FOOD PANTRY

1330 Gessner Rd., Bldg. 9  
Houston, TX 77055

MAIN ..... (713) 467-4363  
 FAX ..... (713) 468-1538  
 WEB ..... <https://fairhavenumc.org/food-pantry.html>  
 CITY SECTION ..... West  
 NEIGHBORHOOD ..... Spring Branch  
 AREA SERVED ..... Zip codes 77024, 77027, 77041  
 (Carverdale area), 77043, 77055,  
 77056, 77079, 77080

BUS ROUTES ..... 26, 46  
 LEGEND ..... M, W, Fam, Free, Walk-ins, Halfway  
 house residents

HOURS ..... Mon-Fri, 10am-2pm

Provides staple food items for a limited number of times. Must show proof of address and picture ID.



## FAMILYTIME CRISIS AND COUNSELING CENTER

1203 S. Houston Avenue  
Humble, TX 77338

MAIN/24 HOURS ..... (281) 446-2615  
FAX ..... (281) 446-3691  
WEB ..... [www.familytimeccc.org](http://www.familytimeccc.org)  
EMAIL ..... [ftime@earthlink.net](mailto:ftime@earthlink.net)

CITY SECTION ..... North  
NEIGHBORHOOD ..... Humble  
AREA SERVED ..... Harris, Liberty and eastern  
Montgomery counties

LEGEND ..... All, Free, S\$, Appt req (Walk ins-crisis only), Esp  
HOURS ..... Mon-Thur, 9am-5pm; Fri, 9am-2pm

FamilyTime provides free services to victims of abuse such as professional counseling, support groups, legal advocacy, case management and a 24-hour helpline. We also provide short-term emergency shelter for victims of domestic violence and their children.

Other services such as professional counseling for non-victim issues, anger management and parenting classes are available for a fee.

The main focus is helping victims of a crime. Shelter for victims and their children fleeing domestic violence (available 24/7); 24 hour hotline; free counseling for victims of crime; sliding scale fee for counseling of individual, family and marriage therapy for non-victim issues (counseling only, no medication). Does not offer counseling for the severely mentally ill. Intake for non-resident services is Monday-Thursday, 9am-5pm and Friday 9am-2pm.

*FamilyTime ofrece servicios gratuitos a víctimas de abusos tales como asesoramiento profesional, grupos de apoyo, defensa legal, gestión de casos y una línea de ayuda las 24 horas. También ofrecemos refugio de emergencia a corto plazo para las víctimas de violencia doméstica y sus hijos.*

*Otros servicios tales como consejería profesional para problemas de no víctimas, manejo de la ira y clases para padres están disponibles por una tarifa.*

*El objetivo principal es el de ayudar a víctimas de un crimen. Provee refugio para víctimas y los niño/as en la fuga de la violencia doméstica; línea telefónica de ayuda durante las 24 horas del día; consejería gratuita para las víctimas de un crimen; costo a precio de escala para consejería individual, familiar y marital (no se ofrece medicamentos). No se ofrece consejería al enfermo de salud mental severa.*

## FORT BEND CENTER FOR INDEPENDENT LIVING

12946 Dairy Ashford Rd, Suite 110  
Sugar Land, TX 77478



MAIN ..... (281) 980-2219  
FAX ..... (281) 980-2298  
WEB ..... [www.coalitionforbarrierfreeiving.com](http://www.coalitionforbarrierfreeiving.com)  
..... or [www.hcil.cc](http://www.hcil.cc)

EMAIL ..... [fbcil@neosoft.com](mailto:fbcil@neosoft.com)

CITY SECTION ..... Southwest  
NEIGHBORHOOD ..... Sugar Land  
LEGEND ..... All, Disabled, Free, Walk-ins

A self-help, self-advocacy organization providing independent living services and options for people with disabilities by people with disabilities. Services include but are not limited to peer to peer counseling, independent living skills training, information and referral, individual and systems advocacy, post-secondary transition services for youth with disabilities, Deaf and hard of hearing services, housing assistance, employment assistance for SSI and SSDI beneficiaries, Assistive Technology (AT) training; AT and durable medical equipment (DME) financial assistance, relocation services to the community for people with disabilities living in nursing homes.

## FORT BEND COUNTY CLINICAL HEALTH SERVICES

4520 Reading Road, Suite A-200  
Rosenberg, TX 77471

MAIN ..... (281) 342-6414  
FAX ..... (281) 342-7371  
WEB ..... [www.fortbendcountytx.gov](http://www.fortbendcountytx.gov)

CITY SECTION ..... Southwest  
NEIGHBORHOOD ..... Rosenberg

LEGEND ..... Appt req, Esp  
HOURS ..... Mon-Fri, 8am-5pm

NEED FOR INTAKE ..... Immunizations only: a current immunization record.

HIV testing with pre- and post-test counseling; immunizations (schedule of clinics available); tuberculosis control; blood sugar and blood pressure screening; disease surveillance. Call for an appointment for HIV or STD services.

*Prueba y consejería del VIH; inmunizaciones (se dispone de los horarios de las clínicas); control de la tuberculosis; asesoramiento de la presión y azúcar en la sangre; vigilancia de enfermedades. Llame para apuntar una cita para los servicios del VIH o de las infecciones transmitidas sexualmente.*

## FORT BEND COUNTY WOMEN'S CENTER


1002 Wilson Drive  
Rosenberg, TX 77471

MAIN ..... (281) 344-5750  
24 HOURS ..... (281) 342-4357  
FAX ..... (281) 232-5041  
WEB ..... [fortbendwomenscenter.org](http://fortbendwomenscenter.org)  
EMAIL ..... [mail@fortbendwomenscenter.org](mailto:mail@fortbendwomenscenter.org)

CITY SECTION ..... Southwest  
 NEIGHBORHOOD ..... Rosenberg  
 LEGEND ..... All, Free, Appt/walk-ins, Esp

Assist survivors of domestic violence and sexual assault and their children by providing emergency shelter, crisis intervention, counseling, support services and referrals.

*Ayuda para los adultos y sus niño/as sobrevivientes del abuso doméstico y el abuso sexual ofreciendo refugio de emergencia, intervención de crisis, consejería, servicios de apoyo y referencias.*

**FUNDACIÓN LATINOAMERICANA DE ACCIÓN SOCIAL, INC. (FLAS, INC.)**   
 6666 Harwin Drive, Suite 370  
 Houston, TX 77036-2264

MAIN ..... (713) 772-2366  
 FAX ..... (832) 251-8121  
 WEB ..... www.flasinc.org  
 EMAIL ..... echino@flasinc.org  
 CITY SECTION ..... Southwest  
 NEIGHBORHOOD ..... Sharpstown  
 BUS ROUTES ..... 47, 152, 153, 82  
 HOURS ..... Mon-Fri, 9am-5pm

FLAS, INC. is a non-profit community based organization. FLAS provides HIV, substance abuse, and Hepatitis C prevention services as well as substance abuse treatment and mental health services. We provide HIV, Syphilis, and Hepatitis C counseling and testing and referrals for social services, SASSI assessments, DWI courses, anger management, LGBTQ family support and life coaching. Court mandated services SOP/IOP individual and group.

*FLAS es una organización sin fines de lucro. FLAS provee diversas fuentes de información sobre el HIV, sobre la prevención del abuso de sustancias y la hepatitis C; educación sobre el HIV y enfermedades de transmisión sexual para la comunidad en general. Cursos mandatorios por la corte como tratamiento para la adicción individual o en grupo. Cursos de DWI, cursos para controlar el enojo, apoyo para las familias LGBTQ.*

**Colores Latinos**   
 6711 Rampart St., Suite 111  
 Houston, TX 77081

CITY SECTION ..... Southwest  
 NEIGHBORHOOD ..... Gulfton  
 AREA SERVED ..... Houston and Harris County  
 BUS ROUTES ..... 2, 47  
 LEGEND ..... Free, Walk-ins, Latino MSM (18 and up),  
 Lim, Esp  
 HOURS ..... Mon-Fri, 2pm-10pm

Educational workshops for Latino men who have sex with other men (MSMs), HIV and substance abuse prevention and HIV counseling and testing.

*Talleres de inteligencia emocional para hombres Latinos*

*que tienen sexo con otros hombres, prevención del VIH y del uso de drogas, y prueba y consejería del VIH.*

**Court Mandated Services**

AREA SERVED ..... Houston and surrounding areas  
 LEGEND ..... Adults, I/RR, CD, Flat fee, Walk-ins, Esp  
 HOURS ..... Mon-Fri, 9am-9pm  
 NEED FOR INTAKE ..... Court documentation if court-ordered

Supportive Outpatient Program (SOP) and Intensive Outpatient Program (IOP), DWI, and anger management classes.

*Tratamiento para la adicción individual o en grupo. Curso intensivo. Curso de DWI y curso para controlar el enojo.*

**Emergency Assistance Program**

AREA SERVED ..... Harris County  
 LEGEND ..... All, **HIV+ only**, Free, Appt req, Esp  
 NEED FOR INTAKE ..... ID, proof of HIV status, utility bill (in clients name)

Emergency assistance for people living with HIV in Harris County to pay the electricity, telephone, gas and water bills only. Must show proof of HIV status, ID and the utility bill must be in the clients name.

*También proporcionamos actividades de alcance, y asistencia de emergencia para las personas que viven con el VIH en el Condado de Harris. Dicha ayuda consiste en el pago de los servicios públicos como sea: la electricidad, teléfono, gas y el agua, únicamente. Debe demostrar prueba del estado de VIH, Cédula de Identidad y las facturas deberán estar a nombre del cliente.*

**Hablemos en Confianza (Let's Talk Honestly and Confidentially)**

LEGEND ..... Fam, Free, Appt req, Esp  
 HIV, substance abuse and hepatitis prevention for Latino families and their children ages 10-17 in Harris County.

*Este proyecto provee educación y prevención del HIV, el abuso de sustancias y de la Hepatitis. Este programa es para servir a las Familias Latinas y a sus hijos entre las edades de 10-17 en el condado de Harris.*

**HIV Counseling and Testing**

LEGEND ..... All, Free, Walk-ins, Esp  
 Rapid HIV testing (results in 20 minutes).

*El programa de consejería y prueba del VIH/STD es para proveer la prueba rápida del VIH (resultados en 20 minutos).*

**SOL Latino (Salud, Oportunidades y Libertad)**

AREA SERVED ..... Houston/Harris County  
 LEGEND ..... Latino MSM (18 and up), Free, Walk-ins, Lim, CD, Esp

Substance abuse treatment for Latino men who have sex with men (MSMs), includes HIV and Hepatitis C screening.

*Tratamiento para el uso de alcohol y drogas para hombres Latinos que tienen sexo con otros hombres, incluyen pruebas de VIH y Hepatitis C.*

## FUNERAL CONSUMERS ALLIANCE OF HOUSTON

*Mailing address:*  
1504 Wirt Rd  
Houston, TX 77055-4919

MAIN ..... (713) 526-4267  
WEB ..... funeralshouston.org  
EMAIL..... info@funeralshouston.org  
LEGEND..... All, Free  
HOURS ..... Every day from 8am-8pm

We help people plan for their end-of-life and help select the most cost-effective arrangements. We provide assistance in obtaining cremations or funerals at a reasonable cost, probably the lowest cost in the greater Houston area (even over 100 miles away). It is very desirable to contact us in advance; once the deceased is sent to a funeral home it can be very expensive to move to another funeral home. FCAH is staffed by volunteers and relies on donations. We do not have funds to pay for funerals.

Alternate phone numbers in case main does not answer: (713) 464-8877 or (713) 301-8566.

This is a volunteer organization with no physical office; services are provided by phone or by mail. Donations and memberships are encouraged.

Information and Education regarding requirements and options in making near-death and after-death arrangements; Consumer Protection through education, legislation and action. Forms to pre-plan your wishes regarding near-death and after death arrangements; Speakers Bureau: we have experienced speakers available to speak to your Church, Civic, or Professional Group; "Before I Go, You Should Know" end-of-life planning kit: comes with state specific Directive to Physicians and Surrogates (Living Will) and Durable Medical Power of Attorney, plus a fill-in-the-blanks booklet for your funeral plans; Volunteer Opportunities: we always need volunteers with office and computer skills as well as Board Members and Board Advisors. Can refer to Spanish speaking funeral homes as well as other languages.

Harris County Burial Assistance: (713) 696-1952

## GAY & LESBIAN SWITCHBOARD OF HOUSTON

*See LGBT Switchboard Houston or Montrose Center*

**GLOBAL COUNSELING AND TESTING** &  
MAIN ..... (832) 244-8769  
FAX ..... (832) 879-8207  
WEB ..... globalcounselingandtesting.com  
CITY SECTION..... Southwest  
NEIGHBORHOOD ..... Sugar Land  
LEGEND ..... All, Cash pay only, Appt req  
HOURS ..... Mon-Fri, 9am-5pm

We provide a wide range of in-home therapy and counseling services addressing PTSD, depression, ADHD, anxiety, domestic violence, psychological testing, therapy for sex offenders mandated to attend treatment directed by the parole board.

**GOOD SHEPHERD MISSION** &  
1005 Martin Luther King Dr.  
Huntsville, TX 77320

*Mailing address:*  
PO Box 7281  
Huntsville, TX 77342

MAIN ..... (936) 291-8156  
FAX ..... (936) 291-8156  
THRIFT STORE..... (936) 291-3311  
WEB ..... http://thegsmission.org/wp/  
EMAIL ..... info@thegsmission.org  
CITY SECTION..... North  
NEIGHBORHOOD ..... Huntsville  
AREA SERVED ..... Walker County  
LEGEND ..... All, Free, S\$, Walk-ins, CD, Esp  
OFFICE HOURS..... 9am-3pm  
LODGING SIGN IN ..... 6pm-9:30pm

Provides food, clothing and temporary shelter to indigent locals and transients by serving two hot meals daily at noon and 6pm, operates the local food bank and two Thrift Stores for low cost shopping or vouchers for free clothing.

Other services include providing limited prescription assistance (antibiotics) and travel-aid vouchers, and faith-based counseling (crisis intervention, marital, addiction rehabilitation, grief, spiritual) is also available by appointment.

Substance abuse recovery program: H.O.P.E. House (Healing, Open, Personalized Environment) is a 9 month holistic (mind/body/soul) therapeutic program in collaboration with Sam Houston State University Counseling Department. The program is limited to 12 participants. Must be able to go upstairs, no sex offenders. Not a medical or mental health facility.

*Ofrece alimento, ropa, y refugio temporario a personas indigentes locales y transitorias. Se ofrece dos comidas calientes diarias, 12pm y 6pm, tienda de alimentos, dos tiendas de ropas de compra económica o con comprobante a recibir ropa gratis.*

*Otros servicios incluyen asistencia limitada de recetas médicas (antibióticos) y comprobante para transporte y*

también se ofrece por cita consejería de base religiosa (intervención de crisis, matrimonio, rehabilitación de adicción, pesar, espiritual).

Programa de recuperación del abuso de sustancias: Casa H.O.P.E. tiene un ambiente hospitalario, personal y sanador y ofrece un programa comprensivo terapéutico (mente, cuerpo, espíritu) de 9 meses en colaboración con el departamento de consejería de Sam Houston State University. El programa está limitado a 12 participantes (debe ser hábil en subir escaleras). No se acepta delincuentes sexuales. No es una localidad médica o mental.

**GOODWILL INDUSTRIES OF HOUSTON** 

1140 West Loop North  
Houston, TX 77055

MAIN ..... (713) 692-6221  
FAX ..... (713) 699-6307  
WEB ..... www.goodwillhouston.org

Goodwill Industries of Houston provides education, training and employment opportunities to people with disabilities and other barriers to employment (including, but not limited to, physical and mental disabilities, homelessness, criminal records and addictive diseases), improving the lives of individuals, families and communities.

Goodwill Industries of Houston ofrece oportunidades de educación, capacitación y empleo a las personas con discapacidades y otras barreras al empleo (incluyendo, pero no limitado a, las discapacidades físicas y mentales, la falta de vivienda, los antecedentes penales y las adicciones), mejorando la vida de las personas, familias y comunidades.

**HOPWA Project Good Hope** 

2520 Brun Street  
Houston, TX 77019

MAIN ..... (713) 590-3123  
INTAKE ..... (713) 699-6355  
FAX ..... (713) 970-1793  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Montrose  
AREA SERVED ..... Houston  
BUS ROUTES ..... 27, 82  
LEGEND ..... M, W, **HIV+ only**, I/RR, Homeless,  
Immigrants, Appt/walk-ins, Free, Esp  
HOURS ..... Mon-Fri, 8am-4:30pm  
NEED FOR INTAKE ..... Valid state-issued photo ID,  
Social Security card, verification  
of all income for household,  
medical status letter

Through Project Good Hope (PGH), Goodwill Houston will place low-income individuals living with HIV and their families into employment and will help them retain such employment as an important milestone on the road to self-sufficiency.

PGH's goal is to connect clients with case management, counseling, legal services, referrals, vocational training, life skills training, work readiness training, job search assistance, on-the-job assistance and supportive services, such as transportation and clothing. PGH staff will not tell employers about client's HIV status.

A través de proyecto Good Hope (PGH), Goodwill de Houston colocará en empleos a las personas de bajos ingresos, viviendo con el VIH y a sus familiares. Asimismo, los ayudarán a retener dichos empleos como un paso importante hacia la autosuficiencia.

La meta del PGH es el de proveer a los clientes la administración de casos, consejería, servicios legales, referencias, entrenamiento vocacional y para enfrentar destrezas de la vida diaria, entrenamiento para la disposición de trabajo, asistencia en la búsqueda de trabajo y asistencia en el trabajo. Además, los servicios incluyen transportación y prendas de vestir. Los empleados del PGH no informarán a los empleadores el estado del VIH del cliente.

**GULF COAST COMMUNITY SERVICES ASSOCIATION, INC.** 

9320 Kirby Drive  
Houston, TX 77054

MAIN ..... (713) 393-4700  
WEB ..... www.gccsa.org  
CITY SECTION ..... Central  
AREA SERVED ..... Harris County  
BUS ROUTES ..... 8

LEGEND ..... All, Free, Appt req, Lim, Esp  
HOURS ..... Mon-Fri, 8am-5pm  
NEED FOR INTAKE ..... Completed application form with  
proof of Harris County residency and  
household income, income restrictions  
apply (at or below 125% FPL)

GCCSA is a 501(C)(3) Community Action Agency dedicated to strengthening the educational, social and economic well-being of individuals and families by administering high-quality programs and services designed to educate, equip and empower as they transition out of an economically distressed condition into a state of self-sufficiency and independence. GCCSA has a myriad of programs to address the various needs affecting area residents in poverty-related situations.

GCCSA es una Agencia de Acción Comunitaria 501(C)(3) dedicada a fortalecer el bienestar educativo, social y económico de individuos y familias mediante la administración de programas y servicios de alta calidad diseñados para educar, equipar y capacitar conforme salen de una condición económica precaria a un estado de autosuficiencia e independencia. GCCSA tiene muchos programas para atender las diversas necesidades que afectan a los residentes del condado de Harris en situaciones relacionadas con la pobreza.

**Financial Assistance for Hardship:** rent and electricity assistance as well as bus passes for individuals to access travel for the purpose of employment and GCCSA continuing education.

**Asistencia Financiera para Adversidades:** asistencia de renta y electricidad así como pases de autobús para que individuos tengan acceso a viaje para el propósito de empleo y educación continua de GCCSA.

**Case Management:** The Client Services team has specialists experienced in making referrals and providing linkage to various services including but not limited to: rent and electricity assistance, legal services, employment and work ready services, scholarships for vocational training, transportation assistance and financial capacity courses and workshops..

**Administración de Caso:** El equipo de Servicios al Cliente tiene especialistas experimentados en realizar referencias y proporcionar enlaces a varios servicios incluyendo sin limitarse a: asistencia de renta y electricidad, servicios legales, servicios de preparación de empleo y trabajo, becas para capacitación vocacional, asistencia de transporte y cursos y talleres de capacidad financiera.

**Adult Educational Services** that increase basic academic skills of adults. The programs offered are as follows: Adult Basic Education Class; General Education Diploma Class; Nutrition Workshop; Resume and Job Readiness Workshops.

**Servicios de educación para adultos** que incrementan las habilidades académicas básicas de los adultos. Los programas ofrecidos son los siguientes: Clase de Educación Básica para Adultos; Clase de Diploma de Educación General; Taller de Nutrición; Talleres de Currículo y Preparación para el Trabajo.

**The GCCSA Food Pantry** provides emergency food assistance to families and individuals.

**El centro de distribución de alimentos GCCSA** proporciona asistencia de alimentos de emergencia para familias e individuos.

**Head Start and Early Head Start:** GCCSA Head Start and Early Head Start serves children (ages 0-5) and their families in the Southeast Houston Area, East End, Third Ward and Pasadena at 20 Head Start centers and one Early Head Start center.

**Ventaja y Ventaja Oportuna (Head Start y Early Head Start):** Ventaja y Ventaja Oportuna de GCCSA da servicio a niños (entre 0 y 5 años) y sus familias en el Área del Sureste de Houston, Extremo Este, Third Ward y Pasadena en 20 centros de Ventaja y un centro de Ventaja Oportuna.

**HARMONY HOUSE, INC.**   
602 Girard Street  
Houston, TX 77007

MAIN ..... (713) 221-6200  
FAX ..... (713) 237-1715  
CITY SECTION.....Central  
NEIGHBORHOOD ..... Downtown  
LEGEND ..... Men only, Free, Homeless, Lim

The mission of Harmony House, Inc. is to provide quality permanent and transitional housing, medical respite care and primary health care to homeless persons in Texas, through a supportive, drug and alcohol free community.

### Residential Housing

MAIN ..... (713) 221-6216

The Residence is a 70-bed long-term supportive program for working, but homeless men. This residential program provides the tools, training and supportive services for men who are ready to make the transition from homelessness to recovery and independence.

### Respite Care Center

MAIN ..... (713) 221-6217

The Respite Center is a 28 bed, self-contained facility that provides a clean, dignified and nurturing environment for healing. This program intervenes at the time of hospital discharge for homeless men who are too sick to be on the streets, but not sick enough to be in the hospital. Patients receive intensive case management and referral to community supportive services. In-house services include a physician supervised nurse practitioner, pharmacy and substance abuse counseling.

### Tuberculosis (TB) Recovery Center

The Recovery Center is a collaborative effort with the City of Houston, Bureau of Tuberculosis Control. This program contains 7 beds and provides three to twelve months of housing, treatment and supportive services.

### HARRIS COUNTY BURIAL ASSISTANCE

MAIN ..... (713) 696-1952

### HARRIS COUNTY HOUSING AND COMMUNITY RESOURCE CENTER

*Mailing address:*  
8410 Lantern Point Drive  
Houston, TX 77054

24 HOURS ..... (713) 578-2055  
RESOURCE NAVIGATORS ..... (713) 696-1998  
FAX ..... (713) 578-2250  
WEB ..... www.csd.hctx.net  
EMAIL ..... hrc@hctx.net  
AREA SERVED ..... Harris County  
LEGEND ..... All, I/RR, Homeless, Immigrants, Free, Appt req, Esp

HOURS ..... Mon-Fri, 8am-4:30 pm

The Harris County Housing and Community Resource Center is an easily accessible one-stop shop that contains the latest information on all federal, state, and local programs aimed at helping low-income residents with emergency financial assistance, home repairs, affordable housing, transportation, bereavement services, veteran services, disaster recovery and down payment assistance. Resource Navigators are available to work with the homeless, assist case managers when clients do not meet program criteria, assist adults who are having problems with housing, employment, medical needs, transportation, food, clothing, etc. Resource Navigators may be reached by calling (713) 696-1998 or email [navigator@csd.hctx.net](mailto:navigator@csd.hctx.net). You can also access information on the website.

*El Centro de Recursos de Vivienda de la Comunidad del Condado de Harris que es fácilmente accesible y además se obtiene la información más reciente sobre todos los programas federales, estatales y locales destinados ayudar a los residentes de bajos ingresos con asistencia financiera para emergencias, reparaciones de vivienda, vivienda asequible, transporte, servicios fúnebres, servicios de veteranos, recuperación de desastre y servicios de asistencia con la cuota inicial para la compra de casa. Los Navegantes de Recursos están disponibles para trabajar con los indigentes, asistir a los administradores de casos si alguno de los clientes no cumplen con los requisitos del programa, asisten a los adultos con problemas de vivienda, ayudan con empleo, necesidades médicas, transporte, alimentos, ropa, etc. Los Navegantes de Recursos pueden ser localizados llamando al (713) 696-1998 o envíe un correo electrónico a [navigator@csd.hctx.net](mailto:navigator@csd.hctx.net). También puede acceder la información en el sitio web.*

## HARRIS COUNTY PUBLIC HEALTH SERVICES

Main Office  
2223 West Loop South  
Houston, TX 77027

MAIN ..... (713) 439-6000  
FAX ..... (713) 439-6080  
WIC ..... (713) 439-6145  
WEB ..... <http://publichealth.harriscountytexas.gov/>  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Galleria/Post Oak  
AREA SERVED ..... Harris County  
HOURS ..... Mon-Fri, 8am-5pm

Provides protection, prevention and control of diseases; maintenance of proper sanitation; promotion of better health through education; enforcement of animal control laws regarding immunization and licensing; surveillance and control of mosquitoes; surveillance and assessment

of disease in Harris county; provision of personal health services to eligible individuals that include family planning, immunizations, nutrition programs, well-child programs, risk factor screening and refugee health.

*Provee protección, prevención y control de enfermedades, mantenimiento para una sanidad apropiada, promoción para el mejoramiento de la salud a través de la educación, ejecución de la ley sobre el control de animales referente a la inmunización y licencias, inspección y control de mosquitos, inspección y asesoramiento de enfermedades en el Condado Harris, provisión de la salud personal para los que califiquen, así como la planificación familiar, inmunización, programa de nutrición, programa para el bienestar de la salud de niños, evaluación de riesgos y servicios para la salud de los refugiados.*

## HARRIS COUNTY PUBLIC HEALTH CLINICS &

LEGEND ..... All, S\$, Appt recommended, Esp  
HOURS ..... Mon & Wed, 8am-7pm; Tue & Thur,  
8am-5pm; Fri, 8am-12pm; 1st Sat, 8:15am-  
1pm; closed Fri after the 1st Sat  
NEED FOR INTAKE ..... Photo ID, proof of income, proof  
of government benefits

General wellness services for adults and adolescents, immunizations for all ages, family planning services for teens and adults, health education and prevention, screening and treatment of STIs, tuberculosis (TB) screening/contact investigation/follow-up and Directly Observed Therapy, HIV counseling and testing, case management/social services, and dental care.

The Patient Appointment Call Center is available Monday and Wednesday from 8am til 7pm; Tuesday and Thursday from 8am til 6pm; and Friday from 8am til 5pm: (713) 212-6800

*Servicios generales de bienestar para adultos y adolescentes, inmunizaciones para todas las edades, servicios de planificación familiar para adolescentes y adultos, educación de la salud y prevención, análisis y tratamiento de enfermedades de transmisión sexual, pruebas de tuberculosis (TB)/investigación de personas en contacto/seguimiento y terapia directa observada (conocido en inglés como DOT, Directly Observed Therapy), análisis y consejería de VIH, administrador de casos, servicios sociales, cuidado dental, y el programa de nutrición para mujeres/bebes y niños (conocido en inglés como WIC program).*

*El Centro de Atención Telefónica de Cita para el Paciente está disponible los lunes y miércoles de 8am hasta las 7pm; martes y jueves de 8am hasta 6pm; y viernes de 8am hasta las 5pm: (713) 212-6800.*

# Ha - Ha

## Antoine Health Clinic

5815 Antoine Drive  
Houston, TX 77091

MAIN ..... (713) 602-3300  
FAX ..... (713) 602-3374  
CITY SECTION ..... Northwest  
NEIGHBORHOOD ..... Inwood Forest  
BUS ROUTES ..... 45, 85

## Baytown Health Clinic

1000 Lee Drive  
Baytown, TX 77520

MAIN ..... (281) 427-5195  
FAX ..... (281) 427-1785  
CITY SECTION ..... East  
NEIGHBORHOOD ..... Baytown

## Humble Health Clinic

1730 Humble Place Drive  
Humble, TX 77338

MAIN ..... (281) 446-4222  
FAX ..... (281) 446-9563  
CITY SECTION ..... North  
NEIGHBORHOOD ..... Humble

## Southeast Health Clinic

3737 Red Bluff  
Pasadena, TX 77503

MAIN ..... (713) 740-5000  
FAX ..... (713) 740-5110  
CITY SECTION ..... Southeast  
NEIGHBORHOOD ..... Pasadena

## HARRIS COUNTY PUBLIC HEALTH

### WIC PROGRAM

APPOINTMENTS ..... (713) 407-5800  
MAIN OFFICE ..... (713) 439-6145  
FAX ..... (713) 439-6309  
LEGEND ..... Pregnant, postpartum & breastfeeding women, C (0-5 yrs), Free (based on income), Esp  
MAIN OFFICE HOURS ..... Mon-Fri, 8am-5pm  
WIC CENTER HOURS ..... Mon & Wed, 7:30am-7pm;  
Tues, 9am-6pm; Thur & Fri, 7:30am-2pm;  
3rd Sat, 8am-2pm. All centers are closed  
Friday after the 3rd Saturday.

NEED FOR INTAKE ..... Appointment, ID, proof of  
residency and income

Women, Infants and Children (WIC) is a nutrition program sponsored by the Texas Department of State Health Services which helps pregnant women, new mothers and young children eat well, learn about nutrition and stay healthy. WIC provides nutrition education and counseling, nutritious foods and access to health care for low-income women, infants and children through its Special

Supplemental Nutrition Program. Eligible mothers can also receive breast pumps, breastfeeding supplies and peer-to-peer counseling through the WIC program. WIC is an Equal Opportunity Provider.

To make an appointment at any of the WIC centers, contact the WIC Appointment Call Center Monday-Friday, 8am-5pm.

*Women, Infants and Children (WIC) es un programa nutricional del Departamento Estatal de Servicios de la Salud de Texas que ayuda a mujeres embarazadas, madres nuevas, y niños/niñas a que reciban buena alimentación, conozcan de la buena nutrición, y se mantengan saludables. WIC ofrece educación nutricional y consejería, alimentos nutritivos y acceso al cuidado de la salud a las mujeres de bajos recursos, mediante el programa especial de nutrición suplementaria. Las madres elegibles reciben bomba de pecho, y otras provisiones para extraer la leche materna, consejería y apoyo de otras madres. WIC es un programa de igualdad de oportunidades.*

*Para hacer una cita en cualquiera de los centros de WIC, comuníquese con el Centro de Atención Telefónica de Citas de WIC de lunes a viernes, de 8 am a 5pm.*

## Antoine WIC Center

5815 Antoine Drive  
Houston, TX 77091

CITY SECTION ..... Northwest  
NEIGHBORHOOD ..... Inwood Forest  
BUS ROUTES ..... 85, 45

## Bear Creek WIC Center

16233 Clay Road, Suite 318  
Houston, TX 77084

CITY SECTION ..... West  
NEIGHBORHOOD ..... Bear Creek/Highway 6

## Cypress Station WIC Center

221 FM 1960 West, Suite A  
Houston, TX 77090

CITY SECTION ..... North  
NEIGHBORHOOD ..... Cypress Station  
BUS ROUTES ..... 86

## Decker Drive WIC Center

4128 Decker Drive  
Baytown, TX 77521

CITY SECTION ..... Southeast  
BUS ROUTES ..... 4 (Harris County Transit)

## Emerald Plaza WIC Center

11509 Veterans Memorial Dr., Suite 400  
Houston, TX 77067

CITY SECTION ..... Northwest  
BUS ROUTES ..... 85, 96, 108

## Fallbrook WIC Center

14901 Tomball Pkwy, Suite 107  
Houston, TX 77086

CITY SECTION .....Northwest  
NEIGHBORHOOD ..... Willowood  
BUS ROUTES .....44

## Humble WIC Center

8950 Will Clayton Pkwy, Suite A  
Humble, TX 77338

CITY SECTION ..... Northeast

## Pasadena WIC Center

908 E. Southmore, Suite 300  
Pasadena, TX 77502

CITY SECTION .....Southeast

## Scarsdale WIC Center

10851 Scarsdale Boulevard, Suite 116  
Houston, TX 77089

CITY SECTION .....Southeast  
NEIGHBORHOOD ..... Ellington/South Belt  
BUS ROUTES .....88

## Shaver WIC Center

152 Fairmont Parkway  
Pasadena, TX 77504

CITY SECTION .....Southeast

## Southeast WIC Center

3737 Red Bluff  
Pasadena, TX 77503-3307

CITY SECTION .....Southeast

## Tomball WIC Center

701 East Main St., Suite 145B  
Tomball, TX 77375

CITY SECTION .....Northwest

## HARRIS COUNTY RIDES

8410 Lantern Point Drive  
Houston, TX 77054

MAIN ..... (713) 368-7433  
FAX ..... (713) 437-4860  
WEB .....www.harriscountyrides.com  
CITY SECTION ..... North  
NEIGHBORHOOD ..... Eastex/Jensen  
AREA SERVED.....Harris County  
BUS ROUTES .....6,45,80,83

LEGEND... Disabled, elderly or low income, Flat fee, Esp  
HOURS ..... Shared Ride: 7am-7pm; Taxi: 24 hours  
NEED FOR INTAKE.....Photo ID and proof of disability

What is RIDES? RIDES is a curb-to-curb subsidized program that allows eligible customers and participating

agencies to purchase transportation services at a significant discount. The customer/agency pays 50% of the total trip cost. Each customer may select from two levels of service: Shared Ride and Taxi Service.

Am I Eligible? RIDES coordinates non-emergency transportation services for the seniors and people with disabilities who are residents of Harris County and unable to access METRO services. To qualify, you must reside within Harris County and meet one or more of the following criteria: over 65 years of age (proof of age required); or disabled (proof of disability required: SSI Award letter or certification letter from your physician).

*¿Qué es RIDES? RIDES es un programa subvencionado de transporte que permite a los clientes elegibles y las agencias participantes que solo paguen 50% del costo para transportación. El cliente/agencia ahorra 50% del costo. Cada cliente puede elegir entre dos niveles de servicio: Viaje Compartido y Servicio de Taxi.*

*¿Soy elegible para el programa? RIDES brinda servicios de transporte (no de emergencia) para los habitantes mayores de 65 años de edad y personas con discapacidad quienes son residentes del Condado de Harris y no tienen la posibilidad de acceder a los servicios de METRO. Para calificar, usted debe residir en el Condado de Harris y cumplir con uno o más de los siguientes criterios: más de 65 años de edad (prueba de la edad requerida) o discapacidad (prueba de discapacidad requerido: Carta de adjudicación de SSI o un certificado médico).*

## HARRIS COUNTY SHERIFF'S OFFICE

### Early HIV Intervention Services

1200 Baker Street  
Houston, TX 77002-1206

MAIN ..... (713) 755-9252  
FAX ..... (713) 755-1246  
WEB ..... www.hcso.hctx.net  
LEGEND ..... M, W, **HIV+ only**, Free, Incarcerated, Esp  
HOURS ..... 24 hours

HCSO provides Early Intervention Services for inmates in the Harris County Jail. Services include assessment, education regarding HIV and treatment, education and skills building to increase health literacy, establishment of THMP/ADAP eligibility (as applicable), care coordination with medical resources within the jail and service providers outside the jail, and discharge planning.

*HCSO provee servicios de intervención temprana para presos en la cárcel del Condado Harris. Servicios incluyen asesoramiento, educación sobre VIH y tratamientos, educación sobre el mantenimiento de una buena salud, elegibilidad de THMP/ADAP, coordinación del cuidado de los recursos médicos dentro de la cárcel y con proveedores de servicios fuera de la cárcel, y ayuda con planes al estar en libertad.*



## HARRIS HEALTH SYSTEM



2525 Holly Hall St.  
Houston, TX 77054

MAIN ..... (713) 566-6400  
FAX ..... (713) 566-6401  
WEB ..... [www.harrishealth.org](http://www.harrishealth.org)  
AREA SERVED ..... Harris County

For information on eligibility and how to apply, see page 18.

### Acres Home Health Center

818 Ringold Street  
Houston, TX 77088

MAIN ..... (281) 448-6391  
CITY SECTION ..... Northwest  
NEIGHBORHOOD ..... Acres Home  
BUS ROUTES ..... 30, 64  
LEGEND ..... All, Walk-ins, Free, S\$, Med  
HOURS ..... Mon-Fri, 8am-5pm

### Adolescent Program

2015 Thomas Street  
Houston, TX 77009

MAIN ..... (713) 873-4100  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Near Northside  
BUS ROUTES ..... METRO light rail  
LEGEND ..... Y, Free, S\$, Med, **HIV+ only**, Esp  
HOURS ..... Mon-Fri, 7:30am-4pm  
NEED FOR INTAKE ..... None for HIV test.

Outpatient primary care; medication access and information; social services; education; case management; pharmacy; support groups; HIV counseling and testing.

### Aldine Health Center

4755 Aldine Mail Route  
Houston, TX 77039

MAIN ..... (281) 985-7600  
FAX ..... (281) 985-7620  
CITY SECTION ..... Northeast  
NEIGHBORHOOD ..... Aldine  
BUS ROUTES ..... 6, 59  
LEGEND ..... All, Fam, Free, S\$, Med, Walk-ins  
HOURS ..... Mon-Fri, 8am-5pm; Sat, 6:45am-3:30pm

### Baytown Health Center

1602 Garth Road  
Baytown, TX 77520

MAIN ..... (281) 427-6757  
CITY SECTION ..... East  
NEIGHBORHOOD ..... Baytown  
LEGEND ..... All, Walk-ins, Free S\$, Med  
HOURS ..... Mon-Fri, 7am-5pm

## Ben Taub General Hospital

1504 Taub Loop  
Houston, TX 77030

MAIN ..... (713) 873-2000  
HIV TESTING ..... (713) 873-2649  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Medical Center  
BUS ROUTES ..... 28, METRO light rail  
LEGEND ..... All, Walk-ins, S\$, Med  
HOURS ..... 24 hours

Inpatient medical care. HIV counseling and testing is available Monday 9am-11:30am and Tuesday, Thursday and Friday 1pm-2:30pm, no appointment necessary.

### Casa de Amigos Health Center

1615 N. Main Street  
Houston, TX 77009

MAIN ..... (713) 222-2272  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Near Northside  
BUS ROUTES ..... 3, 51, 52, 79, METRO light rail  
LEGEND ..... All, Walk-ins, Free S\$, Med  
HOURS ..... Mon-Fri, 6:45am-4pm

### Dental Center

5230 Griggs Road  
Houston, TX 77021

MAIN ..... (713) 757-0572  
APPOINTMENTS: ..... (713) 526-4243  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... OST/South Union  
BUS ROUTES ..... 5, 80, 87, METRO light rail  
LEGEND ..... All (age 16 & up), Walk-ins, Free, S\$, Med  
HOURS ..... Mon-Fri, 8am-5pm

Preventive and restorative dental care services at a central location and 6 community health centers. The program provides examinations, cleanings, fillings, dentures and, in selective cases, partial dentures. Children less than 16 years of age are referred to the city's dental clinic.

If you've never been treated through the HHS dental program, and you need an emergency appointment, go to your local HHS Community Health Center. Your primary care physician can provide you with the necessary antibiotics and pain medications to help you until your dental visit. Your doctor will then refer you for a follow-up emergency appointment with the downtown Dental Center. If your Community Health Center is closed, go the emergency room at either Ben Taub General Hospital or Lyndon B. Johnson General Hospital

## Gulfgate Health Center

7550 Office Center Drive  
Houston, TX 77012

MAIN ..... (713) 495-3700  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Pecan Park  
BUS ROUTES ..... 76  
LEGEND ..... All, Walk-ins, Free, S\$, Med  
HOURS ..... Mon-Fri, 8am-5pm; Saturday 7am-3pm

## Lyndon B. Johnson General Hospital

5656 Kelley Street  
Houston, TX 77026

MAIN ..... (713) 566-5100  
HIV TESTING ..... (713) 566-2178  
CITY SECTION ..... North  
NEIGHBORHOOD ..... Kashmere Gardens  
BUS ROUTES ..... 51, 80, 97  
LEGEND ..... All, Walk-ins, S\$, Med  
HOURS ..... 24 hours

Inpatient medical care. HIV counseling and testing available Monday, Tuesday, Thursday and Friday 9am-12pm.

## Northwest Community Health Center Early Intervention Program

1100 West 34th Street  
Houston, TX 77018

MAIN ..... (713) 861-3939  
FAX ..... (713) 867-7819  
HIV TESTING ..... (713) 873-4157  
CITY SECTION ..... Northwest  
NEIGHBORHOOD ..... Oak Forest/Garden Oaks  
BUS ROUTES ..... 27, 36  
LEGEND ..... M, W, Free, S\$, Med, **HIV+ only**,  
Appt/Walk-in  
HOURS ..... Mon-Thur, 8am-10pm; Fri, 8am-5pm  
NEED FOR INTAKE ..... None for HIV test.

Outpatient primary care, OB/Gyn services, medication access and information, case management, social services, education, pharmacy, HIV counseling and testing.

## Settegast Health Center

9105 North Wayside Dr.  
Houston, TX 77028

MAIN ..... (713) 636-7192  
FAX ..... (713) 636-7193  
CITY SECTION ..... East  
NEIGHBORHOOD ..... East End  
BUS ROUTES ..... 78, 45  
LEGEND ..... All, Fam, S\$, Med, Appt/walk-ins, Esp  
HOURS ..... Mon-Fri, 7:30am-5pm

Outpatient primary care; routine clinical services; podiatry, optometry, radiology, lab and pharmacy;

nutrition, health education and social services; geriatric clinic; HIV counseling.

*Cuidado primario para pacientes externos, servicio clínico rutinario, podiatría, optometría, radiología, laboratorio y farmacia, nutrición, educación para la salud y servicios sociales, clínica de geriatría, consejería y análisis del VIH.*

## Strawberry Health Center

927 Shaw Avenue  
Pasadena, TX 77506

MAIN ..... (713) 477-6851  
CITY SECTION ..... Southeast  
LEGEND ..... All, Walk-ins, Free S\$, Med  
HOURS ..... Mon-Thur, 7:30am-6pm; Fri, 7:30am-4:30pm

## Thomas Street Health Center

2015 Thomas Street  
Houston, TX 77009

MAIN ..... (713) 873-4000  
FAX ..... (713) 873-4052  
HIV TESTING ..... (713) 873-4157  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Near Northside  
BUS ROUTES ..... METRO light rail  
LEGEND ..... M, W, Free, S\$, Med, **HIV+ only**,  
Appt/walk-ins, Esp  
HOURS ..... Mon-Fri, 7:30am-4pm  
NEED FOR INTAKE ..... None for HIV test.

Outpatient primary care; OB/Gyn services; pharmacy; physical therapy; nutrition services/counseling; social services; psychiatry; education; case management; clinical trials access; HIV testing and counseling available Monday, Tuesday, Thursday and Friday from 7:30am-8:30pm, and Wednesday 7:30am-12pm; support groups.

*Cuidado primario para pacientes externos, servicio obstétrico y ginecológico, farmacia, terapia física, servicios de nutrición, servicios sociales, psiquiatría, educación, administración de casos, acceso a pruebas clínicas, análisis y consejería del VIH (lunes, martes, jueves y viernes de 7:30am-8:30pm, miércoles 7:30am-12pm), grupos de apoyo.*

## Vallbona Health Center (formerly People's)

6630 DeMoss  
Houston, TX 77074

MAIN ..... (713) 272-2600  
CITY SECTION ..... Southwest  
NEIGHBORHOOD ..... Sharpstown  
BUS ROUTES ..... 2, 9  
LEGEND ..... All, Walk-ins, Free S\$, Med  
HOURS ..... Mon-Fri, 8am-5pm

## Women's Program

2015 Thomas Street  
Houston, TX 77009

MAIN ..... (713) 873-4511  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Near Northside  
BUS ROUTES ..... METRO light rail  
LEGEND ..... W, Free, S\$, Med, **HIV+ only**, Esp  
HOURS ..... Mon-Fri, 8am-4pm

OB/Gyn services; medication access and information;  
social services; education; case management; pharmacy;  
support groups; HIV counseling and testing.

*Cuidado primario de obstetricia/ginecología, acceso a medicamentos e información, servicios sociales, educación, administración de casos, farmacia, grupos de apoyo, consejería y análisis del VIH.*

## HATCH

Montrose Counseling Center  
401 Branard Street, 1<sup>st</sup> Floor, Room 101  
Houston, TX 77006

MAIN ..... (713) 529-3590  
WEB ..... [www.hatchyouth.org](http://www.hatchyouth.org)  
EMAIL ..... [info@hatchyouth.org](mailto:info@hatchyouth.org)  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Montrose  
BUS ROUTES ..... 25  
LEGEND ..... Y (ages 13-20), Free, Walk-ins

Provides a safe social environment for LGBTQ youth. Offers role models, peer support and sponsors. Educational and community outreach opportunities to empower LGBTQ youth to become positive contributors to the community. Come hang out or participate - youth meetings every Tuesday at 5 pm, every Friday at 7 pm and every Sunday at 6 pm except holidays.

## HEALTHCARE FOR THE HOMELESS-HOUSTON

PO Box 66690  
Houston, TX 77266

MAIN ..... (713) 286-6000  
FAX ..... (713) 286-6091  
WEB ..... [www.homeless-healthcare.org](http://www.homeless-healthcare.org)

The mission of HHH is to promote health, hope and dignity for Houston's homeless through accessible and comprehensive care.

Services include primary care, psychiatry, mental health and substance abuse counseling, TB and STD testing, vision assistance, health education, case management, pharmacy, and information and referrals.

DENTAL CLINIC ..... (713) 286-6140  
SOCIAL SERVICES, BEHAVIORAL  
HEALTH, AND COUNSELING ..... (713) 286-6114

## Caroline Street Clinic

1934 Caroline Street  
Houston, TX 77002

MAIN ..... (713) 286-6050  
FAX ..... (713) 286-6092  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Midtown  
BUS ROUTES ..... 6, 44, 102, 108, METRO light rail  
LEGEND ..... All, Homeless, Free, Walk-in, Med  
HOURS ..... Mon-Thur, 8am-5pm; Fri, 8am-12pm  
NEED FOR INTAKE ..... Proof of homelessness

## Cathedral Clinic

1212 Prairie Street  
Houston, TX 77002

MAIN ..... (713) 220-9730  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Downtown  
BUS ROUTES ..... 6, 11, 51, 52, 137; Project Access bus; METRO light rail  
LEGEND ..... All, Homeless, Free, Walk-in, Med  
HOURS ..... Mon-Wed, 8am-5pm; Fri, 8am-12pm; Sat, 8am-12pm; Sun, HOMES student-run clinic 9am-1pm  
NEED FOR INTAKE ..... Proof of homelessness

## HEALTHWAYS SERVICES

13831 Northwest Freeway, Suite 171  
Houston, TX 77040

*Mailing address:*

PO Box 41214  
Houston, TX 77241

MAIN ..... (713) 996-9200  
FAX ..... (832) 504-9500  
TOLL FREE ..... (888) 340-1116  
TOLL FREE FAX ..... (877) 700-5058  
WEB ..... [healthwayservices.org](http://healthwayservices.org)  
EMAIL ..... [info@healthwayservices.org](mailto:info@healthwayservices.org)  
CITY SECTION ..... Northwest  
NEIGHBORHOOD ..... Fairbanks/Northwest Crossing  
BUS ROUTES ..... 45 nearby  
LEGEND ..... All, Free, S\$, Flat fee, Ins, Appt req  
HOURS ..... Mon-Fri, 8:30am-5pm  
NEED FOR INTAKE ..... Social security card, TDL or ID, medical verification, award letters, proof of income and residence

## Project S.T.O.P.

Counseling, assessment and evaluation; vocational services; earnings capacity evaluations; domestic violence intervention; anger management therapy; anti-theft intervention; HIV and STD education; life care planning; expert testimony; litigation support; catastrophic case evaluation and management; medical record review and assistive technology evaluations.

## HEIGHTS-STUDEWOOD PHARMACY



427 West 20th Street, Suite 105  
Houston, TX 77008

MAIN ..... (713) 869-2225  
FAX ..... (713) 869-0088  
EMAIL..... studewoodpharmacy@sbcglobal.net  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Heights  
BUS ROUTES ..... 26  
LEGEND ..... All, Med, Ins, ADAP, Esp  
HOURS ..... Mon-Fri, 8am-6pm; Sat, 9am-2pm

Full line prescription only pharmacy located centrally in Houston, inside a medical professional building. Free delivery within a 5 mile radius. Free mail order available. Accepts Texas HIV Medication Program (ADAP) assignments; works with Legacy Community Health to provide co-pay reduction.

*La única farmacia ubicada en el centro de Houston en un edificio profesional médico que ofrece una línea completa de recetas médicas. Reparto gratis dentro del radio de 5 millas. Envío por correo sin costo. Se acepta ADAP; participa con Legacy Community Health para reducir el costo del co-pago.*

## HOUSTON AREA COMMUNITY SERVICES

(HACS) See Avenue 360 Health and Wellness

## HOUSTON AREA WOMEN'S CENTER



1010 Waugh Drive  
Houston, TX 77019

MAIN ..... (713) 528-6798  
RAPE CRISIS HOTLINE ..... (713) 528-7273  
DOMESTIC VIOLENCE HOTLINE ..... (713) 528-2121  
WEB ..... www.hawc.org  
EMAIL..... info@hawc.org  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Montrose  
BUS ROUTES ..... 40, 41  
LEGEND ..... W, Y, C, Free, Esp  
HOURS ..... Mon-Fri, 8am-9pm; Sat, 8:30am-5:30pm

Crisis intervention and telephone counseling for victims of sexual assault, incest and domestic violence. Individual and group counseling for victims of sexual assault, incest and domestic violence. Shelter, advocacy and support services for victims and their non-offending family and friends. For safety reasons, our shelter's location is not publicized, information about shelter services is available through our 24 hour hotlines.

*Intervención de crisis y consejería por teléfono para víctimas de agresión sexual, incesto y violencia doméstica, consejería individual y de grupo para víctimas de agresión sexual, incesto y violencia doméstica. Refugio, abogacía y servicios de apoyo para víctimas y sus familiares y amistades no ofensivos.*

## HOUSTON CENTER FOR INDEPENDENT LIVING



6201 Bonhomme Road, Suite 105-S  
Houston, TX 77036

MAIN/TTY ..... (713) 974-4621  
TTY DIRECT ..... (713) 974-2703  
VIDEO PHONE ..... (713) 491-2381  
FAX ..... (713) 974-6927  
WEB ..... www.coalitionforbarrierfreeliving.com  
..... or www.hcil.cc

CITY SECTION ..... Southwest  
NEIGHBORHOOD ..... Sharpstown  
AREA SERVED ..... Houston, Harris County  
BUS ROUTES ..... 9

LEGEND ..... All, Disabled, Free, Walk-ins  
HOURS ..... Mon-Fri, 8am-5pm  
NEED FOR INTAKE ..... Call for intake

A self-help, self-advocacy organization providing independent living services and options for people with disabilities by people with disabilities. Services include but are not limited to peer to peer counseling, independent living skills training, information and referral, individual and systems advocacy, post-secondary transition services for youth with disabilities, Deaf and hard of hearing services, housing assistance, employment assistance for SSI and SSDI beneficiaries, Assistive Technology (AT) training; AT and durable medical equipment (DME) financial assistance, relocation services to the community for people with disabilities living in nursing homes.

## HOUSTON COMPASS, INC.



John S. Dunn Outreach Center  
1212 Prairie Street  
Houston, TX 77002

*Mailing address:*  
1117 Texas Avenue  
Houston, TX 77002

MAIN ..... (713) 229-8319  
FAX ..... (713) 229-8560  
WEB ..... www.houstoncompass.org

CITY SECTION ..... Central  
NEIGHBORHOOD ..... Downtown  
BUS ROUTES ..... 6, 11, 51, 52, 137; Project Access  
bus; METRO light rail

LEGEND ..... All, Free, First come-first served  
HOURS ..... Mon-Fri, 8am-2pm  
NEED FOR INTAKE ..... ID is requested but not required

Houston COMPASS is a small 501(c)3 nonprofit organization that gives compassionate direction toward employment and independence to our homeless and/or disadvantaged clients.

COMPASS provides a variety of services including assessment of needs, direction and guidance to those in crisis, information and referrals for basic needs, job

search, medical care, mental health care, chemical dependency issues, legal assistance and more.

Transportation (local bus fare) for all of the above, and especially for job search. ID assistance, voice mail, toiletries, haircuts and reading glasses; employment counseling; Harris Health (gold card) eligibility assistance for the homeless Monday-Friday mornings at 9am; only 10 people may apply each day, so it is best to arrive early.

## HOUSTON HUMANE SOCIETY



14700 Almeda Road  
Houston, TX 77053

MAIN ..... (713) 433-6421  
FAX ..... (713) 433-4325  
WEB ..... www.houstonhumane.org  
EMAIL ..... mail@houstonhumane.org  
CITY SECTION ..... South  
AREA SERVED ..... Greater Houston area

Services include acceptance of animals, adoptions, cruelty investigations and humane education. Our Wellness Center provides spay/neuter surgeries at a low cost of \$30 + an office fee. We also do exams and vaccinations. Special services such as injured dogs/cats can also be seen. We are not an emergency clinic.

### Paw Prints

LEGEND ..... **HIV+ only**, Flat Fee, Appt req, Esp  
HOURS ..... Mon, Weds & Fri 10am-1:30pm  
NEED FOR INTAKE ..... Proof of HIV status

Paw Prints program assists qualified individuals living with HIV who are temporarily unable to care for their companion animals by providing temporary foster care and medical treatment for their pets.

*El programa Paw Prints ayuda a individuos calificados que viven con VIH que no pueden cuidar temporalmente a sus animales de compañía al proporcionar un hogar temporal y tratamiento médico para sus mascotas.*

## HOUSTON LAWYER REFERRAL SERVICE, INC.

MAIN ..... (713) 237-9429  
TOLL FREE ..... (800) 289-4577  
WEB ..... www.hlrs.org  
EMAIL ..... staff@hlrs.org  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Downtown  
AREA SERVED ..... Harris, Galveston, Brazoria,  
Montgomery and Ft. Bend Counties

LEGEND ..... M, W, S\$, Esp

HLRS is a non-profit public service helping local residents find qualified, experienced legal representation since 1958.

Attorney referral and information. Assists individuals to define their problems and will refer them to a social service organization or attorney based on their specific

need. A reduced fee program is available. HLRS is a community service project of the legal profession created to provide access to competent legal representation.

*HLRS es un servicio público sin fines de lucro que ayuda a los residentes locales a encontrar una representación legal calificada y experimentada desde 1958.*

*Referencia a abogados e información. Asiste a definir el problema del individuo y ofrece referencia a servicios sociales. Un programa de tarifa reducida está disponible. HLRS es un proyecto de la profesión legal al servicio de la comunidad creado para proveer acceso a una representación legal competente.*

## HOUSTON REGIONAL HIV RESOURCE GROUP



500 Lovett Boulevard  
Houston, TX 77006

MAIN ..... (713) 526-1016  
FAX ..... (713) 526-2369  
WEB ..... www.hivtrg.org  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Montrose  
AREA SERVED ..... Harris and surrounding counties  
BUS ROUTES ..... 82  
HOURS ..... Mon-Fri, 8am-5pm

Administrative Agency that manages grant funds for Ryan White Parts B, C (rural), D and DSHS State Services. Does NOT provide any direct client services.

## HOUSTON VOLUNTEER LAWYERS



1111 Bagby, Suite FLB300  
Houston, TX 77002

MAIN ..... (713) 228-0735  
FAX ..... (713) 228-5826  
WEB ..... www.makejusticehappen.org  
EMAIL ..... info@hvlp.org

CITY SECTION ..... Central  
NEIGHBORHOOD ..... Downtown  
AREA SERVED ..... Chambers, Ft. Bend, Harris, Liberty,  
Montgomery and Waller counties  
BUS ROUTES ..... 40, 41

### AIDS Project

LEGEND ..... M, W, Fam, Free, Esp, **HIV+ only**,  
Filing fees if required by court  
HOURS ..... Mon-Fri, 8am-5pm  
NEED FOR INTAKE ..... ID, proof of income, residence  
and HIV status

Legal assistance in civil matters only. Lawsuits for monetary damages and criminal matters are not accepted.

*Asistencia legal sobre temas CIVILES únicamente. No se aceptan pleitos que requieren ganancia monetaria.*

## HUMBLE AREA ASSISTANCE MINISTRIES

Social Services  
1302 First Street  
Humble, TX 77338

Mailing address:  
PO Box 14051  
Humble, TX 77347

MAIN ..... (281) 446-3663  
APPOINTMENTS ..... (281) 446-1004  
FAX ..... (281) 446-2601  
WEB ..... www.haamministries.org  
CITY SECTION ..... North  
NEIGHBORHOOD ..... Humble  
AREA SERVED..... Zip codes 77336, 77338, 77339,  
77345, 77346, 77347, 77357,  
77365, 77372, 77396, 77532

LEGEND..... All, Fam, Free, Esp  
HOURS ..... Appointments: Mon-Fri, 8:30am-12:30pm;  
Walk-ins: Mon-Thur, 12:30pm-3:30pm  
NEED FOR INTAKE..... Photo ID, proof of residence  
and income

H.A.A.M. is an interfaith organization united with others in the community to serve the basic needs of those in financial crisis and provide assistance towards self-sufficiency.

*H.A.A.M. es una organización interreligiosa unida con otros en la comunidad para atender las necesidades básicas de quienes están en crisis financiera y proporcionar asistencia para la autosuficiencia.*

You are strongly encouraged to call Client Services before visiting . This will help you find out if you are eligible for help and what paperwork to bring. Please note that you will be required to visit the facility before receiving assistance. We cannot conduct phone interviews.

*Se solicita que usted llame antes de visitarnos para determinar si es elegible y cuáles documentos deberá traer a su primera cita. Tome en cuenta que usted deberá asistir a una cita antes de recibir asistencia. No damos entrevistas por teléfono.*

**Client Emergency Services** provides assistance with food, rent/mortgage, utilities and other basic needs.

**Servicios de Emergencia del Cliente** provee asistencia de comida, renta/hipoteca, luz/gas residencial y otras necesidades básicas.

**Homeless Assistance Program** offers food, shower facilities and basic hygiene packs to community members who are displaced or homeless.

**Programa de Asistencia para Personas sin Hogar** ofrece comida, baños/duchas para el higiene personal básico a miembros de la comunidad que no tienen vivienda.

**The Employment Center** helps unemployed and under-employed persons find work. If you are looking to improve

your employment situation, we offer a trusting and supportive program.

**El Centro de Empleo** asiste al desempleado y al trabajador con empleo deficiente a encontrar trabajo. Si busca mejorar su situación laboral, ofrecemos un programa confiable y de apoyo.

**The Skills Classes/Mentor Program** offers resource classes that are geared toward strengthening budgeting and money management, employment readiness and individual autonomy. Adult Literacy classes include basic reading, writing and English as a second language. The Mentor Program links community members with clients in a supportive environment. The mentors provide guidance, support and encouragement.

**El Habilidades Clases / Programa Mentor** ofrece clases que ayuda a fortalecer el conocimiento del manejo del dinero y el presupuesto, preparación para el empleo, autonomía individual. Adult Literacy incluye clases en la enseñanza de la lectura y escritura básica, y el inglés. El Programa Mentor conecta al cliente con miembros de la comunidad mediante un mentor que ofrece guía, apoyo y ánimo.

**The Child & Youth Program** offers educational, vocational, recreational and developmental programs for children and youth.

**El Programa para Niños y Jóvenes** ofrece programas educacionales, vocacionales, recreacionales y de desarrollo para niños/niñas y jóvenes.

**HUNTER A. HAMMILL, MD**  
See AIDS Healthcare Foundation

### JACK'S APOTHECARY #2

8109 Cullen Boulevard  
Houston, TX 77051

MAIN ..... (713) 733-7424  
FAX ..... (713) 733-1885  
EMAIL ..... jacksapothecary2@hotmail.com  
CITY SECTION..... Central  
NEIGHBORHOOD ..... Astrodome/South Loop  
BUS ROUTES..... 29, 73  
LEGEND ..... All, ADAP, Ins, Med, Walk-ins  
HOURS ..... Mon-Fri, 10am-6pm

### JEWISH FAMILY SERVICE

4131 S. Braeswood Blvd.  
Houston, TX 77025

MAIN ..... (713) 667-9336  
FAX ..... (713) 667-3619  
WEB ..... www.jfshouston.org  
EMAIL ..... jfs@jfshouston.org  
CITY SECTION..... Central  
NEIGHBORHOOD ..... Meyerland



AREA SERVED.....Harris County  
 BUS ROUTES.....68, 10

Jewish Family Service is a non-profit human service agency for people of all ages and all walks of life. Our goal is to provide light, hope and help to individuals struggling with life challenges. JFS offers mental health and support counseling for individuals and families including a specialized program for individuals who live with mental illness. JFS also provides disability and senior adult services and case management, employment services, Jewish chaplaincy services at area hospitals, community outreach, financial assistance programs and volunteer opportunities.

### Counseling Services

LEGEND.....All, S\$, Ins, Appt req  
 HOURS ..... Mon, 8:30am-9pm; Tues-Thur, 8:30am-5:30pm; Fri, 8:30am-4pm

Individual, couples and group counseling in a confidential, trusting atmosphere. Licensed clinical psychologists and social workers provide outpatient mental health care to clients of all ages and ethnic backgrounds who are struggling with life issues. All fees are affordable and based on a flexible fee scale which takes into account the client's financial situation. No client is ever refused quality care due to an inability to pay.

### LAZARUS HOUSE: A CENTER FOR WELLNESS



4106 Austin Street  
 Houston, TX 77004

MAIN ..... (713) 526-5071  
 FAX ..... (713) 523-0379  
 WEB ..... www.thelazarushouse.org  
 EMAIL..... questions@thelazarushouse.org  
 CITY SECTION ..... Central  
 NEIGHBORHOOD ..... Midtown  
 BUS ROUTES..... 25, METRO light rail  
 LEGEND.....All, Flat fee, Ltd scholarships  
 HOURS .....Mon/Wed/Fri, 7am-12pm and 2pm to 6pm;  
 Tues/Thur, 8am-5pm; Sat, 8:30am-11:30am  
 NEED FOR INTAKE..... Driver's license or ID, physicians phone/fax number

A unique multidisciplinary program that focuses on the body, mind and spirit of those suffering from disease related muscle loss through an integrated program of exercise, nutrition, mental and spiritual support.

### LEGACY COMMUNITY HEALTH



Administration  
 1415 California Street  
 Houston, TX 77006

MAIN ..... (832) 548-5100  
 FAX ..... (832) 548-5092  
 WEB ..... www.legacycommunityhealth.org  
 EMAIL..... info@legacycommunityhealth.org

Legacy Community Health is a full-service community health center that provides comprehensive, primary healthcare services to all Houstonians in a culturally sensitive, judgment-free and confidential environment. Legacy has specialized in HIV testing, health education, treatment and social services since the early 1980s. This also includes gender health and wellness services. We also provide care for other chronic health conditions like diabetes and high blood pressure. Generous financial support from individuals, businesses and charitable foundations allows Legacy to provide no-cost or low-cost healthcare services to nearly 150,000 men, women and children. As a Federally Qualified Health Center many of our services are offered on a sliding fee scale; Medicaid, Medicare and most health insurance plans are accepted.

*Legacy Community Health es un centro de salud comunitario de servicio completo que proporciona servicios de atención primaria integral a todos los habitantes de Houston en un ambiente culturalmente sensible, libre de juicios y confidencial. Legacy se ha especializado en pruebas de VIH, educación para la salud, tratamiento y servicios sociales desde principios de los años ochenta. Esto también incluye servicios de salud y bienestar de género. También ofrecemos atención para otras enfermedades crónicas como diabetes y presión arterial alta. El generoso apoyo financiero de individuos, empresas y fundaciones benéficas le permite a Legacy proveer servicios de salud sin costo o a bajo costo a cerca de 150.000 hombres, mujeres y niños. Como centro de salud calificado a nivel federal, muchos de nuestros servicios se ofrecen en una escala de tarifas flexible; Medicaid, Medicare y la mayoría de los planes de seguro de salud son aceptados.*

### Baker-Ripley Clinic



6500 Rookin St., Bldg B, Ste 200  
 Houston, TX 77074

MAIN ..... (713) 351-7350  
 FAX ..... (713) 351-7351  
 CITY SECTION..... Southwest  
 NEIGHBORHOOD ..... Gulfton  
 BUS ROUTES..... 9, 47  
 LEGEND ..... All, Fam, S\$, Ins, Med, Esp  
 HOURS .....Mon-Fri, 7:30am-5pm; Adult Primary Care,  
 7:30am-4pm; Dental Care, 8am-4pm;  
 Behavioral Health, 7:30am-5pm

Family practice and primary health care, psychiatry, counseling, family planning, dental care and social services.

*Medicina familia y asistencia de salud primaria, psiquiatría, asesoramiento, planificación familiar, cuidado dental y servicios sociales.*

### Bissonnet Clinic



12667 Bissonnet St.  
 Houston, TX 77099

MAIN ..... (281) 498-6100

FAX ..... (281) 498-6105  
 CITY SECTION ..... Southwest  
 NEIGHBORHOOD ..... Alief  
 BUS ROUTES ..... 65, 67  
 LEGEND ..... All, S\$, Ins, Med, CHIP, Esp  
 HOURS ..... Mon-Fri, 8am-8pm; Sat, 9am-1pm

Pediatrics and behavioral health services.  
*Pediatría y servicios para la salud mental.*

**Center for AIDS Information and Advocacy**



1415 California Street  
 Houston, TX 77006

MAIN ..... (713) 527-8219  
 FAX ..... (713) 521-3679  
 TOLL FREE ..... (888) 341-1788  
 WEB ..... www.centerforaids.org  
 EMAIL ..... info@centerforaids.org  
 LEGEND ..... All, Free, Appt recommended, Esp  
 HOURS ..... Mon-Fri, 9am-5pm

One on one treatment consultations for individuals living with HIV; information on research, clinical trials and drugs in development. Publishes a patient newsletter, HIV Treatment Alerts. Offers support for medication adherence and smoking cessation. A program of Legacy Community Health Services since April 1, 2012.

*Boletín informativo que incluye tratamientos para pacientes in español, presentaciones a grupos incluyendo a hispanohablantes monolingües sobre tratamientos relacionados con el VIH.*

**Central Beaumont Clinic**



450 North 11th Street  
 Beaumont, TX 77702

MAIN ..... (409) 242-2577  
 FAX ..... (409) 242-2588  
 LEGEND ..... All, S\$, Ins, Med, **HIV+ only**, Esp  
 HOURS ..... Mon-Fri, 8am-5pm

Adult primary care, HIV testing and counseling, and pediatrics.

*Cuidado primario para adultos, análisis del VIH y consejería, y pediatría.*

**Lyons Campus**



3811 Lyons Avenue  
 Houston, TX 77020

MAIN ..... (832) 548-5400  
 FAX ..... (832) 548-5482  
 CITY SECTION ..... Central  
 NEIGHBORHOOD ..... Fifth Ward  
 BUS ROUTES ..... 11, 28, 48, 66, 77, 78, 137  
 LEGEND ..... All, Fam, S\$, Ins, Med, Esp

HOURS ..... Mon-Fri, 8am-5pm

Primary health care, family planning, psychiatry, counseling, STD testing and treatment, HIV testing, vaccinations/ immunizations, diabetes care, nutritional counseling, prevention education, dental care, maternity care and social services.

*Asistencia de salud primaria, planificación familiar, psiquiatría, asesoramiento, investigación y tratamiento de enfermedades de transmisión sexual, prueba del VIH, vacunaciones/ inmunizaciones, cuidado de diabetes, asesoramiento nutricional, cuidado dental, educación y ayuda, servicios sociales y maternidad.*

**Mapleridge Clinic**



6550 Mapleridge St., Suite 106  
 Houston, TX 77081

MAIN ..... (713) 779-7200  
 FAX ..... (713) 665-2266

CITY SECTION ..... Southwest  
 NEIGHBORHOOD ..... Gulfton  
 BUS ROUTES ..... 49  
 LEGEND ..... All, S\$, Ins, Med, CHIP, Esp  
 HOURS ..... Mon-Thur, 8am-8pm; Fri, 8am-5pm

Adult primary care, pediatrics, and behavioral health services.

*Cuidado primario para adultos, pediatría y servicios para la salud mental.*

**Montrose Campus**



1415 California Street  
 Houston, TX 77006

MAIN ..... (832) 548-5100  
 FAX ..... (832) 548-5092  
 PHARMACY ..... (713) 668 8800  
 PHARMACY FAX ..... (713) 559 3268

CITY SECTION ..... Central  
 NEIGHBORHOOD ..... Montrose  
 BUS ROUTES ..... 56, 82  
 LEGEND ..... All, Fam, S\$, Ins, Med, Esp  
 HOURS ..... Mon-Wed, 8am-6pm; Thur-Fri, 8am-5pm;  
 Sat 9am-2pm

PHARMACY HOURS ..... Mon-Fri, 7:30am-6:30pm;  
 Sat, 8am-2pm

Primary health care, HIV testing and counseling, STD screening and treatment, family planning, GLBT healthcare, vaccinations, psychiatry, eye care, dental care, prevention education, counseling, glasses/contact lenses, nutritional counseling, personal training, social services and pharmacy. The financial assistance program offers people living with HIV assistance with prescription costs for HIV and non-HIV medications, ADAP co-pays and health insurance copays and deductibles.



Cuidado de salud primario, análisis del VIH y consejería, asesoramiento y tratamiento de ETS, planificación familiar, cuidado de salud a las personas gay, lésbicas, bisexuales y transgéneras, servicio dental, prevención, educación, consejería, vacunas, psiquiatría, cuidado de la vista, anteojos/lentes de contacto, consejos de nutrición, entrenamiento personal, servicios sociales, y farmacia. El programa de asistencia financiera ofrece ayuda con el pago de medicamentos, incluyendo los del VIH para las personas con el VIH, los copagos de ADAP y los copagos y deducibles del seguro médico del paciente.

### San Jacinto Clinic



4301 Garth Rd, Suite 302  
Baytown, TX 77521

MAIN ..... (281) 420-8400  
FAX ..... (281) 420-8445  
LEGEND.....All, S\$, Ins, Med, CHIP, Esp  
HOURS ..... Mon-Fri, 8am-5pm

Adult primary care, pediatrics, Ob/Gyn and maternity care, dental care, and behavioral health services.

*Cuidado primario para adultos, pediatría, obstetricia/ginecología y maternidad, cuidado dental y servicios para la salud mental.*

### South Park Campus



4450 Highland Ave.  
Beaumont, TX 77705

MAIN ..... (409) 242-2525  
FAX ..... (409) 242-2526  
LEGEND.....All, S\$, Ins, Med, CHIP, Appt/walk in, Esp  
HOURS ..... Mon-Fri, 8am-5pm

Adult primary care, pediatrics, Ob/Gyn and maternity care, behavioral health services.

*Cuidado primario para adultos, pediatría, obstetricia/ginecología y maternidad, servicios para la salud mental.*

### Southwest Campus



6441 High Star Dr.  
Houston, TX 77074

MAIN ..... (713) 779-6400  
FAX ..... (713) 779-9872  
CITY SECTION ..... Southwest  
NEIGHBORHOOD ..... Gulfton  
BUS ROUTES ..... 9, 47  
LEGEND..... W, C, S\$, Med, Ins, Esp  
Ob/Gyn HOURS ..... Mon-Fri, 7:30am-6pm  
PEDIATRIC HOURS ..... Mon-Fri, 7:30am-10pm;  
Sat, 9am-6pm; Sun, 12pm-7pm

Pediatric care and after hours urgent care, obstetrics/gynecology (Ob/Gyn), vaccinations/immunizations, education, outreach, nutritional counseling, behavioral health services and social services.

Cuidado pediátrico y cuidado en urgencias pediátricas, obstetricia/ginecología (Ob/Gyn), vacunaciones/inmunizaciones, educación y ayuda, asesoramiento de nutrición y servicios sociales.

### LGBT SWITCHBOARD HOUSTON

24 HOURS ..... (713) 529-3211  
LEGEND ..... All, Free

24 hour hotline for the LGBT community provides crisis counseling, HIV information, community resource information and crime survivor support.

### LIVE CONSORTIUM

Mailing address:  
PO Box 130897  
Houston, TX 77219

MAIN ..... (713) 861-5483  
WEB ..... www.liveconsortium.org  
EMAIL ..... contact@liveconsortium.org  
LEGEND ..... M, W, Free

LIVE Consortium provides HIV and anti-stigma education, support, research and advocacy-based programs so that all people, regardless of status, can have the opportunity to live a healthy and full life.

**Men and Women's Education Initiative** reaches out to some of the most at-risk populations- young gay men, Latinos, and African Americans- to educate about the latest information about HIV infection rates, medical care, cure research, and the effects of HIV-related stigma. This program includes community-wide HIV education and awareness forums targeting specific at-risk populations.

**LIVE Advocacy Series** community seminars that address current issues related to HIV through panel discussions and public input provide the latest information on laws pertaining to HIV, the latest developments in cure research, and other relevant topics current to the discussion of HIV. In addition, participants are directed to HIV-related information from a variety of reputable scientific, educational, and community resources.

**University Anti-Stigma Campaign** month long intensive HIV education and awareness campaign to inform young adults about HIV, the negative effects of stigma, and what they can do to reduce both within their communities. The campaign includes meetings with key student groups, training students to educate other students, viral marketing, data gathering, and a university-wide symposium on the last day: Anti-Stigma Day. The campaign serves as one of the main foundations of LIVE's ongoing research into HIV-related stigma and the efficacy of anti-stigma interventions. This program has been replicated with great success at the University of Houston, Texas Southern University, and Rice University.

### Needle Prick Project

LEGEND ..... M, W, Y, Flat fee

An online HIV awareness campaign designed to stimulate conversation about the reality of HIV today and HIV-related stigma, and encourage HIV testing. The first part is the "Get Pricked" Photo Project, an online photo essay campaign involving individuals photographed with the "Get Pricked" logo and pledging to talk about HIV with their family and friends. The photos are shared on the Needle Prick Project website and through various social media sites. The second part is the "Needle Prick" Profile Series, a weekly editorial campaign featured in the Advocate, a national Gay and Lesbian Magazine, which centers on personal experiences with HIV and features a wide range of perspectives in an effort to put a face to the virus and create an ongoing dialogue of real life experiences with HIV.

**Stigma Research Initiative** performs research on the stigma associated with HIV and the interventions used to reduce stigma. Under the direction of Dr. Michael Ross, a renowned expert and professor in the field of HIV at the University of Texas School of Public Health, LIVE's stigma research focuses on HIV+ gay and bisexual men's thoughts, reactions, expectations, and experiences-both in being stigmatized because they are HIV+ and the internalization of stigmatizing discourses.

## LIVING WITHOUT LIMITS LIVING LARGE

*Mailing address:*  
6205 Los Angeles St.  
Houston, TX 77026

*Meeting location:*  
Montrose Center  
401 Branard St., 1st Floor  
Houston, TX 77006

MAIN ..... (832) 545-5689  
WEB ..... www.livinglarge.co  
EMAIL..... cysmith2003@yahoo.com  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Montrose  
BUS ROUTES ..... 25  
LEGEND..... M, W, **HIV+**/affected heterosexuals, Free  
HOURS ..... Friday, 6:30pm-8:30pm

Living without Limits Living Large is a place where heterosexual people living with HIV and those affected by HIV can embrace everyday life with new beginnings and expectations.

We also have group sessions and workshops co-sponsored with local agencies. Please call for more information or for the monthly meeting schedule.

## LOVE NETWORK OF BAYTOWN

206 N. Whiting  
Baytown, TX 77520

*Mailing address:*  
PO Box 1116  
Baytown, TX 77522-1116

MAIN ..... (281) 422-5683  
FAX ..... (281) 427-7653  
EMAIL ..... LoveNetworkofBaytown@gmail.com  
CITY SECTION..... East  
NEIGHBORHOOD ..... Highlands  
AREA SERVED ..... Zip codes 77520, 77521, 77562,  
77580

LEGEND ..... All, Free  
HOURS ..... Mon-Thur, 9am-3pm; Fri, 9am-noon

Referrals to food pantries, diapers, gas vouchers (for verifiable appointments only) and prescription assistance (one time only, no pain or mind-altering drugs) for eligible low income persons.

## MAGNIFICAT HOUSES, INC.

3300 Caroline St.  
Houston, TX 77004

*Mailing address:*  
PO Box 8486  
Houston, TX 77288

MAIN ..... (713) 520-0461  
WEB ..... www.magnificathousesinc.org  
EMAIL ..... info@magnificathouses.net  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Midtown  
AREA SERVED ..... Harris County  
BUS ROUTES ..... 9, 11  
HOURS ..... Mon-Fri, 8am-4pm

Started in 1968 with one house, Magnificat has grown to eleven houses for residents who have mental illness, former offenders, homeless and adults with HIV. In addition to our residences, we have a clubhouse for those with a mental illness, a hostel for women who are on the street, a soup kitchen and the W.T. & Louise Moran Building that houses a resale and consignment shop, art studio and wood working facilities run by the residents of Magnificat.

*Comenzó en 1968 con una casa, Magnificat ha crecido a once casas para residentes que tienen enfermedades mentales, ex infractores, personas sin hogar y adultos con VIH. Además de nuestras residencias, tenemos una casa club para quienes tienen una enfermedad mental, un albergue para las mujeres en situación de calle, una cocina para indigentes y el W.T. & Louise Moran Building que alberga una tienda de reventa y consignación, estudio de arte e instalaciones de trabajo en madera dirigidas por los residentes de Magnificat.*

## Residential Housing

LEGEND ..... M, W, Lim, Walk-ins, Esp

We have houses for men, women and houses targeted for those with special needs. All are safe, secure, and supervised 24/7 and provide nutritious home-cooked meals every day, basic laundry services and bed linens, towels. All offer time to adjust to new circumstances, and the opportunity to grow in community.

# Ma - Ma

What to expect: First, we can help you get your identity established, then provide counseling to help you plan a promising future. We help with GED completion and job searches. When ready, you may qualify for specific skills training at our Moran Center. Of course, you will bring gifts of your own to share with the community: your experiences, your skills, your ideas, your willingness to help others like yourself and keep your home running smoothly. Some residents stay until their immediate problems lift, others find meaningful work within the community and stay with us, sometimes for years, as a family.

Where we are: Most of our homes are in the Midtown (South of Downtown Houston), many are in the neighborhood surrounding our main office. We are walking distance from the Houston Community College Central Campus where some residents take credits or their GED test. Most of our special-needs residences lie outside the central area.

## Alojamiento Residencial

Tenemos casas para hombres, mujeres y casas enfocadas para quienes tengan necesidades especiales. Todos están seguros, protegidos y supervisados las 24 horas del día, los 7 días de la semana y proporcionamos comidas nutritivas preparadas en casa todos los días, servicios de lavandería básicos y ropa de cama y toallas. Todos ofrecen tiempo para ajustarse a nuevas circunstancias, y la oportunidad de crecer en la comunidad.

Qué puede esperar: Primero, podemos ayudarlo a establecer su identidad, y después proporcionar asesoría para ayudarlo a planear un futuro prometedor. Ayudamos a terminar el diploma de equivalencia general (GED) y buscar trabajo. Cuando esté listo, puede calificar para capacitación de habilidades específicas en nuestro Moran Center. Por supuesto, usted lleva sus propios regalos para compartir con la comunidad: sus experiencias, sus habilidades, sus ideas, su voluntad para ayudar a otros como usted y a mantener su hogar en condiciones óptimas. Algunos residentes permanecen hasta que desaparecen sus problemas inmediatos, otros encuentran un trabajo significativo dentro de la comunidad y permanecen con nosotros, a veces por años, como una familia.

Dónde estamos: La mayoría de nuestros hogares están en Midtown (Al sur del centro de Houston), muchos están en el vecindario que rodea nuestra oficina principal. Puede llegar caminando desde el Houston Community College Central Campus donde los residentes toman clases o su prueba de GED. La mayoría de nuestras residencias de necesidades especiales están fuera del área central.

## Loaves and Fishes

2009 Congress Ave.  
Houston, TX 77002

MAIN ..... (713) 224-1373



CITY SECTION.....Central  
NEIGHBORHOOD ..... Downtown  
BUS ROUTES..... 6, 20, 30, 48  
LEGEND .....All, Free  
HOURS .....Lunch at 11am; the lunch line starts about 10:30am; Closed on Mondays

Soup kitchen run by the residents of Magnificat House and supported by volunteers. Lunch is served daily except on Monday, no questions asked. Be our guest!

Our staff, residents and volunteers prepare a nutritious, home cooked meal hoping you will join us. We always prepare plenty, so bring your friends and family.

*Cocina para indigentes operada por los residentes de Magnificat House y apoyada por voluntarios. El almuerzo se sirve diariamente excepto los lunes, sin hacer preguntas. ¡Sea nuestro invitado!*

*Nuestro personal, residentes y voluntarios preparan una comida casera nutritiva esperando que nos acompañe. Siempre preparamos suficiente, así que lleve a sus amigos y familia.*

## Miryam's Hostel

2009 Congress  
Houston, TX 77002

CITY SECTION.....Central  
NEIGHBORHOOD ..... Downtown  
BUS ROUTES..... 6, 20, 30, 48  
LEGEND .....W, Free, Walk-ins, CD, I/RR, Homeless, Lim, Esp  
NEED FOR INTAKE .....Intake at Loaves & Fishes, 3:30pm-4:30pm

Women who live on the street have special needs not always addressed by agencies. We offer a clean, secure dormitory bed for up to four nights, a hot bath, clean pajamas, and breakfast. We do not need an explanation for being on the street-we just care about your safety and well-being. Those needing this temporary service are also eligible to apply for residency in one of our regular women's houses.

*Las mujeres que viven en las calles tienen necesidades especiales que no siempre son atendidas por agencias. Ofrecemos una cama en un dormitorio limpio y seguro hasta por cuatro noches, un baño caliente, pijamas limpias, y desayuno. No necesitamos una explicación por la que están en la calle, sólo nos preocupamos por su seguridad y bienestar. Quienes necesiten este servicio temporal también son elegibles para solicitar residencia en una de nuestras casas para mujeres regulares.*

## St. Joseph House

3307 Austin Street  
Houston, TX 77004



MAIN/INTAKE ..... (713) 523-5958  
FAX ..... (713) 520-0461  
EMAIL ..... info@stjosephhouse.org

# Ma - Me

CITY SECTION ..... Central  
NEIGHBORHOOD ..... Midtown  
BUS ROUTES ..... 9, 11  
LEGEND ..... Adults, Free, Walk-ins  
HOURS ..... Mon-Fri, 8am-4pm

St. Joseph is a certified clubhouse for persons living with mental health diagnoses. The day program focus is participation, interaction and support with one another in the following activities: horticulture, kitchen, computers, education and outreach.

*San Jose está certificado como clubhouse, para las personas que tienen problemas mentales. Es un programa de día los que participar, se ayudan unos a otros. En la clubhouse tienen diferentes actividades como: jardinería, cocina, computadoras, educación y hospitalidad.*

## MEMORIAL ASSISTANCE MINISTRIES

1625 Blalock Road  
Houston, TX 77080-7320

MAIN ..... (713) 468-4516  
FAX ..... (713) 468-4702  
WEB ..... [www.helpherehelpnow.org](http://www.helpherehelpnow.org)  
..... [mamjobsnetwork.org](http://mamjobsnetwork.org)

CITY SECTION ..... West  
NEIGHBORHOOD ..... Spring Branch  
AREA SERVED ..... Financial Assistance for zip codes  
77008, 77009, 77018, 77022, 77024,  
77037, 77039, 77040, 77041, 77043, 77055,  
77076, 77079, 77080, 77088, 77091, 77092;  
Other services are open to all

BUS ROUTES ..... 26  
LEGEND ..... All, Free, Esp  
HOURS ..... Mon-Fri, 8:30am-5:30pm  
NEED FOR INTAKE ..... Photo ID, proof of residence,  
appointment required for rent and  
utility assistance. Call ext. 100 to schedule.

MAM's mission is to assure families have the means to meet their basic needs. As the largest provider of social services in west Houston, MAM's 30+ year history in the local community is well known and it is the place to go when help is needed. The very basis of our existence is rooted in the value that neighbors help neighbors. A variety of programming at MAM is designed to help families in immediate need of short term financial assistance as well as longer term programming that will help a family achieve financial sustainability.

MAM also partners with a number of nonprofits to provide additional services such as Houston Volunteer Lawyers, immunization clinics, and vision testing for adults and is one of the larger sites for Volunteer Income Tax Assistance (through Baker Ripley Tax Centers).

*La misión de MAM es asegurar que las familias tengan los medios para satisfacer sus necesidades básicas. Como el mayor proveedor de servicios sociales en el*

*oeste de Houston, los más de 30 años de historia de MAM en la comunidad local son bien conocidos y es el lugar para ir cuando se necesita ayuda. La base misma de nuestra existencia está enraizada en el valor de vecinos que ayudan a vecinos. Una variedad de programación en MAM está diseñada para ayudar a las familias en necesidad inmediata de asistencia financiera a corto plazo, así como programación a largo plazo que ayudará a una familia a lograr la sustentabilidad financiera.*

*MAM también se asocia con una serie de organizaciones sin fines de lucro para prestar servicios adicionales tales como la Abogados Voluntarios de Houston, clínicas de inmunización y pruebas de la visión para adultos y es uno de los sitios más grandes para la Asistencia Voluntaria del Impuesto a la Renta (a través de los Centros Fiscales Baker Ripley).*

Financial assistance: pledge made with vacate or disconnect notice; limited prescription assistance; Clothing: referral to MAM Resale Store. Appointment required for rent or utility assistance.

*Asistencia financiera: compromiso para aviso de desalojo o desconexión; asistencia de prescripción limitada; Ropa; se requiere programar cita con la tienda de reventa de MAM para asistencia de renta o servicios.*

Employment Services; English as a Second Language and Citizenship Preparation; Immigration Legal Services; Mental Health Counseling; Financial Education.

*Servicios de Empleo; Inglés como segundo idioma y Preparación de Ciudadanía; Servicios Legales de Inmigración; Asesoría de Salud Mental; Educación Financiera.*

## MEMORIAL HERMANN PREVENTION & RECOVERY CENTER (PARC)

3043 Gessner Road  
Houston, TX 77080

MAIN ..... (713) 939-7272  
FAX ..... (713) 329-7315  
TOLL FREE ..... 877-464-7272  
WEB ..... <http://parc.memorialhermann.org>  
EMAIL ..... [parc@memorialhermann.org](mailto:parc@memorialhermann.org)

CITY SECTION ..... Northwest  
NEIGHBORHOOD ..... Spring Shadows  
BUS ROUTES ..... 46  
LEGEND ..... M, W, Y, Ins, Private pay, Walk-ins  
HOURS ..... 24 hour facility

PaRC is a confidential, non-profit alcohol and drug treatment center. A center of excellence, the PaRC is a nationally recognized, freestanding program that offers alcohol, substance abuse and dual diagnosis treatment for both adolescents and adults. The program and staff provide the highest level of quality care in a confidential setting for those suffering from alcohol and drug-related problems. The PaRC offers all levels of care: alcohol and substance abuse screening, medical detox, residential

treatment, day treatment, outpatient services, family services and aftercare. The PaRC also offers Intensive Outpatient programs in Northwest and Central Houston, Clear Lake, The Woodlands and Sugar Land.

## METHODIST CHILDREN'S HOME

5005 Mitchelldale, Suite 119  
Houston, TX 77092

MAIN ..... (713) 682-8911  
FAX ..... (713) 682-4229  
TOLL FREE ..... (877) 716-8535  
WEB ..... www.mch.org  
CITY SECTION ..... Northwest  
NEIGHBORHOOD ..... Oak Forest/Garden Oaks  
LEGEND ..... Fam, S\$, Appt req, CD  
HOURS ..... Mon-Fri, 8am-5pm

Foster care agency providing voluntary foster care placements for families in crisis situations.

## METRO HEALTH SERVICES

9894 Bissonnet St., Suite 325  
Houston, TX 77036

MAIN ..... (713) 777-9600  
FAX ..... (713) 777-9664  
ALT FAX ..... (713) 513-5414  
EMAIL ..... metrohealthservices@gmail.com  
CITY SECTION ..... Southwest  
NEIGHBORHOOD ..... Westwood  
BUS ROUTES ..... 65, 68, 152  
LEGEND ..... All, Ins, Med, Appt req  
HOURS ..... Mon-Thur, 9am-5pm; Fri, 9am-2pm

Home health care agency providing skilled nursing, home health aide, certified nursing assistant, physical therapy, occupational therapy, speech therapy, medical social worker, personal assistant services and durable medical equipment and supplies.

## MICHAEL E. DEBAKEY VA

MEDICAL CENTER  
2002 Holcombe Boulevard  
Houston, TX 77030

MAIN ..... (713) 791-1414  
APPOINTMENTS: ..... (713) 794-8985  
INTAKE ..... (713) 794-7288  
TOLL FREE ..... (800) 553-2278  
24 HOURS ..... (800) 639-5137  
PHARMACY ..... (713) 794-7648  
WEB ..... www.houston.va.gov  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Medical Center  
BUS ROUTES ..... 11, 28  
LEGEND ..... Veterans, Walk-ins, Income-based eligibility

Case management/social work; chemical dependency:

outpatient treatment; HIV primary medical care; eye care; pension and compensation assistance; housing assistance for homeless. Also provides both PEP (pre-exposure prophylaxis) and PrEP (post-exposure prophylaxis).

Comprehensive Veteran health and wellness website: [www.myhealth.va.gov](http://www.myhealth.va.gov)

## MONTROSE CENTER

401 Branard Street, 2nd Floor  
Houston, TX 77006

MAIN ..... (713) 529-0037  
FAX ..... (713) 526-4367  
24 HOURS ..... (713) 529-3211  
VIDEO PHONE ..... (832) 413-6192  
TOLL FREE ..... (800) 699-0504  
WEB ..... www.montrosecenter.org  
EMAIL ..... info@montrosecenter.org  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Montrose  
BUS ROUTES ..... 25  
HOURS ..... Mon-Fri, 8am-7pm

The Center provides mental health, outpatient substance use disorder treatment, recovery coaching, insurance navigation and clinical case management for people living with HIV.

*El Centro ofrece servicios de tratamiento de trastorno mental, uso de sustancias externo, tratamiento de recuperación, navegación de seguros y manejo de casos clínicos para personas que viven con VIH.*

### HIV Services

AREA SERVED ..... Chambers, Ft. Bend, Harris, Liberty, Montgomery and Waller counties

LEGEND ..... All, I/RR, Free, Walk-ins, **HIV+ only**, CD

CPCDMS registration, assistance linking to needed services, includes special needs for deaf/hard of hearing clients; licensed outpatient chemical dependency treatment for gay, lesbian, bisexual, transgender (or very friendly) individuals and people of color; professional counseling by licensed therapists - Spanish and Chinese available. Housing assistance provided through the City of Houston HOPWA program.

*Inscripción del CPCDMS, asistencia para conectar al cliente con servicios que necesiten, incluyendo ayuda especial para la persona sorda/muda; tratamiento externo, acreditado e intensivo para la dependencia de sustancias para personas gay, lésbicas, bisexuales, transgéneras e individuos amistosos a dicha población. Terapia profesional proveído por terapeutas licenciados; servicio disponible en español y chino. Asistencia de vivienda proporcionada a través del programa HOPWA de la Ciudad de Houston.*

## Education and Prevention

AREA SERVED.... Brazoria, Chambers, Ft. Bend, Harris, Jefferson, Liberty, Montgomery, Walker and Waller counties

LEGEND.....All, I/RR, Free, Appt req, CD, Esp

Education on HIV, substance abuse, TB, Hepatitis, cultural diversity, STIs, disclosure, negotiating safer sex, club drugs.

*Educación sobre una variedad de temas, incluyendo el VIH, abuso de sustancias, tuberculosis, hepatitis, enfermedades transmitidas sexualmente, drogas que se venden en las discotecas y bares, revelación del estado de la salud, diversidad cultural y métodos de negociación para prevenir enfermedades sexuales en la pareja.*

## LGBT Switchboard Houston

24 HOURS ..... (713) 529-3211

LEGEND..... All, Free

24 hour hotline for the LGBT community provides crisis counseling, HIV information, community resource information and crime survivor support.

## HATCH

MAIN ..... (713) 529-3590

WEB ..... www.hatchyouth.org

EMAIL..... info@hatchyouth.org

Provides a safe social environment for LGBTQ youth. Offers role models, peer support and sponsors. Educational and community outreach opportunistic to empower LGBTQ youth to become positive contributors to the community. Youth meetings on Tuesday, Friday and Sunday evenings.

## Incarcerated Outreach/Discharge Planning

LEGEND.....M, W, I/RR, Free, **HIV+ only**, CD

Pre-release discharge planning for incarcerated within 6 weeks of release.

*Planeamiento pre-liberación para personas presas dentro del periodo de 6 semanas antes de ser liberadas de la cárcel o prisión.*

## Recovery Coaching

LEGEND.....All, Free, Walk-ins accepted

A certified peer who is also in recovery works with the recoveree to take whatever steps the recoveree can make towards recovery.

## NATIONAL ALLIANCE ON MENTAL ILLNESS &

3630 W. Dallas, Suite 140  
Houston, TX 77019

*Mailing address:*

PO Box 66270  
Houston, TX 77266-6270

MAIN ..... (713) 970-4419

FAX ..... (713) 970-4436

WEB.....www.namigreaterhouston.org

EMAIL ..... namigh@namigreaterhouston.org

CITY SECTION.....Central

NEIGHBORHOOD ..... Montrose

AREA SERVED ..... Harris and Montgomery Counties

BUS ROUTES..... 41, 27

LEGEND ..... M, W, Y, Fam, I/RR, Homeless, CD,

Free, Esp

HOURS ..... Mon-Fri, 9am-4pm

NEED FOR INTAKE ..... Call for intake

NAMI Greater Houston provides NO COST mental health education classes and support groups for anyone impacted by a mental illness including the diagnosed, family members and caregivers. NAMI is Texas' largest provider of peer-facilitated mental health services designed to educate a broad coalition of consumers on the challenges of living with a mental illness.

*NAMI Greater Houston provee clases de educación para la salud mental SIN COSTO y grupos de apoyo para cualquier persona afectada por una enfermedad mental incluyendo a los miembros diagnosticados, familiares y cuidadores. NAMI es el proveedor más grande de Texas de servicios de salud mental facilitados por compañeros diseñados para educar a una amplia coalición de consumidores sobre los desafíos de vivir con una enfermedad mental.*

## Education Programs

Education and support to people in recovery, family members, friends, professionals and the community at-large. We work to reach those in need of immediate support and resources by offering monthly support meetings, educational programs, community awareness events, information and referrals. Call or check the website for the class schedule.

## Programas educacionales

*Educación y apoyo para personas en recuperación, familiares, amistades, profesionales y la comunidad en general. Trabajamos para cumplir con las necesidades así como apoyo inmediato y recursos en forma de reuniones mensuales de apoyo, programas educacionales, eventos de conciencia comunitaria, información y referencias. Llame o vea el sitio web para el horario de las clases.*

## Support Groups

Made up of people living with mental illness in recovery, just diagnosed and family or friends of someone diagnosed with a mental illness. When you attend a support group, you will find that you are not alone-people who have been through, or are going through similar situations can relate to what you are going through and the groups can be a great place to find practical tips and resources. We encourage members to never give up hope, we've been there and we can help. Call or check the website to find a support group near you.

## Grupos de apoyo

Consiste de las personas viviendo con dolencia mental en recuperación y recientemente diagnosticadas, y los familiares o amistades de dichas personas. Cuando usted asiste al grupo verá que no está solo/sola-otras personas con las mismas experiencias y situaciones pueden relacionar con lo que usted siente. Los grupos ofrecen ideas prácticas y recursos. Promovemos la idea de seguir adelante, de propia experiencia podemos ayudar. Llame o vea el sitio web para averiguar de un grupo cerca de usted.

## Speakers Bureau

Offers several educational programs to bring hope to families and individuals who suffer with biological brain disorders (mental illness). Through education we can reduce stigma, provide resources and inform the public that treatment works. To learn more about our speaker bureau services or to schedule a presentation, call or email us thru the website. Please schedule 4 weeks in advance if possible.

## Despacho de presentadores

Ofrece varios programas educacionales que levantan la esperanza a las familias los individuos que sufren del trastorno biológico cerebral (dolencia mental). Mediante la educación reducimos el estigma, ofrecemos recursos e informamos al público que el tratamiento funciona. Para más información sobre este servicio o para programar una presentación, llame o visite el sitio del web. Favor de reservar con 4 semanas de anticipación.

## NORTHSHORE COUNSELING CENTER



331 Freeport St.  
Houston, TX 77015

MAIN ..... (713) 637-6000  
FAX ..... (713) 637-6009  
WEB ..... www.nshore.cc  
EMAIL.....northshorecc@yahoo.com

CITY SECTION ..... East  
NEIGHBORHOOD ..... Northshore  
AREA SERVED..... Zip codes 77015, 77044, 77049,  
77530, 77521, Humble, Pasadena  
and Galena Park

LEGEND..... All, Med, CHIP, Ins, Flat fee, Appt req,  
I/RR, CD, Esp  
HOURS ..... Monday-Saturday 9am-7pm  
NEED FOR INTAKE..... Photo ID, insurance if applicable

Northshore Counseling Center's mission is to promote, enhance and support the well-being of individuals and families in the Northshore area and surrounding communities of Crosby, San Jacinto and Channelview. Northshore Counseling Center is committed to operating a quality mental health care center by providing confidential, appropriate and responsive behavioral health care services for children, adolescents, adults, couples and families. Call for intake.

*La misión de Northshore Counseling Center es promover,*

*mejorar y apoyar el bienestar de individuos y familias en el área de Northshore y las comunidades circundantes de Crosby, San Jacinto y Channelview. Northshore Counseling Center se compromete a operar un centro de salud mental de calidad proporcionando servicios de atención de salud de conducta confidenciales, apropiados y receptivos para niños, adolescentes, adultos, parejas y familias. Llame para admisión.*

Individual, family and couples therapy including treatment, counseling and/or education for mood and anxiety disorders, ADHD, stress and anger management, marital conflict and divorce issues, parent-child conflict, trauma, domestic violence and substance abuse.

Other services include Intellectual, IQ and Adaptive Behavior Assessments/Tests, Academic Learning Competencies and Assessments and court-ordered anger management, substance abuse, decision making skills group and truancy classes; children's trauma group and grandparents support group.

The Battering Intervention and Prevention Program (BIPP) is designed to help adults who are aggressive or intimidating toward their partner. The program teaches how to control anger, skills to manage negative thoughts and more. You can take the program if ordered by the court and likewise if you decide to end the violence in your home. Call for details.

*Terapia individual, de pareja, incluyendo tratamiento, consejería y/o educación sobre el cambio de estado de ánimo, trastorno de la ansiedad, ADHD, manejo del estrés y la ira, conflictos matrimoniales y temas de divorcio, conflictos de padres e hijos, trauma, violencia doméstica y abuso de sustancias.*

*Otros servicios incluyen asesoramiento/análisis del intelecto, y la conducta adaptativa, competencia en aprendizaje académico, evaluación y manejo de la ira por orden judicial, abuso de sustancias, clases sobre la habilidad en hacer mejores decisiones y la ausencia injustificada en la escuela o el trabajo; grupo para niños/niñas con traumas, y de apoyo a abuelos/abuelas.*

*Battering Intervention and Prevention (BIPP) es un programa diseñado para ayudar a adultos agresivos y/o que intimidan a sus parejas. El programa enseña a cómo controlar la ira, maneras de lidiar con pensamientos negativos, y más. Inscribese si la corte judicial lo requiere, o si desea eliminar la violencia en su casa. Llame para mayores detalles.*

## NORTHWEST ASSISTANCE MINISTRIES



15555 Kuykendahl Road  
Houston, TX 77090

MAIN ..... (281) 885-4555  
FAX ..... (281) 583-5621  
FAMILY VIOLENCE - 24 HRS..... (281) 885-4673  
WEB ..... www.namonline.org  
EMAIL ..... nam@namonline.org

CITY SECTION ..... North  
 NEIGHBORHOOD ..... Bammel  
 AREA SERVED ..... Zip codes 77014, 77032, 77038,  
 77050, 77060, 77066, 77067, 77068,  
 77069, 77070, 77073, 77086, 77090, 77373,  
 77379, 77386, 77388, 77389  
 BUS ROUTES ..... 86  
 LEGEND ..... Fam, Free or low cost, Appt req (walk-ins  
 for emergency food only)  
 HOURS ..... Mon-Thur, 8am-5pm; Fri, 8am-4pm

NAM is a community-based, multi-program social service agency that strives to supply basic human needs through neighbors helping neighbors. The organization was formed by ten Covenant Congregations who agreed to set aside their theological differences and pool their resources in a manner to better serve community needs. Today, NAM is supported by more than 50 congregations, 18 service partner organizations and more than 160 business community partners. NAM has served north and northwest Harris County since 1983 and currently has approximately 85 employees and 2,000 volunteers.

### Emergency Basic Needs

Emergency services including food, prescriptions (non-narcotic), gasoline vouchers, bus tokens, clothing, financial help with rent/mortgage, natural gas and water bills (not electricity bills), school supplies and holiday food and toys. The appointment line is open Monday-Friday from 9am-12pm and 1pm-3pm until all available appointments have been filled. Appointments are scheduled for the next day. Call for more information: (281) 583-5600.

### Housing Services

Distributes funds from government grants to help prevent local residents from becoming homeless, or to help homeless families become stably housed. Special funding available for veterans and families with school-aged children. No assistance is offered over the phone, an appointment and personal interview is required. Please call for more information: (281) 885-4531.

### Children's Clinic

Quality medical care for infants and children up to age 18 for families who have Medicaid, CHIP, private insurance or who are self-pay/uninsured. Through a partnership with UT Health Science Center, the clinic provides a full range of services, from preventive care to acute care. Call for more information: (281) 885-4630.

### Family Violence Center

The FVC offers a 24-hour hotline, bilingual outreach, telephone crisis counseling, referrals to emergency shelter, transportation, professional counseling for adults and their children, information and referrals for bettering intervention services, legal referrals and court accompaniment. Call for more information: (281) 885-4673 or 1-888-750-4673.

### Food – Joanne Watford Nutrition Center

Nutritious groceries for individuals and families. Qualified clients can shop for and select food items, including fresh

produce, based on the families nutritional needs. Call for more information: (281) 583-5600.

### Interfaith Hospitality Network

Shelter and meals for homeless families in transition as well as assistance finding employment and housing. Call for more information: (281) 885-4567.

### Learning Center

ESL classes, GED preparation, reading and writing literacy, job search seminars, financial literacy, legal seminars, and when available, computer classes. Classes are offered free or at reduced cost. Call for more information: (281) 885-4616.

### Meals on Wheels Program

Hot, nutritious meals delivered to homebound seniors and individuals who are homebound because of illness or disability. Call for more information: (281) 885-4623.

### Senior Services – Fifty Plus Program

The Senior Center offers activities such as exercise and dance classes, day trips, bridge and other card games, bingo, craft groups, and many other classes for active seniors. The Senior Center is a fun place to socialize, keep physically fit and mentally active. Call for more information: (281) 885-4616.

### OPEN DOOR MISSION



5803 Harrisburg Blvd.  
 Houston, TX 77011

MAIN ..... (713) 921-7520  
 FAX ..... (713) 921-4206  
 WEB ..... www.opendoorhouston.org  
 EMAIL ..... info@opendoorhouston.org

CITY SECTION ..... Central  
 NEIGHBORHOOD ..... Second Ward  
 BUS ROUTES ..... METRO light rail  
 LEGEND ..... M, CD, Homeless, I/RR, Free, Appt req  
 HOURS ..... 24 hours  
 NEED FOR INTAKE ..... Background check, addiction severity index, personal interview

Open Door Mission is a faith and evidence based 7-month residential recovery facility for men only. Graduates of the program are able to continue to live at the mission if they are employed or are enrolled in classes that provide certifications for skilled jobs.

Open Door Mission also provides convalescent/respite care for homeless men through a collaboration with Harmony House. GED classes are available to all residents.

### Convalescent/Respite Care Center

Provides homeless men a safe location to continue healing from surgery, injury or illness and who have nowhere to go except back to the streets. This is a comprehensive residential program providing residents the opportunity to rest while being able to access medical and supportive services that assist in completing their recuperation.



## Doorway Recovery Program

Provides intensive and supportive treatment services as well as transitional living aftercare treatment for up to an additional 6 months to employed graduates of the program. Caseworkers assist students while in residence and post-graduation by reducing or totally resolving the issues that have been mounting over years of ignoring medical, dental, legal, past taxes, and child support. The goal is to assist each student in making a successful transition into stable recovery and a lifetime of self-sufficiency and independent living.

## Education & Technology Center

GED courses for our residential clients. All services are free of charge excluding the testing fees. There are community volunteers available for small group and individual tutoring

## PALMER DRUG ABUSE PROGRAM (PDAP) &

Administration Office  
Three Memorial City Plaza  
840 Gessner Road, Suite 1300  
Houston, TX 77024-4158

MAIN ..... (281) 589-4602  
FAX ..... (281) 589-4834  
SPANISH MEETINGS..... (281) 818-1803  
WEB ..... www.pdaphouston.org  
EMAIL..... houston-pdap@att.net  
AREA SERVED..... Harris County  
LEGEND..... Free, Walk-ins, CD

The Palmer Drug Abuse Program (PDAP), the oldest substance abuse recovery program for youth in the Houston community, has operated continuously since 1971 providing free substance abuse recovery services to youth ages 12-25 and their parents.

The completely anonymous program provides 12-step support group meetings, crisis intervention, client assessments and referrals, individual and family counseling sessions, drug-free social and recreational activities and community education, prevention and intervention programs. These programs improve our neighborhood, our city and our schools by returning healthy kids to the community to become productive members of society.

## AGE 12 TO 17 GROUPS:

Services include 12-step support group meetings, crisis intervention, client assessment and referrals, individual and family counseling sessions, and drug-free social and recreational activities.

## Katy

Current Christian Church  
26600 Westheimer Parkway  
Katy, TX 77494

MAIN ..... (281) 870-9311  
CITY SECTION ..... West

NEIGHBORHOOD ..... Katy  
MEETINGS ..... Monday, 7:30pm - 9pm

## Memorial/Spring Branch

West Houston Community Center  
725 Bateswood Dr.  
Houston, TX 77079

MAIN ..... (281) 870-9311  
CITY SECTION ..... West  
NEIGHBORHOOD ..... Memorial  
BUS ROUTES ..... 162

Meetings are held on Wednesday from 7:30pm - 9pm; after school on Wednesday and Friday from 4pm - 7pm and Saturday from 2pm - 10pm.

*Grupo de apoyo en Español para los padres.*

## Midtown

Council Recovery Houston  
303 Jackson Hill  
Houston, TX 77007-7407

MAIN ..... (281) 870-9311  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Heights  
MEETINGS ..... Thursday, 7:30pm - 8:30pm

## AGE 18 TO 25 GROUP:

Services include 12-step support group meetings, individual and family sessions and recovery based social activities.

## Memorial/Spring Branch

Emmanuel Episcopal Church  
15015 Memorial Drive  
Houston, TX 77079-4301

MAIN ..... (281) 870-9311  
CITY SECTION ..... West  
NEIGHBORHOOD ..... Memorial  
BUS ROUTES ..... 75, 162  
MEETINGS ..... Thursday, 7:30pm - 9pm

## Memorial/Spring Branch

St. Thomas Presbyterian Church  
14100 Memorial Drive  
Houston, TX 77079-6825

MAIN ..... (281) 870-9311  
CITY SECTION ..... West  
NEIGHBORHOOD ..... Memorial  
BUS ROUTES ..... 162  
MEETINGS ..... Monday, 7:30pm - 9pm

## Midtown

Council on Recovery Houston  
303 Jackson Hill  
Houston, TX 77007-7407

MAIN ..... (281) 870-9311

CITY SECTION ..... Central  
NEIGHBORHOOD ..... Memorial/Washington Ave  
MEETINGS..... Tuesday, 7pm - 8:30pm

## **PAWS HOUSTON** **Pets are Wonderful Support**

MAIN ..... (713) 840-7297  
WEB ..... www.pawshouston.org  
EMAIL..... info@pawshouston.org  
AREA SERVED..... City of Houston  
LEGEND..... All, Free  
HOURS ..... On-call as needed

### **Hospital Personal Pet Visitation Program**

PAWS Houston is dedicated to helping patients receive the comfort and benefits of their pets by facilitating hospital visits to patients. Hospital Personal Pet Visits are facilitated through our dedicated volunteer network. Our volunteers work tirelessly to provide scheduled visits, as well as last minute, end of life visits. The Hospital Pet Visitation program is a unique program provided by PAWS Houston. Operations are made possible by the donations of patients, family and, community supporters.

### **PET BEREAVEMENT COUNSELING SERVICES**

2400 Westheimer, Suite 209 W  
Houston, TX 77098-1305

MAIN ..... (713) 522-8344  
FAX ..... (713) 522-1740  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Greenway/Upper Kirby  
BUS ROUTES ..... 82  
HOURS ..... By appointment

PBCS is dedicated to helping those whose lives have been altered due to the death of a pet.

Offering comfort and support to individuals, families and groups whose lives have been altered due the death of a pet. Consultations, workshops and educational seminars are also available.

### **PET PATROL**




MAIN ..... (281) 733-7696  
WEB ..... www.thepetpatrol.org  
EMAIL..... info@thepetpatrol.org  
AREA SERVED..... Eligible clients living inside Beltway 8  
LEGEND..... All (low income & disabled), Free/S\$,  
Appt req  
NEED FOR INTAKE..... Proof of disability and income

A volunteer-based 501(c)3 organization that assists those who are frail and elderly or affected by a life-challenging illness (HIV, cancer, heart disease, stroke, liver disease, diabetes), to keep their pets. Services include free or low cost pet food, basic veterinary care, foster care, spaying/neutering and more. Call for intake.

## **PFLAG HOUSTON**

*Mailing address:*  
PO Box 66834  
Houston, TX 77266-6834

*Meeting location:*   
St. Paul's United Methodist Church  
5501 South Main at Binz  
Houston, TX 77004-6917

MAIN ..... (713) 467-3524  
WEB ..... www.pflaghouston.org  
EMAIL ..... helpline@pflaghouston.org  
CITY SECTION..... Central  
NEIGHBORHOOD ..... Hermann Park  
BUS ROUTES ..... 5, METRO light rail  
LEGEND ..... All, Free  
HOURS ..... 1st Sunday each month at 1:30pm-4pm  
(except holidays-check website)

The mission of PFLAG (Parents, Friends and Family of Lesbians and Gays) Houston is to: Support Families - working to keep families in loving relationships by helping them understand and affirm their gay, lesbian, bisexual or transgendered family members. Educate the Public - seeking to dispel the myths and misinformation by working with educators, community and religious groups, the media and the general public. Advocate for Equality - calling for equal human and civil rights. PFLAG provides opportunities for dialog about sexual orientation and gender identity, and acts to create a society that is respectful of human diversity.

The Help Line is a voice mail service where you may leave a message and your call will be returned by a PFLAG Mom - the telephone connection to PFLAG Houston. They are a resource for people who have questions and concerns relating to sexual orientation or gender identity. Confidentiality is maintained and discretion is used when your call is returned. Let us know when would be the best time of day to return the call, and whether you will be the only person likely to answer. We will not leave a message unless you specifically ask us to leave a message.

Check our website for information about our general meetings and support groups in Clear Lake and Upper Kirby.

Your call is very important to us, but if you are not in the Houston area, we suggest first looking for a chapter in your area by going to the PFLAG website at www.pflag.org. However, don't hesitate to call us if you cannot find help elsewhere.

*Folletos en español, reuniones de grupos pequeños. Por favor llame primero para informarnos de sus necesidades.*

**PLANNED PARENTHOOD GULF COAST**



4600 Gulf Freeway  
Houston, TX 77023-3558

MAIN ..... (713) 522-6240  
TOLL FREE ..... (800) 230-7526  
WEB ..... www.ppgulfcoast.org  
EMAIL ..... information@ppgulfcoast.org  
LEGEND ..... M, W, Y, S\$, Free, Ins, Walk-ins, Esp

The mission of Planned Parenthood Gulf Coast, Inc. is to ensure the right and ability of all individuals to manage their sexual and reproductive health by providing health services, education and advocacy. PPGC operates six health centers in the Greater Houston area.

*La misión de Planned Parenthood Gulf Coast, Inc. es asegurar el derecho y la capacidad de todas las personas para manejar su salud sexual y reproductiva proporcionando servicios de salud, educación y defensa. PPGC opera seis centros de salud en el área de la Gran Houston.*

**To be automatically connected to the health center nearest to you call:** ..... (800) 230-PLAN

HIV testing and counseling, STD testing and treatment, birth control, well-woman and well-man exams, pregnancy testing and information about related services, hormone therapy for transgender patients, vaccines, health screenings and other general health care services.

**Para conectarse automáticamente a la clínica más cercana, llame al:** ..... (800) 230-PLAN

Exámenes y asesoría de VIH, exámenes y tratamiento de ETS, control de natalidad, exámenes de salud para mujeres y hombres, pruebas de embarazo e información sobre servicios relacionados, terapia de hormonas para pacientes transgénero, vacunas, chequeos de salud y otros servicios de cuidado de la salud generales.

**POSITIVE EFFORTS**



7135 W. Tidwell Road  
Bldg. M, Suite 102  
Houston, TX 77092-2057

MAIN ..... (713) 812-0044  
FAX ..... (713) 957-1542  
WEB ..... www.positiveefforts.org  
EMAIL ..... positive\_efforts@sbcglobal.net  
CITY SECTION ..... Northwest  
NEIGHBORHOOD ..... Langwood  
BUS ROUTES ..... 45  
LEGEND ..... Adults, Walk-ins, Free, CD  
HOURS ..... Mon-Fri, 9am-5pm

HIV and Syphilis testing, counseling and referrals; health and risk reduction education, SISTA Project (Sisters Informing Sisters About Topics on AIDS) - a social skills training intervention aimed at reducing HIV sexual risk behavior among African American women at highest risk; Voices/Voces (Video Opportunities for Innovative

Condom Education and Safer Sex) - a single-session, video-based program for the prevention of HIV and other STDs; speaker bureau; community outreach.

**PRESBYTERIAN CHILDREN'S HOME AND SERVICES**

WEB ..... www.pchas.org  
LEGEND ..... All, Free  
HOURS ..... Mon-Fri, 8am-5pm

PCHAS serves children and families who are facing a crisis such as death, divorce, illness, violence, homelessness, alcohol/drug abuse and other situations. The Child and Family program addresses their physical, emotional, social, educational, spiritual and financial concerns while working to keep families together, removing the barriers that can prevent families from receiving the services they need. Services are provided at no cost to families in need in 2 locations in the Houston area and in 18 cities in Texas, Missouri and Louisiana.

**Child and Family Program**



Michelle O'Neill, Child and Family Specialist  
5020 W. Bellfort Ave.  
Houston, TX 77035-3229

MAIN ..... (713) 721-2908  
FAX ..... (713) 721-2909  
EMAIL ..... michelle.oneill@pchas.org  
CITY SECTION ..... Southwest  
NEIGHBORHOOD ..... Willow Meadows/Willow Bend  
BUS ROUTES ..... 8, 10

**Child and Family Program**



Nimia Tillmann, Child and Family Specialist  
11612 Memorial Drive  
Houston, TX 77024

MAIN ..... (713) 490-9570  
FAX ..... (713) 953-2584  
EMAIL ..... nimia.tillmann@pchas.org  
CITY SECTION ..... West  
NEIGHBORHOOD ..... Memorial  
BUS ROUTES ..... 70

Child and family programs provide crisis intervention and family preservation services, in-home family assessment, parenting skills and support, teaching and building life skills, family and individual counseling, and collaboration with community social services to assist families with all their needs. The goal is to address issues before a crisis results in out-of-home placement of children.

**PRIMARY HEALTH NETWORK OF SOUTH TEXAS** See AIDS Healthcare Foundation

## PROJECT PATH FINDER



PO Box 721303  
Houston, TX 77272-1303

MAIN ..... (832) 830-3440  
WEB ..... [www.projectpathfinderhouston.org](http://www.projectpathfinderhouston.org)  
EMAIL..... [projectpathfinderhouston@gmail.com](mailto:projectpathfinderhouston@gmail.com)  
HOURS ..... Wednesday, 11:45am-1:45pm

Project Pathfinder's (PPF) mission is to break the cycle of incarceration for offenders and their families. By providing the tools and skills to each individual to become successful, law abiding citizens, that contribute to society we can break the cycle of recidivism.

The focus is not only on the offender but also family members so that the entire family may regain a sense of safety, dignity and well-being.

Connects ex-offenders to resources such as housing, ID and birth certificate, employment services, bus passes, clothing and more. Call for more information.

## REACH HEALTHCARE SERVICES



6565 West Loop South, Suite 115  
Bellaire, TX 77401

MAIN ..... (713) 500-0000  
FAX ..... (713) 500-0050  
WEB ..... [www.reachhealthcareservices.com](http://www.reachhealthcareservices.com)

CITY SECTION ..... Central  
NEIGHBORHOOD ..... Bellaire  
AREA SERVED ..... Brazoria, Chambers, Ft. Bend,  
Galveston, Harris, Liberty, Montgomery  
and Waller counties

BUS ROUTES ..... 65

LEGEND ..... M, W, Med, Ins, Private pay  
HOURS ..... Mon-Fri, 8:30am-5pm  
NEED FOR INTAKE.... Physicians orders, insurance and  
payment information

Full service home health and personal assistance services agency caring for seniors and adults. We have a 30+ year history of managing the clinically complex patient in the home setting. Our Medicare nursing and therapy services focus on skilled needs of the geriatric and disabled population. Our skilled hourly RN and LVN care offers an alternative to in-care facilities.

An additional cost saving alternative is available to the clinically stable patient and offers three levels of non-medical services where our caregivers are trained to assist with G-tube care, catheterizations, bowel programs, tracheostomy, and ventilator related care. Referral required.

### Skilled Private Duty Hourly Care

Private duty nursing (RN and LVN).

### Cuidado por Hora Especializado

Enfermería de servicio privado capacitado (RN y LVN).

## Skilled Home Health Nursing and Therapy

Skilled nursing visits; physical, occupational and speech therapy.

### Enfermería y Terapia de Salud en Casa Capacitada

Skilled nursing visits; physical, occupational and speech therapy.

## Non-Medical Caregiver Personal Assistance Services

Unlicensed personal assistant services (caregiver).

### Servicios de Asistencia Personal de Cuidador de Salud no Médico

Servicios de asistencia personal sin licencia (cuidador).

## REAL TALK!

Location Confidential

WEB ..... [www.realtalkproject.com](http://www.realtalkproject.com)  
EMAIL ..... [realtalkoutreach@gmail.com](mailto:realtalkoutreach@gmail.com)  
LEGEND ..... M, Free, **HIV+ only**

Real Talk Inc. is an outreach and support program for black, gay or bisexual men of color who are living with HIV. The objective of the program is self-esteem building, community involvement, and support. The support group meets every 2nd and 4th Thursday evening from 6-8 pm, as well as for holiday socials and birthday celebrations. Location confidential. Please visit our website or email us for more information.

## REHOBOTH FOUNDATION, INC.

8323 Southwest Fwy, Suite 270  
Houston, TX 77074

Mailing address:

PO Box 710393  
Houston, TX 77271-0393

MAIN ..... (713) 484-5850  
FAX ..... (713) 270-4110  
WEB ..... [www.rehobothfoundation.org](http://www.rehobothfoundation.org)  
EMAIL ..... [rehobothf@yahoo.com](mailto:rehobothf@yahoo.com)

CITY SECTION ..... Southwest  
NEIGHBORHOOD ..... Braeburn  
BUS ROUTES ..... 65

LEGEND ..... M, W, Y, Fam, I/RR, CD

Rehoboth Foundation is a nonprofit organization with a focus on community assistance and development programs; employment assistance: vocational education, skills assessment, workplace skills training; community education programs: computer literacy, financial literacy, health literacy, GED and other relevant capacity building and leisure learning programs; entrepreneurship and small business development programs (startup mentoring and coaching). Referral required.

## **ROSENBERG-RICHMOND HELPING HANDS** &

902 Collins Road  
Richmond, TX 77469-2732

**Mailing address:**

PO Box 1268  
Richmond, TX 77406-0032

MAIN ..... (281) 232-4904  
FAX ..... (281) 232-8050  
WEB ..... www.rosrichhelpinghands.org  
EMAIL ..... hhfoodnb@comcast.net

CITY SECTION ..... Southwest  
NEIGHBORHOOD ..... Richmond  
AREA SERVED ..... Zip codes 77406, 77407, 77469,  
77417, 77421, 77430, 77435, 77441,  
77444, 77451, 77461, 77464, 77471, 77476,  
77479 (LCISD ONLY), 77481 and 77485  
which include the following cities:  
Richmond, Beasley, Booth, Damon, East Bernard,  
Fulshear, Guy, Kendleton, Needville, Orchard,  
Rosenberg, Simonton, Sugar Land (LCISD ONLY),  
Thompsons and Wallis

LEGEND ..... All, Free, Walk-ins  
HOURS ..... Mon-Thur, 10am-2:30pm  
NEED FOR INTAKE ..... ID, proof of address, all  
household bills and income

Provides assistance to local households with emergency food, clothing and hygiene products. We supply a safe place for people to come and receive the help they need. We aim to bring healthy food, hygiene products, clean clothing and diapers to clients that are in times of crisis. Our goal is to provide assistance temporarily until the individual or family becomes self-sufficient. No appointment is necessary to receive service.

If we cannot help with a problem, we can make referrals to someone who can. We have a list of agencies and organizations that offer assistance.

## **RYAN WHITE PLANNING COUNCIL** &

2223 West Loop South, Suite 240  
Houston, TX 77027-3514

MAIN ..... (713) 572-3724  
FAX ..... (713) 572-3740  
TTY ..... (713) 572-2813  
WEB ..... www.rwpcHouston.org  
EMAIL ..... feedbackRWPC@hctx.net

SECTION ..... Central  
NEIGHBORHOOD ..... Galleria/Post Oak  
AREA SERVED ..... Harris and surrounding counties  
BUS ROUTES ..... 82, 32  
LEGEND ..... All, Free  
HOURS ..... Mon-Fri, 8am-5pm

Each year, the Ryan White Planning Council designs services and allocates federal funds for services to people living with HIV. All meetings and processes are open to the public and community input is encouraged at all

levels. The meeting calendar, Council publications and a wealth of other information is available on our website. See page 165 for a timeline of annual Planning Council processes.

The Office of Support publishes the Houston Area HIV Resource Guide, commonly known as "The Blue Book" as well as a mini Blue Book that is available to inmates in the Harris County Jail and Texas Department of Criminal Justice.

Project L.E.A.P. (Learning Empowerment Advocacy and Participation) is a comprehensive advocacy training program for individuals living with HIV who reside in Harris and the surrounding counties. The goal of the program is to train people living with HIV to become active participants in local HIV planning activities by serving on a planning body, such as the Ryan White Planning Council or the City of Houston HIV Prevention Planning Group. See page 166 for more information.

## **SAINT HOPE FOUNDATION** &

Main Office  
6200 Savoy Dr., Suite 540  
Houston, TX 77036-3338

MAIN ..... (713) 778-1300  
FAX ..... (713) 778-0827  
TRANSPORTATION ..... (713) 778-0358  
WEB ..... www.offeringhope.org

CITY SECTION ..... Southwest  
NEIGHBORHOOD ..... Sharpstown  
AREA SERVED ..... Houston and surrounding counties  
BUS ROUTES ..... 152, 153  
LEGEND ..... M, W, Ins, Self-pay, S\$, Med  
proof of HIV diagnosis (if applicable)  
HOURS ..... Mon-Thur, 8am-5pm; Fri, 9am-12pm

SFH is a full-service community health center providing comprehensive primary health care to Houston and the surrounding areas in a culturally sensitive and confidential environment. Specializing in HIV testing, education, treatment and social services since 1999, SHF also provides care for other chronic conditions such as diabetes, high blood pressure, and Hepatitis C. As a Federally Qualified Health Center, SHF offers services on a sliding fee scale; Medicaid, Medicare and most health insurance plans are accepted. Walk-ins, same day appointments and new patient appointments are welcomed.

Services provided at this location include HIV and STD testing, as well as transportation services for eligible persons living with HIV.

## **Bellaire Health Care Center** &


6800 West Loop South, Suite 560  
and Suites 500, 585, 580, 590  
Bellaire, TX 77401-4516

MAIN ..... (713) 839-7111  
FAX ..... (713) 839-7156

INTAKE ..... (713) 778-1300  
 BUS ROUTES ..... 2  
 LEGEND ..... All, S\$, Med, Ins, Appt req, Esp  
 HOURS ..... Mon/Wed/Thur, 8am-6pm; Tues, 8am-7pm;  
 Fri, 8am-3pm  
 NEED FOR INTAKE ..... ID, proof of income and  
 residency, insurance card (if applicable),  
 proof of HIV diagnosis (if applicable)

Medical care including internal medicine, family practice, Ob/Gyn, HIV care, diabetes clinic, Hepatitis treatment, dental care, behavioral health/psychiatry, vision care, podiatry, clinical research, diagnostic x-ray, nutritional counseling, prevention education groups, service linkage, clinical and medical case management, pharmacy, community health screenings and transportation.

*Cuidado médico que incluye medicina interna, práctica familiar, Ginecobstetricia, cuidado de VIH, clínica de diabetes, tratamiento de hepatitis, cuidado dental, salud de comportamiento/psiquiatría, cuidado de la visión, podología, investigación clínica, rayos x de diagnóstico, asesoría nutricional, grupos de educación preventiva, enlace de servicios, administración de caso clínico y médico, farmacia, cheques de salud de la comunidad y transporte.*

**Conroe Health Care Center**   
 1414 S. Frazier, Suite 105/106  
 Conroe, TX 77301-4475

MAIN ..... (936) 441-2440  
 FAX ..... (800) 249-5020  
 INTAKE ..... (713) 778-1300  
 AREA SERVED ..... Montgomery and Waller counties;  
 Huntsville  
 BUS ROUTES ..... 2 South  
 LEGEND ..... All, S\$, Med, Ins, Appt req, Esp  
 HOURS ..... Mon/Wed/Thur, 8am-6pm; Tues, 8am-7pm;  
 Fri, 8am-3pm  
 NEED FOR INTAKE...ID, proof of income and residency,  
 insurance card (if applicable), proof of  
 HIV diagnosis (if applicable)

Medical care including internal medicine, family practice, Ob/Gyn, HIV care, diabetes clinic, Hepatitis treatment, dental care, behavioral health/psychiatry, vision care, podiatry, clinical research, diagnostic x-ray, nutritional counseling, prevention education groups, service linkage, clinical and medical case management, pharmacy, community health screenings and transportation.


*Cuidado médico que incluye medicina interna, práctica familiar, Ginecobstetricia, cuidado de VIH, clínica de diabetes, tratamiento de hepatitis, cuidado dental, salud de comportamiento/psiquiatría, cuidado de la visión, podología, investigación clínica, rayos x de diagnóstico, asesoría nutricional, grupos de educación preventiva, enlace de servicios, administración de caso clínico y médico, farmacia, cheques de salud de la comunidad y transporte.*

**Greenspoint Health Care Center**   
 255 Northpoint Drive, Suite 200  
 Houston, TX 77060

MAIN ..... (832) 300-8040  
 FAX ..... (832) 300-8041  
 INTAKE ..... (713) 778-1300  
 CITY SECTION ..... North  
 NEIGHBORHOOD ..... Greenspoint  
 BUS ROUTES ..... 102  
 LEGEND ..... All, S\$, Med, Ins, Appt req, Esp  
 HOURS ..... Mon-Thur, 8am-6pm; Fri, 8am-3pm;  
 1st & 3rd Sat, 8am-12pm  
 NEED FOR INTAKE ..... ID, proof of income and  
 residency, insurance card (if applicable),  
 proof of HIV diagnosis (if applicable)

Medical care including internal medicine, family practice, pediatrics, Ob/Gyn, HIV care, diabetes clinic, Hepatitis treatment, dental care, behavioral health/psychiatry, vision care, podiatry, clinical research, diagnostic x-ray, nutritional counseling, prevention education groups, service linkage, clinical and medical case management, pharmacy, community health screenings and transportation.

*Cuidado médico que incluye medicina interna, práctica familiar, pediatría, Ginecobstetricia, cuidado de VIH, clínica de diabetes, tratamiento de hepatitis, cuidado dental, salud de comportamiento/psiquiatría, cuidado de la visión, podología, investigación clínica, rayos x de diagnóstico, asesoría nutricional, grupos de educación preventiva, enlace de servicios, administración de caso clínico y médico, farmacia, cheques de salud de la comunidad y transporte.*


**Sugar Land Health Care Center**   
 13020 Dairy Ashford Rd, Suite 100  
 Sugar Land, TX 77478

MAIN ..... (281) 277-8571  
 FAX ..... (281) 277-8564  
 INTAKE ..... (713) 778-1300  
 LEGEND ..... M, W, CD, I/RR, S\$, Med, Ins  
 HOURS ..... Mon-Fri, 8am-6pm  
 NEED FOR INTAKE ..... ID, proof of income and  
 residency, insurance card (if applicable),  
 proof of HIV diagnosis (if applicable)

Medical care including internal medicine, family practice, pediatrics, Ob/Gyn, HIV care, diabetes clinic, Hepatitis treatment, dental care, behavioral health/psychiatry, vision care, podiatry, clinical research, diagnostic x-ray, nutritional counseling, prevention education groups, service linkage, clinical and medical case management, pharmacy, community health screenings and transportation.

*Cuidado médico que incluye medicina interna, práctica familiar, pediatría, Ginecobstetricia, cuidado de VIH, clínica de diabetes, tratamiento de hepatitis, cuidado dental, salud de comportamiento/psiquiatría, cuidado de*

la visión, podología, investigación clínica, rayos x de diagnóstico, asesoría nutricional, grupos de educación preventiva, enlace de servicios, administración de caso clínico y médico, farmacia, cheques de salud de la comunidad y transporte.

**Texas City Health Care Center**   
6807 Emmett F. Lowry Expy, Suite 302  
Texas City, TX 77591

MAIN ..... (832) 431-5162  
FAX ..... (832) 431-5162  
INTAKE ..... (713) 778-1300  
AREA SERVED..... Galveston and Brazoria counties  
LEGEND.....M, W, CD, I/RR, S\$, Med, Ins  
HOURS ..... Tues and Thur, 8am-6pm  
NEED FOR INTAKE..... ID, proof of income and residency, insurance card (if applicable), proof of HIV diagnosis (if applicable)

Medical care including internal medicine, family practice, Ob/Gyn, HIV care, diabetes clinic, Hepatitis treatment, service linkage, clinical and medical case management, pharmacy, and community health screenings.

*Cuidado médico que incluye medicina interna, práctica familiar, ginecobstetricia, cuidado de VIH, clínica de diabetes, tratamiento de hepatitis, enlace de servicios, administración de caso clínico y médico, farmacia, y cheques de salud de la comunidad.*

**SAN JACINTO APARTMENTS**

1111 McIlhenny St.  
Houston, TX 77002

MAIN ..... (713) 650-0306  
EMAIL.....sanjacintoapts@sbcglobal.net  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Downtown  
AREA SERVED..... 10-County HOPWA service area  
BUS ROUTES ..... 54, METRO light rail  
LEGEND..... Adults, **HIV+ only**, Disabled  
HOURS ..... Mon-Fri, 8am-5pm  
NEED FOR INTAKE.....Doctor letter stating disability, letter signed by case manager, state ID and Social Security card

Unfurnished housing for individuals living with HIV. Amenities include central heat/AC, full size bath, stove, wood floors, on site washer/dryers, easy access to bus and light rail. Rent is set at 30% of a person's adjusted monthly income.

**SANTA MARIA HOSTEL**   
2605 Parker Road  
Houston, TX 77093-4639

MAIN/INTAKE ..... (713) 691-0900  
FAX ..... (713) 691-0910  
WEB ..... www.santamariahostel.org

CITY SECTION..... North  
NEIGHBORHOOD ..... Eastex/Jensen  
BUS ROUTES..... 39  
LEGEND .....Women/women with children, I/RR, CD, Free, Appt req

Santa Maria Hostel is a non-profit organization with over 50 years of experience serving women. The mission of Santa Maria is to empower women and their families to lead healthy, successful, productive and self-fulfilling lives. Santa Maria serves women age 18 and up who reside in Harris or one of the 12 surrounding counties.

Residential substance abuse treatment programs for women and women with children ages 0-12.

Outpatient substance abuse treatment programs for women.

Transitional housing for up to one year - programs for homeless women/homeless women with children (ages 0-12 years), Veterans and women living with HIV.

Santa Maria treatment and housing clients also benefit from many additional services including: integrated mental health services for clients with co-occurring disorders, case management, counseling, parenting and life skills classes, educational and vocational services, peer-to-peer recovery coaching, court liaison services and childcare and transportation assistance.

**SEARCH HOMELESS SERVICES** 

2015 Congress Street  
Houston, TX 77002

MAIN ..... (713) 739-7752  
FAX ..... (713) 739-7706  
WEB ..... www.searchhomeless.org  
EMAIL ..... info@searchhomeless.org  
CITY SECTION.....Central  
NEIGHBORHOOD ..... Midtown  
AREA SERVED ..... Houston/Harris County  
BUS ROUTES..... 30, Project Access bus

SEARCH Homeless Services pursues a mission of providing hope, creating opportunity, and transforming lives for the thousands of individuals experiencing homelessness in our community. We bring this mission to life every day by connecting men, women, and children not only with housing and employment, but with the targeted resources and wrap-around support they need to remain stably housed and regain self-sufficiency.

**SEARCH Welcome Center and Care Hub**

LEGEND .....M, W, Fam, Free, I/RR, Walk-ins, CD, Homeless only, Esp  
HOURS ..... Mon-Fri, 8am-4pm

**Employment Services and Care Hub:** Services include assistance to obtain a Harris County Gold Card, SNAP food benefits, employment and PATH (accessing a mental health connection). You must have a homeless letter to access these services. You can gain initial access

to these services as a walk-in, but may need an appointment to follow up.

**Servicios de Empleo y Centro de Cuidados:** Los servicios incluyen asistencia para obtener la Tarjeta Dorada del Condado de Harris, beneficios de alimentos SNAP, empleo y PATH (acceso a conexión de salud mental). Debe tener una carta de indigente para tener acceso a estos servicios. Puede obtener acceso inicial a estos servicios sin cita, pero necesita una cita para el seguimiento.

**Chronic Homelessness:** Services include street outreach, housing navigation, and permanent supportive housing. SEARCH partners with The Way Home, a collaborative action plan to end homelessness in our community, in the delivery of these services. Besides street outreach, these services are only available through referrals from The Way Home. Clients may receive a housing assessment to determine eligibility through any The Way Home screening site, such as The Way Home office at 1212 Prairie Street.

**Indigencia Crónica:** Los servicios incluyen compromiso en la calle, navegación de alojamiento y alojamiento de apoyo permanente. SEARCH se asocia con The Way Home, un plan de acción colaborativo para eliminar la indigencia en nuestra comunidad, al entregar estos servicios. Además del compromiso en la calle, estos servicios sólo están disponibles a través de referencias de The Way Home. Los clientes pueden recibir una evaluación de alojamiento para determinar la elegibilidad a través de cualquier sitio de filtración de The Way Home, tal como la oficina de The Way Home en 1212 Prairie Street.

**House of Tiny Treasures Childcare Center**   
1529 Lombardy  
Houston, TX 77023-4528

MAIN ..... (713) 739-7792  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... East End  
BUS ROUTES ..... 40  
LEGEND ..... C (2 to 5 yrs), Free  
HOURS ..... Mon-Fri, 7am-5:30pm  
NEED FOR INTAKE ..... Call for intake

An early childhood education and therapeutic services program for children, 2 to 5 years of age, who are either homeless or living in deep poverty. Along with the specialized childcare provided free of charge, HTT delivers wrap-around support to families, empowering them to pursue educational and job opportunities that will increase their income and overall stability. HTT is an ongoing program, open year-round. While the children are being cared for, their parents are able to focus on getting back on their feet and regaining a stable, self-sufficient life for their family.

**SECOND CHANCE CONSULTING AND OUTREACH**

7208 N. Shepherd, Suite 107  
Houston, TX 77091

MAIN ..... (713) 623-1811  
FAX ..... (713) 219-9727  
WEB ..... www.secondchanceentry.com  
EMAIL ..... rrsecondchance@gmail.com  
CITY SECTION ..... North  
NEIGHBORHOOD ..... Acres Home  
BUS ROUTES ..... 27  
LEGEND ..... M, W, Y, S\$, I/RR, Appt/Walk-in  
HOURS ..... Mon-Fri, 9am-5pm; Sat/Sun, 10am-5pm  
NEED FOR INTAKE ..... Recent paystub

Individual and group sessions available for teens and adults to prepare for the workforce, postsecondary, education and society including job and college readiness, mentoring, life skills, career, counseling, job placement and health education, prevention and wellness.

Training for new and existing Law Enforcement and Correctional personnel to create a safe and, positive working environment including identifying disruptive behavior, criminal charges associated, with contraband and drug trafficking, safety measures, risk assessment, long and short term, consequences of job-related stress, using facility data to set benchmarks for improvement, and, outcomes measurement based on best practices.

Education programs include Alcohol & Drug Evaluation, Anger Management Education, Anti-Theft, B.I.P.P. (Battering Intervention Prevention) Program, Defensive Driving, Individual Counseling, Parenting Classes, Recovery And Relapse Prevention, Intensive Outpatient and Supportive, Outpatient Chemical Dependency Programs, Texas Drug Offender Education Program (TDOEP), and first time and repeat offender DWI Programs.

**SER JOBS FOR PROGRESS OF THE TEXAS GULF COAST, INC.** 

201 Broadway St.  
Houston, TX 77012-1703

MAIN ..... (713) 773-6000  
FAX ..... (713) 773-6010  
TOLL FREE ..... (866) 285-4003  
WEB ..... www.serhouston.org  
EMAIL ..... info@serhouston.org  
CITY SECTION ..... East  
BUS ROUTES ..... 50  
HOURS ..... Mon-Fri, 8am-5pm  
NEED FOR INTAKE ..... Driver's license or state ID

Facebook.com/SERHouston  
Twitter: @SERHouston



SER provides quality, life-changing services to high-risk, hard-to-serve populations. SER responds to the community's emerging and existing needs by educating and training low-income individuals through a myriad of programs and services with employment and financial empowerment at its core, including: job readiness and occupational skills training for high-demand jobs, career and financial coaching, access to financial aid for post-secondary education, paid internships and summer jobs for youth, On-the-Job Training (OJT) for adults, job placement assistance, and youth services.

SER is a "THRIVE" agency and works with other United Way affiliates to connect individuals to additional services. Programs for all ages are at no cost to the job seeker. Please call for details.

*SER proporciona servicios de calidad y que cambian la vida a poblaciones de alto riesgo y difíciles de atender. SER responde a las necesidades emergentes y existentes de la comunidad educando y capacitando a personas de bajos ingresos a través de varios programas y servicios con empoderamiento laboral y financiero en su núcleo, incluyendo: preparación para el trabajo y capacitación ocupacional para empleos de alta demanda, coaching, acceso a la ayuda financiera para la educación postsecundaria, prácticas remuneradas y empleos de verano para jóvenes, capacitación en el trabajo para adultos, asistencia en la colocación y servicios para la juventud.*

*SER es una agencia de "THRIVE" y trabaja con otros afiliados de United Way para conectar a los individuos con servicios adicionales. Los programas para todas las edades no tienen costo para el solicitante de empleo. Por favor llame respecto a detalles.*

**Employment Website**

LEGEND..... All, Free  
 HOURS .....24 hours  
 NEED FOR INTAKE.....Register online

Those who register at [www.serhouston.org](http://www.serhouston.org) can search for a job in the Houston area.

**Financial Services**

LEGEND..... All, Free, Walk-ins, Esp

Financial literacy, credit counseling, access to financial products (micro-loans, match savings programs, etc.) and one-on-one financial coaching to help clients build assets.

**Servicios Financieros:** *Educación financiera, asesoría de crédito, acceso a productos financieros (micro-préstamos, programas de ahorros, etc.) y asesoría financiera uno a uno para ayudar a los clientes a obtener activos.*

**HYPE (Helping Young People Excel)**

LEGEND..... Y (ages 16-24), Free, Walk-ins, Esp

In partnership with Workforce Solutions, SER provides career coaching, exploration, financial aid access, paid work experience, and other core services to out of high

school youth ages 16-24.

*En asociación con Workforce Solutions, SER proporciona asesoría de carrera, exploración, acceso a ayuda financiera, experiencia de trabajo remunerado, y otros servicios básicos al salir de la preparatoria para edades de 16 a 24 años.*

**Occupational Trainings**

LEGEND .....All, Free, Walk-ins, Esp

Responsive to employer demand, SER provides hands-on trainings resulting in professional credentials for careers in areas like construction, manufacturing, welding, warehousing, office administration, banking, hospitality, CORE + OSHA, and others.

**Capacitaciones Ocupacionales:** *Al responder a la demanda del empleador, SER proporciona capacitaciones prácticas que resultan en credenciales profesionales para carreras en áreas como construcción, fabricación, soldadura, almacenamiento, administración de oficina, banca, hotelería, CORE + OSHA, y otros.*

**Serving for Success**

LEGEND ..... Adults, Homeless, I/RR, Immigrants, Free, Walk-ins, Esp

In partnership with the Houston Food Bank, SER provides Job Readiness training and access to paid training/work experience for individuals interested in warehousing and culinary careers.

**Servicio para el Éxito:** *En sociedad con el Banco de Alimentos de Houston, SER proporciona capacitación de preparación de trabajo y acceso a capacitación/experiencia de trabajo remunerada para individuos interesados en carreras de almacenamiento y culinarias.*

**THRIVE**

LEGEND .....All, Free, Walk-ins, Esp

As part of a United Way collaborative effort, SER provides it's spectrum of core services to individuals and working families to help increase their income, build assets, and reach long-term financial stability.

**THRIVE/PROSPERAR:** *Como parte de un esfuerzo colaborativo con United Way, SER proporciona su espectro de servicios básicos a individuos y familias que trabajan para ayudar a incrementar sus ingresos, reunir activos, y alcanzar estabilidad financiera a largo plazo.*

**Training-to-Work**

LEGEND ..... I/RR, Free, Walk-ins, Esp

Core services plus mentoring tailored to help adult ex-offenders successfully reintegrate and become productive members of their communities.

**Capacitación para el trabajo:** *Servicios básicos más asesoría personalizada para ayudar a ex-delinquentes a que se reintegren con éxito y se conviertan en miembros productivos de su comunidad.*

**Veteran's Services**

LEGEND.....Adults, Homeless, I/RR, Free, Walk-ins, Esp

Specialized services to help veterans navigate and access all of their benefits and successfully reintegrate into the civilian workforce.

**Servicios para Veteranos:** *Servicios especializados para ayudar a los veteranos a navegar y tener acceso a todos sus beneficios y reintegrarse con éxito en la fuerza laboral civil.*

**Youth Internships**

LEGEND..... Y (ages 16-21), Free, Walk-ins, Esp

Through partnerships with the City of Houston, Bank of America, and Gap, Inc., SER places over 500 youth in paid summer internships annually.

**Pasantías Juveniles:** *A través de asociaciones con la Ciudad de Houston, Bank of America, y Gap, Inc., SER coloca a más de 500 jóvenes en pasantías de verano pagadas anualmente.*

**YouthBuild**

LEGEND..... Y (ages 17-24), Free, Walk-ins, Esp

While working toward their GED, 17-24 year olds earn a stipend, learn construction skills, and build/repair low-income housing.

*Mientras trabajan para conseguir sus GED, los jóvenes de 17 a 24 años ganan un salario, aprenden habilidades de construcción, y construyen/repasan su alojamiento de bajos ingresos.*

**SIGN LANGUAGE ACCESSIBLE INTERPRETERS**



PO Box 10126  
Houston, TX 77206-0126

MAIN ..... (713) 263-9670  
24 HOURS ..... (713) 501-8273  
VIDEO PHONE ..... (832) 431-3657  
FAX ..... (713) 263-9737  
WEB .....www.accessiblesigns.com  
AREA SERVED..... Greater Houston area  
LEGEND.....All, Flat Fee  
HOURS .....24 hours

Sign language interpreters, CART (Computer Access Realtime Translation) captioning services for the deaf and hard of hearing community. English, ASL and oral communication available. Interpreters are available 24-hours a day and many have HIV training.

**SIGN SHARES**



99 Detering St., Suite 160  
Houston, TX 77007-8264

24 HRS/INTAKE..... (713) 869-4373  
VIDEO PHONE ..... (713) 574-8801

TOLL FREE ..... (866) 787-4154  
FAX ..... (281) 605-5175  
WEB ..... www.signshares.com  
EMAIL ..... info@signshares.com  
LEGEND .....All, Flat fee, DARS funding available, Esp  
HOURS ..... 24 hours

Sign language, oral interpreting and transliteration services. Specialty in medical, legal, technical and special events. Services also available for foreign sign language users and trilingual (Spanish) events. Services available 365 days/24 hours to all sectors and venues. Remote services are available to compatible clients. Services include trilingual English/ASL/Spanish and services to Deaf and hard of hearing immigrants of Spanish speaking countries.

*Servicios del habla por señas, interpretación oral y traducción. Especializados en el área médica, legal, técnico, eventos especiales, el habla por señas utilizados en otros países, y en eventos trilingües (español). Estos servicios están disponibles las 24 horas del día, 365 días del año. Conferencia en video disponible con una cita para los clientes compatibles.*

**SOCIAL SECURITY ADMINISTRATION**

Call for the office nearest to you:

MAIN ..... (800) 772-1213  
TTY ..... (800) 325-0778  
WEB ..... www.ssa.gov  
LEGEND ..... All, Esp  
HOURS ..... 24 hours

Use the automated telephone service 24 hours a day to get recorded information and conduct some business. If you cannot handle your business through the automated service, you can speak to a Social Security representative between 7 am and 7pm Monday through Friday. Generally, you'll have a shorter wait time if you call during the week after Tuesday. If you are deaf or hard of hearing, call the toll-free TTY number between 7 am and 7pm Monday through Friday.

*Tendrá acceso a nuestros servicios telefónicos automatizados que le proveen información pre-grabada y llevar acabo algunos de sus asuntos las 24 horas del día. Si no puede concluir sus asuntos a través de nuestros servicios automatizados, puede hablar con uno de nuestros agentes entre las 7 am y las 7 pm, de lunes a viernes. Por lo general, su tiempo de espera será más corto si nos llama después del martes. Si es sordo o tiene problemas de audición, llame a nuestro número gratis TTY, entre las 7 am y las 7 pm, de lunes a viernes.*

**SOUTHEAST AREA MINISTRIES**



2102 Houston Boulevard  
South Houston, TX 77587-5141

Mailing address:  
PO Box 267  
South Houston, TX 77587-0267

MAIN ..... (713) 944-0093  
 FAX ..... (713) 944-2157  
 WEB ..... www.southeastareaministries.com  
 EMAIL.....southernministries@sbcglobal.net  
 CITY SECTION ..... Southeast  
 NEIGHBORHOOD ..... South Houston  
 AREA SERVED ..... Zip codes 77587, 77017, 77034,  
 77061, 77075, 77087, 77089  
 LEGEND ..... All, Fam, Walk-ins, Free, Esp  
 HOURS ..... Mon-Thur, 9:30am-12:30pm;  
 3rd Sat, 9am-12pm  
 NEED FOR INTAKE ..... Photo ID, Social Security cards,  
 proof of residence

SeAM is a coalition ministry providing assistance to families and individuals in South Houston, southeast Houston and southwest Pasadena.

*SeAM es un ministerio de la coalición que proporciona ayuda a las familias y a individuos en el sur de Houston, sureste de Houston y suroeste de Pasadena.*

Food, used clothing and household items; financial assistance for housing, utilities and prescriptions; school uniforms, shoes and supplies; Christmas gifts for children under 16. Gas vouchers available for verifiable appointments for job related trips or doctor appointments. New walk-ins must check in by 12pm. It is important to arrive as early as possible.

*Alimentos, prendas de vestir de segunda mano y artículos para la casa, ayuda financiera para el alquiler, recetas médicas, uniformes escolares para niños/as menor de 16 años de edad, vales para gasolina para asistir a citas médicas o entrevista de trabajo bajo verificación.*

**SOUTHSIDE GROUP OF COMPANIES**

7700 Main Street  
 Houston, TX 77030-4457

MAIN ..... (713) 660-8890  
 NURSING ..... (713) 660-6671  
 TOLL FREE ..... (888) 660-6337  
 FAX ..... (713) 661-4828  
 WEB ..... www.ssr.com  
 EMAIL.....inquire@ssrx.com

**Community Hep C Clinic**



7700 Main Street, Suite 376  
 Houston, TX 77030

MAIN ..... (832) 831-7770  
 FAX ..... (832) 831-7771  
 WEB ..... www.communityhepcclinic.org  
 CITY SECTION ..... Central  
 NEIGHBORHOOD ..... Medical Center  
 BUS ROUTES ..... 4, 14, 41, 68  
 LEGEND ..... All, S\$, Free, Ins, Appt req  
 HOURS ..... Monday

Community Hep C Clinic (CHCC) is a dedicated one stop facility for patients suffering with Hepatitis C. At CHCC we provide easy access to board certified Hepatologist, Fibroscan®, Lab tests and Ultra Sound services.

**Patient Assistance Program**



7700 Main Street, Suite 200  
 Houston, TX 77030-4457

MAIN ..... (832) 488-3205  
 FAX ..... (832) 553-7695  
 24 HOURS ..... (281) 286-2525  
 BUS ROUTES ..... 4, 14, 41, 68  
 LEGEND ..... All, Free, Esp  
 HOURS ..... Mon-Fri, 8am-8pm  
 NEED FOR INTAKE ..... Proof of income

We believe wellness is key and will assist with enrollment in Patient Assistance Programs to ensure necessary medications are accessible. Assistance is provided by phone. Proof of income is required.

*Creemos que el bienestar es clave y asistiremos con la inscripción en el Programa de asistencia al paciente para asegurar que los medicamentos necesarios estén disponibles. Se provee asistencia por teléfono. Se requiere documentación de ingreso.*

**Southside Infusion-DME**



MAIN ..... (713) 660-8888  
 FAX ..... (713) 661-4828  
 CITY SECTION ..... Central  
 NEIGHBORHOOD ..... Braeswood  
 AREA SERVED ..... Harris, Brazoria, Chambers, Ft. Bend,  
 Liberty, Galveston, Montgomery, Walker,  
 Waller and Wharton counties  
 BUS ROUTES ..... 4, 14, 41, 68  
 LEGEND ..... All, Med, Ins, Wkr Comp, Esp  
 HOURS ..... Monday-Saturday 9am-5pm

At Southside Infusion-DME we provide a variety of home medical equipment and accept all major insurance. Items provided include diabetic supplies and shoes, walkers and rollators, commode and shower chairs, oxygen, CPAP, BiPAP, nebulizers, internal feeding and suction, wheelchairs, hospital beds, airless mattress and wound care as well as orthopedic braces, catheter supplies and incontinence supplies.

*En Southside Infusion-DME ofrecemos una variedad de provisiones médicas para la casa, y aceptamos los mayores seguros médico. Las provisiones incluyen accesorios y zapatos para el diabético, andaderas, inodoro y sillas para la bañadera, oxígeno, CPAP, BIPAP, nebulizador, alimentación interna y succión, sillas de ruedas, camas de hospital, colchón sin aire, cuidado de lesión, braquero ortopédico, accesorio de catéter e incontinencia.*

## Southside Pharmacy



7700 Main Street  
Houston, TX 77030-4457

MAIN ..... (713) 660-8890  
FAX ..... (713) 661-4828  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Braeswood  
BUS ROUTES ..... 4, 14, 41, 68  
LEGEND ..... All, Esp  
HOURS ..... Mon-Fri, 8am-8pm; Sat, 9am-3pm

Southside Pharmacy is a full service retail pharmacy providing comprehensive pharmacy care to individuals on maintenance medications as well as international patients. Pharmacists are specifically trained in high risk conditions and managed complex medication therapies. Southside Pharmacy accepts over 350 insurance plans including ADAP, and has competitive cash prices. Free local delivery available.

Other services provided include intravenous therapy and injectables, specialty compounding, convenient infusion suites with the comforts of home, home medical equipment, home health services and patient education.

*Southside Pharmacy es una farmacia que ofrece un servicio completo de venta de medicamentos al por menor para clientes locales e internacionales. Los farmacéuticos están entrenados específicamente para condiciones de alto riesgo y administran terapias complejas de medicamentos. Se acepta más de 350 planes de seguro incluyendo ADAP, y los precios son competitivos. Se ofrece reparto local gratis.*

*Además, se ofrece servicios de terapia intravenosa e inyectables, una serie de habitaciones convenientes y cómodas, provisiones médicas para la casa, servicios de salud en la casa y educación al paciente.*

## Southside Pharmacy



1200 Binz Street, Ste. 260  
Houston, TX 77004-6925

MAIN ..... (832) 553-1315  
FAX ..... (832) 553-1316  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Museum District  
BUS ROUTES ..... 5, METRO Light rail  
LEGEND ..... All, Esp  
HOURS ..... Mon-Fri, 8am-5pm

## Southside Pharmacy



1331 Grand Parkway North, Ste 110  
Katy, TX 77493

MAIN ..... (832) 831-7990  
FAX ..... (832) 831-7992  
LEGEND ..... All, Esp  
HOURS ..... Mon-Fri, 8am-5pm

## Southside Pharmacy



707 23rd Street, Ste B  
Galveston, TX 77550

MAIN ..... (409) 497-2767  
FAX ..... (409) 497-2948  
LEGEND ..... All, Esp  
HOURS ..... Mon-Fri, 8am-5pm

## STAR OF HOPE

Administration Office  
6897 Ardmore Street  
Houston, TX 77054-2307

MAIN ..... (713) 748-0700  
FAX ..... (713) 748-5941  
WEB ..... www.sohmission.org

## Men's Development Center

1811 Ruiz Street  
Houston, TX 77002-1321

MAIN ..... (713) 227-8900  
INTAKE ..... (713) 226-5418  
FAX ..... (713) 227-5703  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Downtown  
BUS ROUTES ..... 6, 20, 30, 48, 137  
LEGEND ..... M, Walk-ins, Homeless, Lim, Free, CD

Emergency shelter for homeless men with 3 meals per day. Extended stay (6 months) substance abuse program with spiritual emphasis, case management and licensed chemical dependency counseling; transitional living center, career development, education (tutoring, GED assistance) and clinic 4 days a week (including vision care). Must acquire ID after 5 days or forfeit services.

*Refugio de emergencia para hombres sin vivienda incluyendo tres comidas diaria. Estadía por 6 meses, programa para el abuso de sustancias con énfasis espiritual, manejo de casos y consejería sobre la dependencia de sustancias, centro de vivienda de transición, desarrollo de una profesión, educación (tutoría, asistencia con el GED) y clínica disponible 4 días a la semana, cuidado de la vista. Se debe obtener tarjeta de identidad después de 5 días para continuar recibiendo servicios.*

## Transitional Living Center for Women and Families

6801 Ardmore Street  
Houston, TX 77054-2307

MAIN ..... (713) 748-7242  
FAX ..... (713) 748-0891  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... MacGregor  
BUS ROUTES ..... 28, 87  
LEGEND ..... W, Fam, Lim, Free, Esp

Intensive 12-month recovery program consisting of case management, education, substance abuse recovery, mental health counseling, spiritual growth, employment assistance, life management skills and development. Facility accommodates 45 single women and 66 families.

*Programa intensivo de recuperación de 12 meses de duración, manejo de casos, educación, abuso de sustancia, consejería de salud mental, desarrollo espiritual, asistencia en la búsqueda de empleo, habilidad con el manejo de la vida diaria. La localidad acomoda a 45 mujeres solteras y 66 familias.*

### Women and Family Shelter

419 Dowling Street  
Houston, TX 77003-2211

MAIN ..... (713) 222-2220  
FAX ..... (713) 222-1046  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Second Ward  
BUS ROUTES ..... 50  
LEGEND ..... W, Fam, Lim, Free, Esp

Emergency shelter for 30-90 days providing case management, computer learning center, medical clinic, parenting and life skills/enrichment classes, spiritual growth, nursery and preschool childcare. Requirements for admission are current and valid ID, birth certificates for children and marriage license for couples. Facility accommodates approximately 300.

*Refugio de emergencia por 30-90 días, manejo de casos, centro de aprendizaje y computadoras, clínica médica, clases sobre la habilidad de cuidar los hijos/hijas y mejorar la calidad de vida, desarrollo espiritual, guardería de niños/niñas. Se requiere documentos actualizados, así como tarjeta de identidad, certificado de nacimiento del niño/niña, licencia de matrimonio. La instalación acomoda a más o menos 300 individuos.*

### TEXAS CHILDREN'S HOSPITAL

6621 Fannin Street  
Houston, TX 77030

MAIN ..... (832) 824-1000  
WEB ..... www.texaschildrenshospital.org  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Medical Center  
BUS ROUTES ..... 2, 4, 8, 14, 26, 27, 68, 73,  
METRO light rail

### Allergy and Immunology Department

Mail Code FC 330.01  
1102 Bates St., 3rd Floor  
Houston, TX 77030-2399

MAIN ..... (832) 824-1319  
INTAKE/24 HOURS ..... (832) 824-2099  
FAX ..... (832) 825-1260  
TOLL FREE ..... (800) 364-5437

LEGEND ..... C, Y (up to age 24), Medicaid, Esp  
Medical care for children living with HIV. Clinical research studies for children, adolescents and pregnant women with HIV.

*Cuidado médico para niños y adolescentes viviendo con el VIH. También se ofrecen estudios clínicos para niños y madres con VIH.*

### Baylor International Pediatric AIDS Initiative

1102 Bates St., FC-630  
Houston, TX 77030-2399

MAIN ..... (832) 822-1038  
FAX ..... (832) 825-1281  
WEB ..... www.BIPAI.org  
LEGEND ..... C, S\$, Medicaid, **HIV+ only**, Esp  
HOURS ..... Mon-Fri, 8:30am-4pm  
NEED FOR INTAKE ..... Immunization record, Call for intake process

Pediatric primary care for children and adolescents living with HIV and their siblings as well as HIV exposed infants. Staff MD provides direct care to children and youth.

*Asistencia médica especializada en el cuidado y tratamiento de niños viviendo con el VIH e infantes que nacen de madres viviendo con el VIH.*

### Retrovirology Clinic

6701 Fannin Street  
Houston, TX 77030

MAIN ..... (832) 822-1038  
FAX ..... (832) 825-1281  
INTAKE ..... (832) 822-1304  
LEGEND ..... C, S\$, Medicaid, **HIV+ only**, Esp  
HOURS ..... Mon-Fri, 8:30am-4pm  
NEED FOR INTAKE ..... Immunization record, Call for intake process

Pediatric primary care for children and adolescents living with HIV and their siblings as well as HIV exposed infants. Staff MD provides direct care to children and youth.

*Asistencia médica especializada en el cuidado y tratamiento de niños viviendo con el VIH, y los bebés que nacen de madres que son positivas con el virus de HIV.*

### TEXAS DEPARTMENT OF FAMILY AND PROTECTIVE SERVICES

Region 6 Headquarters  
2525 Murworth Drive  
Houston, TX 77054

MAIN ..... (713) 394-4000  
24 HOURS ..... (800) 252-5400  
WEB ..... www.dfps.state.tx.us

### Child Care Information

MAIN ..... (800) 862-5252  
AREA SERVED ..... Texas

**LEGEND**..... All, Free, Esp  
 Information about childcare in Texas. Available Monday-Friday, 8am-5pm.

**Información sobre el cuidado del niño/niña**

*Información sobre el cuidado del niño/niña en Texas. Línea telefónica disponible de lunes-viernes, 8am a 5pm, o vea la fuente de datos en el internet las 24 horas del día.*

**Texas Abuse Hotline**

**24 HOURS** ..... (800) 252-5400  
**AREA SERVED**..... Texas  
**LEGEND**..... All, Free, Esp  
**HOURS** ..... 24 hours

The Texas Abuse Hotline is a central place to report child abuse and neglect. abuse, neglect, self-neglect, and exploitation of the elderly or adults with disabilities living at home, abuse of children in child-care facilities or treatment centers, abuse of adults and children who live in state facilities or are being helped by programs for people with mental illness or intellectual disabilities (facilities run by the Texas Department of State Health Services (DSHS) or Texas Department of Aging and Disability Services (DADS).

Texas law says anyone who thinks a child, or person 65 years or older, or an adult with disabilities is being abused, neglected, or exploited must report it. A person who reports abuse in good faith is immune from civil or criminal liability. The name of the person making the report is kept confidential. Anyone who does not report suspected abuse can be held liable for a misdemeanor or felony.

Time frames for investigating reports are based on the severity of the allegations. Reporting suspected abuse makes it possible for a family to get help.

**El Línea directa del abuso, maltrato y descuido**

*El Línea directa del abuso, maltrato y descuido ofrece un punto central para denunciar abuso, maltrato y descuido de menores, abuso, maltrato, descuido o explotación de adultos mayores o personas con discapacidades, abuso, maltrato y descuido de menores en centros de cuidado de niños o de tratamiento en todo el estado de Texas, y abuso, maltrato y descuido de clientes por empleados del Departamento Estatal de Servicios de Salud (DSHS) o del Departamento de Servicios para Adultos Mayores y Personas Discapacitadas (DADS) en hospitales o escuelas estatales.*

*La ley exige que cualquier persona que crea que un menor, o una persona de 65 años o más, o un adulto con discapacidades está sufriendo abuso, maltrato, descuido o explotación, denuncie las circunstancias al DFPS. Las personas que hagan denuncias son inmunes de cualquier responsabilidad civil o penal siempre y cuando hagan la denuncia de buena fe, y el nombre del denunciante se mantiene confidencial. Cualquier persona que sospeche que existe abuso o maltrato y no lo denuncie, puede ser*

*acusada de un delito menor un delito menor o mayor cárcel estatal.*

*Los plazos para investigar denuncias se basan en la gravedad de la acusación. Denunciar las sospechas de abuso o maltrato de menores hace posible que la familia pueda recibir ayuda.*

**Texas Youth and Runaway Hotline**

**24 HOURS** ..... (800) 989-6884  
**WEB** ..... www.TexasYouth.org  
**AREA SERVED** ..... Texas  
**LEGEND** ..... C, Y, Fam, Free, Esp  
**HOURS** ..... 24 hours

Contact the Texas Youth Hotline any time, day or night to discuss your problem. It's free and we're here to help! The hotline provides prevention services to youths, parents, siblings, and other family members who are in need of a caring voice and sympathetic ear. Trained volunteers are on call to provide guidance on youth-related concerns, referral information, or simply listen.

For help:

- Call 1-800-989-6884
- Text 512-872-5777
- Chat [www.dfps.state.tx.us/Youth\\_Hotline](http://www.dfps.state.tx.us/Youth_Hotline)

Find answers to these and other questions: I ran away from home, where can I find help? I want to leave home, can I move out without my parents' permission? What should I do if my child doesn't come home? My child's friend needs a place to stay, can they stay at my house?

Volunteer advocates are dedicated to helping you 24 hours a day, 7 days a week to listen and help you consider your choices and develop a sensible solution.

***La Línea Directa para Jóvenes y Niños que Se Han Fugado de la Casa es gratuita y se contesta las 24 horas del día, los siete días a la semana y ofrece servicios de prevención a jóvenes, padres, hermanos y otros familiares que necesitan escuchar una voz compasiva y atenta. Jóvenes y niños fugados pueden hablar con consejeros voluntarios dedicados a ayudar a los jóvenes y las familias que necesitan ayuda. Después de evaluar el problema, le ayudaremos a analizar sus opciones y a formular un plan de acción razonable.***

*Los consejeros hablan con las personas que están enfrentando una variedad de problemas, como conflictos familiares, abuso, maltrato y descuido, huida de la casa, dificultades con los padres, presión de los compañeros, drogas o alcoholismo, delincuencia o ausentismo escolar, identidad sexual, y expulsión de la casa.*

*Los consejeros de la línea directa también ayudan a los defensores de los jóvenes, como la policía, los trabajadores de casos, consejeros y trabajadores escolares encontrando recursos locales y estatales. La línea directa también proporciona información gratis y materiales de divulgación a las personas que trabajan con los jóvenes y las familias.*

Esta línea directa confidencial está atendida por personal y voluntarios dedicados a ayudar a jóvenes y familias que necesitan ayuda. Después de evaluar los problemas de la persona que llama, los consejeros le ayudan a considerar las opciones, estudiar los hechos y sus sentimientos y formular un plan de acción razonable.

La línea directa también proporciona información extensa y envíos a servicios comunitarios gratis o a bajo costo que están disponibles para jóvenes que corren riesgo y sus familias.

## TEXAS DEPARTMENT OF STATE HEALTH SERVICES

PO Box 149347  
Austin, TX 78714-9347

MAIN ..... (512) 458-7111  
FAX ..... (512) 458-7708  
TOLL FREE ..... (888) 963-7111  
TTY ..... (800) 735-2989  
WEB ..... www.dshs.texas.gov  
AREA SERVED ..... Statewide

Information and Referral line: (512) 776-7111 or 1-888-963-7111

### Children with Special Health Care Needs (CSHCN)

MAIN ..... (713) 767-3110  
SPANISH ..... (713) 767-3111  
TOLL FREE ..... (800) 252-8023  
FAX ..... (713) 767-3125  
WEB ..... www.dshs.texas.gov/cshcn/  
LEGEND ..... C, Y, Free

Services to children with extraordinary medical needs, disabilities, and chronic health conditions. The CSHCN Services Program's health care benefits include payments for medical care, family support services, and related services not covered by Medicaid, CHIP, private insurance, or other third party payers. The program also contracts with agencies throughout the state to provide an array of clinical and support services to children with special health care needs and their families. The CSHCN Services Program also assists children and their families by supporting case management at DSHS regional offices throughout Texas. Children are served from birth until their 21st birthday.

### Niños con Necesidades de Cuidado de la Salud Especiales

Servicios para niños con necesidades médicas extraordinarias, discapacidades, y condiciones de salud crónicas. Los beneficios de cuidado de la salud del Programa de Servicios CSHCN incluyen pagos para cuidado médico, servicios de apoyo a la familia, y servicios relacionados no cubiertos por Medicaid, CHIP, seguros privados, u otros terceros. El programa también contrata a agencias en todo el estado para proporcionar una gama de servicios clínicos y de apoyo para niños con necesidades de cuidado de la salud especiales y sus familias. El Programa de Servicios de CSHCN también

ayuda a niños y sus familias al apoyar la administración de casos en las oficinas regionales de DSHS en todo Texas. Se da servicio a los niños desde el nacimiento hasta que cumplen 21 años de edad.

### HIV Medication Program (ADAP)

MAIN ..... (800) 255-1090  
WEB ..... www.dshs.texas.gov/hivstd/meds/  
LEGEND ..... Free, **HIV+ only**, Restrictions apply

The Department of State Health Services Texas HIV Medication Program (THMP) is the official AIDS Drug Assistance Program (ADAP) for the State of Texas. The THMP has been in existence since 1987 and provides medications approved by the FDA for the treatment of illnesses caused by HIV and other opportunistic infections in individuals living with HIV as prescribed by their doctor. The THMP currently supplies 74 different medications in multiple strengths and formulations and is operated through a network of participating pharmacies, local health departments and public health clinics. See page 63 for a list of pharmacies that accept ADAP.

El Programa de Medicamentos para el VIH del Departamento de Servicios de Salud del Estado de Texas (THMP) es el programa oficial de la Asistencia de Medicamentos para el SIDA en Texas (ADAP). THMP fue creado en el año 1987 y provee medicamentos, aprobados por FDA (la Administración Federal de Drogas) y autorizados por médicos para el tratamiento de enfermedades causadas por el VIH y otras infecciones oportunistas. Actualmente, THMP provee 74 diferentes medicamentos disponibles en muchas formulaciones, y opera a través de una red de farmacias, departamentos locales de salud, y clínicas públicas de salud. Vea la página 63 para la lista de farmacias que aceptan ADAP.

### TEXAS PREVENTION NETWORK

10103 Fondren Rd, Suite 375  
Houston, TX 77096-4658

MAIN ..... (713) 981-6063  
FAX ..... (713) 981-9772  
EMAIL ..... tpni@tpni.org  
CITY SECTION ..... Southwest  
NEIGHBORHOOD ..... Fondren Southwest  
BUS ROUTES ..... 10, 68, 163  
LEGEND ..... All, S\$, Flat fee, Ins, Appt/Walk-in  
HOURS ..... Mon-Fri, 9am-5pm; weekends by appointment only

Assists individuals, families and communities who are affected by mental health issues and substance abuse disease by offering support and preventive services. Our highly trained staff focuses on providing quality services by putting our clients first. Our intent is to enhance client dignity by providing them the tools that will enable them to live a quality life. Our hope is to see everyone affected by any disease be wholly restored. Our commitment is to give effective and individualized treatment programs to our clients to meet their emotional and social needs

through innovative, efficient and responsive practices guided by personal choices and desired outcomes. At Texas Prevention Network we will foster a spirit of mutual respect, dignity, trust and cooperation among clients, staff and the community.

Provides education services such as parenting classes, drug education, HIV/STD education, anti-theft classes, Texas Offenders Education, DWI repeat offender classes, anger management, and life/social skills training.

## THOMAS STREET PATIENT ADVISORY COUNCIL



2015 Thomas Street  
Houston, TX 77009-8044

MAIN ..... (713) 873-4040  
FAX ..... (713) 873-4052  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Near Northside  
BUS ROUTES ..... METRO light rail  
LEGEND ..... All, Free

The Thomas St. Patient Advisory Council meets on the 3rd Thursday of every month at 10am in the 3rd floor large conference room at the Thomas Street Health Center (TSHC). Clients, their families and interested members of the public meet to discuss issues and share information regarding their health care, events and services at the TSHC, providing a platform for dialog between clients, the public and the staff at the TSHC. Membership requires discussion with Council, expressing an interest, and then attendance at 3 consecutive council meetings and the availability of open positions.

*El Consejo Asesor de Pacientes de la Clínica Thomas Street (TSHC) se reúne en el tercer jueves de cada mes a las 10 de la mañana en el 3er piso de su centro de salud. Allí los clientes, familiares y el público en general se reúnen para discutir diversos temas y para compartir información referente al cuidado de la salud, los eventos y servicios del TSHC, dando lugar a una plataforma para el diálogo entre clientes, el público y los empleados del TSHC. Membresía requiere 3 asistencias consecutivas a las reuniones del Concilio, y la disponibilidad de una libre posición.*

## TRIANGLE AREA NETWORK TAN HEALTHCARE



1495 N. 7th Street  
Beaumont, TX 77702

Mailing address:  
1745 North 7th Street  
Beaumont, TX 77702

MAIN ..... (409) 832-8338  
FAX ..... (409) 832-0976  
WEB ..... www.tanhealthcare.org  
EMAIL ..... support@tanhealthcare.org  
CITY SECTION ..... East

NEIGHBORHOOD ..... Beaumont  
AREA SERVED ..... Hardin, Jefferson & Orange counties  
LEGEND ..... All (ages 5 and up), Free, S\$, Med, Ins, Financing, Appt/walk-ins, Esp  
HOURS ..... Mon-Fri, 8am-5pm  
NEED FOR INTAKE ..... Proof of residency and income; medical documents as necessary

Triangle Area Network (TAN Healthcare) provides preventive and primary health care services to clients residing in greater Southeast Texas which includes Jefferson (Beaumont), Harding and Orange Counties. TAN Healthcare is active in the community and partners with other health care providers to ensure a continuity of care and access to specialty care services.

Services include primary health care services, HIV/STD and Hepatitis education, prevention services, screening and treatment services and patient navigation services for all clients accessing and utilizing the community health care system.

*Triangle Area Network (TAN Healthcare) proporciona servicios preventivos y de atención primaria a clientes que residen en el sureste de Texas incluyen los condados de Jefferson (Beaumont), Hardin y Orange. En TAN Healthcare participamos activamente con las comunidades y estamos asociados con otros prestadores de servicios médicos para asegurar la continuación de cuidado de salud y atención especializada.*

*Nuestros servicios proporcionan cuidado de salud básica, educación sobre infecciones virales como el VIH/ITS y Hepatitis, servicios de prevención, pruebas y tratamiento médico. Contamos con servicios adicionales los cuales incluyen asistencia de vivienda, programa de referencias, asesoramiento al paciente y servicios de transporte para todos los clientes que acceso y utilizan nuestro sistema de salud comunitario.*

## UNIVERSITY OF HOUSTON SPEECH, LANGUAGE AND HEARING CLINIC



4455 Cullen Boulevard  
Houston, TX 77004

Mailing address:  
100 Clinical Research Center  
Houston, TX 77204-6018

MAIN/INTAKE ..... (713) 743-0915  
FAX ..... (713) 743-2926  
WEB ..... www.uh.edu/class/cmd/slhc  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Third Ward  
BUS ROUTES ..... 25, 29  
LEGEND ..... All (age 3 & up), S\$, Appt req  
HOURS ..... Mon-Fri, 9am-5pm

### Speech Therapy

Hearing assessments and, when appropriate, clients are fitted with a hearing aid, often through the Hearing Aid Assistance Program (HAAP) for low income clients.



Speech and language evaluation and therapy are offered to individuals who have or are at risk for developing a communication problem.

## UNITED WAY OF GREATER HOUSTON



50 Waugh Drive  
Houston, TX 77007-5813

MAIN ..... (713) 685-2300  
FAX ..... (281) 582-7731  
WEB ..... [www.unitedwayhouston.org](http://www.unitedwayhouston.org)  
EMAIL ..... [help@unitedwayhouston.org](mailto:help@unitedwayhouston.org)  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Memorial Park/Washington Ave.

### 211 Texas/United Way Helpline

MAIN ..... 2-1-1 or (713) 957-HELP  
LEGEND ..... All, Free, Esp  
HOURS ..... 24 hours

Need help? Dial 2-1-1. A free helpline operated by United Way of Greater Houston - 24 hours a day, 7 days a week in many languages. Whether you need help finding child care, food stamps, care for an aging parent or a haven from domestic violence, 2-1-1 is the number to call when you don't know who to call. Trained specialists are good listeners, blending understanding and expertise to provide information and referrals from a comprehensive database of social services.

The United Way database is also available online: <http://referral.unitedwayhouston.org/>.

### Línea de Ayuda United Way/ Texas 211

*¿Necesita ayuda? Marque el 2-1-1. Una línea de ayuda gratuita operada por United Way of Greater Houston - 24 horas al día, 7 días a la semana en varios idiomas. Ya sea que necesite ayuda para encontrar cuidado para niños, estampas de alimentos, cuidado para un familiar de edad avanzada o un santuario contra violencia doméstica, 2-1-1 es el número al que debe llamar cuando no sepa a quién llamar. Los especialistas capacitados de la línea de ayuda saben escuchar, mezclan el entendimiento y experiencia para proporcionar información y referencias a partir de una completa base de datos de servicios sociales.*

La base de datos de The United Way también está disponible en línea: <http://referral.unitedwayhouston.org/>

## UNIVERSITY EYE INSTITUTE



4901 Calhoun Road  
Houston, TX 77204-2020

Mailing address:

505 J. Davis Armistead Bldg.  
Houston, TX 77204-2020

MAIN ..... (713) 743-2020  
FAX ..... (713) 743-0963  
WEB ..... [www.uei.uh.edu](http://www.uei.uh.edu)

CITY SECTION ..... Central  
NEIGHBORHOOD ..... Third Ward  
BUS ROUTES ..... 25, 80, METRO light rail  
LEGEND ..... All, S\$, Med, Ins, CHIP, Appt req  
HOURS ..... Mon-Fri, 8am-5pm  
NEED FOR INTAKE ..... Driver's license, insurance card, proof of residence and income, ID or birth certificate for all family members

Comprehensive eye and vision care. Medical treatment of most eye disease. Advanced visual function and eye health testing.

*Se ofrecen intérpretes para los servicios del cuidado de la visión.*

### Eye Care Assistance

Established to assist individuals in need of eye care, the professional staff at the University Eye Institute donates a portion, or in some cases, all of their time and services. Office visits, specialized testing and outpatient surgeries are provided as a professional courtesy according to the percentage or level of assistance for which you qualify. Spectacles, if required, will be offered at a reduced cost and will consist of frames from a special selection. Lenses will be provided as single vision, bifocal or trifocal and does not include extras such as tint, anti-reflective coating or progressive lenses. Patients are also eligible for contact lens examinations and fittings where applicable but there is no reduction of costs on materials.

### Asistencia para el Cuidado de la Visión

*Establecido para asistir a las personas con necesidades del cuidado de la vista, los profesionales del Instituto Universitario del Ojo donan sus servicios por medio tiempo o tiempo completo. Se provee citas, pruebas especializadas, cirugías externas o privadas como cortesía profesional y según el porcentaje o nivel de asistencia que usted califique. Los lentes serán ofrecidos a bajo costo con los marcos de una sección especial. Se proveerá lentes de visión singular, bifocales o trifocales, excluyendo tintes, revestimiento anti reflexivo o lentes progresivos. Los pacientes elegibles pueden recibir exámenes de lentes de contacto y ajustamiento, pero sin reducción de costo para los materiales.*

## Good Neighbor Healthcare Center



190 Heights Boulevard  
Houston, TX 77007-3729

MAIN ..... (713) 527-8480  
CITY SECTION ..... Central  
NEIGHBORHOOD ..... Montrose  
BUS ROUTES ..... 40, 71  
LEGEND ..... M, W, Fam, S\$, Med/Med, Appt req, Esp

Comprehensive eye and vision care. Medical treatment of most eye diseases.

*Cuidado comprensivo del ojo y la visión. Tratamiento médico para casi todas las enfermedad del ojo. Se dispone de intérpretes.*

## UT HEALTH HOUSTON CENTER FOR NEUROBEHAVIORAL RESEARCH ON ADDICTIONS

1941 East Road, BBSB 1st Floor  
Houston, TX 77054-6010

MAIN ..... (713) 486-2800  
FAX ..... (713) 486-2807  
WEB ..... <https://med.uth.edu/psychiatry/research/centers/addiction/>

CITY SECTION ..... Central  
NEIGHBORHOOD ..... Medical Center  
BUS ROUTES ..... 87  
LEGEND ..... Adults, Free, Appt/walk-ins, CD, I/RR  
HOURS ..... Mon-Fri, 8am-4:30pm

The CNRA, formerly called the Substance Abuse Research Center, is a research facility that studies pharmacological and behavioral therapies to reduce drug abuse.

Medication clinical trials for chemical dependency. Behavioral therapy and/or clinical management. Majority of programs are funded by the National Institute on Drug Abuse. Participants must be screened and evaluated to determine eligibility.

## UT HEALTH SCIENCE CENTER AT HOUSTON

6410 Fannin St. Suite 500  
Houston, TX 77030-1501

*Mailing address:*

6431 Fannin St., MSB 3.126  
Houston, TX 77030-1501

MAIN ..... (713) 500-6608  
INTAKE ..... (713) 500-6443  
FAX ..... (713) 500-5688

CITY SECTION ..... Central  
NEIGHBORHOOD ..... Medical Center  
BUS ROUTES ..... 28, 56, METRO light rail  
LEGEND ..... All, Fam, Immigrants, Free, Med, Ryan White, Ins, Appt req, **HIV+ only**, Esp  
HOURS ..... Tuesday afternoon and Thursday morning

Provides family centered, compassionate, accessible, culturally sensitive and individualized medical care/management services to children and youth ages 0 to 24 years of all ethnic groups. Appointment is required. Bilingual (English/Spanish) staff on site and by phone.

*UT Health Science Center at Houston es un centro de atención médica individualizado además de Servicio Social para población de 0 a 24 años de edad. Somos un centro de atención médica sensible a las necesidades de todos los diferentes grupos étnicos y culturales. Se atiende por citas y tenemos personal disponible en Español y English, en persona o disponible por teléfono.*

## UTMB HEALTH DIVISION OF INFECTIOUS DISEASES

301 University Blvd., Route 0435  
Galveston, TX 77555-0435

MAIN ..... (409) 772-2222  
FAX ..... (409) 747-0250  
TOLL FREE ..... (800) 917-8906  
TTY ..... (409) 772-4200  
WEB ..... [www.utmb.edu](http://www.utmb.edu)  
EMAIL ..... [public.affairs@utmb.edu](mailto:public.affairs@utmb.edu)

### Ryan White Program

CASE MANAGEMENT ..... (409) 747-0161  
AREA SERVED ..... Galveston, Brazoria and Matagorda Counties  
BUS ROUTES ..... Connect Transport, Island Transport  
LEGEND ..... Adults, S\$, Appt/walk-ins, Ins, Med, Esp  
HOURS ..... Mon-Fri, 8am-5pm  
NEED FOR INTAKE ..... Photo ID, proof of residency, proof of income or supporter statement

Primary health care, case management, treatment information and clinical trials, health education, Hep C/HIV dual diagnosis treatment, prevention services, specialty clinics and well woman care, pharmaceutical and ADAP assistance, mental health treatment and support groups, dental care, transportation and free condom distribution.

### Programa Ryan White

*Cuidado primario de la salud, administración de casos, información de tratamiento y pruebas clínicas, educación para la salud, tratamiento de diagnóstico dual de Hepatitis C/VIH, servicios de prevención, clínicas de especialidad y cuidado de bienestar para mujeres, asistencia farmacéutica y ADAP, tratamiento de salud mental y grupos de apoyo, cuidado dental, transporte y distribución gratuita de preservativos.*

## WEST HOUSTON ASSISTANCE MINISTRIES, INC.

10501 Meadowglen Ln.  
Houston, TX 77042-4001

INTAKE/CARE MINISTRY ..... (713) 977-9942  
EMPLOYMENT SERVICES ..... (832) 252-7748  
FOOD PANTRY ..... (713) 780-2727  
FAX ..... (713) 783-0761  
WEB ..... [www.whamministries.org](http://www.whamministries.org)  
EMAIL ..... [wham@whamministries.org](mailto:wham@whamministries.org)

CITY SECTION ..... West  
NEIGHBORHOOD ..... Westchase  
AREA SERVED ..... Zip codes 77042, 77057, 77063, 77077 and 77082

BUS ROUTES ..... 25  
LEGEND ..... M, W, Fam, Free, Appt/walk-ins, Esp  
NEED FOR INTAKE ..... Photo ID, proof of income and residence, ID for children

Assists by providing food; clothing and household items; financial assistance with rent/mortgage, utilities and prescriptions; job lab (phone, fax, resume writing, job leads); and volunteer opportunities for those willing to receive instruction and committed to carry out the objectives of the ministry. Assistance for food and clothing is available Monday through Friday from 10 am to 2 pm. Appointments are required for financial assistance, which includes rent, utilities, glasses and prescriptions. Some restrictions apply.

*Se ofrece comida, ropa, y artículos para la casa; asistencia financiera para la renta/hipoteca, luz/gas de la casa, recetas médicas; centro para la búsqueda del empleo (teléfono, fax, preparación de curriculum vitae, ideas sobre empleos disponibles); y oportunidades para voluntarios dispuestos a recibir instrucciones y comprometerse a los objetivos del ministerio. Asistencia para alimentos y ropa son disponibles de lunes a viernes de 10 am a 2 pm. Citas son necesarios para financieros asistencia, que incluyen alquiler, servicios públicos, gafas y recetas. Algunas restricciones se aplican.*

**WOODSEGE COMMUNITY CHURCH** &  
25333 Gosling Road  
Spring, TX 77389

MAIN ..... (281) 364-0415  
FAX ..... (281) 398-6086  
WEB ..... www.woodsedge.org  
EMAIL..... threads@woodsedge.org

CITY SECTION..... North  
NEIGHBORHOOD..... Spring

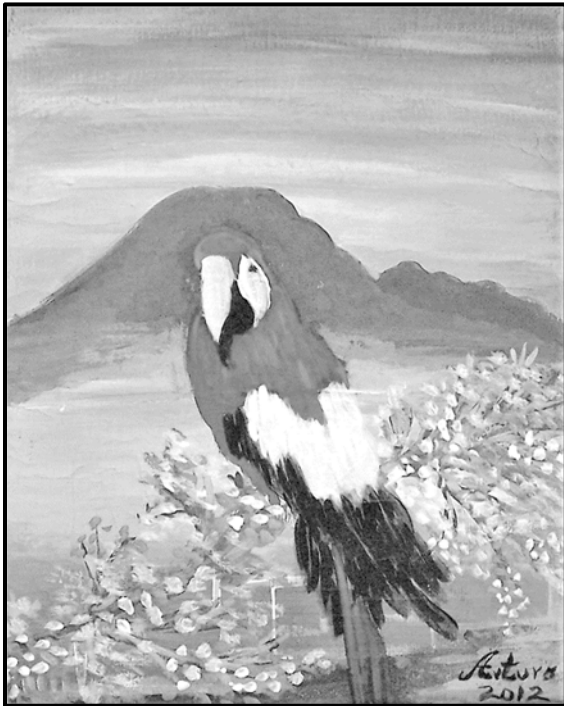
**Threads of Love**

LEGEND ..... All, Flat fee, Walk-ins, Lim, Esp  
HOURS ..... Weds, 11am-1:30pm; Thur, 5pm-7:30pm  
NEED FOR INTAKE ..... Short questionnaire, photo ID,  
ID for children (birth certificate, ins card, Medicaid  
card - social security cards are not accepted)

Each family receives a large box of food containing perishables and non-perishable items (retail value of \$50-\$75). For a nominal fee (currently \$2 per person) shoppers are allowed to shop for clothing for household members for 15 minutes. Shoppers are allowed 4 tops, 4 bottoms, 1 coat, 1 dress/suit, 1 pair of shoes, 2 miscellaneous items (pajamas, belt, scarf, purse, socks, bra, etc.), 1 household item, 1 toy for each child, and 30 pieces for babies 0-18 months. Limited to 35 families per shopping day.

**Hilos de Amor**

*Cada familia recibe una caja grande de alimentos que contiene artículos perecederos y no perecederos. Por una cuota nominal (actualmente \$2 por persona), se permite que los compradores compren ropa para miembros de la familia por 15 minutos. Se permiten 4 prendas superiores, 4 inferiores, 1 abrigo, 1 vestido/traje, 1 par de zapatos, 2 artículos misceláneos (pijamas, cinturón, bufanda, bolsa, calcetines, sostén, etc.), 1 artículo doméstico, 1 juguete para cada niño, y 30 piezas para bebés de 0 a 18 meses por comprador. Limitado a 35 familias por día de compra.*



Art by Arturo



Art by Gary

## SOCIAL SECURITY PROGRAMS FOR PEOPLE LIVING WITH HIV PROGRAMAS DEL SEGURO SOCIAL PARA PERSONAS VIVIENDO CON VIH

### How do I contact Social Security?

The fastest, easiest way to make an appointment to file a claim, start direct deposit, replace a lost or stolen Social Security card, change your address, ask about Medicare or an overdue check, verify your benefits, get answers to general questions and lots more is to call:

1-800-772-1213 TTY: 1-800-325-0778

This service is available 7:00 a.m. - 7:00 p.m. Monday through Friday.

Social Security is also available online. A lot of good program information is available on the website:

[www.socialsecurity.gov](http://www.socialsecurity.gov)

Once you have filed a claim for benefits, you will be given the name and phone number of your Social Security claims representative.

### Benefits Paid Under Two Programs

Disability benefits are paid under two programs: the Social Security disability insurance program (SSD) for people who paid Social Security taxes; and the Supplemental Security Income program (SSI) for people who have little income and few resources. If your Social Security benefits are very low and you have limited income and resources, you may qualify for benefits from both programs.

Both programs provide ongoing monthly income to people who are no longer able to work due to their medical condition. You must be disabled to qualify for benefits from either program.

### How do I Qualify for Social Security Disability Benefits?

When you work and pay Social Security taxes, you earn Social Security credits. (Most people earn the maximum of four credits a year.) The number of years of work needed for disability benefits depends on how old you are when you become disabled. Generally, you need five years of work in the 10 years before the year you become disabled. Younger workers need fewer years of work. If your application is approved, your first Social Security disability benefit will be paid the sixth full month after the date your disability began.

Federal law requires anyone applying for SSD here in the US to be a US citizen or a legal alien; anyone applying for SSI must be a US citizen or a qualified alien. Contact an SSA representative at 1-800-772-1213 to obtain the most current definition of "qualified alien."

### ¿Cómo me pongo en contacto con el Seguro Social?

La manera más fácil y rápida de hacer una cita para someter un reclamo, iniciar depósito directo, reemplazar una tarjeta perdida del Seguro Social, cambiar su dirección, verificar sus beneficios, obtener respuestas a preguntas generales es llamando al:

1-800-772-1213 TTY: 1-800-325-0778

Este servicio está disponible de 7:00 a.m. a 7:00 p.m. de lunes a viernes.

El Seguro Social también está disponible en línea. Aquí podrá encontrar mucha información sobre sus programas:

[www.socialsecurity.gov](http://www.socialsecurity.gov)

Una vez que Ud. someta un reclamo para obtener beneficios le darán el nombre y el número telefónico de un representante del Seguro Social.

### Beneficios Que Se Pagan Bajo Dos Programas

Los beneficios por incapacidad se pagan bajo dos programas: el programa de seguro de incapacidad del Seguro Social para personas que pagaron impuestos de Seguro Social; y el programa de SSI para personas que tienen pocos ingresos y recursos. Si sus beneficios de Seguro Social son muy bajos, y usted tiene ingresos y recursos limitados, podría tener derecho a recibir beneficios de ambos programas.

Ambos programas proveen pagos mensuales a personas que no pueden trabajar debido a su condición médica. Aunque el SSD y el SSI son programas distintos, ambos requieren que el individuo esté incapacitado para recibir beneficios.

### ¿Cómo Tengo Derecho a Beneficios del Seguro Social por Incapacidad?

Cuando usted trabaja y paga impuestos del Seguro Social, gana créditos de Seguro Social. (La mayoría de las personas ganan un máximo de cuatro créditos al año.) El número de años de trabajo necesario para tener derecho a beneficios por incapacidad depende de su edad cuándo usted se incapacitó. Por lo general, usted necesita haber trabajado cinco años en los 10 años precedentes al año en el que se incapacitó. Trabajadores más jóvenes necesitan haber trabajado menos años. Si su solicitud es aprobada, su primer beneficio de Seguro Social por incapacidad se pagará para el sexto mes completo después de la fecha en que su incapacidad comenzó.

La ley federal requiere que cualquier persona quien esté solicitando para el SSD aquí en los Estados Unidos sea un ciudadano estadounidense o inmigrante legal; cualquier persona solicitando el SSI debe ser un ciudadano estadounidense o inmigrante calificado. Llame a un representante de la SSA al 1-800-772-1213 para obtener la definición más reciente de "inmigrante calificado."

### What will I get from Social Security?

The amount of your monthly benefit depends on how much you earned while you were working. You will also qualify for Medicare after you have been getting disability benefits for 24 months. Medicare helps pay for hospital and hospice care, lab tests, home health care and other medical services. For more information on Medicare, contact Social Security and ask for the publication, Medicare (Publication No. 05-10043).

### How do I Qualify for SSI Disability Payments?

If you have not worked long enough to get Social Security or your Social Security benefits are low, you may qualify for SSI payments if your total income and resources are low enough.

If you get SSI, you most likely will be eligible for the Supplemental Nutrition Assistance Program (SNAP) and Medicaid. Medicaid takes care of your medical bills while you are in the hospital or receiving outpatient care. In some states, Medicaid pays for hospice care, a private nurse and prescription HIV drugs. For more information about Medicaid, contact your local social services office.

Benefits will be reduced if you receive money from private disability, interest, dividends, friends or relatives. Your living situation can also affect benefits. Unless replaced by higher SSD payments, SSI continues for as long as SSA determines that you are disabled.

### How do I File for Benefits?

It is generally a good idea to apply for SSI/SSD as soon as you decide, in consultation with your doctor, that you are too ill to continue.

If you file for benefits while you are still working, SSA must determine if the work you are doing is "substantial gainful activity" (SGA). SGA means work that you are paid to do. Even part-time work can be "substantial." If SSA determines that you are performing SGA your claim will be denied. Only an SSA representative can determine if your work is SGA.

You are encouraged to apply for benefits online or you can call the toll-free number to make an appointment to file at your local office or for someone to take your claim over the telephone. The disability claims interview lasts about one hour. All calls are treated confidentially. Most hospitals and clinics have social workers on staff who can help you apply for SSI/SSD.

### ¿Qué recibiré del Seguro Social?

La cantidad de su beneficio mensual depende de cuánto usted ganó mientras estuvo trabajando. Usted también tendrá derecho a Medicare después de haber recibido beneficios por incapacidad durante 24 meses. Medicare le ayuda a pagar sus gastos de hospital y cuidado de hospicio, análisis de laboratorio, servicio de cuidado de la salud en el hogar y otros gastos de servicios médicos. Para informarse mejor sobre Medicare, comuníquese con Seguro Social y pida la publicación Medicare (publicación número 05-10943).

### ¿Cómo Tengo Derecho a Recibir Beneficios de SSI por Incapacidad?

Si usted no ha trabajado suficiente tiempo para recibir Seguro Social o sus beneficios de Seguro Social son bajos, usted podría tener derecho a recibir pagos de SSI si sus ingresos y recursos totales son suficientemente bajos.

Si obtiene SSI, lo más probable es que sea elegible para el Programa de Asistencia de Nutrición Suplementaria (SNAP) y Medicaid. Medicaid se encarga de sus cuentas médicas mientras está en el hospital o recibe atención ambulatoria. En algunos estados, Medicaid paga por cuidados paliativos, una enfermera privada y medicamentos recetados contra el VIH. Para obtener más información sobre Medicaid, comuníquese con la oficina local de servicios sociales.

Se reducirán sus beneficios si Ud. recibe dinero de un fondo privado de incapacidad, interés bancario, amigos o parientes. A no ser que sea reemplazado por los pagos del SSD, el SSI continúa mientras que la SSA le considere incapacitado.

### ¿Cómo Solicito Beneficios?

general es buena idea solicitar el SSD/SSI en el momento en que uno decide, consultando con su doctor, que está demasiado enfermo para trabajar.

Si solicita beneficios mientras está trabajando, la SSA deberá determinar si el trabajo que hace Ud. es una "actividad gananciosa sustancial" (SGA). SGA se refiere al trabajo al cual se le paga a Ud. El trabajo de medio tiempo puede ser "sustancial." Si la SSA determina que está llevando a cabo la SGA su solicitud será rechazada.

Se le invita a solicitar beneficios en línea o puede llamar al número gratuito para hacer una cita para presentar una reclamación en su oficina local o para que alguien tome su reclamo por teléfono. La entrevista de reclamaciones de discapacidad dura aproximadamente una hora. Todas las llamadas son tratadas confidencialmente. La mayoría de los hospitales y clínicas tienen trabajadores sociales disponibles para ayudarlo con su solicitud del SSD/SSI.

## SOCIAL SECURITY PROGRAMS / PROGRAMAS DEL SEGURO SOCIAL

### Required Documents

Use the following checklist to get ready for your appointment or when filing online. SSA will need this information to complete your application. You should have as much as possible for your interview.

Keep your appointment, even if you do not have all of it. They will help you get any missing information.

### Documentos Requeridos

Utilice la siguiente lista de verificación para prepararse para su cita o para presentar su solicitud en línea. La SSA necesita esta información para completar su solicitud. Usted debe reunir tanta información como sea posible para su entrevista.

Cumpla con su cita. No demore en solicitar, aunque no tenga toda ello. Ellos le ayudarán a obtener cualquier información que falta.

CHECKLIST Adult Disability Interview	LISTA DE VERIFICACIÓN Entrevista de incapacidad adulto
<ul style="list-style-type: none"> <li><input type="checkbox"/> Medical records already in your possession. (They will help you get the rest of your medical records. Please bring whatever medical records you have to the interview).</li> <li><input type="checkbox"/> Workers' compensation information, including the settlement agreement, date of injury, claim number, and proof of other disability awarded payment amounts.</li> <li><input type="checkbox"/> Names and dates of birth of your minor children and your spouse.</li> <li><input type="checkbox"/> Dates of all marriages and divorces.</li> <li><input type="checkbox"/> Checking or savings account number, including the bank's 9-digit routing number, if you want Direct Deposit for your benefit checks.</li> <li><input type="checkbox"/> Name, address, and phone number of a person we can contact if we are unable to get in touch with you.</li> <li><input type="checkbox"/> Complete Medical release Form SSA-827 (<i>Authorization to Disclose Information to the Social Security Administration</i>), sign and date with witness signature and return it as directed.</li> <li><input type="checkbox"/> If unable to file online, complete the "Medical and Job Worksheet – Adult" and bring to your interview.</li> </ul> <p>Bring the checklist items to your appointment or have them with you if your appointment is by telephone.</p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Expedientes médicos en su posesión. (Nosotros le ayudaremos a conseguir sus otros expedientes médicos. Por favor traiga consigo cualquier expediente médico en su posesión.)</li> <li><input type="checkbox"/> Información sobre su compensación de trabajo, incluso el acuerdo de establecimiento, la fecha de la lesión, el número de reclamación y comprobante de las cantidades de otros pagos adjudicados por incapacidad.</li> <li><input type="checkbox"/> Los nombres y fechas de nacimiento de sus niños menores y de su cónyuge.</li> <li><input type="checkbox"/> Fechas de todos los matrimonios y divorcios.</li> <li><input type="checkbox"/> Su número de cuenta de cheques o ahorros, incluso el número de ruta del banco de 9 dígitos, si desea que su cheque de beneficios se deposite por depósito directo.</li> <li><input type="checkbox"/> El nombre, la dirección, y el número de teléfono de una persona con la que nos podamos comunicar si no podemos comunicarnos con usted.</li> <li><input type="checkbox"/> Completar el formulario para divulgar información médica SSA-827 (<i>Autorización para divulgar información a la Administración del Seguro Social</i>), signo y fecha con la firma de los testigo y devuélvalo tal como indicado.</li> <li><input type="checkbox"/> Si usted no puede solicitar a través del Internet, llene la «Hoja para recopilar información médica y del trabajo - adulto» y tráigala consigo a su entrevista.</li> </ul> <p>Para su entrevista traiga los artículos en esta lista, o téngalos consigo si su entrevista se realizará por teléfono.</p>
<p><b>Work closely with your physician as he or she keeps records about your medical condition and completes the medical form required for SSI.</b></p> <p><b>Thorough and detailed records and answers to medical questions increase your chances for a quick approval. This is especially important if your doctor has limited experience treating HIV.</b></p>	<p><b>Es importante colaborar con su médico ya que él/ella mantiene al día su archivo médico y llena el formulario requerido para el SSI.</b></p> <p><b>Estando los documentos completos y detallados se aumentará la posibilidad que su solicitud sea aprobada rápidamente. Esto es aún más importante si su doctor no tiene mucha experiencia tratando a personas con el VIH.</b></p>

### If you are Denied

If your initial claim for SSI/SSD is denied, you have 60 days to file for "reconsideration." A reconsideration is a complete review of your claim by someone who did not take part in the first decision. SSA will look at everything submitted when the original decision was made, plus anything new. Most reconsiderations involve a review of your files without the need for you to be present.

If you disagree with the reconsideration decision, you may ask for a hearing. Before the hearing, SSA may ask you to clarify information about your claim. You can look at your file and give new information. At the hearing, the judge will question you and any witnesses you bring. Other witnesses, such as medical or vocational experts, may also give information at the hearing. You or your representative may question the witnesses.

If you are finally approved, you will receive the full amount of SSD/SSI that you would have been receiving monthly had you been approved sooner. If you exhaust all your appeals and are still denied, you can reapply if your medical condition worsens. SSA will send you detailed information about the appeals process if you are denied.

### What Happens if I Go Back to Work?

If you return to work, there are special rules that let your benefits continue while you work. These rules are important for people living with HIV who may be able to go back to work when they are feeling better.

**If you have SSD** and are interested in returning to work, you should contact an SSA representative to find out if you are eligible for a trial work period (TWP) or other work incentive program. Generally, the first nine months of work is considered a TWP and the nine months need not be consecutive. However, you cannot begin a TWP until after the five-month waiting period and after you receive your award letter, or your claim will be denied if the work is SGA. During your TWP, you will continue to receive full benefits. Entitlement to a TWP continues until you are no longer disabled by your medical condition or until you have worked nine months.

If SSA determines after the nine month TWP that your work is substantial gainful activity (SGA), then your benefits will stop.

**If you have SSI**, there is no TWP, but there are work incentives that can help you achieve a more independent lifestyle. Contact an SSA representative to talk about your options.

For more information on these rules, ask any Social Security office for a copy of the publication, Working While Disabled—How We Can Help (Publication No. 05-10095).

### Si es Rechazado

*Si su solicitud inicial de SSI/SSD es denegada, tiene 60 días para presentar una "reconsideración". Una reconsideración es una revisión completa de su reclamo por alguien que no participó en la primera decisión. SSA mirará todo lo presentado cuando se tomó la decisión original, además de cualquier cosa nueva. La mayoría de las reconsideraciones implican una revisión de sus archivos sin la necesidad que usted esté presente.*

*Si no está de acuerdo con la decisión de reconsideración, puede solicitar una audiencia. Antes de la audiencia, la SSA puede pedirle que aclare la información sobre su reclamo. Usted puede ver su archivo y dar nueva información. En la audiencia, el juez le interrogará a usted y a los testigos que lleve. Otros testigos, como expertos médicos o vocacionales, también pueden dar información en la audiencia. Usted o su representante pueden interrogar a los testigos*

*Si es aprobado finalmente, recibirá todo el dinero que hubiera recibido si el SSD/SSI lo hubiera aprobado antes. Si agota todos los procesos de apelación y aún no ha sido aprobado, puede volver a solicitar si su condición médica empeora. SSA le mandará información en detalle sobre el proceso de apelación si recibe una carta de rechazo.*

### ¿Qué sucede si regreso a trabajar?

*Si usted regresa a trabajar, hay reglas especiales que permiten la continuación de sus beneficios mientras usted trabaja. Estas reglas son importantes para personas que viven con VIH quienes pueden regresar a trabajar cuando se sienten mejor.*

**Si Ud. tiene el SSD** y está interesado en regresar a trabajar, llame a la SSA para averiguar si es elegible para un periodo de trabajo a prueba (TWP) u otro programa de incentivo para el trabajo. Generalmente, los primeros nueve meses de trabajo se consideran como un TWP y ellos no tienen que ser consecutivos. Sin embargo, no puede comenzar un TWP hasta el quinto mes del periodo de espera y de haber recibido su carta de aceptación o su petición será rechazada si su trabajo clasifica como SGA. Durante su TWP, Ud. continuará recibiendo todos sus beneficios. Los privilegios a un TWP continúan hasta el momento de no estar más incapacitado debido a su condición médica o hasta que haya trabajado nueve meses. Llame a un representante del SSA para más información.

*Si después de los nueve meses de TWP la SSA determina que su trabajo es SGA, entonces sus beneficios serán suspendidos.*

**Si Ud. tiene el SSI**, no hay un TWP, pero sí habrá incentivos de trabajo que lo puedan ayudar a obtener un estilo de vida más independiente. Llame a un representante de la SSA para más información acerca de sus opciones.

*Para informarse mejor sobre estas reglas, pida una copia de la publicación, Cómo podemos ayudarle si trabaja mientras está incapacitado (publicación número 05-10995) en cualquier oficina del Seguro Social.*

# Medicare & Medicaid / Medicare y Medicaid

## MEDICARE

### Medicare Coverage for People with Disabilities

Medicare is available for certain people with disabilities who are under age 65. These individuals must have received Social Security Disability benefits for 24 months or have End Stage Renal Disease (ESRD) or ALS, also known as Lou Gehrig's disease. There is a five month waiting period after a beneficiary is determined to be disabled before a beneficiary begins to collect Social Security Disability benefits.

People who meet all the criteria for Social Security Disability are generally automatically enrolled in Parts A (hospital insurance) and B (supplemental medical insurance).

Medicare coverage is the same for people who qualify based on disability as for those who qualify based on age. Coverage includes certain hospital, nursing home, home health, physician, and community-based services. The health care services do not have to be related to the individual's disability in order to be covered.

### Medicare Special Needs Plans (SNP)

Medicare SNPs are a type of Medicare Advantage Plan (like an HMO or PPO). Premiums vary by company and plan. Medicare SNPs tailor their benefits, provider choices, and drug formularies to best meet the specific needs of the groups they serve. You can join a SNP at any time.

A SNP must limit membership to these groups: 1) people who live in certain institutions (like a nursing home) or who require nursing care at home, 2) people who are eligible for both Medicare and Medicaid, or 3) people who have specific chronic or disabling conditions.

Generally, you must get your care and services from doctors or hospitals in the Medicare SNP network, except for emergency or urgent care. Medicare SNPs typically have specialists in the diseases or conditions that affect their members and all SNPs must provide Medicare prescription drug coverage.

SNPs may require you to have a primary care doctor, or the plan may require you to have a care coordinator to help with your health care. In most cases, you have to get a referral to see a specialist. Certain services, like yearly screening mammograms or an in-network pap test and pelvic exam, do not require a referral.

Plans should coordinate the services and providers you need to help you stay healthy and follow doctor's or other health care provider's orders.

## MEDICARE

### Cobertura Medicare para Personas con Discapacidades

Medicare está disponible para ciertas personas con discapacidades menores a 65 años. Estas personas deben haber recibido beneficios de Seguro Social por Discapacidad durante 24 meses o tener Enfermedad Renal en Etapa Terminal (ESRD) o ALS, también conocida como enfermedad de Lou Gehrig. Hay un período de espera de cinco meses después de que se determine que un beneficiario está discapacitado antes de que un beneficiario comience a cobrar beneficios de Seguro Social por Discapacidad.

Las personas que cumplen con todos los criterios de discapacidad del Seguro Social generalmente se inscriben automáticamente en las Partes A (seguro de hospital) y B (seguro médico adicional).

La cobertura de Medicare es la misma para las personas que califican en base a la discapacidad como para aquellos que califican en función de la edad. La cobertura incluye ciertos servicios hospitalarios, de ancianos, de salud en el hogar, médicos y comunitarios. Los servicios de salud no tienen que estar relacionados con la discapacidad del individuo para poder tener cobertura.

### Planes de Necesidades Especiales (SNP) de Medicare

Los SNPs de Medicare son un tipo de Plan de Ventaja de Medicare (como un HMO o PPO). Las primas varían por compañía y plan. Los SNP de Medicare adaptan sus beneficios, las elecciones de proveedores y los formularios de medicamentos para satisfacer mejor las necesidades específicas de los grupos a los que atienden. Puede unirse a un SNP en cualquier momento.

Un SNP debe limitar la membresía a estos grupos: 1) personas que viven en ciertas instituciones (como un asilo de ancianos) o que requieren cuidados de enfermería en el hogar, 2) personas que son elegibles para Medicare y Medicaid, o 3) personas que tienen condiciones crónicas o discapacitantes específicas.

Por lo general, debe obtener atención y servicios de los médicos u hospitales de la red de SNP de Medicare, a excepción de la atención de emergencia o urgente. Los SNP de Medicare por lo general tienen especialistas en las enfermedades o condiciones que afectan a sus afiliados y todos los SNP deben proporcionar cobertura de medicamentos recetados de Medicare.

Los SNP pueden requerir que usted tenga un médico de atención primaria, o el plan puede requerir que usted tenga un coordinador de cuidados para ayudar con su cuidado de la salud. En la mayoría de los casos, usted tiene que obtener una referencia para ver a un especialista. Ciertos servicios, como mamografías anuales o una prueba de Papanicolaou y examen pélvico en la red, no requieren una referencia.



### Medicare Coverage for Working People with Disabilities

People who receive Social Security disability benefits are entitled to continue receiving Medicare as well as Social Security income during a maximum 9 month "trial work" period during any 5 year time period. To qualify, you must have gross earnings of at least \$840 per month in 2017, or work more than 80 hours of self-employment per month. The nine months of the trial work period do not necessarily have to be consecutive. During the trial work period, the ability to perform such work will not disqualify you from being considered disabled and receiving Social Security and Medicare benefits. However, independent evidence that you are no longer disabled could end benefits during the trial work period. After the nine month trial work period has ended, the work performed during it may be considered in determining whether you are no longer disabled, and thus no longer eligible for Social Security income and Medicare benefits.

People who still have a disabling impairment but have earned income that meets or exceeds the "Substantial Gainful Activity" level can continue to receive Medicare health insurance after successfully completing a trial work period. The Substantial Gainful Activity level for 2017 is \$1170 a month, or \$1,950 for the blind. You will not pay a premium for the hospital insurance portion of Medicare (Part A) but will pay a premium for the supplemental medical insurance portion (Part B). If your employer has more than 100 employees, it is required to offer health insurance to individuals and spouses with disabilities, and Medicare will be the secondary payer. For smaller employers who offer health insurance to persons with disabilities, Medicare will remain the primary payer.

Working people with disabilities can continue to receive benefits as long as they remain medically disabled. At this point the individual – who must be under age 65 – will have to pay the premium for Part A as well as the premium for Part B. The amount of the Part A premium will depend on the number of quarters of work in which the individual or his spouse have paid into Social Security. People whose income is low, and who have resources under \$4,000 (\$6,000 for a couple), can get help with payment of these premiums under a state run buy-in program for Qualified Disabled and Working Individuals (QDWI).

*Los planes deben coordinar los servicios y los proveedores que necesita para ayudarlo a mantenerse saludable y seguir las órdenes del médico u otro proveedor de atención médica.*

### *Cobertura de Medicare para Personas con Discapacidades que Trabajan*

*Las personas que reciben beneficios por incapacidad del Seguro Social tienen derecho a seguir recibiendo Medicare, así como los ingresos del Seguro Social durante un período máximo de "trabajo de prueba" de 9 meses durante cualquier período de tiempo de 5 años. Para calificar, debe tener ganancias brutas de por lo menos \$ 840 al mes en 2017, o trabajar más de 80 horas de empleo por cuenta propia al mes. Los nueve meses del período de trabajo de prueba no necesariamente tienen que ser consecutivos. Durante el período de trabajo de prueba, la capacidad de realizar tal trabajo no le descalificará de ser considerado discapacitado y recibir beneficios del Seguro Social y Medicare. Sin embargo, la evidencia independiente de que ya no es discapacitado podría terminar los beneficios durante el período de trabajo de prueba. Después de que el período de nueve meses de trabajo de prueba haya terminado, el trabajo realizado durante éste puede ser considerado para determinar si usted ya no es discapacitado y, por lo tanto, ya no califica para beneficios de Seguro Social y beneficios de Medicare.*

*Las personas que aún tienen un impedimento discapacitantes, pero que han obtenido ingresos que cumplan o exceden el nivel de "Actividad remunerada substancial", pueden continuar recibiendo seguro médico de Medicare después de completar satisfactoriamente un período de trabajo de prueba. El nivel substancial de actividad remunerada para 2017 es \$ 1,170 al mes, o \$ 1,950 para invidentes. No pagará una prima por la porción de seguro médico de Medicare (Parte A) pero pagará una prima por la porción de seguro médico adicional (Parte B). Si su empleador tiene más de 100 empleados, se requiere que ofrezca seguro de salud a individuos y cónyuges con discapacidades, y Medicare será el contribuyente secundario. Para los empleadores más pequeños que ofrecen seguro médico a las personas con discapacidades, Medicare seguirá siendo el principal contribuyente.*

*Las personas con discapacidades pueden seguir recibiendo beneficios mientras permanezcan con discapacidad médica. En este punto, el individuo - que debe ser menor a 65 años de edad - tendrá que pagar la prima de la Parte A, así como la prima de la Parte B. El importe de la prima de la Parte A dependerá del número de trimestres de trabajo en que la persona o su cónyuge han contribuido en el Seguro Social. Las personas cuyo ingreso es bajo y que tienen recursos por debajo de \$ 4,000 (\$ 6,000 por pareja), pueden obtener ayuda con el pago de estas primas bajo un programa estatal de participación para Personas Discapacitadas Calificadas y que Trabajan (QDWI).*

## MEDICAID

Medicaid is a state program administered by the Texas Department of Health and Human Services. Texas Medicaid covers many children, but coverage for adults is much more limited. Most low-income uninsured adults will not qualify for Medicaid. Those who can get Medicaid as an adult in Texas are low-income pregnant women, low-income women with breast or cervical cancer, very low-income adults caring for a child, former foster care children (ends at age 26), people age 65+ and people with disabilities who are below or near poverty, including people who need long-term care and people who get Supplemental Security Income (SSI). Medicaid pays some costs for low-income Medicare beneficiaries through the "Medicare Savings Program" and some working adults with disabilities can "Buy-In" to Medicaid.

Medicaid benefits include coverage for hospital and doctor's visits, prescription drugs, lab and x-ray charges, vision and hearing care, dental care, and much more. There are five Medicaid programs in Texas: STAR, STAR+PLUS, STAR Kids, STAR Health and Traditional Medicaid. The type of Medicaid coverage a person gets depends on where the person lives and what kind of health issues the person has.

### Traditional Medicaid

Traditional Medicaid is for those who can't be in managed care. Traditional Medicaid is also called fee for service. You can access the member handbook here: [www.tmhp.com/TMHPFile\\_Library/Medicaid/Client/2017 FFS Handbook\\_English.pdf](http://www.tmhp.com/TMHPFile_Library/Medicaid/Client/2017 FFS Handbook_English.pdf)

**STAR:** Medicaid for children, newborns, pregnant women and some families and children.

**STAR Kids:** A new Medicaid program for children and adults 20 or younger who have disabilities.

**STAR+PLUS:** A Medicaid program for people who have disabilities or are age 65 or older. People in STAR+PLUS get Medicaid basic medical services and long-term services through a managed care plan.

**STAR Health:** Medicaid for children who get coverage through the Texas Department of Family and Protective Services and for young adults who were previously in foster care.

### Medicare-Medicaid Plans

In Bexar, Dallas, El Paso, Harris, Hidalgo, and Tarrant counties, HHSC and the federal Centers for Medicare and Medicaid Services (CMS) have set up combined Medicare-Medicaid health plans for people who have both, known as dual eligibles. By having one

## MEDICAID

*Medicaid es un programa estatal administrado por el Departamento de Salud y Servicios Humanos de Texas. Texas Medicaid cubre a muchos niños, pero la cobertura para adultos es mucho más limitada. La mayoría de los adultos no asegurados de bajos ingresos no califican para Medicaid. Aquellos que pueden obtener Medicaid como adulto en Texas son mujeres embarazadas de bajos ingresos, mujeres de bajos ingresos con cáncer de mama o de cuello uterino, adultos de muy bajos ingresos que cuidan a un niño, niños que estuvieron en un hogar temporal (termina a los 26 años) personas de 65 años y mayores con discapacidades que están por debajo o cerca de la pobreza, incluyendo personas que necesitan cuidado a largo plazo y personas que reciben Ingreso Suplementario de Seguridad [Supplemental Security Income (SSI)]. Medicaid paga algunos costos para los beneficiarios de Medicare de bajos ingresos a través del "Programa de Ahorros de Medicare" y algunos adultos que trabajan con discapacidades pueden "Participar" en Medicaid.*

*Los beneficios de Medicaid incluyen cobertura para visitas a hospitales y médicos, medicamentos recetados, cargos de laboratorio y rayos X, atención de la vista y la audición, atención dental y mucho más. Existen cinco programas de Medicaid en Texas: STAR, STAR+PLUS, STAR Kids, STAR Health y Medicaid Tradicional. El tipo de cobertura de Medicaid que recibe una persona depende de dónde vive la persona y qué tipo de problemas de salud tiene.*

### Medicaid Tradicional

*Medicaid Tradicional es para aquellos que no pueden estar bajo cuidado de administración. Medicaid Tradicional también se llama tarifa por servicio. Puede acceder al manual de miembros aquí: [www.tmhp.com/TMHP File Library/Medicaid/Client/2017 FFS Handbook\\_Spanish.pdf](http://www.tmhp.com/TMHP File Library/Medicaid/Client/2017 FFS Handbook_Spanish.pdf)*

**STAR:** Medicaid para niños, recién nacidos, mujeres embarazadas y algunas familias y niños.

**STAR Kids:** Un nuevo programa de Medicaid para niños y adultos de 20 años o menos que tienen discapacidades.

**STAR+PLUS:** Un programa de Medicaid para personas con discapacidades o de 65 años y mayores. Las personas de STAR+PLUS reciben los servicios médicos básicos de Medicaid y los servicios a largo plazo a través de plan de atención médica administrada.

**STAR Health:** Medicaid para niños que reciben cobertura de Medicaid a través del Departamento de Servicios Familiares y de Protección de Texas y adultos jóvenes que anteriormente estaban en un hogar temporal.

### Planes Medicare-Medicaid

*En condados de Bexar, Dallas, El Paso, Harris, Hidalgo y Tarrant, el HHSC y los Centros de Servicios de Medicare y Medicaid (CMS) federales han establecido planes combinados de salud de Medicare-Medicaid para las personas en*

## Medicare & Medicaid | Medicare y Medicaid

Medicare-Medicaid Plan (MMP), Medicare and Medicaid benefits work together to better meet the member's health care needs by offering basic health care and long term services and supports.

If you are approved for STAR+PLUS, you will get a packet in the mail. It will tell you about the program and the medical plans in your area. You need to pick one of the medical plans. If you don't get Medicare, you also will need to pick a main doctor. You have 15 days pick a medical plan. The 15 days start once you get the packet in the mail. If you don't pick a medical plan, HHSC will pick a medical plan and main doctor for you.

You can tell Medicaid your choices by phone, mail or by filling out a form at an enrollment event or presentation. Or, you can call the enrollment broker, Maximus, and enroll over the phone. The number to call is listed below.

You can change your medical plan or main doctor as often as once a month. If you ask to change your plan or doctor, you must wait until we tell you the change is made before you go to your new doctor. Medical plans must have a service coordinator visit with the member within 30 days of enrolling in the program. The coordinator must find out the member's needs and develop a plan of care. If you are covered by both Medicare and Medicaid and you join STAR+PLUS, you will keep getting regular health care services through your Medicare doctor. STAR+PLUS does not change the way you get Medicare services.

For get more information, check your eligibility and apply for or renew Texas Medicaid and other state benefits, go to [YourTexasBenefits.com](http://YourTexasBenefits.com).

To learn more about Medicaid services, or to find a Medicaid doctor call the Medicaid Help Line: 1-800-335-8957, Monday-Friday, 7 am to 7 pm.

*tales condados que tienen cobertura, conocida como elegibles duales. Al tener un Plan Medicare-Medicaid (MMP), los beneficios de Medicare y Medicaid trabajan juntos para satisfacer mejor las necesidades de atención médica del afiliado ofreciendo servicios básicos de salud y servicios y apoyos a largo plazo.*

*Si está aprobado para STAR+PLUS, recibirá un paquete por correo. Le informará sobre el programa y los planes médicos en su área. Usted necesita escoger uno de los planes médicos. Si no obtiene Medicare, también tendrá que elegir un médico principal. Tiene 15 días para elegir un plan médico. Los 15 días comienzan una vez que usted consigue el paquete en el correo. Si usted no elige un plan médico, HHSC escogerá un plan médico y un médico principal para usted.*

*Usted puede decirle a Medicaid sus elecciones por teléfono, correo o llenando un formulario en un evento de inscripción o presentación. O, puede llamar al agente de inscripción, Maximus, e inscribirse por teléfono. El número telefónico se indica a continuación.*

*Puede cambiar su plan médico o médico principal tan a menudo como una vez al mes. Si usted pide que cambie su plan o médico, debe esperar hasta que le digamos que el cambio se realizó antes de ir a su nuevo médico. Los planes médicos deben tener una visita del coordinador del servicio con el afiliado dentro de 30 días de inscribirse en el programa. El coordinador debe conocer las necesidades del afiliado y desarrollar un plan de atención. Si está cubierto por Medicare y Medicaid y se une a STAR+PLUS, continuará recibiendo servicios de atención médica regulares a través de su médico de Medicare. STAR+PLUS no cambia la forma en que obtiene los servicios de Medicare.*

*Para revisar su elegibilidad y solicitar Medicaid de Texas y otros programas estatales, visite [YourTexasBenefits.com](http://YourTexasBenefits.com).*

*Para obtener más información sobre los servicios de Medicaid o para encontrar un médico de Medicaid, llame a la Línea de Ayuda de Medicaid: 1-800-335-8957, de Lunes a Viernes, 7 am a 7 pm.*

## Network Access Improvement Program | Programa de Mejora de Acceso de Red

The **Network Access Improvement Program (NAIP)** is designed to increase access for Medicaid managed care members to primary care, specialty care and related services from providers affiliated with health-related institutions and public hospitals. Medicaid health plans partner with facilities to develop and implement projects increasing member access to care. Participation is voluntary.

Learn more about NAIP by reading the NAIP Concept Paper: [https://hhs.texas.gov/sites/default/files/basic\\_page/naip-concept-paper-092614.pdf](https://hhs.texas.gov/sites/default/files/basic_page/naip-concept-paper-092614.pdf) or the NAIP Initiatives [https://hhs.texas.gov/sites/default/files/basic\\_page/naip-initiatives.pdf](https://hhs.texas.gov/sites/default/files/basic_page/naip-initiatives.pdf).

**El Programa de Mejora de Acceso de Red [Network Access Improvement Program (NAIP)]** está diseñado para aumentar el acceso de los miembros de la atención administrada de Medicaid a atención primaria, atención especializada y servicios relacionados de proveedores afiliados con instituciones relacionadas con la salud y hospitales públicos. Los planes de salud de Medicaid se asocian con instalaciones para desarrollar e implementar proyectos que aumenten el acceso de los afiliados a la atención. La participación es voluntaria.

Aprenda más sobre NAIP leyendo el Documento de Concepto NAIP [https://hhs.texas.gov/sites/default/files/basic\\_page/naip-concept-paper-092614.pdf](https://hhs.texas.gov/sites/default/files/basic_page/naip-concept-paper-092614.pdf) o Iniciativas NAIP [https://hhs.texas.gov/sites/default/files/basic\\_page/naip-initiatives.pdf](https://hhs.texas.gov/sites/default/files/basic_page/naip-initiatives.pdf).

## Medicare & Medicaid / Medicare y Medicaid

### Important Phone Numbers / Números telefónicos importantes

Call to enroll or ask questions: / Llame para inscribirse o si tiene preguntas:

Texas Medicaid Enrollment Broker / Agente de Inscripción de Medicaid de Texas

Maximus 1-800-964-2777 1-800-735-2989 TTY

#### Medicaid Managed Care Helpline 1-866-566-8989

The Medicaid Managed Care Helpline helps people who are already on Medicaid but need help accessing health care services. A priority is placed on individuals with urgent or complex health care needs.

Help includes:

- Information about coverage.
- Guidance on how to access services.
- Referrals to the right place to get help.
- Direct assistance from staff to resolve a problem.

#### La línea de ayuda de Medicaid 1-866-566-8989

La línea de ayuda de Medicaid ayuda a las personas que ya están en Medicaid pero que necesitan ayuda para acceder a los servicios de atención médica. Se da prioridad a las personas con necesidades de salud urgentes o complejas.

La ayuda incluye:

- Información sobre la cobertura.
- Orientación sobre cómo tener acceso a los servicios.
- Referencias al lugar correcto para obtener ayuda.
- Asistencia directa a partir del personal para resolver un problema.

**HARRIS SERVICE AREA / ÁREA DE SERVICIO:** Austin, Brazoria, Fort Bend, Galveston, Harris, Matagorda, Montgomery, Waller & Wharton Counties.

**JEFFERSON SERVICE AREA / ÁREA DE SERVICIO:** Chambers, Hardin, Jasper, Jefferson, Liberty, Newton, Orange, Polk, San Jacinto, Tyler & Walker Counties.

#### Managed Care Plan Providers for the Harris & Jefferson service areas

*Proveedores de Plan de Cuidados Administrados  
para las áreas de servicio Harris & Jefferson*

Phone / Website

*Telefono / Sitio*

<b>AmeriGroup</b>	STAR STAR+PLUS Medicare-Medicaid	1-800-600-4441 1-800-855-2880 TDD <a href="http://www.amerigroup.com">www.amerigroup.com</a>
<b>Community Health Choice</b>	STAR	713-295-2294 or 1-888-760-2600 1-800-518-1655 TDD <a href="http://www.chchealth.org">www.chchealth.org</a>
<b>Molina Healthcare of Texas</b>	STAR STAR+PLUS Medicare-Medicaid	1-866-449-6849 1-800-735-2989 TDD <a href="http://www.molinahealthcare.com">www.molinahealthcare.com</a>
<b>Texas Children's Health Plan</b>	STAR	1-866-959-6555 1-800-735-2989 TDD <a href="http://www.texaschildrenshealthplan.org">www.texaschildrenshealthplan.org</a>
<b>United Healthcare Community Plan</b>	STAR STAR+PLUS Medicare-Medicaid	1-888-887-9003 <a href="http://www.uhcommunityplan.com">www.uhcommunityplan.com</a>

## Publications / Publicaciones

Name <i>Nombre</i>	Phone & Website <i>Teléfono y Sitio Web</i>	Description <i>Descripción</i>	Legend <i>Tabla</i>
<b>A&amp;U America's AIDS Magazine</b>	25 Monroe St., Suite 205 Albany, NY 12210 (518) 426-9010 <a href="http://www.aumag.org">www.aumag.org</a> <a href="mailto:mailbox@aumag.org">mailbox@aumag.org</a>	Monthly magazine covering cultural, medical and community-based responses to the HIV pandemic, it offers advocacy reporting, op-eds, literary and visual arts features, and treatment and wellness articles.	\$24.95/yr, free online
<b>amfAR Publications and E-newsletters</b>	Public Information Department 120 Wall Street, 13th Floor New York, NY 10005-3908 <a href="http://www.amfar.org/amfar-publications/">www.amfar.org/amfar-publications/</a>	amfAR is dedicated to ending the global AIDS epidemic through innovative research and produces a variety of publications. Most are available online (pdf), or you can order a hard copy.	Free
<b>theBody.com - HIV News and Views</b>	<a href="http://www.thebody.com">www.thebody.com</a>  <a href="http://www.thebody.com/espanol.html">www.thebody.com/espanol.html</a>	Weekly email/online newsletter provides news on HIV prevention, treatment and quality-of-life issues.  <i>El boletín informativo semanal por correo electrónico / en línea ofrece noticias sobre la prevención del VIH, el tratamiento y los problemas de calidad de vida.</i>	Free, Esp
<b>Center for AIDS Information &amp; Advocacy - HIV Treatment Alerts - Research Initiative/ Treatment Action (RITA!)</b>	PO Box 66308 Houston, TX 77266-6308 (713) 527-8219 (888) 341-1788 <a href="http://www.centerforaids.org">www.centerforaids.org</a>	The Center for AIDS publishes the latest HIV information for the medical and HIV communities as well as a patient newsletter on treatment and research.	Free
<b>CDC National Prevention Information Network (NPIN)</b>	PO Box 6003 Rockville, MD 20849-6003 <a href="https://npin.cdc.gov/">https://npin.cdc.gov/</a> <a href="mailto:NPIN-info@cdc.gov">NPIN-info@cdc.gov</a>	Current information about organizations that provide HIV, Viral Hepatitis, STD, and TB services, educational materials, and funding resources.	Free
<b>HIV Positive!</b>	PO Box 2587 Glenwood Springs, CO 81602 (770) 262-9364 <a href="http://www.hivpositivemagazine.com">www.hivpositivemagazine.com</a>	Bi-monthly magazine providing the inspiration, information, moral support and encouragement a person living with HIV needs to live a long, productive and happy life.	\$18.95 for 1 yr; \$24.95 for 2 yrs, free online
<b>PI Perspective eNews</b>	273 9th Street San Francisco, CA 94103 (415) 558-8669 <a href="http://www.projectinform.org">www.projectinform.org</a> <a href="http://www.projectinform.org/espanol">www.projectinform.org/espanol</a>	Monthly e-newsletter covering the latest in HIV and Hep C treatment, care and prevention, and more.  <i>Boletín electrónico mensual que cubre lo último en tratamiento, atención y prevención del VIH y la hepatitis C, y más.</i>	Free, Esp
<b>Positively Aware</b>	(773) 989-9400 <a href="http://www.positivelyaware.com">www.positivelyaware.com</a>	The HIV Treatment Journal of TPAN in Chicago. Published bimonthly, it is available in print and online.	\$30/yr, Free for HIV+

## Publications / Publicaciones

Name <i>Nombre</i>	Phone & Website <i>Teléfono y Sitio Web</i>	Description <i>Descripción</i>	Legend <i>Tabla</i>
<b>POZ Magazine</b>	212 West 35th St, 8th Floor New York, NY 10001-2508 <a href="http://www.poz.com">www.poz.com</a> <a href="http://www.poz.com/latino/">www.poz.com/latino/</a>	Daily news, treatment updates, personal profiles, investigative features, videos, blogs and an online social network that includes POZ Personals and community forums. Published 8 times per year.  <i>Noticias diarias, actualizaciones de tratamientos, perfiles personales, funciones de investigación, vídeos, blogs y una red social en línea que incluye POZ Personals y foros comunitarios. Publicado 8 veces al año.</i>	\$19.97/yr, free for HIV+, Esp
<b>San Francisco AIDS Foundation - BETA</b>	1035 Market St., Suite 400 San Francisco, CA 94103 (415) 487-8060 <a href="http://sfaf.org">http://sfaf.org</a> <a href="http://www.betablog.org">www.betablog.org</a>	Online publication providing info on new developments in HIV treatment and prevention and strategies for living well. Contributing writers include well-known HIV researchers, clinicians, and community advocates-presented in a way that everyone can understand and use.	Free
<b>Senior Guidance Directory</b>	713-685-2437 (voice mail only) <a href="mailto:SGD@unitedwayhouston.org">SGD@unitedwayhouston.org</a> <a href="http://www.unitedwayhouston.org/news/publications">www.unitedwayhouston.org/news/publications</a>	Convenient directory for older adults, Free available for download or you can request a hard copy.	Free
<b>Texas Department of State Health Services - HIV/STD Community Resource Directory</b>	<a href="http://www.dshs.texas.gov/hivstd/services">www.dshs.texas.gov/hivstd/services</a>	Online directory of agencies providing HIV/STD services such as medical care, testing, treatment, and education. Services are listed by city.	Free
<b>United Way Greater Houston Community Resource Directory</b>	2-1-1 <a href="http://referral.unitedwayhouston.org">referral.unitedwayhouston.org</a> <a href="mailto:help@unitedwayhouston.org">help@unitedwayhouston.org</a>	Online database and helpline of Houston area resources in a variety of categories, available in multiple languages.	Free
<b>Veterans Resource Directory</b>	<a href="http://referral.unitedwayhouston.org/docs/RVI_Directory.pdf">http://referral.unitedwayhouston.org/docs/RVI_Directory.pdf</a>	Downloadable directory of resources to assist returning veterans and their families with a wide variety of services.	Free
<b>Community Youth Services Resource Guide</b>	(713) 295-2500 <a href="http://hcps.harriscountytexas.gov">hcps.harriscountytexas.gov</a>	Downloadable directory of the most commonly used nonprofit, United Way, church and government resources.	Free

Please visit our website: [www.rwpchouston.org/HIV\\_AIDS\\_Resources.htm](http://www.rwpchouston.org/HIV_AIDS_Resources.htm) for additional resources.

# Houston Ryan White Planning Council

## Timeline of Annual Activities

Consumers, providers and the general public are encouraged to attend and provide public comment at any of the meetings described below. For more information on Council processes or to receive monthly calendars and/or meeting packets, contact the Office of Support at 713 572-3724 or visit us on the web: [www.rwpcHouston.org](http://www.rwpcHouston.org).

<b>JANUARY</b>	<ul style="list-style-type: none"><li>– Develop the annual Council calendar.</li></ul>
<b>FEBRUARY</b>	<ul style="list-style-type: none"><li>– Deadline for submitting New Idea Forms. Call the Office of Support (713 572-3724) for info and to request the required forms. There are two additional deadlines in June and September.</li><li>– The Council and all committees hold their first meeting of the year.</li><li>– The Priority &amp; Allocations (P&amp;A) Committee meets to approve the policy for allocating unspent funds, priority setting and more.</li></ul>
<b>MARCH</b>	<ul style="list-style-type: none"><li>– The Council approves the Joint Epidemiological Report.</li><li>– The Office of Support notifies the public about the Subcategory Allocation review process.</li><li>– The EIIHA Workgroup meets.</li><li>– Consumer Training for the How to Best Meet the Need (HTBMN) process.</li></ul>
<b>MARCH / APRIL</b>	<ul style="list-style-type: none"><li>– Project LEAP class begins. Project LEAP is a free 17-week training course for persons living with and/or affected by HIV to gain the knowledge and skills needed to help plan HIV prevention and care services in the Houston Area. See the following page for more info.</li></ul>
<b>APRIL</b>	<ul style="list-style-type: none"><li>– The Council and community training for the Quality Improvement (QI) Committee's HTBMN process; HTBMN Workgroups convene.</li><li>– P&amp;A allocates Ryan White (RW) Part A unspent funds.</li></ul>
<b>MAY</b>	<ul style="list-style-type: none"><li>– HTBMN Workgroup for the Blue Book. The Operations Committee reviews the Council Support budget.</li><li>– QI meets to approve the HTBMN results and review subcategory allocation requests.</li><li>– P&amp;A meets to recommend service priorities for RW Part A/B and State Services funding.</li><li>– Public Hearing on the HTBMN results.</li></ul>
<b>JUNE</b>	<ul style="list-style-type: none"><li>– Deadline for submitting New Idea Forms. See February (above) for more info.</li><li>– The Steering Committee and Council each meet to approve the HTBMN results.</li><li>– Special P&amp;A meetings to draft the funding allocations for RW Part A/B and State Services.</li><li>– QI meets to review the assessment of the administrative mechanism.</li><li>– P&amp;A meets to approve the funding allocations for RW Part A/B and State Services.</li><li>– Public Hearing on the recommended service priorities and funding allocations.</li></ul>
<b>JULY</b>	<ul style="list-style-type: none"><li>– The Steering Committee and Council approve the service priorities and funding allocations.</li></ul>
<b>JULY / AUGUST</b>	<ul style="list-style-type: none"><li>– EIIHA Workgroup meets to make recommendations for the EIIHA Plan.</li></ul>
<b>SEPTEMBER</b>	<ul style="list-style-type: none"><li>– Deadline for submitting New Idea Forms. See February (above) for more info.</li><li>– Consumer Training on Standards of Care and Performance Measures.</li></ul>
<b>OCTOBER</b>	<ul style="list-style-type: none"><li>– Consumer Workgroup to review Standards of Care and Performance Measures.</li><li>– Community Workgroup to review Standards of Care and Performance Measures.</li></ul>
<b>NOVEMBER</b>	<ul style="list-style-type: none"><li>– Council recognizes external committee members.</li><li>– Joint meeting of all Committees to review data reports and suggest changes.</li><li>– Commissioners Court to receive the World AIDS Day Resolution.</li></ul>
<b>DECEMBER</b>	<ul style="list-style-type: none"><li>– World AIDS Day (December 1st)</li><li>– Council meeting to elect officers for next year.</li><li>– Project LEAP evaluation.</li></ul>

# Project L.E.A.P. Learning, Empowerment, Advocacy and Participation

## What is Project L.E.A.P.?

Project L.E.A.P. is a free, 17-week comprehensive advocacy training course for individuals living with and/or affected by HIV in the Greater Houston Area. The goal is to train people living with HIV so that they become active participants in local HIV planning activities by serving on a planning body, such as the Ryan White Planning Council or the City of Houston HIV Prevention Community Planning Group (CPG).

## What will I Learn?

*Some of the topics covered in class include:*

- Parliamentary Procedure (Robert's Rules of Order)
- HIV 101
- The History of HIV in the Houston Area
- HIV trends in the Houston area for populations such as African Americans, Hispanics, Women, Youth, Heterosexuals, Transgender, etc.
- HIV trends in the Houston area and available services for people with mental health issues, substance abuse issues, the homeless and the incarcerated/ recently released.
- HIV and Co-infections, HIV and Chronic Diseases, HIV and Stigma
- Designing HIV Services
- The Ryan White Program service prioritization and funding allocation process
- HIV Prevention in the Houston Area

*Additional class activities may include:*

- Attend a Ryan White Planning Council and Committee meeting.
- Attend an HIV Prevention Community Planning Group (CPG) Meeting.
- Attend a community meeting of your choice.
- Leadership skills and team building.
- Introduction to National, State, and Local HIV plans.
- Class Needs Assessment project & presentation to the Planning Council.

## When Does the Class Meet?

Wednesdays beginning in March or April.

Students can join one of two Project L.E.A.P. classes:

Day class: 10:00 am – 2:00 pm

Evening class: 5:30 pm – 9:30 pm

Lunch or dinner will be provided.

Assistance with transportation and child care is also available.

## How Do I Apply?

A brief application and in-person interview is required. Applications are available by mail, fax, email, and can also be picked up in person or completed online.

If you have questions about Project L.E.A.P. or the application process, please contact the Ryan White Planning Council Office of Support at 713-572-3724 or visit us on the web: [www.rwpcHouston.org](http://www.rwpcHouston.org).







# Pull-Out Phone Directory | Guía Telefónica Portátil

211 Texas/United Way Helpline .....	2-1-1	City of Houston HOPWA Program .....	(713) 868-8328
3 "A" Bereavement Foundation .....	(713) 649-3232	City of Houston Community Re-Entry Program.....	(832) 393-5467
A Caring Safe Place .....	(713) 225-5441	City of Houston Office of Veteran Affairs.....	(832) 393-0992
Access Care of Coastal Texas .....	(409) 763-2437	Citywide Home Healthcare .....	(713) 660-6671
AccessHealth - Brookshire Center .....	(281) 822-4235	Cocaine Anonymous .....	(713) 668-6822
AccessHealth - Missouri City Center .....	(281) 969-1800	Corder Place Apartments .....	(713) 741-4070
AccessHealth - Richmond Center .....	(281) 342-4530	The Council on Recovery .....	(713) 942-4100
AccessHealth - HIV program .....	(281) 633-3166	Covenant House Texas .....	(713) 523-2231
Addicts Can Be Disciples Too .....	(713) 529-2840	Crisis Intervention of Houston (24 hours).....	(713) 533-4500
Adult Rehabilitation Services .....	(713) 541-4422	Spanish .....	(713) 526-8088
Aid to Victims of Domestic Abuse.....	(713) 224-9911	Teenline .....	(713) 529-TEEN
AIDS Drug Assistance Program (ADAP).....	(800) 255-1090	Cypress Assistance Ministries.....	(281) 955-7440
AIDS Foundation Houston.....	(713) 623-6796	Operation Jobs.....	(281) 955-5895
AIDS Healthcare Foundation - Binz Street.....	(713) 524-8700	DAPA Family Recovery Program .....	(713) 783-8889
AIDS Healthcare Foundation - Fannin Street.....	(713) 799-8994	Acute Inpatient Program .....	(281) 893-7200
AIDSinfo .....	(800) HIV-0440	Intensive Outpatient Program .....	(713) 783-8894
Alcoholics Anonymous .....	(713) 686-6300	Partial Hospital Program .....	(281) 768-7874
Alzheimer's Association.....	(713) 314-1313	Depression and Bipolar Support Alliance.....	(713) 600-1131
Ambassadors for Christ Youth Ministry.....	(281) 536-5475	Disability Rights Texas .....	(713) 974-7691
AAMA (Clifton).....	(713) 926-9491	Dispute Resolution Center of Harris County .....	(713) 755-8274
AAMA (Gulf Fwy).....	(713) 967-6700	East Ft. Bend Human Needs Ministry, Inc. ....	(281) 261-1006
Avenue 360 Health & Wellness .....	(713) 426-0027	Fair Haven Food Pantry .....	(713) 467-4363
Adult Day Activity/Health Services Program .....	(713) 341-3750	FamilyTime Crisis and Counseling Center .....	(281) 446-2615
Dental Clinic .....	(713) 341-3790	Fort Bend Center for Independent Living .....	(281) 980-2219
Memorial City Pediatric Health Center .....	(713) 827-8266	Fort Bend County Clinical Health Services .....	(281) 342-6414
Residential HIV Hospice and Respite .....	(713) 341-3780	Fort Bend County Women's Center (24 hours) .....	(281) 342-4357
Spring Cypress Health Center.....	(281) 537-8627	FLAS, Inc.....	(713) 772-2366
Bay Area Council on Drugs and Alcohol .....	(281) 212-2900	Funeral Consumers Alliance of Houston.....	(713) 526-4267
Bay Area Homeless Services .....	(281) 837-1654	Global Counseling and Testing .....	(832) 244-8769
Bay Area Turning Point Crisis Shelter .....	(281) 286-2525	Good Shepherd Mission.....	(936) 291-8156
Baylor International Pediatric AIDS Initiative.....	(832) 822-1038	Goodwill - HOPWA Project Good Hope .....	(713) 590-3123
Baylor Teen Health Clinics .....	(713) 873-3601	Gulf Coast Community Services Association .....	(713) 393-4700
Ben Taub Teen Health Clinic .....	(713) 873-3601	Harmony Health Recovery Center .....	(713) 221-6200
Cavalcade Teen Health Clinic .....	(713) 673-1655	Harris Center for Mental Health and IDD .....	(713) 970-7000
Chavez High School Teen Health Clinic .....	(713) 556-7953	Harris County Burial Assistance .....	(713) 696-1952
Cullen Teen Health Clinic.....	(713) 440-7313	Harris County Housing Resource Center .....	(713) 578-2055
Lawn Teen Health Clinic .....	(281) 847-9970	Resource Navigators.....	(713) 696-1998
LBJ Teen Clinic .....	(713) 566-5612	Harris County Public Health .....	(713) 439-6000
ML Wisdom High School Teen Health Clinic .....	(713) 787-1756	Antoine Health Clinic.....	(713) 602-3300
Tejano Center for Community Concerns.....	(713) 640-3730	Baytown Health Clinic .....	(281) 427-5195
Worthing High School Teen Clinic.....	(281) 394-0528	Humble Health Clinic.....	(281) 446-4222
Bee Busy, Inc. ....	(713) 774-8800	Southeast Health Clinic.....	(713) 740-5000
Bee Busy Wellness Center .....	(713) 771-2292	WIC Appointment Line .....	(713) 407-5800
Ben Taub Hospital .....	(713) 873-2000	Harris County RIDES .....	(713) 368-7433
Bering Support Network .....	(713) 526-1017	Harris County Sheriff's Office .....	(713) 755-5300
Brazoria Co. Center for Independent Living .....	(979) 849-7060	Infectious Disease Clinic .....	(713) 755-9252
Brazos Place .....	(979) 233-3826	Harris Health System .....	(713) 566-6400
Brentwood Project WAITT .....	(713) 852-2551	Eligibility Line .....	(713) 566-6509
Bridge Over Troubled Waters Emergency Shelter .....	(713) 473-2801	Acres Home Health Center .....	(281) 448-6391
Buckner Family Pathways .....	(936) 756-3639	Adolescent HIV Program.....	(713) 873-4100
Career and Recovery Resources .....	(713) 754-7000	Aldine Health Center .....	(281) 985-7600
Casa de Esperanza de los Ninos .....	(713) 529-0639	Baytown Health Center .....	(281) 427-6757
Catholic Charities AIDS Ministry.....	(713) 874-6724	Casa de Amigos Health Center.....	(713) 222-2272
CEF - Swehla House.....	(713) 528-0037	Dental Center .....	(713) 526-4243
Cenikor Foundation .....	(888) 236-4567	Gulfgate Health Center .....	(713) 495-3700
Detox Inpatient Program .....	(281) 946-4349	NW Community Health Center.....	(713) 861-3939
Long Term Inpatient Program .....	(281) 276-0088	Settegast Health Center.....	(713) 636-7192
Short Term Program.....	(281) 946-4349	Strawberry Health Center.....	(713) 477-6851
Inpatient Adolescent Program.....	(713) 726-0922	Thomas Street Health Center .....	(713) 873-4000
Center for AIDS Information & Advocacy .....	(713) 527-8219	Vallbona (People's) Health Center.....	(713) 272-2600
Change Happens!.....	(713) 374-1200	Women's HIV Program .....	(713) 873-4511
Christ Clinic .....	(281) 391-0190	HATCH .....	(713) 529-3590

# Pull-Out Phone Directory | Guía Telefónica Portátil

Healthcare for the Homeless-Houston .....	(713) 286-6000	Planned Parenthood Gulf Coast.....	(800) 230-PLAN
Caroline Clinic .....	(713) 286-6050	Positive Efforts .....	(713) 812-0044
Cathedral Clinic .....	(713) 220-9730	Presbyterian Children's Home and Services .....	(713) 721-2908
Dental Services .....	(713) 286-6140	Project Path Finder.....	(832) 830-3440
Healthways Services .....	(713) 996-9200	Reach Healthcare Services.....	(713) 383-2100
Houston Area Women's Center (24 hours) .....	(713) 528-2121	Rehoboth Foundation, Inc. ....	(713) 484-5850
Houston Center for Independent Living.....	(713) 974-4621	Rosenberg-Richmond Helping Hands, Inc. ....	(281) 232-4904
Houston Compass.....	(713) 229-8319	Ryan White Planning Council Office of Support.....	(713) 572-3724
Houston Humane Society.....	(713) 433-6421	Ryan White Complaint Line (Part A) .....	(713) 439-6089
Houston Lawyer Referral Service.....	(713) 237-9429	Spanish .....	(713) 439-6095
Houston Volunteer Lawyers .....	(713) 228-0735	Ryan White Complaint Line (Part B/State Services) ....	(713) 526-1016
Humble Area Assistance Ministries.....	(281) 446-3663	Saint Hope Foundation.....	(713) 778-1300
Jewish Family Service .....	(713) 667-9336	Bellaire Community Health Center.....	(713) 839-7111
Lazarus House: A Center for Wellness .....	(713) 526-5071	Conroe Community Health Center.....	(936) 441-2440
LBJ Hospital .....	(713) 566-5100	Greenspoint Community Health Center.....	(832) 300-8040
Legacy Community Health .....	(832) 548-5100	Sugar Land Community Health Center .....	(281) 277-8571
Baker-Ripley Clinic.....	(713) 351-7350	Texas City Clinic .....	(832) 431-5162
Bissonnet Clinic.....	(281) 498-6100	Transportation.....	(713) 778-0358
Central Beaumont Clinic.....	(409) 242-2577	St. Luke's Center for Liver Disease.....	(832) 355-1400
Lyons Campus .....	(832) 548-5400	St. Luke's Advanced Liver Therapies.....	(832) 355-8966
Mapleridge Clinic.....	(713) 779-7200	San Jacinto Apartments .....	(713) 650-0306
Montrose Campus .....	(832) 548-5100	Santa Maria Hostel.....	(713) 691-0900
San Jacinto Campus .....	(281) 420-8400	Second Chance Consulting & Outreach.....	(713) 623-1811
South Park Campus .....	(409) 242-2525	SEARCH Homeless Services.....	(713) 739-7752
Southwest Campus .....	(713) 779-6400	House of Tiny Treasures Childcare Center.....	(713) 923-7938
LGBT Switchboard Houston (24 hours).....	(713) 529-3211	SER Jobs for Progress.....	(713) 773-6000
LIVE Consortium .....	(713) 861-5483	Sign Language Accessible Interpreters.....	(713) 263-9670
Living without Limits Living Large Inc. ....	(832) 545-5689	Sign Shares .....	(713) 869-4373
Love Network of Baytown.....	(281) 422-5683	Social Security Administration.....	(800) 772-1213
Magnificat Houses .....	(713) 520-0461	Southeast Area Ministries .....	(713) 944-0093
Loaves and Fishes .....	(713) 224-1373	Star of Hope .....	(713) 748-0700
St. Joseph House.....	(713) 523-5958	Men's Development Center.....	(713) 227-8900
Medicaid .....	(800) 252-8263	Transitional Living Center .....	(713) 748-7242
Medicare.....	(800) 633-4227	Women and Family Shelter.....	(713) 222-2220
Memorial Assistance Ministries .....	(713) 468-4516	Texas Children's Hospital.....	(832) 824-1000
Memorial Hermann Call Center .....	(713) 222-CARE	Allergy and Immunology Department.....	(832) 824-1319
Memorial Hermann PaRC .....	(713) 939-7272	Baylor International Pediatric AIDS Initiative.....	(832) 822-1038
Methodist Children's Home.....	(713) 682-8911	Retrovirology Clinic .....	(832) 822-1038
Metro Health Services .....	(713) 777-9600	Texas Dept of Family & Protective Services .....	(800) 252-5400
METRO (route & schedule information) .....	(713) 635-4000	Child Care Information .....	(800) 862-5252
Michael E. DeBakey VA Medical Center .....	(713) 791-1414	Report Abuse in MHMR Facilities .....	(800) 647-7418
Montgomery County Women's Center (24 hours) .....	(936) 441-7273	Report Abuse, Neglect & Exploitation.....	(800) 252-5400
Montrose Center.....	(713) 529-0037	Youth and Runaway Hotline.....	(800) 989-6884
Narcotics Anonymous.....	(713) 661-4200	Texas Dept of State Health Services .....	(888) 963-7111
National Alliance on Mental Illness.....	(713) 970-4419	Children with Special Health Care Needs.....	(800) 767-3110
NeuroPsychiatric Center.....	(713) 970-7070	CSHCN - Spanish .....	(713) 767-3111
Northshore Counseling Center.....	(713) 637-6000	HIV Medication Program (ADAP).....	(800) 255-1090
Northwest Assistance Ministries.....	(281) 885-4555	Texas Prevention Network .....	(713) 981-6063
Children's Clinic.....	(281) 885-4630	Thomas Street Health Center.....	(713) 873-4000
Emergency Basic Needs.....	(281) 583-5600	Triangle Area Network.....	(409) 832-8338
Family Violence Center (24 hours).....	(281) 885-4673	TX Attorney General Child Support Division .....	(800) 252-8014
Fifty Plus Program .....	(281) 885-4616	U of H Speech, Language & Hearing Clinic .....	(713) 743-0915
Housing Services .....	(281) 885-4531	University Eye Institute.....	(713) 743-2020
Meals on Wheels Program .....	(281) 885-4623	Good Neighbor Health Center.....	(713) 527-8480
Open Door Mission.....	(713) 921-7520	UT Health Houston CNRA.....	(713) 486-2800
Operation I.D. ....	(281) 833-3508	UT Health Science Center at Houston .....	(713) 500-6608
Palmer Drug Abuse Program .....	(281) 870-9311	UTMB - Ryan White Program.....	(409) 747-0161
Spanish .....	(281) 818-1803	West Houston Assistance Ministries .....	(713) 780-2727
PAWS Houston.....	(713) 840-7297	Employment Services .....	(832) 252-7748
Pet Bereavement Counseling Services.....	(713) 522-8344	Windsor Village Social Services Dept. ....	(713) 551-8792
Pet Patrol.....	(281) 733-7696	WoodsEdge Community Church .....	(281) 364-0415
PFLAG Houston .....	(713) 46P-FLAG	Workforce Solutions .....	(888) 469-JOBS

## United Way Helpline

### *Línea Telefónica de Ayuda de United Way*

2-1-1 Texas/United Way Helpline provides free information and referral assistance using the most comprehensive database of social services in our community. Individuals seeking assistance find that calm, reassuring call specialists are there for them, 24 hours a day, every day of the year, offering help in more than 150 languages.

With extensive knowledge of available community resources, the call specialists can connect people with social services that meet their needs in their community. Call specialists have expertise in areas such as basic needs, physical and mental health, child care, counseling, and disaster recovery.

When life's little problems are suddenly too big to manage alone, 2-1-1 Texas/United Way Helpline is the number to call.

You can also search the Helpline database online:  
<http://referral.unitedwayhouston.org>

or email your inquiry the helpline:  
[help@unitedwayhouston.org](mailto:help@unitedwayhouston.org)

*La Línea de Ayuda 2-1-1 Texas/United Way proporciona asistencia de información y referencia gratuita, utilizando la base de datos más comprensivo de servicios sociales en nuestra comunidad. Los especialistas que contestan sus llamadas están disponibles las 24 horas del día, cada día del año, ofreciendo ayuda en más de 150 idiomas y en una manera atenta y alentadora.*

*Con el conocimiento extenso de recursos disponibles en la comunidad, los especialistas del 2-1-1 pueden conectar a personas con servicios sociales y de salud en su propia comunidad. Los especialistas del 2-1-1 tienen conocimiento en áreas tal como necesidades básicas, la salud física y mental, guardería de niños, asesoramiento, y recuperación después de un desastre.*

*Cuando de repente los problemas de la vida son demasiado grandes para ser manejados solos, la Línea de Ayuda Texas/United Way 2-1-1 es el número para llamar.*

*Asimismo, puede buscar la base de datos de la línea de ayuda en la red:*  
<http://referral.unitedwayhouston.org>

*o escriba su pregunta a través del correo electrónico al:*  
[help@unitedwayhouston.org](mailto:help@unitedwayhouston.org)

---

If you have any comments about this resource guide or your agency would like to be listed in the next edition, please contact:

*Si tiene algún comentario sobre esta guía de recursos o si su agencia desea estar incluida en la próxima edición, por favor póngase en contacto con:*

### **Ryan White Planning Council Office of Support**

2223 West Loop South, Suite 240; Houston, TX 77027

Ph: 713 572-3724 Fax: 713 572-3740 TTY: 713 572-2813

Web: [www.rwpchouston.org](http://www.rwpchouston.org) Email: [FeedbackRWPC@hctx.net](mailto:FeedbackRWPC@hctx.net)

# HOUSTON RESOURCE GUIDE

# HOUSTON GUIA DE RECURSOS



The “Blue Book”

El “Libro Azul”